

Smart tag packaging technologies: a qualitative investigation of consumers' needs and expectations

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1 Smart Tag Packaging Technologies: A 2 Qualitative Investigation of Consumers' 3 Needs and Expectations 4

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30 **Abstract**

31 In this paper, we attempt to better understand concerns, needs and expectations of
32 European consumers towards the use of intelligent packaging technologies as this
33 topic appears to need further investigation from a marketing point of view. Thus, this
34 study contributes to the currently limited body of research on the application of *smart*
35 *tag* technologies on food packaging by exploring information benefits to consumers
36 and by providing insights for marketers on how these technologies could be further
37 employed to create value for consumers, manufacturers and regulatory bodies.

38 A qualitative user-centred approach was employed to get insights about consumers'
39 shared views on future packaging solutions that could be introduced by European
40 stakeholders of the food industry using different smart labels. Focus group
41 discussions (FGDs) were conducted online in five European countries: United
42 Kingdom, Finland, Spain, Poland, and Iceland.

43 Respondents indicated that food safety and quality were the most important issues
44 connected to the food value chain. Participants also identified and expressed their
45 preferences for information that stakeholders of the food industry should deliver with
46 *smart tag* labels. Smart tag labels should inform consumers about ingredients, food
47 storage, food preparation, shelf life, health, real-time freshness, recycling and
48 personalised deals. In terms of preferences for different smart labels, participants
49 indicated QR codes and freshness indicators to be the technologies of the future for
50 stakeholders of the food industry.

51 **Keywords:** intelligent packaging; packaging technologies; value chain; food
52 information; labels; focus group

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72 1. Introduction and background

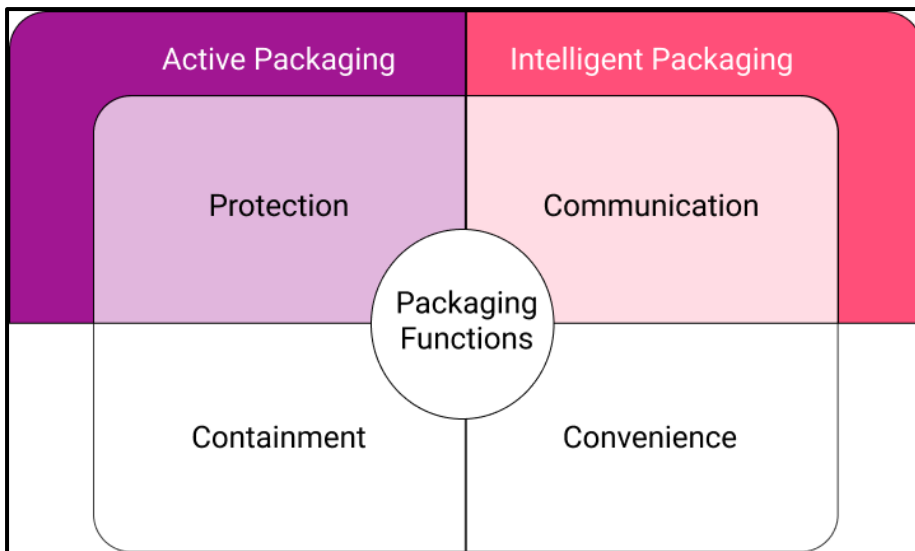
73 Packaging is an integral part of consumer goods. In a practical sense, it protects and
74 contains the product, preserving quality and facilitating transport. For food products,
75 this also means maintaining the safety of the product.¹ Packaging also frequently
76 serves marketing functions, providing information and imagery which can
77 communicate product or brand value in some form. Packaging may also be designed
78 in a way that offers convenience to the consumer, such as ready-to-consume food
79 and drinks. Sometimes there is even value in the packaging without the product.
80 Empty wine bottles are used as home décor² and children can derive significant
81 entertainment from a box used to transport a large household appliance.³ In this
82 paper, however, the focus is narrowed to food packaging with its contents still
83 enclosed.

84 The primary functions of food packaging can be organised into four groups:
85 protection, communication, convenience, and containment.^{4,5} Traditionally, food
86 packaging has used inert materials such as paper, glass, or plastic, which come into
87 contact with the food to serve these functions. However, contemporary technologies
88 exist which can make food packaging *smart* by allowing useful interactions between
89 the packaging environment and food as well as between the food product and
90 consumers.⁶ For example, a *smart* packaging system could indicate when food is
91 spoiled or communicate information digitally with technologies such as a
92 smartphone.

93 A framework was originally proposed by Yam et al.⁷ showing the functions of modern
94 packaging systems (see Figure 1). Such smart packaging systems are characterised
95 by *active* and *intelligent* packaging technologies.^{6,8} The terms *active* packaging and
96 *intelligent* packaging were previously used interchangeably⁷. However, the
97 consensus today is that active packaging technologies change the condition of the
98 packaging to extend shelf life or to improve safety (e.g., by adding carbon dioxide
99 emitters, and oxygen scavengers), whereas intelligent packaging technologies allow
100 different actors of the value chain to communicate each other. By displaying the
101 condition of perishable goods during transport, storage, and consumption,
102 stakeholders of food supply chains can make information in food markets more
103 transparent and available in real time.^{6,8} For example, Kuswandi et al.⁹ introduced a
104 new prospect to the packaging framework, connected packaging, which can take
105 advantage of the increasing network of the Internet of Things technology to provide
106 constant feed of information to distributors, suppliers, recycling companies and also
107 final users.

108 Much of the research on smart packaging has been from an engineering and design
109 perspective. The feasibility of these technologies is now well-established, with
110 research going back more than a decade. For example, Abad et al.¹⁰ presented a
111 design for a Radio Frequency Identification (RFID) label with incorporated gas
112 sensors which could be applied to monitor food safety along the supply chain. Abad
113 et al.¹¹ also presented a similar RFID with its potential application in the fish supply
114 chain, incorporating temperature, light, and humidity sensors. More recent research
115 has incorporated other technologies such as time-temperature integrators (TTI),
116 sometimes also referred to as time-temperature indicators.¹²

117



118
119

Figure 1. Framework of active and intelligent packaging (Source⁷)

120 With the feasibility of smart packaging being well-documented, it logically follows that
 121 research has turned towards the potential applications of these technologies. For
 122 example, printed light and temperature sensors made from functional inks are
 123 technology in development.¹³ Recently, Hakola et al.¹⁴ evaluated different types of
 124 functional inks and printed indicators to create *smart tag* services through thermal,
 125 humidity, oxygen, and light sensitive 2D (2 Dimensional) bar codes.

126 Intelligent packaging technologies involve several sub-systems that can be used in
 127 combination: indicators, sensors, data carriers.¹⁵⁻¹⁸ Despite well-established
 128 research and ongoing technological developments, they remain largely unused.
 129 Existing intelligent packaging, for instance, has the potential to provide significantly
 130 more information to consumers about their food and provide far more accurate food
 131 safety measurements than an estimated expiration date. Therefore, in the following
 132 sub-sections, we highlight previous work related to intelligent packaging
 133 technologies, then we will discuss smart tags and finally we will explore consumers'
 134 perception towards this innovative packaging.

135 **1.1. Existing Intelligent Packaging Technologies**

136 Intelligent packaging technologies are often considered most applicable to the
 137 decision-making selection process, allowing consumers to collect information,
 138 interact with food products and to aid their purchasing decisions. However, intelligent
 139 packaging does not only help consumers to make more informed choices but also
 140 improves their knowledge about characteristics of food products and relative supply
 141 chains at post-purchase level. Several reviews on technical aspects of intelligent
 142 packaging show that this new way of communication between consumers and
 143 stakeholders of food supply chains has enormous potential in terms of
 144 commercialisation, as it can enhance trust, transparency, and networking along food
 145 supply chains.^{6,18-20} These technologies can generally be grouped into indicators,
 146 sensors, and data carriers, where the first two provide condition monitoring
 147 capabilities, and the latter package and/or product identification - even at item level.

148 **1.1.1. Indicators**

149 In their simplest form, indicators are functional inks reacting to environmental
150 conditions, such as temperature, humidity, and lighting. More complex indicators are
151 systems that involve multiple processing steps, such as activation and
152 encapsulation. Usually, the information is displayed by immediate visual changes,
153 e.g., different colour intensities or the diffusion of a dye along the indicator geometry.
154 Therefore, indicators are used to communicate changes in areas such as
155 temperature or freshness of products.^{6,19,21} For example, thermochromic inks can
156 detect changes in temperature and develop an intense colour if a predefined
157 temperature threshold is reached.²² Such indicators on product packages would
158 therefore change colour at a certain level of heat or cold.

159 Similarly, freshness indicators can provide direct product quality information
160 regarding microbial growth or chemical changes within a food product by displaying
161 a shade of colour, which changes gradually based on the chemicals or microbes
162 detected inside the package.²¹ Thus, by changing colours packaging can indicate the
163 deterioration of a product as it approaches spoilage. Literature has highlighted three
164 different types of indicators: time-temperature indicators, freshness indicators and
165 gas indicators.^{6,19,21} These indicators can be based on mechanical, chemical,
166 electrochemical, enzymatic, and microbiological changes.¹⁸ Indicators with
167 application to food packaging are time temperature indicators, oxygen and integrity
168 indicators, and freshness indicators.

169 **1.1.2. Sensors**

170 Sensors are electronic devices used to detect a wider range of chemicals^{23,24} inside
171 food packages. Although some studies have used the term sensors and indicators
172 interchangeably⁹, a widely accepted distinction is that sensors allow detection,
173 recording and transmission of information about biological reactions in the package.
174 Unlike indicators which display the state of a product in the package, sensors may
175 also be monitored by an external device.²⁵ Sensors detect and respond to some type
176 of input from the physical environment, and the subsequent output is generally a
177 signal that is converted to a display that is readable by consumers.⁷ Therefore,
178 sensors provide continuous output of signals and often contain two main functional
179 parts, a receptor, and a transducer.⁶ Sensors commonly found in the literature
180 include biosensors and gas sensors. Due to their wide range of capabilities,
181 biosensors and gas sensors have been used with fresh meat and vegetables²⁴ to
182 monitor and quantify gas states, deterioration and microbial contamination.

183 **1.1.3. Data Carriers**

184 Data carriers are used as a medium to support communication and traceability of
185 products. Radiofrequency identification (RFID) and barcodes are the most common
186 forms of data carrier.^{7,19} They can facilitate information through the food supply chain
187 efficiently for communication, automation, and traceability purposes. Due to their
188 flexibility, RFID tags in combination with integrated sensors have been used to track
189 and monitor the status of perishable goods such as fruit juice²⁶ and apples without
190 removing their packaging.²⁷ As smartphones become capable of reading some RFID
191 tags and most barcodes, data carriers also provide an ideal starting point to enhance
192 communication with consumers.

193 RFID tags use electromagnetic fields, also known as near field communication
194 (NFC) technology, to allow identifying and tracking which can be passive, active, or
195 battery-assisted passive. A passive tag is the cheapest and smallest solution which
196 uses the radio energy transmitted by the reader for power. An active tag transmits its
197 ID signal periodically and requires a battery power source. A battery-assisted
198 passive tag also uses a battery but is activated only in the presence of an RFID
199 reader.

200 Linear or 1D (1 Dimensional) bar codes are used in virtually all product packaging to
201 identify the product. However, due to their limited capacity to encode data – typically
202 less than 20 numerical characters – they are not suitable for item-level identification.
203 Also, the need for a specialised reading device presents issues in evaluating the
204 consumer perspective. 2D barcodes, such as QR codes and Data Matrix codes,
205 consist of black and white squares called cells. They provide a larger capacity for
206 information (thousands of characters) with error correction to have data accessible
207 even when the code is partially destroyed. 2D bar codes can serve as a link to a
208 database similar to linear bar codes, but they can also serve as an independent
209 database.

210 **1.1.4. Printed Electronics**

211 Electronic devices such as RFID tags and sensors have successfully been printed
212 on flexible substrates such as polyimide, polyester, and even paper using conductive
213 inks.⁸ This means that thin, lightweight, and flexible electronic labels can be
214 produced. Unlike traditional silicon-based production processes, printed electronics
215 consume less time and energy, and produce less production waste, positioning them
216 as an ideal technology for intelligent packaging applications. Advanced technologies
217 used in printed sensors include biosensors, capacitive sensors, piezoresistive
218 sensors, piezoelectric sensors, photodetectors, temperature sensors, humidity
219 sensors and gas sensors. Hakola et al.²⁸ presented a fully printed smart label on
220 paper consisting of an NFC tag and an electrochromic display for anti-counterfeiting
221 purposes.

222 **1.1.5. Blockchain Technology**

223 In a separate vein of research on supply chain traceability, recently blockchain
224 technology has also become quite popular due to its robustness against label
225 counterfeit.²⁹ Unlike the traditionally centralised approach where supply chain
226 traceability information is stored in a centrally managed database, a blockchain
227 traceability framework follows a decentralised approach and uses a smart contract
228 protocol.³⁰ This allows only trusted supply chain entities with access rights to create
229 transactions in the ledger. These transactions are trackable and irreversible.
230 Customers can then retrieve these transactions by scanning RFID tags, barcodes, or
231 similar data carriers.

232 **1.2. Smart Tags**

233 Smart tags, a term coined by a few researchers to refer to a unique combination of
234 intelligent packaging technologies, are visible electronic markers (or tags) with
235 environmental sensing ability combined with software intelligence (e.g., machine
236 vision, user information, and location)^{11,13,14,31} thus combining data carriers with

237 indicators or sensors. Previous applications of smart tags provided context-aware
238 services for end users and enabled connectivity to the Internet of Things (IoT). One
239 recent publication shows reversible thermochromic ink being used in a QR code,
240 which is printed on the label of a beer bottle and becomes visible when the
241 temperature reaches a certain level, essentially modifying the original QR code.¹³
242 Furthermore, there are commercially available RFID or NFC tags that have
243 integrated temperature sensors.

244 With evolving food regulations in the European Union (EU), it is critical to better
245 understand how smart tags can contribute to improved quality assurance systems
246 and what information they could communicate along supply chains. Smart labels can
247 help consumers to process information better because of the immediate visual
248 communication of quality and safety attributes. European consumers are also
249 concerned about increased food waste caused by additional packaging materials.³²
250 They also may not trust the information provided by these innovative labels.
251 Consumer trust for food information is a topic which has been thoroughly explored
252 regarding the food industry.^{33–35} Higher trust in information sources and actors in the
253 food system has been found to increase consumer acceptance of food
254 technologies.³⁶ However, European consumers' trust regarding intelligent packaging
255 technologies remains understudied. Simultaneously it has been proved that issues of
256 sustainable development, sustainable value chain and innovations are increasingly
257 gaining researchers' attention.³⁷ Moreover, consumers are willing to choose
258 sustainable brands³⁸ provided that the information about it is easy to find.

259

260 **1.3. Consumers' drivers and barriers of intelligent packaging**

261 To investigate consumer perception towards the use of intelligent packaging
262 technologies, we conducted a literature search on consumer attitudes towards
263 intelligent packaging. The four repositories (Science Direct, Web of Science, IEEE
264 Xplore and ACM Digital Library) queried from 2010 to 2020, produced an initial set of
265 259 articles. From this initial dataset, we selected 18 relevant articles describing
266 empirical studies that include the assessment of intelligent packaging technology
267 such as QR codes and TTIs.

268 While traditional labels are used by manufacturers mainly to convey information in
269 line with Regulation (EU) No 1169/2011 on different types of packaging material like
270 plastic, paper, metal, glass, or a combination of those materials,³⁹ QR codes and TTI
271 provide them with an additional intangible communication layer by means of
272 increased traceability and communication. This aspect of innovative labels can be
273 extremely important in case of food safety incidents observed in different EU
274 countries such as the 2022 salmonella outbreak linked to Kinder chocolate⁴⁰ and the
275 2013 horsemeat scandal⁴¹. Thus smart labels can help to mitigate the loss of
276 consumers' confidence in regulatory agencies, producers and other stakeholders in
277 case of food safety incidents.^{42–44}

278 QR codes have the ability to store more data than barcodes and traditional labels,
279 and they have been thoroughly investigated in studies dealing with supply chain
280 traceability.⁴⁵ QR information that is highly valued by consumers is the history or

281 timeline of a food product throughout the supply chain⁴⁶ such as information about
282 pesticides, fertilisers and other agronomic practices, and dietary rations fed to
283 animals. Like conventional labels, claims conveyed by QR codes are often supported
284 by an independent government or a certifying body and they are perceived as a
285 driver to facilitate the use and acceptance of this technology. Such an independent
286 government or certifying body would be responsible for food safety and hygiene
287 standards and could provide consumers with reliable information about food and
288 drinks. Even though QR codes are a relatively easy technology to implement,
289 consumers' apparent lack of knowledge and interest in food traceability^{46,47} and
290 health consciousness⁴⁸ appear to be significant barriers to their introduction on the
291 market.

292 A number of recent works have also started to focus on smart contract protocols^{30,49},
293 which are based on the blockchain technology, allowing multiple trusted supply chain
294 entities to create immutable transactions which customers can retrieve by scanning
295 RFID tags or barcodes. However, blockchain technology is new to most supply chain
296 entities⁵⁰ and technological incompatibilities along the supply chain currently require
297 a significant number of manual actions for implementation.⁵¹

298 Time-temperature indicators, placed on individual or bulk packages to convey the
299 time-elapsed temperature history of a product,²¹ are particularly useful for products in
300 the cold chain. The potential benefits of TTIs include easy interpretability, food safety
301 benefits and quality assurances.³² Irreversible colour changes also prevent
302 misrepresentation of a product's safety or quality. In contrast to the potential
303 benefits, consumers may be concerned with increased packaging waste and price
304 due to the indicator. In addition, consumers may perceive a risk that indicators could
305 leak substances onto food, cease contact with food (decreasing reliability) or be
306 manipulated by retailers. Recent studies have started looking into developing safer
307 products such as edible pH sensor⁵² and natural product-based oxygen indicators⁵³.
308 However, studies conducted by Aday and Yener⁵⁴, and O'Callaghan and Kerry⁵⁵
309 found that from a consumer point of view, the perceived risk of being misled with
310 innovative packaging claims was still a barrier to adoption. Consumers may be more
311 willing to accept a technology after viewing educational commercials.⁵⁴ Food
312 suppliers also showed similar concerns indicating that there is a risk of misconduct
313 which could lead to liability issues. Some of these concerns apply to all smart
314 packaging technologies.

315 According to O'Callaghan and Kerry⁵⁵ and Paunonen et al.⁵⁶, consumers also found
316 that higher costs of any new technology represent a barrier for consumers' adoption.
317 Besides, new technologies may be incompatible with existing packaging machinery
318 for most food suppliers as they add technical complexity and require massive
319 investment. O'Callaghan and Kerry⁵⁵ also found that consumers' acceptance of new
320 food packaging technologies is influenced by the age of the end-users. For instance,
321 consumer acceptance decreased with increasing age, and the preference for no
322 technological interference with food was higher for individuals over the age of 35.

323 Recent developments in intelligent packaging technologies, including thermochromic
324 and photochromic inks capable of changing colour when the intensity of temperature

325 or light changes, and various printed electronics solutions, are contributing to
326 increased interest and application of intelligent packaging technologies. Despite this,
327 we have not yet seen intelligent packaging technologies being used widely in the
328 market. Among the 18 empirical studies we reviewed, research which specifically
329 assessed the concept of intelligent packaging, comprising indicators, sensors, and
330 data carriers, is more limited. Only one article³² specifically focused on time-
331 temperature indicators, an intelligent packaging technology, while the rest assessed
332 either a general smart packaging concept, or a traceability application (e.g., the use
333 of QR codes, and labels).

334 These studies show that to date, limited research has explored consumers'
335 perception of these technologies from an economics or marketing perspective. More
336 research is needed to understand consumers' concerns, needs and expectations of
337 innovative packaging technologies for food and beverages. Therefore, the objectives
338 of this study are to understand to what extent European consumers are concerned
339 about issues of food supply chains, their needs and expectations in terms of
340 information conveyed by smart tags and what type of smart tag they would like to
341 see on the market. To achieve these objectives, we tackled the following research
342 questions:

343 *RQ1: What kind of information about food value chain is valuable for European*
344 *consumers?*

345 *RQ2: What type of information conveyed by smart tags can satisfy need and wants*
346 *of European consumers?*

347 *RQ3: What are the most appealing innovative packaging technologies to European*
348 *consumers?*

349 The remainder of this paper is organised as follows. Section 2 will explain the
350 qualitative methodological approach used to answer previous research questions.
351 Section 3 will present results. Section 4 will discuss the implications of our findings.
352 Section 5 will conclude the article with limitations and insights for further studies.

353 **2. Materials & Methods**

354 To achieve the stated objective and answer research questions, qualitative research
355 was conducted running focus group discussions (FGDs) in selected European
356 countries. FGDs offer researchers the opportunity to interact with several participants
357 systematically and simultaneously, and promote discussion to obtain insights on a
358 particular topic.⁵⁷ This qualitative method is not concerned with generalising findings
359 but to use social interaction to generate data.^{57,58}

360 In this study, FGDs were based on a co-creation approach where participants shared
361 their views towards future packaging solutions. A total of 12 FGDs were held across
362 5 countries (Finland, Iceland, Poland, Spain, and the United Kingdom) interviewing
363 86 individuals in total (Table 1). To be eligible for this study, participants had to live in
364 the above-mentioned countries, be 18 or older, be a primary food buyer for their
365 household, and recognise at least one type of smart tag out of the options presented
366 to them using images of barcodes, QR codes and biosensors. Researchers involved

367 in the recruitment process balanced the selection of males and females other than in
 368 Iceland where one of the two focus group discussions was conducted with females
 369 only. In the UK, the recruitment was conducted by a market research company, while
 370 in the other countries participants were tracked down using the snowball sampling
 371 method where each potential participant was sent a questionnaire with qualifying
 372 criteria.

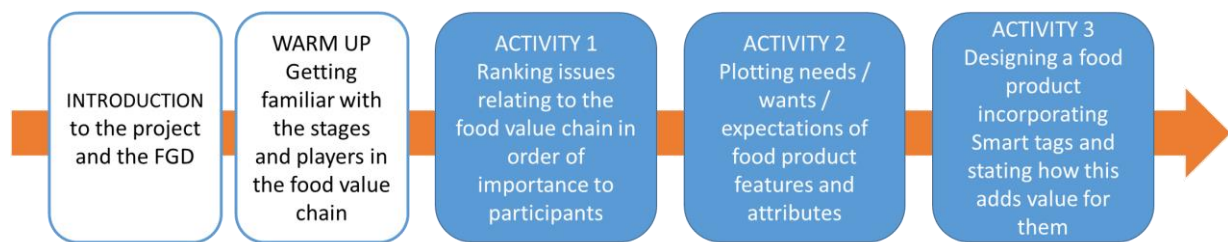
373 Furthermore, to address problems commonly encountered with this method, within
 374 each group participants were homogenous in terms of age as suggested by
 375 Acocella.⁵⁹ As shown in Table 1, participants were split into age groups 1 (18-30), 2
 376 (31-45), 3 (46-60), and 4 (over 60). Each FGD was identified by the country code
 377 followed by the age group number. For example, UK1 indicates participants
 378 interviewed in the UK and aged between 18 and 30, while FI4 a focus group
 379 conducted in Finland with interviewees that were older than 60. Table 1 also shows
 380 that only in the UK four focus groups were conducted (one for each age bracket),
 381 while in the remaining countries two focus groups were performed interviewing
 382 participants belonging to two of these four age groups. The number of respondents
 383 for each focus group ranges from 4 to 8 as recommended in the literature⁶⁰ with
 384 about 67% of focus groups comprising eight participants.

385 Table 1. Number of participants by country, age and gender. *

FG identification	United Kingdom				Finland		Spain		Poland		Iceland		Total countries
	UK1	UK2	UK3	UK4	FI1	FI4	SP2	SP3	PL1	PL2	IC1	IC3	
Age groups	18-30	31-45	46-60	60+	18-30	60+	31-45	46-60	18-30	31-45	18-30	46-60	
Sample size	5	8	8	8	8	8	8	7	4	6	8	8	86
Male	3	4	4	4	4	4	4	4	2	3	0	4	40
Female	2	4	4	4	4	4	4	3	2	3	8	4	46

386 * UK=United Kingdom, FI=Finland, SP=Spain, PL=Poland, IC – Iceland and numbers after each country code
 387 indicate age groups:(1 = “18-30”, 2 = “31-45”, 3 = “46-60” and 4 = “older than 60”)

388 The focus group protocol was first developed in English and then translated in the
 389 other European languages. Before running FGDs, this protocol was submitted to
 390 ethical committees to verify its compliance with ethical standards existing in each
 391 country. Researchers conducted interviews between June and October 2020 and
 392 because of the coronavirus pandemic, all focus groups were conducted via video
 393 conference using Zoom taking advantage of breakout rooms and a virtual
 394 whiteboard. Regardless of the pandemic, the use of online focus groups has been
 395 growing over the past decade, mainly because of the rapid improvement of the
 396 internet facilities.⁶¹ Each FGD lasted around 2.5 hours and at least two facilitators
 397 were engaged with each session which included splitting participants into breakout
 398 rooms of 2-3 people.⁶⁰



399

400 Figure 2. Focus group procedure.

401

402 As illustrated in Figure 2, FGDs started off introducing the project to participants and
 403 discussing the stages and players of the food value chain with them. Participants
 404 were shown a short game where they were asked as a group to place the different
 405 stages of the value chain in the correct order. Subsequently, interviewees were
 406 involved in three main activities. The first two activities aimed at introducing the topic
 407 gradually and to provide a solid foundation from which the participants could have
 408 enough information about the subject in order to design a solution for it⁶². In
 409 particular, activity 1 had the objective to get a shared understanding of issues
 410 regarding the food value chain.⁶⁰ For this activity, participants were split in different
 411 online breaking rooms and had to discuss a list of issues presented by the
 412 moderator. This discussion was concluded with the ranking of issues on a vertical
 413 axis from the most important to the least important averaging the scores of
 414 respondents.

415 Instead, activity 2 had the purpose of exploring needs and wants of participants in
 416 relation to features and benefits of information conveyed by smart tags. A *need*
 417 refers to something that is a necessity for consumers and therefore provides a strong
 418 reason for purchasing it⁶³. Because there is a variety of smart technologies,
 419 participants were shown examples of these innovative packaging for feedback,
 420 focusing on the value that information could add to consumers. Participants had to
 421 compare their needs with their expectations to understand what kind of information
 422 they expect to be available when purchasing food products. On the other hand, a
 423 want is something unnecessary but desired because it can increase quality of life.
 424 Thus, they also had to indicate some features that they would like to have (*want*) to
 425 potentially improve their lives or purchasing experience. After having identified
 426 features and benefits of smart tags information, participants, as a group, were asked
 427 to plot different characteristics and advantages in a Cartesian space which consisted
 428 of the “Want/Don’t want” vertical axis and the “Don’t need/Need” horizontal axis.
 429 Features and benefits plotted in the first quadrant of this hypothetical Cartesian
 430 space could help participants and researchers to identify potential smart tags
 431 delivering the highest information utility.

432 The third activity was a co-creation task that aimed at discovering the acceptability of
 433 different smart tag solutions. Participants were split into smaller groups and given
 434 separate virtual rooms to work in with their own moderators⁶⁰. Participants were
 435 asked to synthesise the information from the first two activities with their own ideas
 436 and design a smart tag solution as a group⁶⁰. For this task, persona creation and

437 experience mapping methods were used as introductory techniques⁶². Then
438 participants selected the product and developed a smart tag solution that fits needs,
439 expectation and wants of a hypothetical persona. Focus group facilitators ensured
440 that the conversation was easy to follow and that each participant was engaged with
441 the group discussing individual opinions and experiences⁶⁰.

442 All FGDs were recorded using Zoom and recordings were transcribed and translated
443 into English. Research teams from each country prepared a report summarising the
444 salient aspects of these discussions. Since FGDs were conducted in local
445 languages, thematic analysis was carried out by individual researchers in their
446 respective countries. A deductive content analysis was performed on themes that
447 emerged from the literature review conducted on this topic (Citation) and the analysis
448 of participants' wording followed the structure of the three activities of the interviews.

449

450 **3. Results**

451 Results are presented according to the three focus group activities described above:
452 food value chain issues (activity 1), expected smart tag features and benefits (activity
453 2), and smart tags co-creation (activity 3). The following three subsections provide
454 detailed results in relation to these three activities.

455 **3.1. Food Value Chain Issues**

456 Participants generated a list of issues that consumers associate with the food value
457 chain. These issues were in line with those observed in the literature review: food
458 safety, food waste, freshness, product quality, traceability and product origin,
459 sustainability, recycling, ethical practices, trust in product, trust in brand, and price
460 (which, according to Lauternborn⁶⁴ constitutes cost to the customers). The
461 discussion over the importance of these issues is summarised with selected
462 illustrative quotes of various focus groups in Appendixes 1 and 2. The positive,
463 negative and undetermined direction of these explanatory quotes show that even if
464 some differences can be observed across focus groups, there is also a convergence
465 on the importance of issues like food safety and quality which dominate participants'
466 concern when they make their purchasing decisions. This means that other issues,
467 even if they matter, often appear to be the second or third best concern in their
468 buying decisions. This is also evident from Appendix 3 where the ranking of these
469 issues confirms the cross-cultural convergence for food safety and to some extent
470 for food quality as observed for young participants in Finland, Iceland and the UK,
471 and older participants in Finland and Iceland this not rated as one of the most
472 important issues. Furthermore, Figure 3 illustrates the average ranking of all these
473 issues, that are of high importance for European consumers so that the information
474 about them constitutes value for consumers (RQ1). It has been confirmed that food
475 safety and product quality were considered the most influential concerns of their food
476 choices. However, it is also surprising to observe that despite the importance of
477 recycling in terms of environmental impact this appears to be ranked the least on the
478 list of these issues.

479 *"We should receive a clear information about food safety."* (PL2)

480
481

“When I see quality, I feel that it is really an umbrella over everything else, that quality reflect everything else.” (IC3)



482

483 Figure 3. Participants perceived ranking of the most important issues in food value
484 chain (most important = 1; least important = 7.42).

485

486 When justifying their preferences for food safety and quality, some participants
487 expressed concerns for their health about possible chemical residues contained in
488 fruit and vegetables and foodborne pathogens that can contaminate food products.

489 *“(…) hygiene issues or also that what chemicals are used if there is a crop or*
490 *anything else that ends up in our stomachs, then it is quite interesting if these*
491 *are safe products”.* (F11)

492 *“Diseases and bacteria and stuff like that, that it shouldn’t be in the food or at*
493 *least minimise the risk of contamination”.* (IC1)

494 Simultaneously some respondents suggested that quality is not obvious, usually
495 assessed just by the appearance of a product and on the other hand not always
496 plays a crucial role especially when meals are made combining different products.

497 *“We assess very often the food quality by its look”* (PL1)

498 *“If you are just going to put everything in a pot and make a soup, then the*
499 *quality of each product maybe does not matter as much. Also, if I am paying a*
500 *lot for a product, I expect better quality. It is different if I am just buying*

501 *something from a can, then I might not expect the same quality as if I am*
 502 *buying something fresh. (IC1)*

503 The evaluation of food quality was also based on organoleptic characteristics of
 504 products such as colour and taste. As shown in table 2, quality was also strongly
 505 connected to price¹ as less expensive products were generally perceived of lower
 506 quality (UK1, SP2, also SP3). However, it is interesting to observe the way in which
 507 price fits in this ranking because its importance was perceived inconsistently across
 508 and within groups. Some participants gave low importance to price (IC3, FI4, PL2).
 509 They were willing to pay a premium price for food products only if higher prices could
 510 be justified by the rise in costs that producers incur to make their businesses more
 511 ecological and sustainable. Low importance to price can also find its justification in
 512 the life-cycle hypothesis of economics according to which spending and saving
 513 habits of people change over the course of a lifetime and thus during middle age
 514 people might have more available income compared to when they were younger⁶⁵.
 515 Actually, the salience of price decreased with the age of participants in all countries.

516 Table 2. Selected quotes of the participants' perceived importance of price by focus
 517 groups.

Low importance	High importance
<p>PL2: <i>I am able to pay a little bit more for products of better quality. And of course, if I am sure that a producer incurs some costs due to their adjustment to ecology or sustainability then I could also be willing to pay more but not much more.</i></p> <p>IC3: <i>We look at it a bit differently depending on what life stage we are at. I can allow myself much more now than I could twenty years ago.</i></p> <p>FI4: <i>For me, it should remain the least important of those.</i></p>	<p>PL1: <i>The cost should be reasonable and justified.</i></p> <p>UK1: <i>Realistically price is the most important thing for me when I do my shopping.</i></p> <p>UK1: <i>it's not necessarily the cheaper the better, if it is higher, then it might make you think it's better quality or that will be nice for a treat kind of thing but obviously everyone likes a bargain as well.</i></p> <p>SP3: <i>I look for a balance between the product quality and the price. And there would be the food safety, as well, for me those are three essential points, basic to buy or select a product.</i></p>

518
 519 Also trust in product and brand and environmental issues such as sustainability and
 520 food waste were inconsistent in terms of importance across focus groups. Product
 521 origin was least important for consumers in United Kingdom and Poland (see
 522 appendix 2). It is worth highlighting, that in Iceland respondents appreciated ethical
 523 practices.

524 *"I also think it is very important. There are for example many brands that I try to*
 525 *avoid and try to choose alternatives for, just because I know that when the*
 526 *product is traced, the ethics at the place of origins are not ok, for example when*
 527 *they are choosing the cheapest labour or producers, often in third world*
 528 *countries." (IC1)*

¹ Despite price and cost are not the same, participants were using these two terms as synonyms but in most of the cases they were referring to the price of food products.

529 In Finland, respondents paid more attention to ethical practices in the food value
530 chain than consumers in other participating countries. Generally, this issue seems to
531 be difficult to take into account while buying, though.

532 *“(...) it can sometimes be difficult to make choices, consumption choices on the*
533 *basis of this issue (ethical practices – authors’ note), but it is important.” (F11)*

534 *“If I knew something was unethical then, yes, I would avoid it, but I do not go*
535 *out of my way to search for a company or a product to see whether it is ethical*
536 *or not.” (UK1)*

537 Both age groups in Finland also highlighted environmental responsibility. In contrast,
538 while the younger group emphasised solutions to inform a conscious consumer of
539 what happened in the earlier parts of the food chain, the older group was more
540 interested in empowering the consumers to actually use the food products in a smart
541 and responsible way to support both sustainability and health of the consumer. The
542 food value chain issues connected with sustainability and ethics are presented in
543 appendix 3.

544 As far as sustainability is concerned, consumers in Iceland are those who
545 appreciated sustainability issues more than other focus groups participants and
546 considered sustainability equal to food safety, but what should be noted is that they
547 did not take it as a main criterion in decision-making, just like in other countries.

548 *“Yes, I agree, that sustainability is up there (...). But at the same time, I would*
549 *not choose a product just because it is sustainable if food safety was not*
550 *secured.” (IC1)*

551 *“It is important, but it is not something that I particularly look into myself, but I*
552 *do think that today it is very important, and I should take more notice of it.”*
553 *(UK1)*

554 Interestingly, consumers may believe that it is not their role to look for sustainable
555 products and that it is a producer who should ensure that their choices will not have
556 a negative impact on the environment and society.

557 *“Again, producers should think about it and ensure that.” (PL1)*

558 In addition, participants in Iceland considered decreasing the amount of food waste
559 and recycling of high importance, but also highlighted the responsibility of producers
560 or more attention on behalf of consumers when they plan the consumption of their
561 food purchases.

562 *“I also think it is important in the production, I do not know how bad it is in this*
563 *country, but very often products are being discarded that are perfectly fine but*
564 *do not look perfect and we as consumers do not want that. (...) for example, if a*
565 *carrot is a few millimetres too short, then it does not reach the consumer and is*
566 *eventually just discarded.” (IC3)*

567 *“Definitely. It is good to not waste food, but it requires a great control over your*
568 *fridge.” (PL1)*

569 Respondents also expressed their confusion regarding the effort that they make to
570 reduce waste and recycle correctly.

571 *"I think for me, as a consumer, I sort my waste and recycle single use*
572 *packaging, but I do not know what happens to the waste I have sorted. (IC2)*

573

574 **3.2. Most and Least Desired Information Conveyed by Smart Tags**

575 In the second focus group activity, expected features and outcomes of smart tags
576 technology were analysed employing the need-want-expect mapping approach
577 described in section 2. Appendix 4 and Appendix 5 report quotes of the most and
578 least wanted, needed and expected information that smart tags should convey to
579 consumers. Generally, consumers across all groups expressed a desire for more
580 detailed information about ingredients, highlighting that it may affect their food
581 choices.

582 *"I tend to get annoyed when they do not have the actual details, when it goes*
583 *"Flavourings!" I have no idea what those are, it is non-specific. I am interested,*
584 *mostly, I will look and go "I wonder what that is. Oh, it has flavourings.*
585 *Wonderful!". So, I would want that quite a lot personally." (UK1)*

586 *"At least things get all messed up if it does not exist. And I guess it suggests*
587 *that is what I want to read. I expect to get, and I need, yes and it is number one*
588 *indeed." (F11)*

589 Information about how to store or how to prepare food was also considered of high
590 needs, wants and expectations, as they influence the safety of food, and they are not
591 always obvious to consumers.

592 *"It is probably quite obvious that it needs to go in the freezer or the fridge or a*
593 *cupboard, but it is still good to have it there because some things you do find*
594 *out that other people have been storing it in the fridge and you have been*
595 *putting it in the cupboard, like sauces and those kinds of things." (UK1)*

596 *"Usually, you know how but anyway such information should be given." (PL2)*

597 On the contrary, participants had a negative response to being provided with recipes,
598 as they do not add value, and there are better sources for recipes.

599 *"It is not that it does not add, it just gives an additional value, it is a plus, like,*
600 *well, if I also tell you how to cook it in another way, well we can try, it is not*
601 *something necessary, but it would not be something I am not looking for." (SP2)*

602 *"I have never used such recipes. And I do not know anybody who did it. I am*
603 *not sure if they work, what will be the effect, there is no picture of the effect."*
604 *(PL1)*

605 Also, geo data was something that respondents did not appreciate too much.

606 *"Taking an avocado for example, it would be good to know its journey. Well*
607 *actually it may be interesting but... but probably still not expected." (PL1)*

608 *"It is no more than curiosity; it is definitely not a need."* (UK1)

609 Surprisingly respondents did not expect, even did not need nor want to be informed
610 about competitions, perceiving this offer as of little value and in which they do not
611 take part.

612 *"I very rarely take part in competitions, food-related ones, and I have definitely*
613 *never won anything."* (UK1)

614 *"They are of little value to me."* (PL2)

615 *"I do not really care about this, honestly."* (SP2)

616 Consumers' preferences for information connected with personalised deals (loyalty
617 programmes) and recycling were inconsistent across the groups. These were
618 generally wanted, but consumers indicated they did not feel well informed and did
619 not expect to see this information.

620 Participants explained that personalised deals were nice, sometimes handy, but not
621 all of them needed offers like this.

622 *"I would not want, need or expect it, but I can see how it would be beneficial to*
623 *some people, definitely. It probably would be beneficial to everyone if they had*
624 *a Clubcard, but I have never had one myself."* (UK1)

625 *"I have a Clubcard so I think I would quite like this. It would be quite handy."*
626 (UK1)

627 *"It is not something I crave or urgently need, but if it is there, I use it."* (SP2)

628 As far as information connected to recycling is concerned, some respondents
629 suggested that they would not necessarily follow such instructions, whereas
630 simultaneously others found it useful. Informing consumers on how to proceed with
631 packaging is perceived as an obligation on the producers' side.

632 *"I still think it is important. I have seen it on products, and I do think about it,*
633 *like, if this is not recyclable, and I often buy based on that. If it is recyclable, I*
634 *am more likely to buy it."* (IC1)

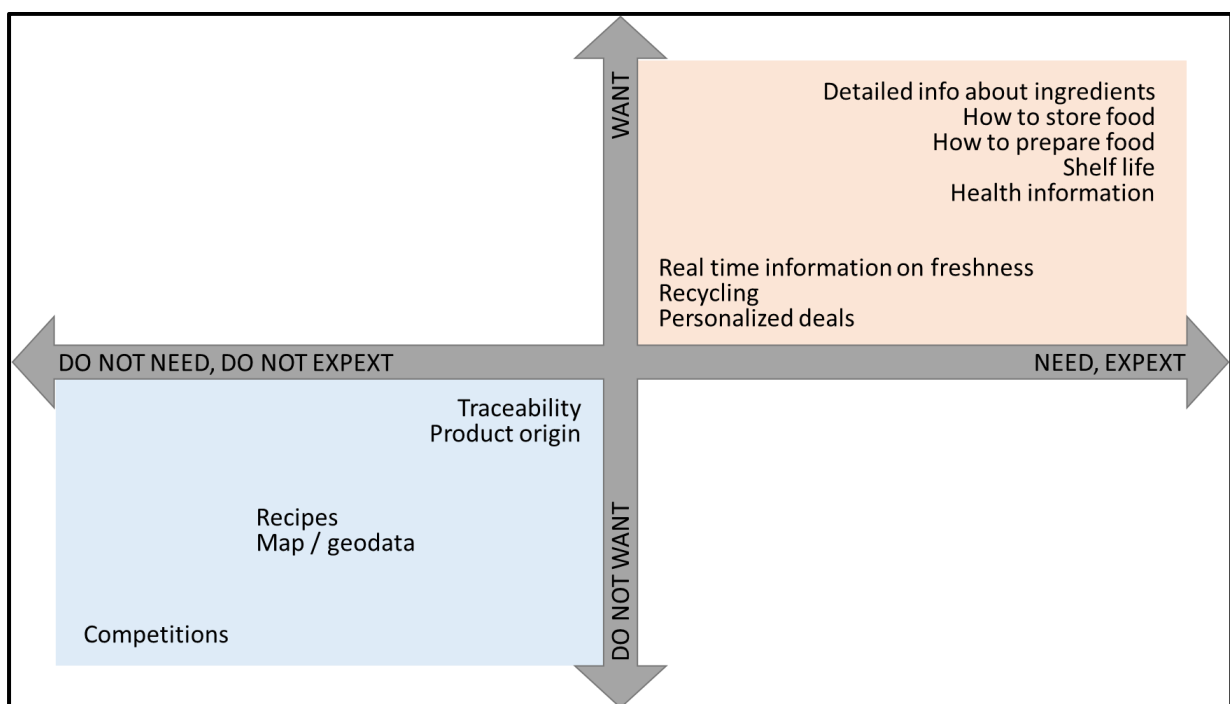
635 *"I would ask for information about the second life that this packaging could*
636 *have. Maybe I can use it as a flowerpot and I will not throw it, because I was*
637 *looking for one. Or maybe I can use something as a footrest, or well, it is an*
638 *information that I do not expect, but if you give it to me, well, I can give it a*
639 *second life or recycle it myself."* (SP2)

640 *"Most western countries are now really placing the responsibility of recycling on*
641 *individuals, so it is important that it also comes from the producer, how to*
642 *recycle the packaging because there is a lot of packaging that just ends up in*
643 *the trash because people do not know. Like the others have pointed out, you*
644 *do not know if it is this kind of plastic or that kind of plastic."* (IC1)

645 This activity, which allowed us to answer RQ2, was concluded with the mapping
646 exercise where, as shown in figure 4, there seems to be a convergence across

647 European participants towards the most and least desired type of information that
648 smart tags should communicate to consumers. Information about ingredients, food
649 storage and preparation, shelf life and health information fall in the high right-hand
650 corner of the positive quadrant of this hypothetical Cartesian space and therefore it
651 appears to be the most desired by participants. Also, information about the freshness
652 of the product, recycling and personalised deals falls in the positive quadrant but as
653 it is closer to the intersection of two axes seems to be less preferred than the
654 previous one. Surprisingly, traceability and the origin of products fall in the negative
655 quadrant close to the zero point of this Cartesian space. Instead, information about
656 recipes, maps/geodata and competitions appear to be unwanted, unexpected and
657 unnecessary.

658 **Error! Reference source not found.**
659



660

661 Figure 4. Wanted, needed, and expected information to be provided by smart tags

662

663 3.3. Smart Tags Co-creation

664 To answer RQ3, in the third focus group activity, participants were split into two
665 virtual rooms to develop their own proposals for smart tags justifying the added value
666 of information conveyed by this innovative packaging. Groups were willing to
667 combine various smart tags and their functionalities, even if they did not know certain
668 technologies or had not seen them in the market. Participants did not propose any
669 abstract, non-existent technologies. It is worth noting that several groups chose to
670 not include some smart tags due to the risk in product quality. Participants found QR
671 codes, freshness indicators, and temperature indicators highly interesting. Barcodes
672 and RFID were also mentioned.

673 The popularity of different sets of smart tags proposed by participants during this
674 activity is presented in the table 3. The results from the proposals developed by the
675 subgroups in each FGD are summarised in Appendix 6. It turned out that out of 24
676 sub-groups, 19 referred to QR code technology. This type of smart tag was proposed
677 for wines, beers, and beverages with its usefulness mainly concerned with product
678 origin. Several groups mentioned the importance that freshness indicators should be
679 used in conjunction with “common sense”.

680 *“QR code(s) [are] good for the retailer, good on wine, anything you’d be sitting*
681 *relaxing with but ultimately there is more to life.” (UK4)*

682 *“I, for example, quite like QR. The QR, for example, we are now getting used*
683 *to going to restaurants and looking at the menus with a QR, the QR allows you*
684 *to put a lot of information so maybe the ideal is to combine a simple information*
685 *in the box, put the origin in a general way, and hey, whoever wants more*
686 *information, there is the QR.” (SP1)*

687 In addition to QR codes being mentioned as a preferred technology, they were
688 perceived as valuable to those with allergies who need or want more information on
689 processing or ingredients. QR codes were also perceived useful to recommend food
690 products to friends.

691 *“Hormones, and stuff like that... so this could also include what kind of feed the*
692 *chicken was fed and then alert people with allergies.” (IC1)*

693 *“It is easy to use, and you could get specific detailed info about the product*
694 *without searching the internet and you can send this info to your friend if you*
695 *were asked for recommendation.” (PL2)*

696 Several groups mentioned the importance that freshness indicators should be used
697 in conjunction with “common sense”. Freshness indicators were proposed by many
698 sub-groups (10 times in total) especially for meat and fish including frozen products.
699 Respondents highlighted the ease of use of freshness indicators as a significant
700 advantage.

701 *“Sometimes the freshness or even edibility depends on the temperature of*
702 *storage.” (PL2)*

703 *“It shows that the cold chain is implemented, or if it breaks, then the colour*
704 *code will tell you that the product is no longer usable.” (F14)*

705 *“... visual and passive, it does not require a concrete action from the consumer*
706 *to see the information.” (SP2)*

707 Table 3 summarizes the popularity of different sets of smart tags proposed by
708 respondents. It is worth noting that the QR code and the freshness indicator were
709 relatively frequently combined by participants as they were perceived to increase
710 informative added value (5 times paired and 2 times with another smart tag).
711 However, the freshness indicator was never proposed as a standalone smart tag like
712 QR codes and time-temperature integrators. Moreover, in relation to the smart tags
713 proposed by sub-groups, participants reported that technology would add value to

714 the product by increasing trust and confidence. Participants identified three main
 715 added values from smart tags: (1) an increase in confidence and trust in the
 716 producer, the quality of the product and its freshness, in the whole food chain, brand
 717 and product; (2) the communication of useful information about ethics, sustainability,
 718 product quality and health properties; and (3) an improvement in consumers'
 719 purchasing decisions in relation to what to buy and to whether a product is "good" or
 720 not.

721 Table 3. Popularity of different sets of smart tags proposed by participants during the
 722 co-creation activity

Set of Smart Tags				Popularity of a set of Smart Tags (numbers of FGD subgroups)	
QR				6	
QR	Freshness indicator			5	
QR		Thermochromic label		3	
QR	Freshness indicator		Barcode	1	
QR	Freshness indicator			RFID	1
QR		Thermochromic label	Barcode		1
QR				TTI	1
QR			Barcode		1
	Freshness indicator			TTI	1
	Freshness indicator		Barcode		1
	Freshness indicator			RFID	1
			Barcode		1
				TTI	1

723

724

725

726 4. Discussion

727 The primary functions of food packaging include protection, communication,
 728 convenience, and containment. Today, contemporary technologies enable active and
 729 intelligent communication with smart solutions for food packaging. This study
 730 improves European consumers' understanding towards intelligent food packaging
 731 technologies, including the value that they attach to information conveyed by smart
 732 tags.

733 As regards RQ1, results show a cross-cultural convergence for food safety and food
 734 quality as they were considered the most important issues of the food value chain.

735 Getting participants to agree on the top ranking of these issues was relatively easy
736 because food safety and food quality are often communicated to consumers with
737 certifications on food packages by third-party agents or governments. Interestingly,
738 aspects remarked in the literature³⁸ as important for contemporary consumers such
739 as recycling, food waste, sustainability or ethical issues were not ranked high up by
740 interviewees.^{32,35} Thus, even if participants of some focus groups emphasised the
741 importance of ethical issues or sustainability, when they had to compare this
742 information with that related to food safety or food quality, they always preferred
743 smart tags conveying the latter rather than the former. This cross-cultural pattern can
744 be explained by the fact that food safety and food quality are intimately connected to
745 the immediate consumption experience of a product and can be easily checked by
746 consumers, whereas information about ethical issues or sustainability rely more on
747 trusting stakeholders' communication.

748 Results also suggest that sustainability and ethical features of food products should
749 be more under the responsibility of producers because participants felt that they did
750 not have enough knowledge to make more sustainable and ethical buying decisions.
751 They stated that they would be willing to pay a small amount of money for more
752 sustainable food brands, but they did not want to think about this type of information
753 when they go shopping. For example, Polish interviewees pointed out that they do
754 not usually think about the end-of-life information on the package/product when
755 shopping. In the UK, participants indicated that the importance and ease of recycling
756 does not affect their purchasing decisions and in Iceland respondents stated that
757 they were not sure about what happens after they have taken food waste to the
758 collection point. Some participants felt that decreasing food waste is challenging and
759 as a result they did not necessarily pay much attention to information regarding this
760 aspect. Alternatively, other interviewees felt that the reduction of food waste was one
761 of the most critical issues. In Iceland they also discussed the importance of ethical
762 issues in the supply chain. Despite their importance for many consumers, they
763 claimed it was difficult to discover this information when shopping. However, when
764 they know or perceive that some brands are unethical, they boycott these products

765 For price, its relevance leads to an interesting trade-off with food quality. Price was
766 rated inconsistently between groups, and there was a clear influence of age on price,
767 as price information was more often rated as an important issue for younger
768 participants. This is most likely due to older participants having higher economic
769 resources than younger people whose available income may be affected by number
770 of dependants at home, mortgages and so on. Nonetheless, there was a general
771 agreement that a high price can be indicative of quality even if this does not
772 automatically make a product better.

773 Also, for RQ2 our analysis shows cross-cultural convergences for information that is
774 wanted, needed, and expected when using smart tags. Potential information
775 conveyed by smart tags should focus first on what is already shown on conventional
776 labels of many food products such as nutrient profiles, shelf-life, traffic lights, nutri-
777 scores and so on. Participants equally rated needs and wants of information
778 regarding ingredients, food storage and preparation, shelf life and health information
779 very high.^{66,67} It is likely that QR codes and other intelligent and active packaging

780 technologies can pave the way for the digitalisation of food information displayed on
781 conventional labels. As well as accelerating the digitalisation of food information
782 already contained on food packaging, smart tags can add further value to supply
783 chains helping consumers to evaluate the freshness and safety of food products on
784 the spot and to appreciate more issues like recycling which participants found
785 difficult to follow and understand. These new packaging technologies can also help
786 retailers to devise marketing strategies tailored to specific people or groups of
787 customers. Our results also indicate that real-time information communicated by
788 freshness indicators, information about recycling and personalised deals were
789 needed and wanted by participants. However, digging deeper into the expected
790 smart tag features and benefits we have observed that traceability conveyed by
791 smart tags was not so strongly desired. It is likely that this information is more
792 difficult to verify and thus participants perceived it to be of less value in comparison
793 to other pieces of information discussed previously. When consumers can trust
794 information available to them this can increase their acceptance of food
795 technologies.³⁶ Information about recipes, maps/geodata and competitions/contests
796 did not attract participants as they perceived this information available through smart
797 tags more like marketing strategies that would not add value to food products. They
798 found the Internet more useful than smart tags to look for recipes and competition as
799 consumers expect high-quality information content that offers them additional
800 value.³¹

801 Regarding RQ3, although participants were presented with multiple smart tags
802 technologies, almost all the most appealing solutions included a QR code as the tool
803 to store and display information. There was a perception that QR codes are well-
804 known, easy to use and affordable. From a technological point of view, the use of
805 QR codes is also increasing due to their ability to store more data than barcodes and
806 traditional labels.⁴⁵ Interestingly, the contents of issues rated as less important
807 (recycling, ethical issues, sustainability) were proposed as the ones to be included in
808 the QR codes. It appears that QR codes were perceived as a tool which offers
809 heterogeneity of information that consumers can cherry pick according to their
810 interests and preferences. For example, some participants stated they could see this
811 type of smart tag as an excellent tool to communicate allergens.

812 The second most commonly proposed smart tag solution was that of freshness
813 indicators, even though some participants expressed concerns over their use. They
814 were concerned about practical issues such as increased waste and price of the new
815 packaging, and the likelihood that indicators could leak substances onto food and/or
816 become unreliable once they are not in contact with food or are potentially
817 manipulated by retailers.^{32,55}

818 Smart tags were of interest to all groups because interviewees perceived the new
819 packaging technology as a way to add extra information and not to reduce what is
820 already displayed on conventional packaging and considered essential. However,
821 participants often showed lack of knowledge and/or interest for information regarding
822 traceability^{46,47} and benefits of healthy eating⁴⁸ which could represent a significant
823 barrier for technology development. Thus, retailers and policy makers should invest

824 more on consumer education because QR codes and freshness indicators can still
825 increase transparency and consumers' trust along food supply chains.

826 Intelligent packaging enables improved communication between consumers and
827 stakeholders within food supply chains and has an enormous commercial potential
828 as various options are available.^{6,18,19} As a practical implication, it is important to
829 consider how benefits are communicated when smart tag solutions are brought to
830 the market. In this way consumers can understand the difference between traditional
831 and 'smart' solutions, appreciate the added value and be ensured that the trust levels
832 in the product and food chain are maintained or increased.

833

834 **4.1. Limitations**

835 Although this study covered consumers from five EU countries, it should be noted
836 that only in the UK did participants cover all age groups, while in the remaining
837 countries focus groups were conducted only with two of the four age groups. Another
838 limitation was imposed by the COVID19 pandemic as FGDs took place via an online
839 platform and thus with limited the interaction with interviewees. Nevertheless, such
840 online FGDs may be recommended for future research due to their ease, low cost
841 and technological advantages of interactive whiteboards that facilitate respondents'
842 engagement.

843 Furthermore, findings of this study are exploratory and qualitative in nature, and thus
844 they provide initial insights towards consumer perceptions. These findings should be
845 further evaluated in quantitative studies on an internationally representative sample.

846

847 **5. Conclusions and Suggestions for Future Work**

848 In this paper, our aim was to understand European consumers' attitudes towards
849 issues regarding food supply chains and information conveyed by different smart
850 tags. Smart tag technologies can add value to food supply chains in terms of
851 confidence in quality, food safety and freshness evaluation at post-purchase level
852 providing unique and personalised information to consumers. However, even if
853 intelligent packaging technologies can offer smart communication from the fork to the
854 farm of supply chains, they do not replace or reduce the importance of conventional
855 labels already familiar to most consumers. Considering lack of knowledge for these
856 technologies, the most popular smart tags such as QR codes could be used in
857 conjunction with conventional labels to increase transparency of supply chains. This
858 would allow consumers to get familiar with smart tag technologies and enhance their
859 trust towards products and suppliers.

860 Furthermore, what is also worth mentioning is that the price of new packaging
861 technologies was considered important by several participants, but there were only a
862 few studies exploring this aspect. Assessing the economic value of different
863 intelligent packaging technologies can be paramount in estimating the marginal
864 benefit of additional information provided by different smart tags. Contingent
865 valuation and stated choice studies can provide useful information in terms of

866 profitability of intelligent and active packaging. Intelligent packaging can
867 communicate more complex information such as food spoilage, freshness, and
868 traceability but this may not necessarily translate into efficiency gains for
869 stakeholders along the food supply chain. Consumers regularly see and use different
870 types of labels, claims, and codes on food packaging, but are often disappointed by
871 the quality of the information provided. It is clear that we need more studies on the
872 type of information conveyed by smart tags for which consumers are willing to pay a
873 premium price.³¹ Our results also seem to indicate that information communicated by
874 smart tags could also be linked to social values as indicated by Den Ouden.⁵⁹
875 However, considering the qualitative nature of this study we cannot assume that the
876 economic value (consumers' willingness to pay) of smart tags is linked mainly to
877 information regarding food safety, quality and freshness of products. More studies
878 must be conducted to assess how food information and other values⁵⁹ such as
879 ecological (e.g., eco-footprint), happiness (e.g., personalised deals) and belonging
880 (e.g., product origin) are interlinked and traded off in consumers' heterogeneity of
881 preferences. Understanding how values for money, sense of belonging, happiness
882 and ecological ideals are linked to information conveyed by smart tag can help
883 marketers to devise marketing strategies that can satisfy needs and wants of specific
884 groups of consumers. Further consumers' studies could also explore how
885 psychological components related to the use of smart tags could influence
886 consumers' acceptance and purchasing behaviour.

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1121 Appendix 1. Most important issues in food value chain from consumers perspective;
 1122 illustrative quotes related to food safety and quality.

Food value chain issues	Sign*	Illustrative quotes
Food safety	(+)	FI1: (...) <i>hygiene issues or also that what chemicals are used if there is a crop or anything else that ends up in our stomachs, then it is quite interesting if these are safe products.</i>
	(+)	IC1: <i>Diseases and bacteria and stuff like that, that it shouldn't be in the food or at least minimise the risk of contamination.</i>
	(+)	PL2: <i>We should receive a clear information about food safety.</i>
	(+)	SP2: (One of) <i>three essential points, basic to buy or select a product.</i>
Food quality	(+)	FI1: <i>I want to eat quality food.</i>
	(+)	PL1: (...) <i>the health effects but also the taste.</i>
	(+)	PL1: <i>We assess very often the food quality by its look.</i>
	(+/-)	IC1: <i>If you are just going to put everything in a pot and make a soup, then the quality of each product maybe does not matter as much. Also, if I am paying a lot for a product, I expect better quality. It is different if I am just buying something from a can, then I might not expect the same quality as if I am buying something fresh.</i>
	(+)	IC3: <i>When I see quality, I feel that it is really an umbrella over everything else, that quality reflect everything else.</i>

1123 Direction of the statement: (+) positive statements; (+/-) ambiguous statements; (-) negative statements.

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1127 Appendix 2. Illustrative quotes of food value chain issues connected with
1128 sustainability and ethics.

Food value chain issues	Sign*	Illustrative quotes
Sustainability	(+/-)	IC1: <i>Yes, I agree, that sustainability is up there (...). But at the same time, I would not choose a product just because it is sustainable if food safety was not secured.</i>
	(+/-)	UK1: <i>It is important, but it is not something that I particularly look into myself, but I do think that today it is very important, and I should take more notice of it.</i>
	(+/-)	PL1: <i>Again, producers should think about it and ensure that.</i>
	(+/-)	PL2: <i>These issues are important, and I am aware that we should be more sustainability oriented as consumers. But it seems not so easy for me. I do not feel well informed about it and what I should do more than waste segregation.</i>
Recycling	(+/-)	PL1: <i>Well, I actually do not think about it in the shop when buying. It is important that producers could foresee that.</i>
	(+/-)	UK1: <i>I personally find it easy. I do not think it is, you know, it takes two seconds out of your day to read the back of the packaging to see if can or cannot be recycled but having said that I do not think it would turn me away from a product if I liked that particular product and it did not come in recyclable packaging.</i>
	(+/-)	IC2: <i>I think for me, as a consumer, I sort my waste and recycle single use packaging, but I do not know what happens to the waste I have sorted.</i>
Food waste	(+/-)	PL1: <i>Definitely. It is good to not waste food, but it requires a great control over your fridge.</i>
	(+/-)	SP3: <i>Well, at the end of the day, the food waste, unfortunately, in my case I think it is not among the most important issues in the food value chain...</i>
	(+)	IC3: <i>I also think it is important in the production, I do not know how bad it is in this country, but very often products are being discarded that are perfectly fine but do not look perfect and we as consumers do not want that. (...) for example, if a carrot is a few millimetres too short, then it does not reach the consumer and is eventually just discarded.</i>
	(+)	IC3: <i>I think we have done a lot on this issue here in Iceland. You can always choose a product that is about to expire if you are going to use it the same day. I think that is important. That we are not throwing away food.</i>
	(+)	FI4: <i>I think that reducing waste is very important, that it also goes to the top of the list. It is essential.</i>
Ethical issues	(+)	IC1: <i>I also think it is very important. There are for example many brands that I try to avoid and try to choose alternatives for, just because I know that when the product is traced, the ethics at the place of origins are not ok, for example when they are choosing the cheapest labour or producers, often in third world countries.</i>
	(+/-)	FI1: <i>(...) it can sometimes be difficult to make choices, consumption choices on the basis of this issue, but it is important.</i>
	(+/-)	UK1: <i>If I knew something was unethical then, yes, I would avoid it, but I do not go out of my way to search for a company or a product to see whether it is ethical or not.</i>

1129 *Direction of the statement: (+) positive statements; (+/-) ambiguous statements; (-) negative statements.

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1132 Appendix 3. Ranking of the most important issues in food value chain by focus group
 1133 (most important = 1; least important =11)

	UK1	UK2	UK3	UK4	FI1	FI4	SP2	SP3	PL1	PL2	IC1	IC3
Food safety	2	1	1	1	3	1	1	1	3	1	1	1
Food waste	3	11	9	5	4	3	7	10	4	9	2	2
Freshness	8	2	3	3	11	10	3	5	2	2	8	7
Product quality	5	4	2	2	7	7	1	1	1	1	5	1
Traceability, product origin	10	10	7	7	5	NA	4	6	10	6	1	6
Sustainability	4	6	4	8	8	9	5	4	9	5	1	1
Recycling	7	5	10	11	10	6	9	9	6	8	3	5
Ethical practices	3	8	5	9	1	2	8	8	8	4	NA	4
Trust in product	6	3	6	6	9	5	2	7	11	7	6	3
Trust in brand	9	9	8	10	2	4	6	3	7	3	NA	NA
Price	1	7	11	4	6	11	1	2	5	10	4	8

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1136 Appendix 4. Most wanted, needed and expected information to be provided by smart
 1137 tags, including illustrative quotes.

Information content	Sign*	Illustrative quotes
Food ingredients	(+)	UK1: <i>I tend to get annoyed when they do not have the actual details, when it goes "Flavourings!", I have no idea what those are, it is non-specific. I am interested, mostly, I will look and go "I wonder what that is. Oh, it has flavourings. Wonderful!". So, I would want that quite a lot personally.</i>
	(+)	PL2: <i>I do not read it every time, but I want to have the possibility.</i>
	(+)	PL2: <i>You have to know what you eat and if the list is indicated, then you may expect that nothing else is added that could be harmful for your health.</i>
	(+)	F11: <i>At least things get all messed up if it does not exist. And I guess it suggests that is what I want to read. I expect to get, and I need, yes and it is number one indeed.</i>
	(+)	SP2: <i>I want to see exactly what there is in the product. Because when I read it contains E's, I do not buy it.</i>
Food storage	(+)	UK1: <i>It is probably quite obvious that it needs to go in the freezer or the fridge or a cupboard, but it is still good to have it there because some things you do find out that other people have been storing it in the fridge and you have been putting it in the cupboard, like sauces and those kinds of things.</i>
	(+)	F11: <i>It is so essential that they are also clear enough to do so, because it makes it very easy for the consumer to act, so one would expect them to be found there.</i>
	(+)	PL2: <i>Usually you know how but anyway such information should be given.</i>
Food preparation	(+)	UK1: <i>I need to know how to cook whatever I have bought, what temperature it needs to be at and for how long.</i>
	(+)	F11: <i>I do feel that that instruction, the instruction of how to prepare the food is needed more than those recipes, that you know just how long you should cook those groats. It is perhaps even more important to know that, rather than what it can be used for.</i>
	(+)	PL2: <i>For me it is important, I would like to be informed about it even if the product is simple. I cannot remember e.g., the time needed for cooking every single product.</i>
Shelf life	(+)	UK1: <i>If that information could be presented well, it would be really, really interesting and useful rather relying on Use By dates or whatever, I can go "Yes, this is good".</i>
	(+)	IC3: <i>I think that is something that everybody wants.</i>
Health claims	(+)	PL1: <i>Well probably something more connected with its effect on our health, vitamins, but also allergens.</i>
Real time freshness	(+)	IC1: <i>It sucks when you buy something and then you keep it in the freezer for one day and then it is ruined.</i>
	(+/-)	F14: <i>It is what I might want, yes, I do, I do not necessarily need it.</i>
	(+)	PL2: <i>Such information would be very useful. Of course, you can see or smell if some food products are fresh but sometimes you may still be confused.</i>
Recycling	(+)	IC1: <i>I still think it is important. I have seen it on products, and I do think about it, like, if this is not recyclable, and I often buy based on that. If it is recyclable, I am more likely to buy it.</i>

	(-)	UK1: <i>To be honest, I think I do not even pay it, because it has just become so second nature to either recycle or not recycle things, I do not even really check packaging on it anymore, whereas I think when I first started maybe living independently, I was checking things, whereas now I do not really pay any attention to it.</i>
	(+)	SP2: <i>I would ask for information about the second life that this packaging could have. Maybe I can use it as a flowerpot and I will not throw it, because I was looking for one. Or maybe I can use something as a footrest, or well, it is an information that I do not expect, but if you give it to me, well, I can give it a second life or recycle it myself.</i>
	(+/-)	SP2: <i>If they mention it, it is okay, but if they do not, I do not really care.</i>
	(+)	F11: <i>At least nowadays, when there are so many different trash cans in that yard. At least, that is how I study those packages all the time, as I expect it to tell me where I am going to put it.</i>
	(+)	IC1: <i>Most western countries are now really placing the responsibility of recycling on individuals, so it is important that it also comes from the producer, how to recycle the packaging because there is a lot of packaging that just ends up in the trash because people do not know. Like the others have pointed out, you do not know if it is this kind of plastic or that kind of plastic.</i>
Personalised deals (loyalty programmes)	(+/-)	UK1: <i>I would not want, need or expect it, but I can see how it would be beneficial to some people, definitely. It probably would be beneficial to everyone if they had a Clubcard, but I have never had one myself.</i>
	(+)	UK1: <i>I have a Clubcard so I think I would quite like this. It would be quite handy.</i>
	(+/-)	SP2: <i>It is not something I crave or urgently need, but if it is there, I use it.</i>

1138 *Direction of the statement: (+) positive statements; (+/-) ambiguous statements; (-) negative statements

1139 Appendix 5. Less wanted, needed, and expected information to be provided by smart
1140 tags, including illustrative quotes.

Information content	Sign*	Illustrative quotes
Competitions/ Contests	(+/-)	IC1: <i>It is really not important but nice to know.</i>
	(-)	UK1: <i>I very rarely take part in competitions, food-related ones, and I have definitely never won anything.</i>
	(-)	PL2: <i>They are of little value to me.</i>
	(-)	SP2: <i>I do not really care about this, honestly.</i>
Recipes	(+/-)	SP2: <i>It is not that it does not add, it just gives an additional value, it is a plus, like, well, if I also tell you how to cook it in another way, well we can try, it is not something necessary, but it would not be something I am not looking for.</i>
	(+)	SP3: <i>It can give you a hint, to change or try something new.</i>
	(-)	F11: <i>I would prefer the manufacturer to spend that money on that product and not try in such desperate ways to sell it to me.</i>
	(+/-)	IC1: <i>It would be nice, but you can always google the information yourself. So, it is not necessary but nice.</i>
	(-)	PL1 <i>I have never used such recipes. And I do not know anybody who did it. I am not sure if they work, what will be the effect, there is no picture of the effect</i>

Map/geodata	(+/-)	PL1: <i>Taking an avocado for example, it would be good to know its journey. Well actually it may be interesting but... but probably still not expected</i>
	(-)	UK1: <i>It is no more than curiosity; it is definitely not a need.</i>
Traceability and product origin	(+/-)	UK1: <i>It is a nice idea but in reality, I do not care. I do not necessarily even trust the traceability on there with certain things, like, I am quite interested in how things get so lost in the food system and you get fake food and stuff and traceability is quite easily faked or it is hard to tell what is real traceability and fake traceability. I do not really look, in reality. It is a cute idea but it is of minimal importance to me.</i>
	(+/-)	IC1: <i>If its traceability, and if the place of origin is disclosed, then I do not really need anything visual, it is enough to be able to read it.</i>
	(+)	PL2: <i>Sometimes it may influence the nutrients value or the quality and sometimes it is about the national expertise - so it would be good to know.</i>

1141 * Direction of the statement: (+) positive statements; (+/-) ambiguous statements; (-) negative statements.

1142

1143 Appendix 6. Summary of results related to smart tag technologies.

	UK1	UK2	UK3	UK4	FI1	FI4	SP2	SP3	PL1	PL2	IC1	IC3
Barcode				x	x				x	x	x	
RFID							x	x				
QR code	x	x	x		x	x	x	x	x	x	x	x
Freshness indicator		x		x	x	x		x	x		x	
TTI			x	x								x
Thermochromic label						x				x		x

1144