A randomised double-blind placebo-controlled feasibility trial of flavonoid-rich cocoa for fatigue in people with relapsing and remitting multiple sclerosis


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Figure 1 Flow of recruitment

Enrollment

Assessed for eligibility (n=229)

Not eligible and Excluded (n=189)
- Not meeting inclusion criteria (n=38)
- Declined to participate (n=53)
- No response (n=98)

Randomized (n=40)

Allocation

Allocated to six week intervention (n=19)
- Received allocated intervention (n=19)
- Did not receive allocated intervention (n=0)

Allocated to six week control (n=21)
- Received allocated intervention (n=20)
- Did not receive allocated intervention (did not want to consume sugar) (n=1)

Follow-Up

Week 3; Lost to follow-up (n=0)
Discontinued intervention (n=0)

Week 3; Lost to follow-up (n=0)
Discontinued intervention (n=0)

Week 6; Lost to follow-up (n=0)
Discontinued intervention (n=0)

Week 6; Lost to follow-up (n=0)
Discontinued intervention (feeling unwell) (n=1)

Analysis

Analysed (n=19)
- Excluded from analysis (n=0)

Analysed (n=21)
- Excluded from analysis (n=0)