

Optimizing the thermal performance of building envelopes for energy saving in underground office buildings in various climates of China

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1 **Optimizing the thermal performance of building envelopes for energy saving in**
2 **underground office buildings in various climates of China**

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23 **Abstract** This article investigates the influence of the thermal performance of
24 building envelopes on annual energy consumption in a ground-buried office building
25 by means of the dynamic building energy simulation, aiming at offering reasonable
26 guidelines for the energy efficient design of envelopes for underground office
27 buildings in China. In this study, the accuracy of dealing with the thermal process for
28 underground buildings by using the Designer's Energy Simulation Tool (DeST) is
29 validated by measured data. The analyzed results show that the annual energy
30 consumptions for this type of buildings vary significantly, and it is based on the value
31 of the overall heat transfer coefficient (U-value) of the envelopes. Thus, it is necessary
32 to optimize the U-value for underground buildings located in various climatic zones in
33 China. With respect to the roof, an improvement in its thermal performance is
34 significantly beneficial to the underground office building in terms of annual energy
35 demand. With respect to the external walls, the optimized U-values completely
36 change with the distribution of the climate zones. The recommended optimal values
37 for various climate zones of China are also specified as design references for public
38 office building in underground in terms of the building energy efficiency.

39 **Keywords:** Underground office buildings; Thermal performance; Optimization;
40 China; DeST simulation

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45 **1 Introduction**

46 In the view of the significant increases of the population in urban cities over recent
47 decades, underground buildings have played an increasingly important role in the
48 development and improvement of metropolises. A growing number of underground
49 buildings, such as underground parking spaces, shopping malls, hospitals, railways,
50 and office buildings, have been constructed as alternatives for urban area expansion in
51 metropolises worldwide [1], and especially in China [2, 3]. For instance, the total area
52 of underground space in Beijing has reached 72.68 million m² with a noted annual
53 increase of over 7.3 million m² based on published figures in August 2014 [2]. The
54 development of underground buildings effectively relieves land utilization in these
55 mega cities, and definitely provides more living space for urbanites [4, 5]. Moreover,
56 compared to buildings built above the ground, underground buildings may exhibit
57 increased advantages in terms of building energy efficiency and indoor climate owing
58 to their better capacities for heat storage, heat stability, and smaller temperature
59 variations [6, 7]. Therefore, underground buildings require lower heating and cooling
60 loads, save more energy for residents, and improve urban sustainability [6, 7, and 8].
61 Many studies have demonstrated that underground buildings possess immense
62 potential in reducing energy demands that can save more than 23% of energy in
63 comparison with similar aboveground buildings [6, 9, 10, and 11]. It should be noted
64 that the energy analysis of earth-sheltered domestic buildings situated in Poland
65 showed that approximately 47%-80% reduction in the heating energy demand could
66 be achieved by using various thickness of thermal insulation [6].

67 Recently, some researchers have attempted to study the energy performance of
68 underground buildings using various research methods such as a two-dimensional
69 transient finite element model (FEM) to investigate heat loss in a basement [12], a
70 two-dimensional dynamic model of heat transfer through building envelopes using
71 MATLAB [13], a combination of computer programs FlexPDE and EnergyPlus to
72 simulate the heating and cooling energy demands in earth-sheltered buildings [6], a
73 three-dimensional analysis of the thermal resistance of an external insulation system
74 of a basement [13], a three-dimensional finite difference model (FDM) to verify the
75 energy reduction potential of underground buildings [14], and an experimental
76 analysis of indoor temperature variations related to ground layers in underground
77 wine cellars [15]. All these experimental and simulated research studies indicate that
78 the energy performance of underground buildings is determined by a wide variety of
79 influential factors such as design typology, building function, HVAC systems,
80 covering soil depth and type, thermal insulation, air infiltration [8]. In terms of design
81 typology, contact surface area of building with the earth plays a key role in heat
82 transfer. Overall, adopted methodologies have been more sophisticated as compared
83 to conventional methodologies used for buildings above the ground. Additionally,
84 these factors interact and change with different outdoor climates and indoor
85 conditions [8, 16]. Among these factors, the building envelope is a factor that can be
86 easily designed and optimized in the early design stages for energy efficiency.

87 In terms of building envelope features for aboveground buildings, an improvement
88 in the thermal performance of the envelope, such as an increase in the thermal

89 insulation level, can effectively reduce heat loss, and the annual energy demands for
90 both heating and cooling [17, 18]. The efficiency requirements for building envelopes,
91 such as the assembly's maximum U-value (overall heat transfer coefficient), are
92 determined for building energy efficiency based on the ASHRAE Standards 90.1–
93 2016 [19] in America, and GB50189–2015 in China [20]. However, the heat transfer
94 through an underground building is completely different from that of a building that is
95 above the ground because the soil's thermal properties are treated as a thermal
96 reservoir for modulating interior temperatures [21]. Therefore, these standards
97 correspond to buildings built above the ground and might be not suitable for
98 underground buildings in which the thermal performance of the envelopes is designed
99 for energy efficiency.

100 In this context, several researchers have focused on the investigation of the
101 influence of the thermal performance of the envelopes on energy consumption with
102 respect to heating and cooling loads for underground buildings [11, 13, 22, and 23].
103 Krarti and Choi demonstrated that additional insulation is required at the corners, as
104 opposed to the middle section of the surface to minimize the heat loss for
105 underground buildings, and that insulation material should be close to the soil surface
106 [13]. Yuan et al. evaluated the effect of building materials on the temperature and heat
107 flux for envelopes in a basement, and indicated that the thermal conductivity of
108 building materials is an important factor in the heat transfer of the envelopes [22].
109 Dronkelaar stated that the energy performance is more significantly dependent on the
110 U-value of the constructions and the ventilation rates in certain colder climates [11].

111 Staniec and Nowak suggested that thinner thermal insulation, elicits a better cooling
112 effect gained from the soil, whereas a thicker insulation leads to a smaller heating
113 energy demand [6, 23]. These studies indicates that the thermal performance of the
114 envelopes in an underground building is one of the most important design criteria to
115 allow the best thermal comfort effect [8]. However, the relationships between the
116 annual energy demand and the thermal performance of the envelopes in underground
117 buildings might not be very accurate and explicit, especially with respect to various
118 climatic zones. In general, outdoor climatic conditions have a slight influence on the
119 indoor environment and energy demand for underground buildings in a short time.
120 However, the long-term distribution of ground temperature is crucial in determining
121 the energy demand, which is dependent on the climate and soil's thermal properties.
122 Although the simulated analysis by Staniec and Nowak illustrated the influence of
123 thermal insulation on heating and cooling loads, the combined effect of thermal
124 performance of the envelope on the annual energy demand (including heating and
125 cooling energy) has not been considered in their study. Furthermore, their simulation
126 was only performed for Polish climate conditions, and thus, it may not be possible to
127 apply their conclusions to various climates around the world.

128 On the other hand, China has a vast territory spanning five different climatic
129 conditions [24]. Specifically, temperature waves of underground spaces differ in
130 terms of values, amplitude, period, and phase displacement for various climatic zones.
131 Therefore, the efficiency requirements of building envelopes in an underground
132 building may vary significantly with changes in the climate. Hence, a reasonable and

133 formal guideline, or a standard listing the efficiency requirements, are necessary for
134 underground building envelopes in various climates to provide a basis for the
135 energy-saving design of the envelopes, which is currently lacking in China.

136 The aim of this study is to investigate the influence of the thermal performance of
137 the envelopes on annual energy consumption for underground office buildings in
138 various climatic zones of China, thereby allowing the determination of the optimized
139 U-value for building envelopes (including the roof and the exterior wall), and
140 introducing reasonable guidelines for the energy efficient design of underground
141 building envelopes. First, a building energy simulation tool known as the Designer's
142 Energy Simulation Tool (DeST) was presented in detail to deal with the thermal
143 process for the underground building and the accuracy of DeST is also validated by
144 measured data. Thus, DeST is used to calculating the hourly heating and cooling loads
145 for ground-buried office buildings in this study to optimize the thermal performance
146 of the insulation configurations of envelopes for various climatic zones in China,
147 based on the annual energy consumption.

148 **2 Methodology**

149 This section is organized in four parts. Section 2.1 describes the details for
150 simulating thermal process within underground buildings by means of DeST. Section
151 2.2 presents a prototype underground building model implemented in the DeST
152 platform. Section 2.3 shows the classification of climate zones in China and lists the
153 ten major Chinese cities selected for this simulation. The evaluation method of

154 calculating annual energy demand based on hourly heating and cooling loads is
155 summarized in Section 2.4.

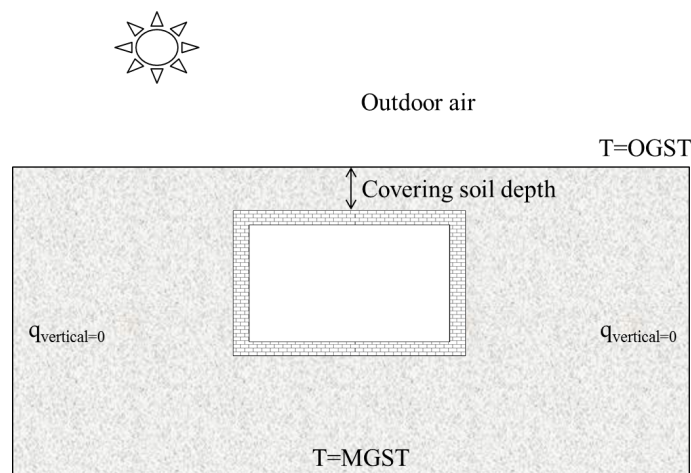
156 **2.1 Simulation tool**

157 DeST is an effective building energy simulation tool that was developed by
158 Tsinghua University in 1989. To-this-date, numerous case analyses and theoretical
159 validations are performed, and as a result, DeST has become a widely-used platform
160 for calculating building thermal processes and for dynamic simulations of the
161 building's energy distribution. Specifically, DeST develops a graphical user interface
162 that is based on AutoCAD for all simulation processes to avoid additional modelling
163 work and information loss due to conversion [25].

164 In terms of energy performance, the most significant difference between an
165 underground building and an aboveground building is that all the building partitions
166 are in contact with soil, rather than atmosphere. Therefore, it is critical to determine
167 surrounding ground temperature and calculate the heat transfer process of
168 ground-coupled envelopes that are in contact with the earth for simulating an
169 underground building. Generally, heat transfer within ground-coupled envelope is
170 computed using numerical methods, such as FEM and FDM [12, 14]. However, these
171 models are excessively time-consuming for hourly simulations over the period of a
172 year [25].

173 In DeST simulation, the heat transfer process of ground-coupled envelopes (the
174 envelopes that are contact with the earth) is decomposed into three processes which

175 are controlled by ground-coupled envelope surface temperature, outdoor ground
 176 surface temperature and temperature difference of ground-coupled envelope surfaces
 177 [26]. The schematic diagram of heat transfer within ground-coupled envelopes is
 178 presented in Fig.1. Outdoor ground surface temperature (OGST) is mainly determined
 179 by above air temperature, absorbed solar radiation, long wave radiation with sky.
 180 Ground-coupled envelope surface temperature is mainly determined by room air
 181 temperature, long wave radiation with occupant, light, equipment and other inner
 182 surface in the room. Temperature of deep soil surface is set as constant and
 183 approximately equals to mean ground surface temperature (MGST).



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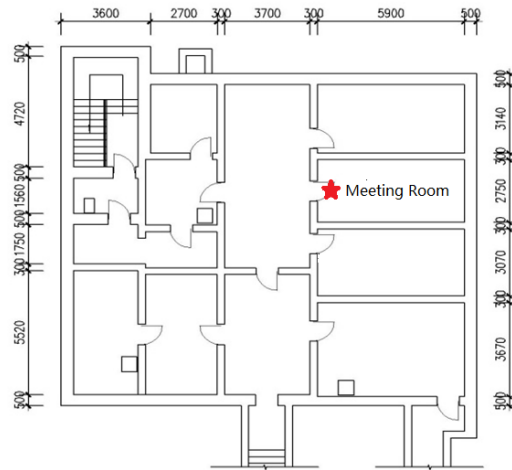
185 Fig.1 Schematic program of underground building's heat transfer and boundary condition (not in scale)

186 In the first process, outdoor ground surface temperature is set as zero and the
 187 temperature of other ground-coupled envelopes is set the same as the selected one.
 188 The heat transfer process controlled by ground-coupled envelope surface temperature
 189 is computed by one-dimensional Equivalent Slab. In the second process, temperature
 190 of all ground-coupled envelope surfaces is set as zero and outdoor ground surface
 191 temperature is simplified as a constant and 1 year period harmonic variable. In the

192 third process, outdoor ground surface temperature is set as zero and the temperatures
193 of ground-coupled envelopes are different. The heat between ground-coupled
194 envelopes is exchanged through the soil and is computed by a one-dimensional Extra
195 Partition Wall. Therefore, replace the ground-coupled envelope in a room using
196 Equivalent Slab and treat the heat flux computed in the second and third process as
197 heat source of Equivalent Slab inner surface, and thus the heat transfer of
198 ground-coupled envelope is calculated and implemented into building thermal
199 simulation. This approach can save a large amount of time for the full-year calculation
200 compared with other numerical methods [26].

201 **2.2 Underground office building details**

202 All simulation stages are performed in DeST for a simplified prototype building
203 model based on a typical large-scale office building that is fully underground. The
204 building is located at a depth of 1.0 m below the ground in Beijing and has only one
205 underground floor with a story height of 3.3 m. The building is consisted of five
206 sections as detailed in a previous study [27]. Fig.2 shows the layout of the eastern
207 section of the building as the chosen prototype building model in the calculation,
208 which has a building area of 215.5 m². Table 1 lists the components and thermal
209 performance of the building envelope. The building is surrounded by rammed clay
210 that is considered as a special component for the exterior walls. The thermal
211 conductivity coefficient of rammed clay is 1.16 W/(m·K).



212

213

Fig.2 The layout of the simplified underground building (unit: mm)

214

Table 1 Components and the thermal performance of the building envelope

Building envelope	Building envelope components	U-value (W/m ² ·K)
Roof	20 mm Lime mortar + 300 mm reinforced concrete	0.81
External walls	30 mm Lime mortar + 200 mm reinforced concrete	1.00

215

In this simulation, the layout and building structure are constructed using model parameters that are as close as possible to the real-life situation [28]. It is assumed that there is no infiltration or solar gains for the underground building because the building is completely buried beneath the surface.

219

Three scenarios are considered in the simulation. The details of building characteristics for the three scenarios are presented in Table 2. Scenario A is performed to simulate annual indoor temperature variations in the meeting room as depicted in Fig.2. Scenarios B and C are both executed to calculate the hourly load of the underground building. First, Scenario B is performed to investigate the influence of the U-value of the roof on the annual energy demand, and to determine its optimal U-value. This is followed by the execution of Scenario C to optimize the thermal

225

226 performance of the exterior walls. It should be noted that the U-value of the roof for
 227 Scenario C is adopted based on the optimized results in Scenario B. In this study, two
 228 covering soil depths (1.0 m and 3.0 m) (calculated between the rooftop of the
 229 building and the ground surface) are chosen because the depth also greatly affects the
 230 indoor heat environment of the subsurface structure [8]. In this simulation, the
 231 research objective is the public office building, thus the parameters of the thermal
 232 disturbances (Table 3) from the occupants, illumination, and equipment in the
 233 building are assumed to be the same as those of public buildings above the ground
 234 according to Chinese national standard for public buildings [20], which is typical and
 235 representative for office buildings. The schedules for the interior heat sources are
 236 described in Table 4. Mechanical ventilation does not consider the impact of fresh air
 237 on the heat transfer between the building and surrounding envelopes. Therefore, the
 238 fresh air load is not included in the simulation for the calculation of the annual hourly
 239 load.

240 Table 2 Building characteristics for the three executed scenarios

Scenario	Depth (m)	U-value of the roof (W/m ² ·K)	U-value of the exterior wall and floor(W/m ² ·K)	Internal heat gains
A	3.0	0.81	1.00	None
B	1.0/3.0	Variable value	1.00	See Table 3
C	1.0/3.0	Optimal value	Variable value	See Table 3

241 Notes: Variable values: 0.22/0.49/0.81/1.00/1.50/2.00/2.45/2.97, optimal value: the optimized results of
 242 U-value for the roof in Scenario B.

243 Table 3 Internal heat sources for an underground building

Building function	MNP(people/m ²)	MI(W/m ²)	MHGFE (W/m ²)
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Public office	0.1	9.0	15
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244 Notes: MNP: maximum number of individuals, MI: maximum illumination, MHGFE: maximum heat
 245 gain from the equipment.

246 Table 4 Schedules for various internal heat sources

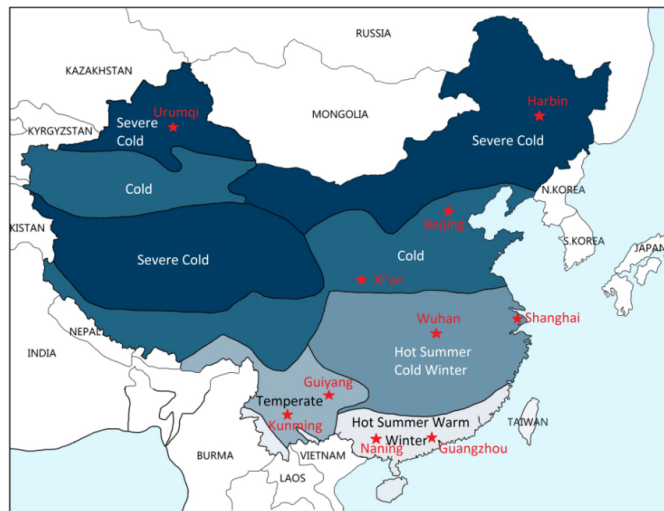
Interior disturbance	Schedule
Occupants	ON from 08:00 to 17:00 on workday, OFF at all other times
Illumination	ON from 08:00 to 17:00 on workday, OFF at all other times
Equipment	ON from 08:00 to 17:00 on workday, OFF at all other times

247 For Scenarios B and C, the heating and cooling systems have considered the
 248 provision of a comfortable indoor environment in an underground building. The high
 249 heat storage capacity of the surrounding soil results in an indoor underground
 250 temperature that is lower than 20 °C sometimes even during the summer [15, 27], and
 251 it is then necessary to heat the room. Thus, it is not suitable to simply set the same
 252 parameters for an underground space to those used for indoor air conditioning for
 253 buildings above the ground, such as 26 °C in the summer, and 20 °C in winter. In the
 254 simulation, the indoor temperatures of an underground building in the summer and
 255 winter were set to a wide range of temperatures that approximately spanned 20-28 °C,
 256 and 18-22 °C, respectively.

257 **2.3 Climatic zones in China**

258 Based on the different climatic characteristics, China is divided into five major
 259 climate zones as follows: a severe cold zone (SCZ), a cold zone (CZ), a hot summer
 260 and cold winter zone (HSCWZ), a hot summer and warm winter zone (HSWWZ), and
 261 a temperate zone (TZ) (Fig.3). This climatic classification framework is principally

262 based on the average temperatures in the coldest and hottest months [18].



263

264 Fig.3 Classification of climate zones in China and geographic locations of the 10 major cities selected
265 for this study, as denoted by the red stars

266 For Scenario B and C, 10 typical cities covering the climate zones are selected for
267 the investigation, and they are denoted using red stars, as shown in Fig.3. They
268 represent the corresponding climatic zones. The meteorological data for these cities
269 during a typical meteorological year is determined based on a multiyear weather
270 database file [16]. In DeST, hourly data of weather variations is calculated in a similar
271 manner to the calculation of the weather input parameters for Scenario B and C.

272 2.4 Annual energy demand calculation

273 The hourly heating and cooling loads for the underground building are obtained
274 based on the calculations of Scenario B and C. The grades of energy used in the
275 heating and cooling systems as well as their energy efficiencies are different. It is
276 necessary to convert the various energy forms to electricity power by using the

277 method detailed in the GB50189–2015 Standard [20], and thus annual energy
278 consumption for underground building is obtained.

279 For all the climatic zones, space cooling is provided using water-cooled
280 centrifugal chillers [20], and the electricity consumption for cooling can be calculated
281 in accordance to Eq.(1):

$$282 \quad E_C = \frac{Q_C}{A \times SCOP_T} \quad (1)$$

283 where, Q_C denotes the accumulative cooling load on the calculated DeST results in
284 kWh, A denotes the total cooling areas in m^2 , and $SCOP_T$ is the synthetic coefficient
285 of performance for the cooling system and equals to 2.5 [20].

286 The heating system is determined based on the climate zones. The system
287 operation with a coal-fired boiler is applied in the SCZ and CZ, while the system that
288 operated with a natural-gas-fired boiler is applied in all the other climate zones [23].
289 The electricity consumption for the heating system can be evaluated using Eqs.(2) and
290 (3), respectively.

$$291 \quad E_H = \frac{Q_H}{A \eta_1 q_1 q_2} \quad (2)$$

292 where, Q_H denotes the annual accumulative heating load based on the calculated
293 results of DeST in kWh, A denotes the total heating areas in m^2 , η_1 denotes the
294 synthetic efficiency of the heating system with a coal-fired boiler and equals to 60%
295 [20], q_1 denotes the calorific value of standard coal and equals to 8.14 kWh/ kgce,
296 and q_2 denotes the coal consumption rate in the power generation and equals to
297 0.360 kgce/kWh.

$$298 \quad E_H = \frac{Q_H}{A \eta_2 q_3 q_2} \varphi \quad (3)$$

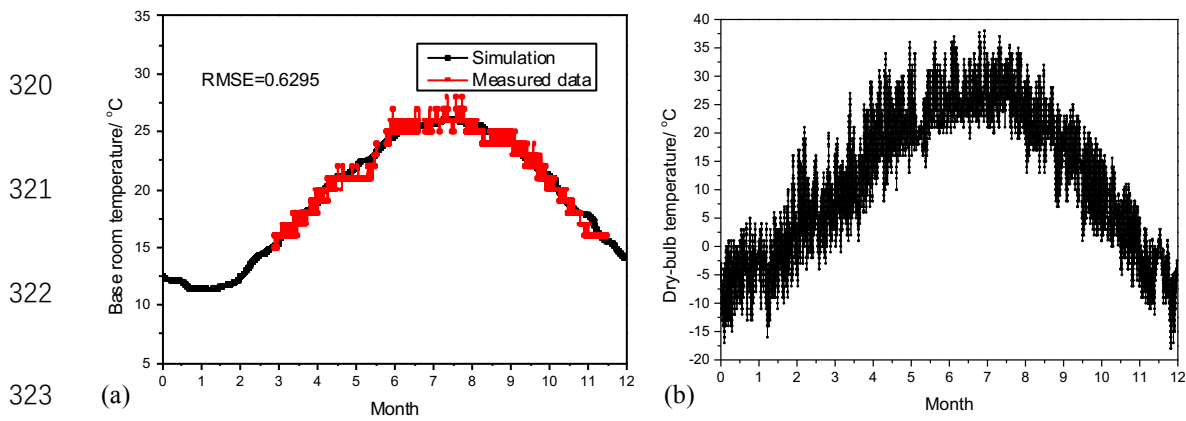
299 Where, φ denotes the converted coefficient between standard coal and gas, and
300 equals to $1.21 \text{ kgce} / \text{m}^3$, η_2 denotes the synthetic efficiency of the heating system
301 with a natural gas-fired boiler and equals to 75% [20], and q_3 denotes the calorific
302 value of gas and equals to $9.87 \text{ kWh} / \text{kgce}$.

303 Finally, the annual energy consumption is the sum of E_H and E_C , and is
304 considered as the evaluation index of the total energy consumption for a full year in
305 this study.

306 **3 Results and discussions**

307 **3.1 Analysis of room temperature simulation**

308 Basal room temperature refers to the indoor temperature that arises from the
309 thermal interaction between the outdoor climatic conditions and the building in its
310 natural state [16]. In this case, there were no heating/cooling sources or working
311 HVAC systems. In this study, the meeting room, denoted as a red star in Fig.2, was
312 used as an example to analyse the indoor temperature variations throughout the entire
313 year. Fig.4 (a) shows the measured indoor temperature data a period of 9–10 months,
314 while the outdoor temperature variations of Beijing during the year at which tests
315 were conducted are shown in Fig.4 (b). Additionally, the annual hourly basal room
316 temperature of the meeting room was calculated using DeST (Scenario A), as
317 presented in Fig.4 (a). It should be noted that the meteorological data for Scenario A
318 were based on a weather database file that matched the year at which the tests were
319 conducted.



324 Fig.4 Basal temperature variations in the meeting room for simulation and measurements (a) and
 325 annual hourly dry-bulb temperature in Beijing during the testing year at which tests were conducted (b)

326 A sinusoidal behaviour of seasonal variability in the indoor temperature of the
 327 meeting room is distinctly observed in Fig.4. A comparison of the variations of indoor
 328 and outdoor temperatures indicates that their behaviours are almost identical in terms
 329 of the exhibited tendencies to monthly changes, but the temperature waves differ in
 330 terms of values, amplitude, and phase displacement [15]. First, the indoor temperature
 331 is very stable throughout the year eliciting a mean temperature of approximately
 332 20 °C when compared to the outdoor temperature owing to the thermal inertia of the
 333 surrounding soil. The highest temperature of the underground space is approximately
 334 10 °C lower than that of the outdoor air, while the lowest temperature of underground
 335 space is more than 20 °C larger than that of outdoor air. Additionally, the highest
 336 indoor temperature in underground buildings occurred in early August, while the
 337 highest outdoor temperature occurred in early July. Similarly, the lowest indoor
 338 temperature of the underground space is observed in mid-February, while the lowest
 339 outdoor temperature is observed in mid-January. This implies that the phase
 340 displacement between the indoor temperature in the underground space (at a depth of

341 1.0 m below the ground) and the outdoor temperature approximately corresponds to
342 one month.

343 In order to compare the calculated and measured indoor temperature of the
344 meeting room, we calculated the coefficient of variation of the root-mean square error
345 (RMSE) using the following equation:

$$346 \quad \text{RMSE} = \sqrt{\sum_{i=1}^N (T_{meas} - T_{model})^2 / N}$$

347 (4)

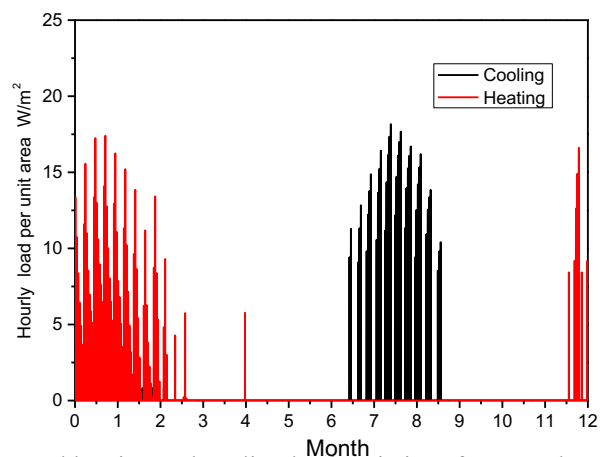
348 where, T_{meas} is the measured indoor temperature at a given time, T_{model} is the
349 modelled indoor temperature at that same time, and N is the number of measurements.

350 The value of RMSE is used to quantify the agreements between measured and
351 computational results and this value in Fig.4 (a) is 0.63, showing there is a good
352 agreement between that experimental and computational results. Thus, the accuracy of
353 the thermal process within underground buildings by means of DeST-based dynamic
354 simulation is thus validated.

355 **3.2 Analysis of hourly load for heating and cooling.**

356 In this section, the calculated results for Scenario C are analyzed and illustrated as
357 an example. In this case, the details of the simulation are as follows: the building is
358 located at a depth of 1.0 m below the ground (Beijing), and the heat transfer
359 coefficient of the roof is 0.8 W/(m²·K). Fig.5 shows the simulation results for the
360 distribution of annual hourly heating and cooling loads in an underground building.

361 In Fig.5, it is observed that the cooling load started at the end of July and lasted
 362 until the beginning of September, and this indicated that the cooling system worked
 363 during this period to regulate the indoor temperature to preset levels. The onset of the
 364 cooling operation occurred a month later than that used for buildings built above the
 365 ground. This may be owing to the phase displacement of the ground temperature
 366 compared to the outdoor temperature. A similar tendency in the heating load is also
 367 observed in Fig.5. For an underground building, the heating system mainly worked
 368 from January to February instead of the coldest months with respect to the outdoor
 369 atmosphere in Beijing (December and January).



375 Fig.5 Annual heating and cooling load variations for an underground building

376 3.3 Impact of thermal characteristics of the roof on building energy demand

377 In this section, the influence of the thermal performance of the roof on the
 378 building's energy demand is analyzed for various climatic zones, based on the
 379 calculated results of Scenario B. Fig.6 (a)-(e) indicates that the annual energy demand
 380 changes as a function of the U-values of the roof for each of the corresponding
 381 climatic zones. As shown, the relationships between annual energy consumption and

382 U-values for the roofs for various climatic zones of China are very similar. Overall,
383 the decrease in the U-values of the roof effectively reduced the building's energy
384 demand by enhancing the thickness of the thermal insulation. This can be explained
385 by the fact that the existing insulation diminished the impacts of the outdoor climate
386 on the indoor environment of an underground space. For example, in Harbin (with a
387 building depth of 1.0 m), the amount of annual energy consumption decreased from
388 $6.20 \text{ kW}\cdot\text{h}/\text{m}^2$ to $3.55 \text{ kW}\cdot\text{h}/\text{m}^2$, and this corresponded to a change of approximately
389 42.7% when the U-value decreased from $2.0 \text{ W}/(\text{m}^2\cdot\text{K})$ to $0.5 \text{ W}/(\text{m}^2\cdot\text{K})$. The
390 effectiveness of the U-value is more significant at lower values, while U-values
391 higher than $2.5 \text{ W}/(\text{m}^2\cdot\text{K})$ minimized their impacts on the building's energy
392 consumption.

393 Therefore, the analyzed results reveal that the energy efficiency requirements for
394 the roofs of underground buildings are consistent with the standards for buildings
395 above the ground. Thus, an improvement in the thermal performance of a roof, based
396 on the increase of the insulation materials, is beneficial to the building's energy
397 consumption. As shown in Fig.6 (a) and (b), it is also clear that additional insulation
398 materials are required for cold climatic zones-and especially for SCZ to minimize heat
399 loss through the roof, and especially for shallow-buried underground buildings.

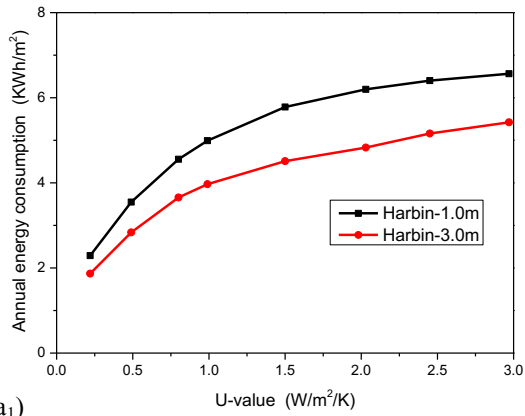
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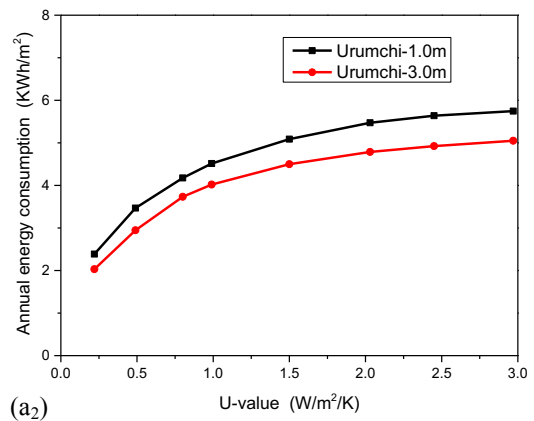
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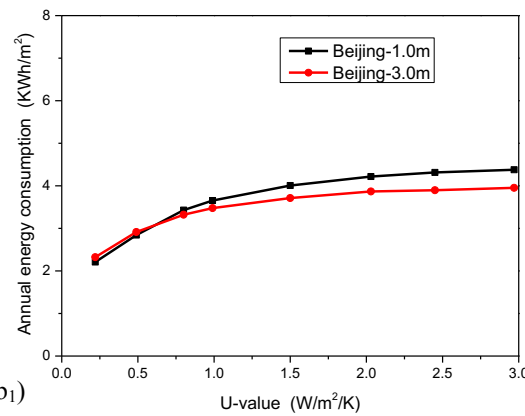
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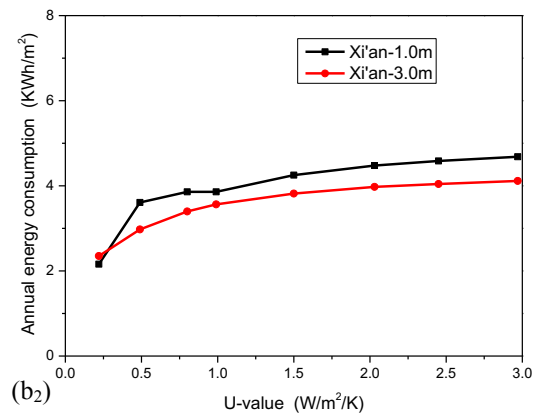
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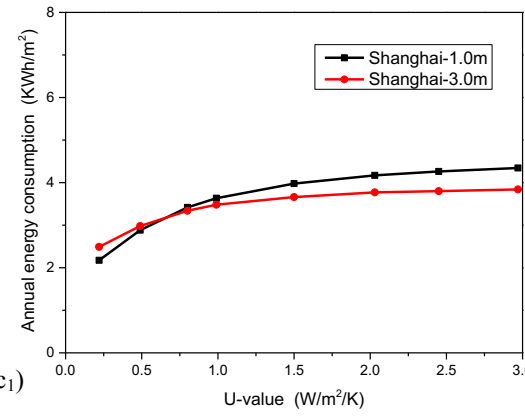
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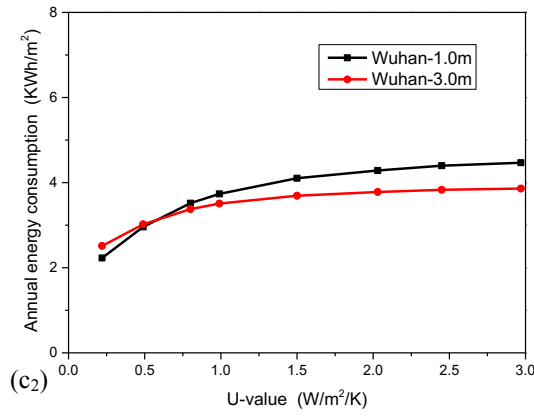
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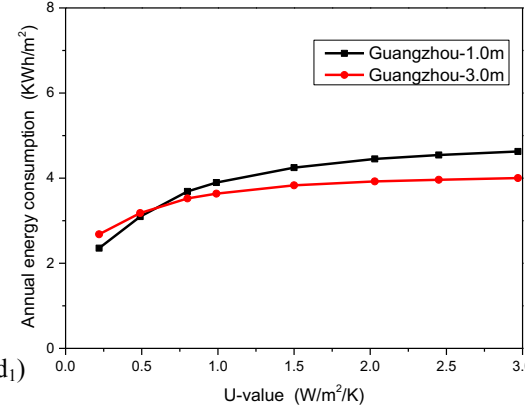
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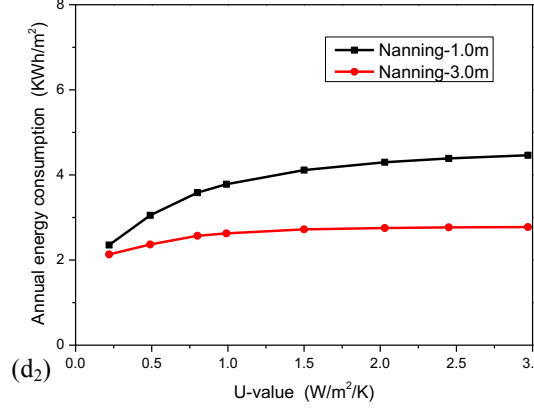
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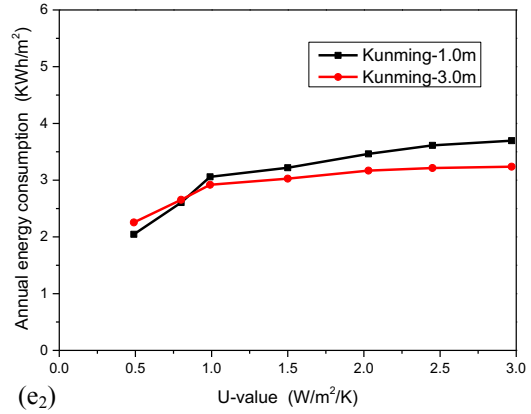
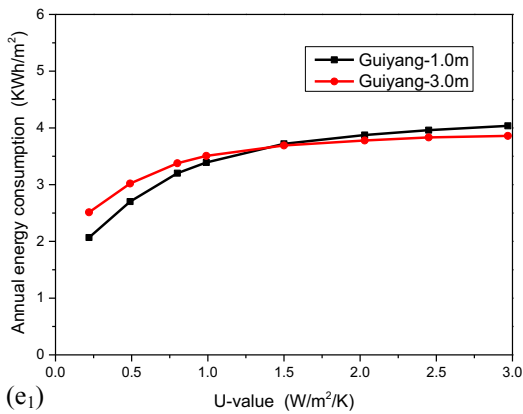
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432 Fig.6 Relationships between annual energy demand and U-values of the roof for SCZ (a), CZ (b),

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HSCWZ (c), HSWWZ (d), and TZ (e)

434 3.4 Impact of the thermal characteristics of the exterior wall

435 Fig.7 (a)-(e) depicts the relationships between the annual energy demand and the

436 U-values of the exterior wall in underground buildings for various climatic zones in

437 China. Overall, these relationships vary with changes in the climate.

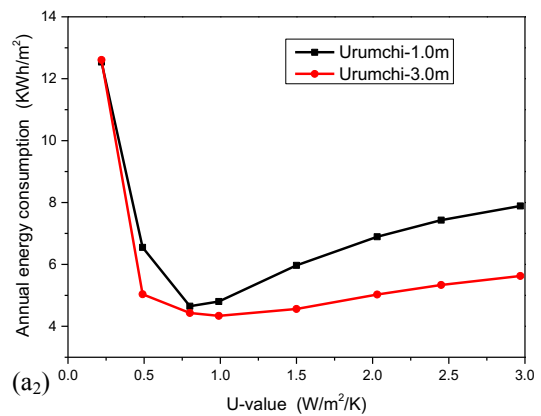
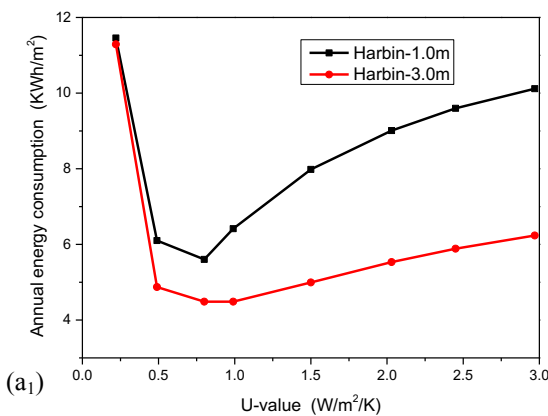
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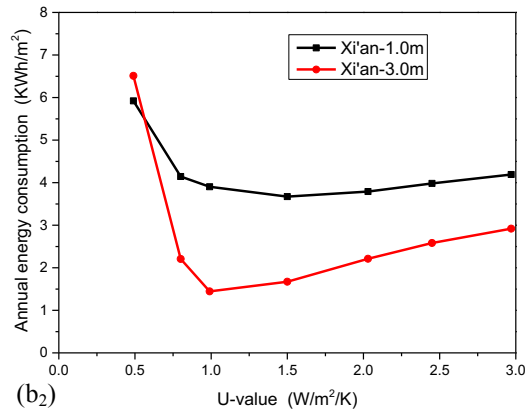
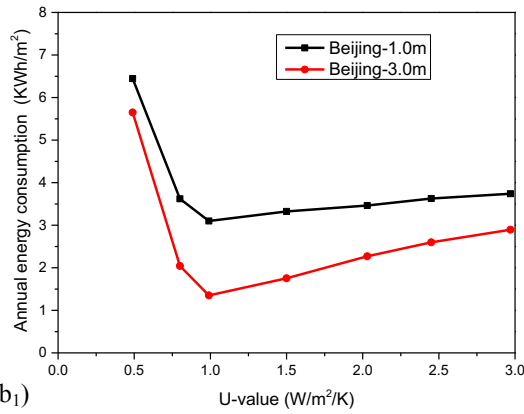
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(b₁)

(b₂)

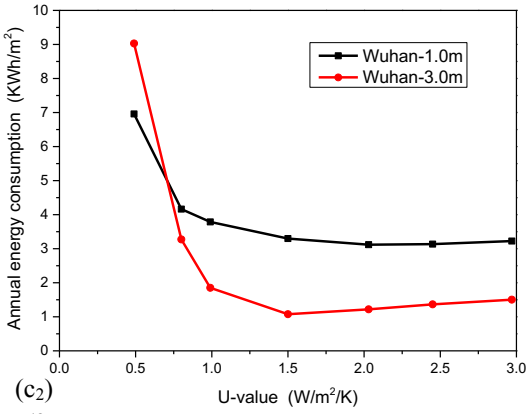
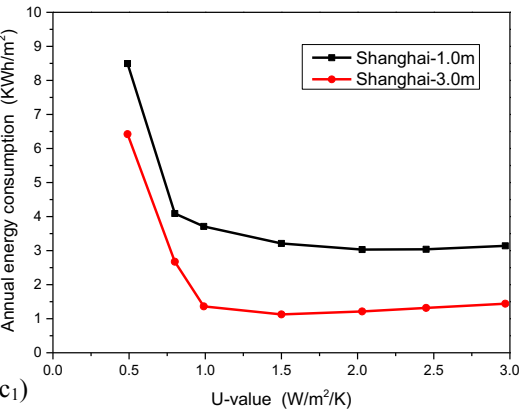
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(c₁)

(c₂)

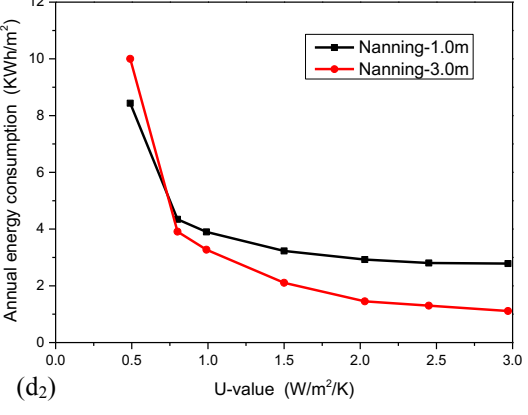
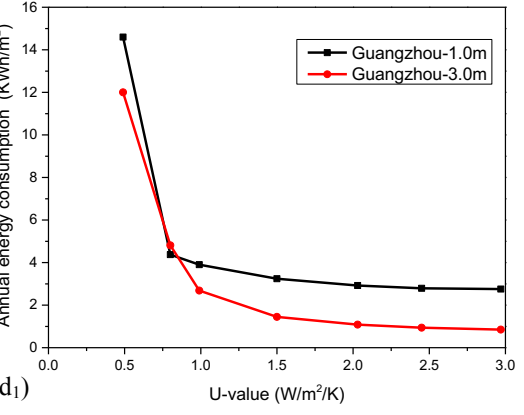
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(d₁)

(d₂)

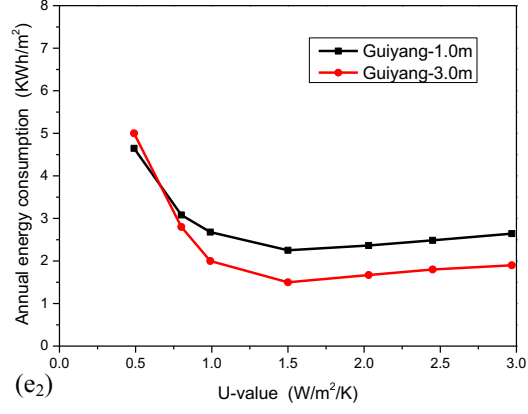
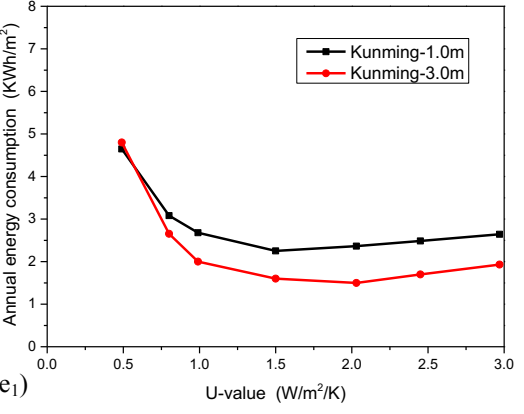
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(e₁)

(e₂)

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Fig.7 Relationships between annual energy demand and U-values of the exterior wall for SCZ (a), CZ

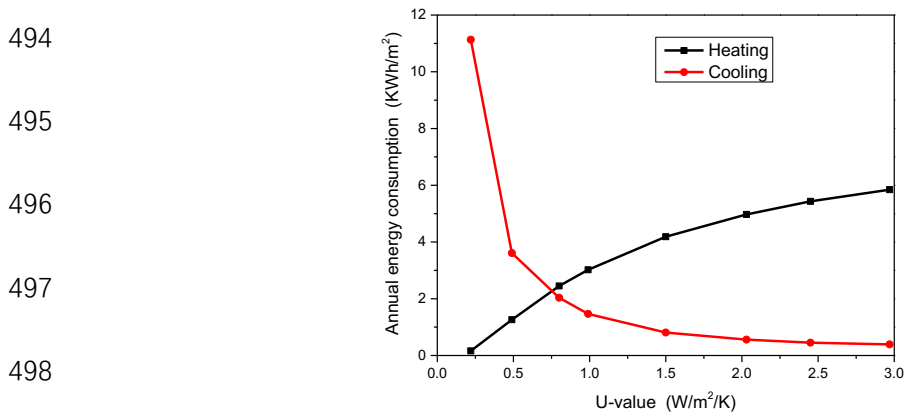
(b), HSCWZ (c), HSWWZ (d), and TZ (e)

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470 A minimum is clearly observed in Fig.7 (a) and (b), thereby implying that there is
471 an optimal U-value for the exterior wall for SCZ and CZ. With respect to SCZ, it is
472 noted that increasing the U-value from $0.22 \text{ W}/(\text{m}^2 \cdot \text{K})$ to $0.8 \text{ W}/(\text{m}^2 \cdot \text{K})$ effectively
473 reduces the annual energy consumption. However, this is followed by a continuous
474 increase in the annual energy demand as a function of the U-value. Thus, the optimum
475 U-value for the exterior wall for SCZ is approximately equal to $0.8 \text{ W}/(\text{m}^2 \cdot \text{K})$.
476 Similarly, the optimum value of the exterior wall in an underground building for CZ is
477 $1.0 \text{ W}/(\text{m}^2 \cdot \text{K})$.

478 The reason pertaining to the achieved optimal level of the U-value of the exterior
479 wall is attributed to the differential impacts of energy consumption owing to heating
480 and cooling. Fig.8 shows the variations in heating and cooling energies as a function
481 of the U-values of the exterior wall in Harbin. Specifically, the thermal resistance of
482 the exterior wall effectively prevents heat from being transferred into the surrounding
483 soil in winter. Nevertheless, if the U-value is excessively low, the heat generated in
484 the room cannot be effectively transferred into the soil, and this leads to an increased
485 cooling load. In the summer, a decrease in the U-value of the exterior wall can
486 effectively transfer more heat into the surrounding soil, and this is helpful in yielding
487 significant decreases in the indoor temperature and in the cooling load. Thus, a
488 decrease in the U-value of the exterior wall is beneficial in the reduction of the
489 heating energy in winter, while an increase in the U-value is helpful in reducing the
490 cooling energy in the summer. It is necessary to evaluate a trade-off by considering

491 the optimal annual energy consumption (including the heating and cooling energies)
492 when the thermal performance of the exterior wall in an underground building is
493 designed for energy conservation.



499 Fig.8 Variations in the annual energy consumption for heating and cooling as a function of U-values of
500 the exterior wall in Harbin

501 With respect to the HSCWZ, the optimized value was approximately 1.5 W/(m²·K),
502 but when the U-value increased to 2.0 W/(m²·K), its impact on building energy
503 consumption was minimized. Similarly, the optimized U-value for TZ was
504 approximately in the range of 1.5–2.0 W/(m²·K), as shown in Fig.7 (e). It should be
505 noted that higher U-values elicit lower annual energy demand for buildings in
506 HSCWZ, even though the effectiveness of the U-value is not significant at higher
507 values. This means that thermal insulation materials are not necessary for the exterior
508 walls in underground buildings for HSCWZ, and that the U-value of the exterior walls
509 should in general be larger than 2.0 W/(m²·K). These findings are completely
510 different from those for buildings above the ground. The main reason for this
511 difference is the soil temperature. Fig.9 presents the measured data of the soil
512 temperature at a depth of 3.2 m in a typical underground building in five selected

513 cities corresponding to different climatic zones in China [29].

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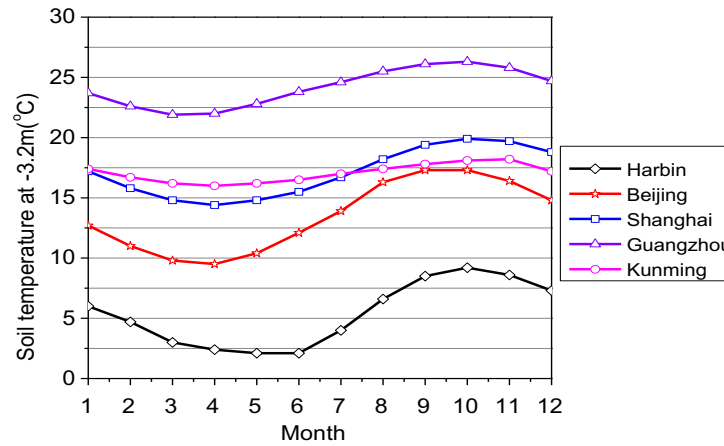
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Fig. 9 Measured data of the soil temperature at a depth of 3.2 m below the ground

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Based on Fig.9, it is observed that the average soil temperature corresponding to a depth of 3.2 m below the ground in Guangzhou (HSCWZ) reached 24 °C, and that the yearly dry-bulb temperature exceeded 20 °C. Thus, cooling of the interior space constitutes the main consequence in response to the climatic changes of HSWWZ. Increasing the U-value of the exterior wall is helpful in transferring the heat generated in the space into the surrounding soil.

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Conversely, the fluctuation in the soil temperature in Harbin (SCZ) and Beijing (CZ) exceeded the corresponding fluctuations for the other three cities. For example, in Harbin, the average soil temperature (at a depth of 3.2 m below the ground) is the lowest among all the studied cities, and corresponded to approximately 5 °C. Thus, it is curial to reduce heat losses through the external walls. This is the reason why the basic requirements of good thermal insulation of the envelope need to be met for SCZ and CZ.

535 **4 Conclusions**

536 The focus of the present study is the thermal performance of the envelope for
537 soil-buried office buildings, which may show distinct characteristics when compared
538 to conventional buildings that are built above the ground. An advanced building
539 energy-modelling tool (DeST) that accounted for the impact of the surrounding soil
540 environment was used to simulate the building's energy performance in the case of a
541 prototype underground building. The simulation results of the indoor air temperature
542 for an underground meeting room were compared with the onsite long-term
543 measurement data, and yielded a good agreement, thus demonstrating that dealing
544 with the thermal process of an underground building using DeST is accurate and
545 feasible. Most importantly, the hourly heating and cooling loads were calculated by
546 DeST, the relationships between the annual energy consumption and the U-values of
547 the envelopes were detected for various climates in China. The following conclusions
548 can be drawn:

549 (1) The temperature waves between the indoor temperature of underground spaces
550 and the outdoor climate differ in terms of values, amplitude, and phase displacement,
551 owing to the high thermal capacity of the surrounding soil.

552 (2) Conversely, with respect to underground buildings, implementing a similar
553 building energy efficiency strategy manifested by the decrease in the U-values of the
554 envelopes (enhancing the thickness of thermal insulation), may result in an increased
555 energy consumption when the thermal performance of the envelopes is designed for
556 underground buildings.

557 (3) An improvement in the thermal performance of the roof plays an important role
558 in reducing the energy demands for the underground office building. The energy
559 efficiency requirements of roofs for the underground office buildings show
560 consistency with the standard adopted for buildings that are above the ground

561 (4) The optimal U-values of an exterior wall for underground office buildings are
562 completely different in the various climatic zones in China. For SCZ and CZ, the
563 optimal U-values are $0.8 \text{ W}/(\text{m}^2\cdot\text{K})$ and $1.0 \text{ W}/(\text{m}^2\cdot\text{K})$, respectively, while for
564 HSCWZ and TZ, the recommended optimal values are in the range of $1.5\text{--}2.0$
565 $\text{W}/(\text{m}^2\cdot\text{K})$. In terms of the building energy efficiency, thermal insulation is not
566 required for HSWWZ.

567 These conclusions were drawn for soil-buried office buildings and the
568 recommendations for optimal design U-values of building envelopes may not be
569 suitable for other building functions. A further study should be carried out to
570 investigate the impact of the thermal performance of building envelopes on annual
571 energy consumption for various building functions, such as underground shopping
572 malls, parking space, railways, hospitals, etc. In addition, the contact surface area of
573 building with the earth plays a key role in heat transfer with underground buildings,
574 and thus it is necessary to study the impact of contact surface area of building with the
575 earth on the energy consumption and the optimal U-values of building envelopes, and
576 further to correct these optimization results.

577

578 **5 Acknowledgment**

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