

Cyclodextrin-induced suppression of the crystallization of low-molar-mass poly(ethylene glycol)

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Cyclodextrin-Induced Suppression of the Crystallization of Low-Molar-Mass Poly(ethylene glycol)

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cyclodextrin additives as a powerful means to tune the crystallization of PEG (PEO), which, in turn, will impact bulk properties including biodegradability.

KEYWORDS: crystallization, cyclodextrins, rotaxanes, SAXS/WAXS, poly(ethylene glycol), DSC

INTRODUCTION

Control of self-assembly through judicious use of noncovalent interactions is an important theme in contemporary materials chemistry research.¹ Cyclodextrins are cyclic oligosaccharides with 6, 7, and 8 linked sugars in α CD, β CD, and γ CD, respectively, that form inclusion complexes with polymers due to threading of the rotaxane molecules on the polymer chains.² Cyclodextrins are generally inexpensive, plant-derived compounds (obtained from starch) of interest as additives in the development of renewable materials such as metal-organic frameworks (MOFs).³⁻⁵ They can be modified with hydrophobic substituents to enable complexation with hydrophobic molecules and such derivatives are used for example to extract cholesterol from cells.⁶⁻⁸ Cyclodextrins have been widely explored for applications in pharmaceutics since they can be used to create water-soluble complexes with hydrophobic drugs.^{9–14} Many other potential uses arising from host-guest interactions have been demonstrated based on supramolecular polymer or amphiphile formation.^{12,15-20} Among cyclodextrins, α CD contains six glucose-derived saccharides and contains a small cavity, which can thread around polymers including polyethylene glycol (PEG),²¹⁻²⁴ due to hydrogen bonding interactions with the ether oxygen atoms.

Cyclodextrins have been investigated as additives to tune polymer crystallization. The addition of α CD to polymers can enhance crystallization from the melt, i.e., the α CD acts as a nucleating agent,²⁵ due to the formation of inclusion complexes. This has been reported for poly(3-hydroxybutyrate).^{26,27} The formation of inclusion complexes of α CD has also been reported for polymers including polyesters such as poly(ε -caprolactone) [PCL],²⁸ polyethers such as poly-(ethylene glycol) PEG [i.e., hydroxyl-terminated poly(ethylene oxide), PEO]^{21,29,30} and block copolymers such as oligomeric copolymers containing PEO³¹ and/or PCL.^{32,33} Inclusion complexes are formed by polyolefins such as poly(isobutylene) with β CD and γ CD.^{34,35} Other studies on the inclusion complex formation of polymers with cyclodextrins have been reviewed.³³ Addition of inclusion complexes (not just the α CD itself) accelerates the nucleation and crystallization of several polymers including PCL, poly(butylene succinate), and PEG $(M_{\rm w} = 20,000 \text{ g mol}^{-1})$.^{36,37} In contrast, α CD forms inclusion complexes with aliphatic polyesters poly(3-hydroxypropionate), poly(4-hydroxybutyrate), and PCL which leads to suppression of crystallization, as revealed by DSC and wideangle XRD.³⁸ However, to date, the effect on the crystallization of polyethers such as PEG of α CD itself (not preformed inclusion complexes) has not been examined. Since the enzymatic degradation of polymers can be enhanced by reducing crystallinity,^{39–44} methods to suppress crystallization resulting from the complexation of certain polymers with

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Figure 1. DSC data (endo down) measured for PEG1000 with (a) 0, (b) 0.03 wt %, (c) 1.6 wt %, (d) 3.6 wt %, (e) 8 wt %, and (f) 13 wt % α CD. The first heating ramp is from -40 to 120 °C and the second cooling ramp is from 120 to -40 °C.

specific cyclodextrins, can be used to improve polymer biodegradation,^{33,45} a very important societal challenge.

Here, we report on an investigation of the influence of α CD on the crystallization behavior of low-molar-mass PEG (three molar masses). DSC and simultaneous SAXS/WAXS were used to investigate the behavior of dry/melt samples, and heat/ cool experiments revealed the unexpected suppression of PEG crystallization in complexes with sufficiently high α CD content. Instead, the PEG/ α CD complexes form a hexagonal structure, as revealed by analysis of combined SAXS/WAXS data over an extended *q* range. These observations are rationalized based on the effect of α CD threaded onto PEG chains in restricting the conformational flexibility of the polymer.

EXPERIMENTAL SECTION

Materials and Sample Preparation

Samples of PEG1000, PEG3000, PEG6000, and α -cyclodextrin (α CD) were obtained from Sigma-Aldrich (U.K.) and are USP reference grade products. PEG1000 has stated molar mass $M_w = 950-1050 \text{ g mol}^{-1}$, while for PEG3000 $M_w = 2959 \text{ g mol}^{-1}$, for PEG6000, it is quoted as $M_w = 6000 \text{ g mol}^{-1}$.

Table S1 lists wt % concentrations and molar ratios for the samples studied in this work.

The wt % PEG in binary samples was calculated according to wt % PEG = $100 \times [\text{weight}_{\text{PEG}}/(\text{weight}_{aCD} + \text{weight}_{\text{PEG}} + \text{weight}_{water})]$. The corresponding molar concentration of PEG was calculated using only weight_{\text{PEG}} and the volume of water equivalent to that of weight_{water}. An equivalent method was used to calculate the wt % and molar concentration of α CD in binary samples (Table S1).

To prepare the samples, convenient weighed amounts of α CD and water were placed in a vial. The α CD was dissolved using ultrasound and vortexing for 10 min. The transparent α CD solution was then used to dissolve a convenient weighed amount of PEG. As with the previous step, the PEG was dissolved using ultrasound and vortexing for another 10 min. The resulting α CD/PEG solution was allowed to rest for 24 h and then dried on a glass slide for 24 h. The dried powder was recovered from the glass slide by scratching with a scalpel. Samples were then stored under vacuum before being studied by Xray scattering or DSC.

Differential Scanning Calorimetry (DSC)

Experiments were performed by using a TA-Q200 DSC instrument. Samples were prepared as detailed in the Materials and Sample Preparation section, and the resulting powder was loaded into sealed DSC pans. Temperature ramps were performed in the range 19 °C \rightarrow -40 °C \rightarrow 120 °C \rightarrow -40 °C with a cool/heat rate of 10 °C/min.

Simultaneous Small-Angle/Wide-Angle X-ray Scattering (SAXS/WAXS)

Simultaneous SAXS/WAXS experiments were carried out at DUBBLE $(BM26)^{46}$ at the ESRF (Grenoble, France) using an X-ray beam with a wavelength of 12 keV. Samples were prepared as detailed in the Materials and Sample Preparation section, and the resulting powder was loaded in sealed DSC pans with mica windows.

The WAXS signal was acquired with a Pilatus 300 K–W (1472 × 195 pixels) detector that is characterized by a pixel size of 172 μ m × 172 μ m, while the SAXS signal was recorded with a Pilatus 1 M with a detector size (981 × 1043) with a pixel size of 172 μ m × 172 μ m at a sample to detector distance of ca. 1.45 m. Alumina (α -Al₂O₃) was employed to calibrate the wavenumber ($q = 4\pi sinq/\lambda$) scale for the WAXS and AgBe for the SAXS scale. The SAXS data was corrected for the background of an empty DSC pan. Both SAXS and WAXS data were corrected for transmission before being integrated into 1D intensity profiles using the software Bubble⁴⁷ and both are expressed in arbitrary units.

RESULTS

Differential scanning calorimetry (DSC) was first used to identify phase transitions associated with PEG melting and crystallization and the influence of α -cyclodextrin (α CD) on this in blends with varying α CD content. Figure 1 shows DSC thermograms obtained for PEG1000 and blends with varying α CD content. The data for PEG1000 alone in Figure 1a show a melting endotherm with a peak at $T_{\rm m} = 37.8$ °C and a crystallization exotherm maximum at $T_{\rm c} = 33.2$ °C for the second cooling ramp. Upon incorporation of 0.03 wt % α CD, the melting endotherm (Table 1) and crystallization exotherm

Table 1. Melting and Crystallization Temperatures and Melting Enthalpy Values from DSC Data in Figures 1, S2, and S3

sample	T _m (°C) (peak)	$T_{\rm c}$ (°C) (onset)	$\Delta H_{\rm m}$ (J g ⁻¹)
PEG1000	37.8	33.7	145.4
PEG1000 + 0.03 wt % α CD	38.1	18.0	140.8
PEG1000 + 1.6 wt % α CD	33.8	16.3	27.8
PEG1000 + 3.6 wt % α CD	33.8	10.0	15.6
PEG3000	57.9	38.0	165.1
PEG3000 + 0.1 wt % α CD	57.3	28.8	170.3
PEG3000 + 5 wt % α CD	55.3	22.9	9.9
PEG6000	60.6	41.8	183.3
PEG6000 + 0.2 wt % α CD	59.5	35.4	140.3
PEG6000 + 5 wt % α CD	51.9	21.0	7.3

are retained (Figure 1b), although in the latter case, there is greater undercooling (hysteresis) than for the PEG1000, and there is evidence for fractionated crystallization. The melting/ crystallization peaks are greatly reduced but still present in the complexes with 1.6 and 3.6 wt % α CD (Figure 1c,d). Crystallization occurs with peaks at $T_c = 14.0$ °C (1.6 wt % α CD) and $T_c = 7.9 \,^{\circ}$ C (3.6 wt % α CD). In contrast to these results, there is no evidence for PEG melting/crystallization peaks in the DSC data (Figure 1d,e) for samples containing 8 or 13 wt % α CD which, as for α CD itself (SI Figure S1), just show a broad peak on heating due to water loss, starting at 70 °C. DSC data for PEG3000 and blends with α CD are shown in SI Figure S2, and for PEG6000 and blends with α CD in SI Figure S3. For PEG3000, the DSC data show that crystallization is suppressed in the blend with 10 wt % α CD and is almost absent in the blend with 5 wt % α CD, and for PEG6000, there is no recrystallization exotherm for samples

with 7 wt % α CD or more (and it is only weakly present for the 5 wt % α CD blend). The values of melting temperature (T_m) , crystallization temperature (T_c) , and melting enthalpy ΔH_m for all studied blends (and the polymers without α CD) are listed in Table 1 which shows the general trend for a given PEG molar mass for T_m , T_c , and ΔH_m to all reduce upon addition of α CD until melting (crystallization) is completely suppressed. The DSC data for all three PEG samples thus indicate that PEG crystallization is suppressed in blends containing sufficient α CD.

The versatile method of simultaneous synchrotron SAXS/ WAXS⁴⁸ was used to examine structural features of ordering including PEG crystallization in the PEG/ α CD blends across length scales associated with superstructure formation (SAXS) and local ordering extending down to the atomic level (WAXS). We first consider measurements for PEG1000 before briefly discussing data for PEG3000 and PEG6000 which present features similar to those for the lowest molar mass PEG studied. The WAXS data for PEG1000 (Figure 2a) show the disappearance of PEG crystal reflections on heating and reversible reappearance on cooling, and remelting on second heating (the temperature profile is shown in Figure 2c). The WAXS data for the crystalline PEG (Figure 2d) were indexed using the published unit cell data for PEG (SI Figure S4).^{49,50} The SAXS data in Figure 2b show reversible changes in the scattering peak centered at $q^* = 0.89 \text{ nm}^{-1}$ (Figure 2e), which is due to the formation of PEG lamellae upon crystallization. There is also a weak broad shoulder peak centered at q = 1.03 nm^{-1} due to a secondary population of crystalline lamellae. The principal peak is accompanied by higher-order reflections at $2q^*$ and $3q^*$ (SI Figure S5) confirming a lamellar structure with a spacing d = 7.06 nm. This is comparable to the estimated length of PEG1000 in an extended conformation, approximated as $l_{\text{PEG}}/\text{nm} = 0.095 z_{\text{E}}$, where z_{E} is the number of chain atoms (C and O),⁵¹ which for PEG1000 gives $l_{PEG} =$ 6.47 nm. The slight discrepancy is ascribed to an underestimated average degree of polymerization in the sample. The observed *d*-spacing implies that PEG crystallizes as an extended chain crystal.

We next consider the SAXS/WAXS data for PEG1000 in the blends with α CD. Similar behavior was observed to that observed for PEG1000 alone; i.e., WAXS peaks for crystalline PEG and reversible melting/crystallization were noted for a blend with low α CD content (0.003 wt %) as shown in SI Figure S6. In this and subsequent plots of SAXS/WAXS data, the temperature ramp profiles are omitted since they are the same as those in Figure 2c (except for PEG3000, where the maximum temperature was 120 °C to check for any possible higher temperature melting, which was not observed). However, a very distinct behavior was noted for blends with high α CD content for which DSC indicated the suppression of PEG crystallization. Figure 3 shows simultaneous SAXS/ WAXS data for PEG1000 with 8 wt % α CD. The WAXS data in Figure 3a,c show the absence of reflections due to PEG crystallization, and no significant temperature dependence is observed across the heat-cool cycles. Importantly, the WAXS data corresponds to neither that of α CD alone nor PEG1000 (SI Figure S7). These points to the formation of a distinct α CD-PEG inclusion complex structure, to be discussed shortly. The SAXS data in Figure 3b,d show the absence of features from PEG crystal lamellae, and no temperature dependence, further confirming that the addition of α CD has suppressed PEG crystallization. Blends containing intermediate α CD



Figure 2. SAXS/WAXS data for PEG1000 during a heat/cool/heat cycle at 5 °C/min (a) WAXS data heatmap (intensity for each frame stacked vertically), (b) SAXS data heatmap, (c) temp ramp profile corresponding to the heatmaps in (a, b), (d) selected frames of WAXS data at the temperatures indicated—cyan: -20 °C (start), orange: 100 °C (first heat), blue -20 °C (second cool), and red 100 °C (second heat) (the peak near q = 24 nm⁻¹ is due to a reflection from the mica window), and (e) selected frames of SAXS data (same color scheme as for WAXS).



Figure 3. SAXS/WAXS data for PEG1000 + 8 wt % α CD during a heat/cool/heat cycle at 5 °C/min (a) WAXS data heatmap (intensity for each frame stacked vertically), (b) SAXS data heatmap, (c) selected frames of WAXS data at the temperatures indicated—cyan: -20 °C (start), orange: 100 °C (first heat), blue -20 °C (second cool), red 100 °C (second heat), (d) selected frames of SAXS data (same color scheme as for WAXS).

content (1.6 or 3.6 wt %) show features of PEG crystallization in the SAXS/WAXS data shown in SI Figures S8 and S9 (especially in the WAXS data) although new WAXS peaks arise, in particular sharp temperature-independent peaks including a primary peak at $q = 14.2 \text{ nm}^{-1}$ (d = 0.44 nm). These peaks are due to the formation of inclusion complexes with α CD (to be discussed in detail below). SAXS/WAXS data for PEG3000 and blends with α CD shown in SI Figures S10– S13 show similar features, i.e., WAXS peaks from PEG crystals for pure PEG3000 and the blend with α CD = 0.1 wt %, whereas the high α CD content blends (α CD = 5 or 10 wt %) show WAXS patterns dominated by peaks arising from α CD inclusion complex formation (for the 5 wt % blend) or exclusively these features (for the 10 wt % blend). The SAXS data for PEG3000 and blends does not show well-defined peaks from crystal lamellae, although there are some temperature-dependent broad features evident in the heat map WAXS data in SI Figures S10c and S11c.

For PEG6000 (and blends of this polymer with low α CD content), the WAXS data in SI Figures S14a,c and S15a,c show

the features of PEG melting and crystallization similar to that observed for PEG1000 and PEG3000. The WAXS data shown in SI Figures S16a,c and S17a show that PEG crystal peaks are suppressed largely or entirely in the blends with 5 or 7 wt % α CD, respectively, consistent with the DSC data in SI Figure S3. For this polymer and the α CD = 0.2 wt % blend, the SAXS data shown in SI Figures S14d and S15d show for the low temperature crystal phase a broad peak centered at q = 0.47 nm⁻¹ (d = 13.4 nm) which may be compared to reported crystal lamellar spacings d = 19.6 nm and d = 39.8 nm for PEO6000 dimethyl ether, corresponding to once folded or unfolded extended PEO chains.⁵² The observed peak in our data is most likely the third-order reflection from unfolded PEO6000 lamellae. This peak is observed to reversibly melt on heating (SI Figures S14b and S15b).

The SAXS/WAXS data for all three samples thus show features consistent with the DSC data, i.e., the suppression of PEG crystallization in blends with sufficiently high α CD content. The combination of SAXS/WAXS data in fact provides unique information on the formation of inclusion complexes, and this is now analyzed. SAXS/WAXS data are plotted together for PEG1000 mixtures with high α CD content in Figure 4. Similar features were observed for high α CD



Figure 4. Combined SAXS/WAXS data (at -20 °C, first cooling) for PEG1000 mixtures with α CD content as indicated and PEG1000 alone for comparison. The WAXS data intensity has been scaled to be at approximately the same level of that of the SAXS data, and data is offset for ease of visualization. Peaks due to PEG/ α CD complex formation are indicated in black, with the main hexagonal lattice peaks indexed with q' notation. Peaks due to PEG crystallization are highlighted with green arrows.

content PEG3000 and PEG6000 mixtures (SI Figures S18 and S19). At lower α CD content, some signature peaks from PEG crystallization were retained, as indicated in SI Figure S19.

The SAXS data at high q reveal peaks for the blends containing high α CD content, in particular, there is a sharp peak at q = 5.37 nm⁻¹, marked as q' in Figures 4, S18, and S19. The peak is absent for α CD alone (Figure S20), therefore it is due to the complexation of α CD with PEG. The combination of SAXS and WAXS in fact provides unique insight into the noncrystalline ordering in the complexes at high α CD content. The stronger peaks in the data in Figures 4, S18, and S19 can be indexed to a hexagonal lattice structure with reflections at $q', \sqrt{3}q^*, \sqrt{7}q'$, and 3q'. The $\sqrt{7}q'$ peak at q = 14.2 nm⁻¹ is enhanced because the corresponding *d*-spacing (d = 0.44 nm) is close to the α CD inner diameter.⁵³ The expected hexagonal lattice reflection at 2q' is absent due to the degeneracy in hexagonal lattice orientation (0 and 30° rotation). The

hexagonal lattice parameter from these reflections is a = 1.35nm. The additional broader set of peaks present in the data in Figures 4, S18, and S19 arise from the ordering out of the plane of the hexagonal lattice including peaks arising from the spacing of the cyclodextrin rings along the c axis of the unit cell. The reflections were indexed (SI Table S2) based on a pseudohexagonal lattice with a = b = 1.31 nm, c = 1.51 nm, and an angle $\gamma^* = 116^\circ$ slightly distorted from hexagonal ($\gamma^* =$ 120°). The hexagonal lattice parameters differ slightly from those based on analysis of the stronger hexagonal lattice peaks only (which yielded a = 1.35 nm) when accounting for the other broader peaks in a least-squares indexation of the observed peak positions. In fact this indexation is complicated by the probable presence of mixed order due to two possible stackings of the α CD molecules:²⁹ head-to-tail or head-to-head (i.e., ordering into dimers) of which the latter is predominant, since it gives rise to a spacing approximately twice the height of an α CD molecule (0.79 nm),⁵³ which is close to the length of the c axis of the indexed unit cell. The data in Figure 4 show the coexistence of SAXS peaks for the lower two α CD content blends arising from the hexagonal and crystalline structures. This was not observed for the PEG3000 and PEG6000 blends (SI Figures S18 and S19). It indicates a less strong propensity for hexagonal phase formation in the PEG1000 blends with low α CD content. The structure deduced from the SAXS/ WAXS data for the PEG/high α CD blends is sketched in Figure 5 which shows the two stacking modes.



Figure 5. Scheme showing α CD wrapping PEG in complexes, forming a hexagonal lattice (not to scale). (a) Predominant head-to-head (dimer) stacking and (b) Minor head-to-tail stacking.

DISCUSSION AND CONCLUSIONS

Complex formation between PEG1000 and α CD leading to a channel-like crystal structure of α CD-threaded PEG chains was reported in 1990,²¹ although no detailed structure analysis was performed. Here a detailed analysis of the influence of α CD on the crystallization of low-molar-mass PEG (PEG1000, PEG3000, and PEG6000) is provided, and the suppression of PEG crystallization at sufficient α CD loading is demonstrated, which is due to threading of cyclodextrin molecules on the polymer chains. This is shown to lead to a structure comprising a hexagonal array of PEG chains bearing α CD. The hexagonal lattice parameters are similar to those previously reported for a PEG1500/ α CD blend based on XRD, although we did not find a notable peak corresponding to d = 0.743 nm discussed by Topchieva et al.,²⁹ which they assign to the headto-tail stacking (nondimers) of α CD; however, a minor peak with d = 0.724 was recorded, which can be indexed based on

the hexagonal unit cell (SI Table S2).²⁹ The threading of α CD presumably leads to greatly restricted conformational freedom of the polymer, thus preventing PEG from adopting the extended helical structure characteristic of the crystal state,⁴⁹ but instead the α CD-threaded PEG forms a hexagonal structure with additional ordering of the α CD along the *c* axis of the unit cell.

In contrast to our findings showing suppression of polymer crystallization at high α CD content, it has previously been reported that addition of nonstoichiometric amounts of α CD to polymers, which causes complex formation, can enhance crystallization from the melt (i.e., the α CD acts as nucleating agent),²⁵ as exemplified by reports on poly(3-hydroxybuty-rate)^{26,27} and on inclusion complexes of α CD with poly(ε -caprolactone), poly(butylene succinate) and PEG ($M_w = 20,000 \text{ g mol}^{-1}$).^{36,37} In low molar mass PEG it seems that α CD does not act as a nucleating agent; instead, we propose that it hinders conformational rearrangements of PEG chains preventing crystallization.

For the PEG polymers themselves or low α CD content blends, PEG crystallization was observed. The crystal lamellar *d*-spacing for PEG1000 measured here (d = 7.06 nm) is in excellent agreement with that previously reported for linear poly(oxyethylene) dimethyl ether with molar mass 1000 g mol⁻¹, d = 7.0 nm.⁵⁴ For comparison to PEG6000, Cooke et al. reported crystal lamellar spacings d = 19.6 and d = 39.8 nm for PEO6000 dimethyl ether, corresponding to once folded or unfolded extended PEO chains.⁵²

Our results show that cyclodextrins are potentially valuable additives to tune polymer crystallization. In the case of PEG (PEO) and likely other crystalline polyethers and related compounds, it can be used to suppress crystallization even at a rather low content of the widely available and inexpensive α -cyclodextrin. Other types of cyclodextrins (e.g., those with different ring sizes or with hydrophobic or other modifications) as well as other rotaxanes are able to thread other classes of polymers and are likely to modulate crystallization behavior, an intriguing subject for further research. Since the enzymatic degradation of polymers is enhanced by reducing polymer crystallinity, cyclodextrin addition, and inclusion complex formation can be used to enhance the biodegradation of polymers.^{33,45}

ASSOCIATED CONTENT

3 Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acspolymersau.4c00024.

Experimental methods, DSC data, additional SAXS/ WAXS data, tables of studies sample compositions, and SAXS/WAXS data peak indexation (PDF)

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Notes

The authors declare no competing financial interest.

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