

*Identifying fallacious arguments in a qualitative study of antipsychotic prescribing in dementia*

Article

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## 1 Abstract:

### 2 Background

3 Dementia can result in cognitive, non-cognitive and behavioural symptoms which are  
4 difficult to manage. Formal guidelines for the care and management of dementia in the UK  
5 state that antipsychotics should only be prescribed where fully justified. This is because  
6 inappropriate use, particularly problematic in care home settings, can produce severe side-  
7 effects including death. The aim of this study was to explore the use of fallacious arguments  
8 in professionals' deliberations about antipsychotic prescribing in dementia in care-home  
9 settings. Fallacious arguments have the potential to become unremarkable discourses that  
10 construct and validate practices which are counter to guidelines.

### 11 Methods

12 This qualitative study involved interviews with 28 care-home managers and health  
13 professionals involved in caring for patients with dementia. Potentially fallacious arguments  
14 were identified using qualitative content analysis and a coding framework constructed from  
15 existing explanatory models of fallacious reasoning.

### 16 Key findings

17 Fallacious arguments were identified in a range of explanations and reasons that participants  
18 gave in answer to questions about initiating, reducing doses of, and stopping antipsychotics in  
19 dementia. The dominant fallacy was false dichotomy. Appeal to popularity, tradition,  
20 consequence, emotion, or fear, and the slippery slope argument were also identified.

### 21 Conclusions

1 Fallacious arguments were often formulated to present convincing cases whereby prescribing  
2 antipsychotics or maintaining existing doses (versus not starting medication or reducing the  
3 dose, for example) appeared as the only acceptable decision but this is not always the case.  
4 The findings could help health professionals to recognise and mitigate the effect of logic-  
5 based errors in decisions about the prescribing of antipsychotics in dementia.

# 1 INTRODUCTION

2 Dementia, which is characterised by an impairment of cognitive function, can also lead to  
3 non-cognitive symptoms and behaviour that challenges carers and others. In the UK, the  
4 National Institute for Health and Care Excellence (NICE) provides detailed guidance on the  
5 care and treatment of dementia, including interventions for cognitive as well as non-cognitive  
6 symptoms and behaviours [1]. The guidelines advocate that a range of non-pharmacological  
7 interventions should be considered for those who develop non-cognitive symptoms or  
8 behaviour that challenges and that pharmacological intervention (e.g. antipsychotics) should  
9 be offered in the first instance only where patients are severely distressed or there is an  
10 immediate risk of harm to the person or others, and only after a range of other conditions  
11 have been met [1].

12 Yet it is estimated that only 20% of 180,000 patients with dementia who are prescribed an  
13 antipsychotic each year may actually benefit from taking these medications [2]. This was one  
14 of the findings of Professor Banerjee's landmark report which investigated the use of  
15 antipsychotics for people with dementia in the National Health Service in England [2].  
16 Banerjee reported that inappropriate use could be resulting in an additional 1,620  
17 cerebrovascular events and another 1,800 deaths each year. This was despite existing  
18 warnings by various medicines regulators about the use of antipsychotics in dementia [3-5].  
19 Since then, several national studies and audits have shown a general downward trend in  
20 antipsychotics prescribing in dementia using information from primary care clinical systems  
21 [6] and hospitals [7-9]. But these data do not reveal the prescribing pattern in care homes  
22 where a third of UK patients with dementia are estimated to reside [10]. Care homes are  
23 accommodation that provide 24-hour nursing care (i.e. nursing homes), personal care only  
24 (i.e. residential homes) or a combination of both to older people in the UK.

1 A qualitative study with old age psychiatrists exploring the prescribing of psychotropic  
2 medication in dementia uncovered a range of views [11]. Psychiatrists thought there were  
3 pressures on them to prescribe, felt societal and systemic influences maintained high  
4 prescribing rates, guidelines were not implementable, and care homes were not designed and  
5 staff not trained to deal with problematic behaviours. While some of these views may be  
6 valid, problematic arguments relating to antipsychotic prescribing in dementia, especially if  
7 they become everyday discourses, are potentially significant as they could reinforce poor  
8 practice, but this concept has not been formally investigated. The premise of this paper is that  
9 reasoning errors could have a role in constructing and validating antipsychotic prescribing in  
10 dementia in practice akin to what has been argued to occur in attention deficit hyperactivity  
11 disorder (ADHD) by Tait [12]. Reasoning errors in this context are invalid or faulty  
12 explanations used in a discussion resulting in erroneous or fallacious arguments. Tait studied  
13 the contribution of fallacious reasoning in reinforcing the veracity of ADHD as a mental  
14 health condition [12]. Using the typology set out by Fearnside and Holther (cited in [12]) of  
15 *material, psychological, logical fallacies*, Tait presented numerous examples to illustrate the  
16 way in which fallacious arguments potentially verify the existence of ADHD and therefore a  
17 need for its treatment. The diagnosis and treatment of ADHD has been brought into question  
18 by others [13,14] but Tait's position was that logic-based errors could influence everyday  
19 medical practice—fallacious arguments about ADHD become unremarkable discourses that  
20 construct and validate ADHD as a treatable disorder leading to prescribing where it might not  
21 be warranted. The case being made was that fallacious arguments potentially endorse  
22 inappropriate prescribing.

23 The claim that fallacious arguments could underline potentially inappropriate prescribing is  
24 novel and worthy of further consideration. The aim of this paper is to explore professionals'  
25 deliberations about antipsychotic prescribing in dementia for evidence of fallacious

1 arguments using qualitative content analysis [15] and a constructivist approach [16]. The  
2 research question was “Do health professionals and care-home managers use fallacious  
3 arguments in discussions about antipsychotic prescribing in dementia and if so, what is the  
4 nature of these?”

## 5 **METHODS**

### 6 **Compliance with Ethical Standards**

7 The University’s Research Ethics Committee (UREC 1217), and the local NHS Research &  
8 Development office (letter of access granted 22/06/2012) and Primary Care Research  
9 Partnership (reference TV85) reviewed and approved the research. Written consent from each  
10 participant was obtained before the interviews.

### 11 **Design**

12 Professionals with a role in the care and management of patients with dementia in care homes  
13 were recruited to the study using purposive sampling to select primary- and secondary-care  
14 doctors, care-home managers, primary-care pharmacists, and community psychiatric nurses.  
15 A memory clinic nurse and a social worker were later recruited on the recommendation of  
16 existing interviewees. Recruitment was through posted letters using publicly-available  
17 addresses or through known contacts and already recruited interviewees. In-depth semi-  
18 structured face-to-face interviews were carried out by a doctoral student, supervised by the  
19 author, using interview schedules that focused first on general descriptions of dementia and  
20 the progression of this condition, before considering beliefs about and professional  
21 experiences with antipsychotic prescribing in dementia. Interview schedules were piloted  
22 with three volunteer participants before use. The interviews were audio-recorded. Participants  
23 were recruited until no more new codes and concepts emerged to inform the study (i.e.  
24 sampling saturation).

## 1 **Data analysis**

2 The interviews were transcribed verbatim into password-protected documents, removing  
3 certain information to keep data anonymised/de-identifiable. The doctoral student ensured  
4 data integrity in consultation with the author. A master table of fallacies was constructed  
5 from the explanatory model described by Tait [12] and other published sources [17,18]  
6 (Table 1). The qualitative content analysis was undertaken by a consortium of six Masters-  
7 level students of pharmacy who worked with the author to learn the analytical process during  
8 a 3-month training period preceding data analysis. Each student was asked to individually  
9 analyse the same sample section of interview transcript with reference to Table 1. Group  
10 meetings allowed students to compare and contrast the coding and discuss and resolve any  
11 differences to reach consensus on the analytical approach.

12 After familiarization with each transcript, the text was examined line-by-line to identify  
13 potentially fallacious arguments with reference to Table 1. The sentences and phrases  
14 appearing to exhibit fallacious reasoning were all labelled. Then during a second coding  
15 phase each initial code was examined in more detail to delineate the elements that were  
16 indicative of an erroneous argument. Each valid example was categorised according to the  
17 type of fallacy it revealed. The group collaboratively considered and reached consensus on  
18 the coding of each excerpt with the author's direct involvement. Cases were grouped  
19 according to fallacy type. Data validation was demonstrated in data triangulation (collecting  
20 data from 8 participant sub-groups), description of the study procedures, and audit trails.

## 21 **Researcher characteristics and reflexivity**

22 A Saudi pharmacist and doctoral student completed the interviews. His status as a 'non-UK-  
23 national', thus lack of UK experience, empowered him to ask impartial questions where the  
24 author, a UK-based health professional and academic might have been at a disadvantage due  
25 to her professional involvement. Nevertheless, the author's dual qualifications (as a



1 pharmacist and a psychologist) were valuable in bridging the clinical (antipsychotic  
2 prescribing) and investigative (fallacious reasoning) domains during analysis, and involving  
3 six Masters-level pharmacy students increased trustworthiness through group review.

## 4 **RESULTS**

5 A total of 28 participants (17 female) were interviewed from May 2012 to February 2013.

6 The sample included care-home managers (CHM) (n=5), general practitioners (GPs) (n=5),  
7 community psychiatric nurses (CPNs) (n=7), psychiatrists (n=5), geriatricians (n=2),  
8 primary-care pharmacists (n=2), a memory-clinic nurse, and a social worker.

9 The dominant, recurring fallacy was the false dichotomy fallacy (around a third of the  
10 recurring fallacies) and there were also examples of appeal to popularity, tradition,  
11 consequence, emotion or fear (with the ‘appeal to’ fallacies accounting for around half of the  
12 examples), and the slippery slope argument (around a fifth of the cases). These examples  
13 spanned the categories set out by the typology of Fearnside and Holther (cited in [12]) and  
14 occurred mainly in answers to questions about initiating, reducing the dose of, and stopping  
15 antipsychotics.

### 16 **False dichotomy**

17 Fearnside and Holther (cited in [12]) considered false dichotomy to be a material fallacy,  
18 meaning the *material* of an argument is poorly prepared with an incorrect conclusion being  
19 drawn<sup>1</sup>. False dichotomy was adopted by a range of respondents in relation to the use of  
20 antipsychotics in patients with dementia. For examples, see the following response to “On  
21 balance do the benefits of medication for behavioural difficulties outweigh the concerns?”

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<sup>1</sup> False dichotomy is where choice is limited to one of two alternatives without highlighting other potentially viable options.

1           “So in some people’s cases it, it’s the lesser of two evils. You don’t  
2           want to give them medication but you don’t want them to, the whole  
3           home situation to fall apart yeah so it’s weighing it up.....” (CPN 11).

4   As one of the options is particularly undesirable, maintaining the patient on a high dose is not  
5   only logical (as the argument is presented) but necessary. A range of professionals made  
6   similar arguments, presenting the choice as that of an antipsychotic being initiated or  
7   maintained versus severe or unwanted disruption of care – and no mention of outcomes  
8   between the two extremes. In giving these responses, the interviewees neglected to present  
9   other options in their argument, such as a trial reduction of the dose of an antipsychotic, or  
10  non-pharmacological approaches for addressing symptoms.

11  A different false dichotomy argument is illustrated in a psychiatrist’s description of a typical  
12  care-home setting in the absence or presence of antipsychotic medication. The following is a  
13  response given to “What’s your opinion in general about guidelines that relate to prescribing  
14  of antipsychotics in dementia?”

15           “....So they continue on these antipsychotics for ever and ever, they go  
16           into nursing homes, in nursing homes given a choice between having  
17           somebody who’s going to wander around or somebody’s who’s going  
18           to be fairly quiet, sleep in a chair through their shift, staff will always  
19           choose to have somebody who’s going to be quiet and sleep in their  
20           chair because it makes for much easier shifts for them. So they never  
21           want anyone’s antipsychotics stopped and I think this is part of the  
22           problem. And I think the guidelines aren’t very clear about what needs  
23           to happen.” (Psych 14)

24  The complex situation in a care home is distilled down and presented as two simple  
25  alternatives, with one clearly an emotive and controversial opinion about the management of  
26  care homes. Another type of false dichotomy seen in the transcripts is exemplified in a GP’s  
27  response to the same question as above; in the response, a stark contrast is drawn between  
28  using guidelines and ‘going to the other extreme’ and not prescribing them:

1            “I don’t think, I’m not very familiar with the guidelines. I think, but  
2            what I know of them, I think we have to be careful not to go to the other  
3            extreme where we just say we’re not prescribing them.” (GP 23)

#### 4    **Appeal to popularity/tradition/consequence/emotion/fear**

5    Certain types of fallacies can play up the rhetorical element of an argument, as a tactic to win  
6    the listener over. These were considered by Fearnside and Holther (cited in [12]) to be  
7    psychological fallacies, meaning that the *speaker* makes a slip-up or uses a ‘trick’ while  
8    presenting the argument – i.e. does not use correct evidence to back the argument.

9    Appeal to popularity was used numerous in relation to the perceived role of the media in  
10   directing practice. An example is the response provided by a CPN when asked “And would  
11   you tell me please about when should antipsychotics be given to patients with dementia?”

12           “When? I mean you see a lot of stuff in the news that obviously, the  
13           health risks of giving antipsychotics to people with dementia and they  
14           should be avoided whenever possible.” (CPN 12)

15   The response below from an interview with a GP is another example of appeal to popularity.  
16   It is given in relation to “And do you think there’s any change in prescribing antipsychotics in  
17   the recent years, that’s different from the past?”

18           “There is such a big group of patients now who are all, antipsychotics  
19           are tried for so I think the use of them is increasing maybe because, I  
20           don’t know, we are less afraid of them. I think doctors are less afraid of  
21           using antipsychotics which wasn’t the case before so I would do a  
22           prescription for risperidone if I get told, right, increase the dose or can  
23           we titrate the dose? Right, fine. I’ll call the patient in every month,  
24           gradually increase the dose without worrying.” (GP 28).

25   Here, the validity of the argument to prescribe antipsychotics appears to rest on a sense that  
26   because there is ‘such a big group of patients’ for whom antipsychotics are tried that this is  
27   acceptable practice. No evidence is offered for being ‘less afraid’ or not ‘worrying’ about  
28   antipsychotic prescribing other than the high occurrence of their use

1 Appeal to tradition was also used and one example is the response from a GP interview to  
2 “And do you think prescribing antipsychotics for behavioural difficulties in dementia are  
3 always justified?”

4 “They should always be justified but I think it’s still used as the easy  
5 option. Because it’s something as doctors, we do, we just prescribe a  
6 medicine.” (GP 23)

7 Here, the validity of what happens in practice appears to rest on the fact that doctors ‘just  
8 prescribe a medicine’ (which may well be the traditional role of doctors); but prescribing may  
9 not always be best for the patient.

10 Appeals to consequence, emotion or fear were also identified. Note for example the way in  
11 which a CPN appeals to the consequence of not giving an antipsychotic to a patient with  
12 dementia, from the perspective of carers in response to: “To what extent do you think that  
13 patients and their relatives can be practically made aware of reasons why antipsychotics are  
14 prescribed?”

15 “Well I think when we assess them we tell them, we probably tell them  
16 verbally. I’m not sure what information they would then get from  
17 Pharmacy. But we always tell people about the risks as well as the  
18 benefits and I think most people say, I’m willing to take that risk  
19 because this is not, I can’t cope with this at the level it’s at so yeah.”  
20 (CPN 11)

21 Here, the natural conclusion is therefore to give the antipsychotic because the consequence  
22 otherwise is that the carer would not ‘cope’ – this outcome is undesirable and also plays on  
23 the emotional aspects of the situation. Some of the examples of ‘false dichotomy’ also  
24 contained appeals to consequence, emotion or fear.

25 This multiplicity is illustrated in the next example which relates to an instance where the dose  
26 of an antipsychotic could potentially have been reduced. The question was “And what about  
27 the feedback from the relatives after prescribing antipsychotics?”

1           “So I come back and fed that back to her doctor and the doctor said,  
2           well we have to respect the fact that he’s doing a very, very hard job  
3           keeping her at home and home is where she wants to be, home is where  
4           he wants her to be.” (CPN 11)

5   Here, the clinical decisions made by health professionals are presented in the context of a  
6   desire to keep the patient at home. An appeal is made to the consequence of reducing the  
7   antipsychotic dose, which in this case would mean the patient being unable to stay at home –  
8   there is also an appeal to emotion as the patient’s husband has been doing a ‘hard job keeping  
9   her at home’ and would doubtless be distraught to see her leave. All at the same time, a false  
10  dichotomy is created by presenting only two alternatives – being able to stay at home (if dose  
11  maintained) or having to leave. The same type of argument is made by a psychiatrist in  
12  relation to stopping medication in response to: “And are there any, is there an improvement  
13  after that medication has been prescribed?”

14           “Yes. Oh definitely, yes. So it makes a huge difference and you’ll be  
15           surprised by the number of times the families actually say to me it’s  
16           made such a huge difference. And they are the ones who say no, no  
17           don’t stop the antipsychotic because we know how different things were  
18           before they were on them because they see that level of distress  
19           reducing in those patients with the antipsychotics.” (Psych 14)

20  Appeals to consequence, emotion or fear were not limited to the (positive) impact of  
21  prescribing antipsychotics on carers. A proportion of examples related to the impact of  
22  prescribing on patients’ own state. The example below illustrates the perceived effect of  
23  antipsychotics on patients in response to: “And how long does it take for this benefit [of  
24  prescribing antipsychotics] to show?”

25           “Initially a couple of days because their, it gets into their system and I,  
26           it appears that it makes them a little bit more sleepy until their body  
27           adjusts to it so they are calmer, but as they get used to it in their system  
28           we notice that they’re just more co-operative and more relaxed.” (CHM  
29           3)

30  An additional example is given here in response to: “And what are the benefits [of  
31  antipsychotic prescribing]?”

1           “They’re quieter, more subdued, less distressed. The man that I saw  
2           last week that had been prescribed them, who’s got dementia, he was  
3           just weeping inconsolably, he’s got dementia and he was weeping for  
4           his wife who has been dead for many years, and they put him on  
5           quetiapine. And I mean he gets tearful if you talk about his wife now,  
6           but the uncontrollable weeping had stopped.” (GP 7)

7

## 8   **Slippery slope argument**

9   The slippery slope argument was considered by Fearnside and Holther (cited in [12]) to be a  
10 logical fallacy, meaning that the *machinery* of the argument malfunctions – i.e. there is a  
11 structural breakdown in the logic of what is presented. The example provided below was  
12 typical, provided in response to: “On balance do the benefits of medication for behavioural  
13 difficulties outweigh the concerns?”

14           “It’s funny I was just talking to one of our consultants about a lady that  
15           I visit, if she wasn’t on these, the medication, at the level she’s on, her  
16           husband wouldn’t be able to manage her at home. But I think if he  
17           couldn’t manage at home then she would have to go into residential  
18           care and if she was in residential care they would need far higher doses  
19           of the medication to manage her.” (CPN 11)

20   The excerpt focusses on antipsychotic usage in a patient with dementia living at home, as  
21 described by a CPN. Again, there are several other fallacies also in operation here. The  
22 slippery slope element relates to the chain of events predicted to happen should the patient  
23 not have been on ‘the medication, at the level she’s on’. A prediction of gloom is made ‘she  
24 would have to go into residential care and if she was in residential care they would need far  
25 higher doses of the medication to manage her’ whereas in actual fact reducing the dose might  
26 not have resulted in a) the husband not being able to cope, b) the patient leaving their own  
27 home and going into residential care, c) care-home staff not being able to manage the patient,  
28 d) patient therefore needing higher doses.

## 1 **DISCUSSION**

2 A range of fallacious arguments with the potential to incorrectly construct and validate  
3 antipsychotic prescribing in dementia were identified in health professional and care-home  
4 manager interviews. False dichotomy was the dominant fallacy and also appeal to popularity,  
5 tradition, consequence, emotion or fear, and the slippery slope argument were identified in  
6 the interviewees' answers to questions about antipsychotic prescribing in dementia. False  
7 dichotomy was frequently used to explain the prescribing of antipsychotics or the  
8 continuation of an already-prescribed dose. This type of argument can be particularly  
9 convincing when one of the choices is framed in such bad light that the other seems the only  
10 viable option. The arguments were formulated to illustrate the negative consequences of  
11 alternative choices (e.g. reducing the dose or not prescribing) on carers and patients, for  
12 example in terms of coping and stress; whether the patient could remain in their own home or  
13 be manageable within a care-home setting. False dichotomies can be seen not to really  
14 present a choice to the listener. They are framed such that not prescribing antipsychotics,  
15 actually following the guidelines, or lowering the dose of antipsychotics, seem detrimental to  
16 patient care.

17 Sometimes false dichotomies were supplemented with the negative aftereffects framed as a  
18 series of 'slippery slope' events, again presenting the situation in such a way that prescribing  
19 or maintaining the dose of an already-prescribed antipsychotic became the only apparent  
20 option. Appeal to popularity was also identified, communicating the perceived authority of  
21 the media in driving practitioner behaviours. Yet the truth should not emerge from the news  
22 and health professionals have a duty to base prescribing decisions on published guidelines  
23 and other published evidence. Appeal to popularity as a form of fallacious argument was also  
24 used to justify the prevalence of antipsychotic prescribing in dementia, from a 'safety in  
25 numbers' standpoint. Doctors may be justified or not justified in prescribing antipsychotics

1 but there is no safety in numbers and being part of a large group does not reduce the risks.  
2 Similarly, appeal to tradition was used to support existing practices relating to antipsychotic  
3 prescribing or review as were appeals to consequence, emotion or fear.

4 Taken at face value appeals to consequence, emotion or fear, are extremely powerful  
5 arguments because they manipulate the listener's emotions to make a convincing argument.  
6 The point is that (according to the NICE guidelines [1]) antipsychotics should not be  
7 prescribed to reduce stress in carers, enable carers and care-home staff to cope, keep the  
8 patient at home, allow the patient to attend a day centre, reduce stress in carers, or because  
9 the carer is crying. Nor should they be prescribed to make the patient cooperative, relaxed,  
10 calm, quiet, subdued, because they were distressed, weeping or agitated. These are not  
11 indications listed in the marketing authorisation for antipsychotics.

12 Fallacies in care-home managers' and health professionals' discussions about antipsychotic  
13 prescribing in dementia were identified among those based in one English county, although  
14 the sample size is in line with other qualitative studies utilizing in-depth interviews. How  
15 people think and speak communicates and corroborates their understanding of social  
16 phenomena; it also has a role in constructing and verifying their version of reality, which in  
17 turn has the potential to impact on their own, and others' actions and behaviours [16]. The  
18 fallacious arguments in the conversations appeared to authenticate potentially inappropriate  
19 prescribing and could in theory contribute to the practice through implicit assumptions about  
20 these medicines that could shape opinions and therefore actual practice. But the examples of  
21 fallacious reasoning *in themselves* do not provide direct evidence for inappropriate practice;  
22 they are responses provided in good faith to interview questions. So it is essential to state that  
23 while this paper focusses on the fallacious arguments made by the participants, this is not to  
24 establish bad practice on their part, but to illustrate the types of arguments that can be made  
25 by professionals in general.



1 A recent US study found that the reasons given for the use of antipsychotic medication in  
2 nursing-home residents with dementia frequently related to a wide variety of indications for  
3 which the medications are not approved and for which evidence of efficacy is lacking [19].  
4 For example, as well as psychiatric (e.g. loss of contact with reality, depression, anxiety) and  
5 behavioural reasons (e.g. verbal and physical aggression), emotional reasons were cited for  
6 the use of antipsychotics including that the resident was angry or agitated, or even “sad” or  
7 “crying”—thus also linking emotional consequences to inappropriate prescribing [19].

8 Numerous fallacious arguments in this study concerned coping with the patient, either within  
9 their own home environment or within a care-home setting and it was not possible to draw a  
10 distinction between the two settings in terms of the arguments used although there are  
11 numerous studies that demonstrate higher antipsychotic use in formal care settings. For  
12 example, a study published in 2012 reported that while 7.3% of people with dementia living  
13 in their own home received an antipsychotic prescription, this compared to 25.5% of patients  
14 with dementia in care homes [20]. In another study published in 2013, psychotropic  
15 medication use in general was found to be higher in care homes compared to the community  
16 setting (20.3% vs 1.1%), and antipsychotics prescribing increased from 8.2% before entry to  
17 18.6% after patients entered care homes [21]. These differences could of course be associated  
18 with an increase in symptom severity as the patient moves from their own home to the care  
19 home environment.

20 International studies draw attention to variability in the use of antipsychotics between  
21 different care homes, which authors relate to care home characteristics and patient  
22 satisfaction [22] and characteristics of psychiatric consultant groups [23]. Certainly a  
23 multitude of interventional studies have attempted to reduce antipsychotic prescribing for  
24 people with dementia in care homes, and while some interventions are effective in the short-  
25 term, there is a continuing need for effective interventions that might address the culture and

1 nature of the different care settings [24]. Identifying a role for fallacious arguments in  
2 potentially inappropriate antipsychotic prescribing in dementia can inform future studies that  
3 focus, for example, on changing people’s thinking patterns and reasoning. The categorisation  
4 of fallacious arguments as material, psychological and logical fallacies may be helpful in  
5 such studies, which could focus on highlighting and challenging the common arguments that  
6 construct and validate antipsychotic prescribing and continuation of prescribing in dementia,  
7 where it is not warranted.

## 8 **CONCLUSIONS**

9 This is the first study that examines in depth the use of fallacious arguments in relation to  
10 initiating, reducing the dose of and stopping antipsychotics in dementia. Through false  
11 dichotomy in the main and also slippery slope argument and appeal to a range of conditions,  
12 the case presented in this article is that fallacious arguments used by professionals involved in  
13 caring for patients with dementia could be constructing and validating implicit assumptions  
14 about antipsychotic prescribing in this condition. Where fallacious arguments are used, the  
15 rationale for not prescribing or for reducing the dose of antipsychotics already prescribed are  
16 convincingly presented in such undesirable light that prescribing or maintaining an existing  
17 dose become the only viable options. These types of fallacies are powerful and could sway  
18 practice. The findings could help practitioners, researchers and policy makers to contemplate  
19 and attempt to mitigate the effect of possible logic-based errors in the inappropriate  
20 prescribing of antipsychotics in dementia through formal training and interventions.

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Type of Fallacy	Definition of Fallacy	Form of Fallacy
<b>Ad hominem [18]</b>	A person's argument is based on their presumed honesty, ethical character or trustworthiness.	Person A makes claim C. Person B makes an attack on person A. Therefore A's 'claim C' is false.
<b>Ad novitam [17]</b>	It is assumed that the 'new' technology is better than the existing technology and that it should be implemented and used.	A is a new technology A is better than the existing technology. A should be implemented and used.
<b>Affirming the consequent [12]</b>	Inferring the truth of the antecedent of an implication from the truth of the consequent.	If A then B B So, A
<b>Appeal to consequences or to fear [18]</b>	The argument concludes a premise (usually a belief) is either true or false based on whether it leads to desirable or undesirable consequences.	If you don't accept A as true, something terrible will happen. Therefore, A must be accepted.
<b>Appeal to emotion [18]</b>	Emotion is used in place of reason in an attempt to win the argument.	Favourable emotions are associated with A. Therefore, A is to be accepted.
<b>Appeal to popularity (or bandwagon or Ad-Populum fallacy) [12]</b>	Peer-pressure or popularity is substituted for evidence in an argument.	A believes X B believes X So, C ought to believe X
<b>Appeal to tradition [18]</b>	It is assumed that something is better or correct simply because it is older, traditional.	A is old or traditional Therefore, A is correct or better.
<b>Begging the question [12] (or circular reasoning)</b>	The conclusion of an argument is used as a premise of that same argument.	A implies B and A is only valid because B is assumed
<b>Confirmation bias [18]</b>	Information is favoured that confirms preconceptions or hypotheses regardless of whether the information is true.	A is claimed to be correct, because it confirms a person's preconceptions
<b>False cause (or Post Hoc)</b>	The inference of causation is from temporal	Event A is followed by event B.

<b>fallacy) [12]</b>	succession alone.	Event A caused event B.
<b>False dichotomy [12]</b>	The choice is limited to one of two alternatives (without highlighting other potentially viable options) where only one of the alternatives is acceptable.	Either A or B, Clearly not A, So, B
<b>Gambler's fallacy [18]</b>	An event is judged less likely to occur if it has occurred recently	The likelihood of A happening to B is small as A has just happened to C
<b>Non-anticipation [18]</b>	A new idea is rejected because of the assumption that all there is to know on the subject is already known.	A is not previously known to cause B. Therefore A does not cause B.
<b>Red herring [12] (or smoke screen, wild goose chase)</b>	An irrelevant topic is presented in order to divert attention from the original issue.	Topic A is under discussion Topic B is introduced under the guise of being relevant to topic A (when it is actually not relevant) Topic A is abandoned
<b>Slippery slope (or thin end of the wedge) [18]</b>	An assertion is made that some event must inevitably follow from another without evidence or argument.	If A happens, then by a gradual series of small steps through B, C,..., X, Y, eventually Z will happen, too.
<b>Weak analogy [12]</b>	A claim is made that if two ideas, things, or circumstances are alike in a number of ways, then they will be alike in some further way.	A is the same as B—for property 1 A is the same as B—for property 2 So, A must be the same as B for property 3.

1 **Table 1.** Common fallacious arguments derived from the literature