

# *Mulch quality regulates soil fertility and microbial communities during a crop cycle*

Article

Accepted Version

Gaitanis, D., Lukac, M. ORCID: <https://orcid.org/0000-0002-8535-6334> and Tibbett, M. ORCID: <https://orcid.org/0000-0003-0143-2190> (2026) Mulch quality regulates soil fertility and microbial communities during a crop cycle. *Soil Research*, 64 (1). SR25081. ISSN 1838-6768 doi: 10.1071/SR25081 Available at <https://centaur.reading.ac.uk/128227/>

It is advisable to refer to the publisher's version if you intend to cite from the work. See [Guidance on citing](#).

To link to this article DOI: <http://dx.doi.org/10.1071/SR25081>

Publisher: CSIRO Publishing

All outputs in CentAUR are protected by Intellectual Property Rights law, including copyright law. Copyright and IPR is retained by the creators or other copyright holders. Terms and conditions for use of this material are defined in the [End User Agreement](#).

[www.reading.ac.uk/centaur](http://www.reading.ac.uk/centaur)

**CentAUR**

Central Archive at the University of Reading

Reading's research outputs online

# 1 **Mulch quality regulates soil fertility and microbial communities during a crop cycle**

2 Dimitrios Gaitanis, Martin Lukac, and Mark Tibbett\*

3 *Department of Sustainable Land Management & Soil Research Centre, School of Agriculture Policy*  
4 *and Development, University of Reading, RG6 6AR, UK, and [dimqaitan@yahoo.com](mailto:dimqaitan@yahoo.com), +30*  
5 *6934391552, ORCID ID: 0000-0002-0597-6753, [m.lukac@reading.ac.uk](mailto:m.lukac@reading.ac.uk), +44 7769 734 094, ORCID*  
6 *ID: 0000-0002-8535-6334, [m.tibbett@reading.ac.uk](mailto:m.tibbett@reading.ac.uk), +44 (0) 118 378 6633, ORCID ID: 0000-0003-*  
7 *0143-2190*

8 \*Correspondence: [m.tibbett@reading.ac.uk](mailto:m.tibbett@reading.ac.uk)

## 9 **Abstract**

10 **Context.** The benefits of plant-based mulch extend beyond improving soil physical properties as  
11 mulches hold value as a fertiliser and in maintaining robust soil microbial communities throughout  
12 the crop cultivation period.

13 **Aims.** We investigated the impact of plant-based mulch quality (comprising contrasting  
14 hemicellulose, cellulose, and lignin components) sourced from single and diverse species mixtures  
15 on soil fertility, microbial communities, crop yield, and seed quality by growing barley from seed to  
16 maturity in rhizotrons.

17 **Methods.** The treatments consisted of residue mixtures containing 17, 12, 6, and 1 grassland plant  
18 species, as well as wood chips, with a Control group receiving no residues. Soil samples were  
19 collected at two time points, 69 and 195 days after mulch application for nutrient and microbial  
20 phospholipid fatty acid analysis (PLFA). Residues were analysed for hemicellulose, cellulose, and  
21 lignin content.

22 **Key results.** We found that high-quality residues, with low C:N ratio, low recalcitrance and the  
23 highest N content decomposed most quickly and increased available soil potassium concentrations  
24 compared to residues of lower quality. The lower-quality residues retained a greater proportion of

## Plant-based mulches and soil fertility

25 their initial fertilisation capacity which was released gradually. There was a concomitant increase  
26 in soil microbial biomass at later stages of decomposition in residues of lower quality. Residue  
27 quality significantly affected crop seed quality but not yield.

28 **Conclusions.** Lower-quality residues can maintain their fertilisation capacity over a longer time  
29 horizon than higher-quality residues. Plant residue mulch can influence soil microbial biomass  
30 throughout the cultivation period, regardless of its initial quality, and it can affect crop quality  
31 although this effect was slow and not always readily detectable.

32 **Implications.** These findings emphasise the importance of considering plant-based mulch quality  
33 in enhancing soil fertility and crop quality.

34 **Key words:** Plant-based mulch, residue mixtures, residue quality, soil nutrients, soil microbes,  
35 fungi: bacteria, crop quality, decomposition stage.

36

37

38

## Introduction

39 The impact of plant-based mulch spread on the soil surface as ground cover to prevent soil erosion  
40 and evaporation on soil properties has been extensively studied with a strong focus on soil physical  
41 properties (Bateman et al., 1963., Prats et al., 2017; Donjadee & Tingsanchali 2016; Jordán et al.,  
42 2010; Blanco-Canqui et al., 2011; Mulumba & Lal, 2008). However, the effects on soil chemical and  
43 biological properties have received less attention in the literature.

44 Current research on soil chemical properties primarily investigates the contribution of mulch to  
45 carbon (C), nitrogen (N), and phosphorus (P) dynamics, while other nutrients have been relatively  
46 understudied. Significant differences in C mineralisation rates have been observed based on the  
47 amount of mulch applied under different environmental conditions (Dietrich et al., 2017;  
48 Razafimbelo et al., 2006). Residues of high quality, characterised by a low carbon-to-nitrogen (C:N)  
49 ratio, had lower N immobilisation (Abiven & Recous, 2007) and higher dry mass loss (Donjadee &  
50 Tingsanchali, 2016). Conversely, straw mulch with a high C:N ratio resulted in lower soil N content  
51 after the seedling stage that is the stage of the growth of young plants from seeds (Bateman et al.,  
52 1963; Su et al., 2014). Consequently, in soils with low nitrate content, N availability may be limited  
53 shortly after mulch application, especially with low-quality residues (Siczek & Lipiec, 2011).

54 Nitrogen mineralisation is typically lower as mulch residue particle size increases (with longer stems  
55 and leaves) (Nguyen & Marschner, 2017; Singh & Khind, 1992). Utilising long-size residues is more  
56 cost-effective since they do not require an additional cost (in time and energy) for particle size  
57 reduction. Furthermore, they provide prolonged physical protection for the soil due to slower  
58 degradation (Reichert et al., 2015; Giacomini et al., 2007). Mulch application frequency and dosage  
59 also play a role, with higher nutrient concentrations observed with up to 3 applications (Pavlů et  
60 al., 2016). A recent study found that the greater the application rate of plant mulch over 5 Mg ha<sup>-1</sup>  
61 the greater the increase in soil organic matter and total N content (Irshad et al., 2022). Other

## Plant-based mulches and soil fertility

62 researchers found that the application of different application rate of mulch materials affected  
63 various plant growth parameters such as plant height and stem diameter in a maize crop (Pratama  
64 et al., 2025).

65 Long-term experiments have shown that mulching, compared to bare soil with no plants growing  
66 or removal of plant residues, can increase soil P and potassium (K) content (Zhou et al., 2025; Akhtar  
67 et al., 2019; Lynch & Brown, 2001). The mineralisation of organic P in the soil during decomposition  
68 of organic material is rapidly influenced by its fixation on soil particles or immobilisation by  
69 microbes (George et al., 2018). The addition of organic matter from plant residues can influence  
70 oxidation-reduction processes, acting as a chelating agent and releasing soluble forms of iron (Fe)  
71 and manganese (Mn) (Singh & Khind, 1992).

72 Researchers have increasingly focused on residues derived from plant species mixtures, considering  
73 them to provide greater diversity of resources and consequently providing soil ecological benefits  
74 than single plant species mulch – as evidenced by the lack of monocultures in natural ecosystems.  
75 The influence of plant mixtures on the decomposition process can vary, resulting in positive,  
76 negative, or additive effects compared to expectations (Redin et al., 2014; Shu et al., 2021). Among  
77 the commonly studied mixtures are those consisting of legume and non-legume species. Legumes  
78 are utilised due to their higher N status and ability to provide readily available N for other plants  
79 (Tribouillois et al., 2015). Non-legume species are often included to capture excessive N in the soil  
80 solution, thereby preventing leaching losses (White et al., 2017). In some cases, species with  
81 phosphorus-mobilising abilities such as white lupin (*Lupinus albus* L.) (Muller et al., 2015) and  
82 crambe (*Crambe hyspanica subsp. Abyssinica* (Hochst. R.E.Fr.) Prina) (Janegitz et al., 2017) or other  
83 nutrient-acquisition traits are added to cover crops to facilitate nutrient uptake by the main crop  
84 through root exudates or decomposition processes (Li et al., 2014).

85 Mulch has been shown to impact the enrichment of soil microbial communities positively. Different  
86 chemical compositions among mulch treatments influenced soil microbial biomass, as indicated by

87 carbon dioxide (CO<sub>2</sub>) evolution (Bremer et al., 1991). The fungal-to-bacterial ratio in the soil was  
88 higher when litter had a higher C:N ratio or when the soil solution pH was low, regardless of litter  
89 chemistry (Grosso et al., 2016). However, in a long-term continuous residue input experiment,  
90 bacteria dominated the soil microbial community despite variations in litter quality (Frasier et al.,  
91 2016). Wang et al. (2015) did not observe any significant difference in the fungal-to-bacterial ratio  
92 after adding residues. Additionally, although soil microbial populations were initially higher under  
93 high-quality residues in the same experiment, the differences became negligible by the end of the  
94 study period. The indirect effect of plant mixtures via soil microbes may provide enzymatic  
95 specificity in the decomposition process (Fontaine et al., 2003), and a mixture of plant species  
96 substrates is expected to increase microbial biomass and alter microbial diversity (Shu et al., 2022).

97 Farmers utilise shredded tree branches and twigs as mulch in some agricultural practices,  
98 particularly in organic farming or agroforestry (Wise et al., 2007; Akinnifesi et al., 2010). These  
99 residues typically have very high C:N ratios (>40) and high recalcitrance, resulting in initial N  
100 immobilisation (Brust, 2019). They tend to favour fungal growth over bacterial growth (Barreiro et  
101 al., 2016), but their long-term effects on chemical and biological soil properties during  
102 decomposition have not been extensively investigated. Decomposition of lower-quality plant  
103 residues (higher C:N ratio) favours the growth of fungi over bacteria because fungi have a higher  
104 C:N ratio than bacteria (Grosso et al., 2016). However, a higher substrate C:N does not favour fungi  
105 over bacteria if C availability from plant residues is low (Barreiro et al., 2016).

106 Conflicting findings have been reported on the effect of mulching on crop yield and quality (Prasad,  
107 2018; Su et al., 2014). In one case, yield and nutritional value (protein content of seeds) of maize  
108 were increased under sufficient application of mulch (Awopegba et al., 2017). In contrast, straw  
109 mulch increased nodulation and nitrogenase activity by reducing soil compaction and increasing  
110 soybean seed protein content but yield was unaffected (Siczek & Lipiec, 2011). Furthermore, it has  
111 been shown that longer residue size of mulch can also contribute to the increase of seed protein

112 content (Gaitanis et al., 2023). It is well known that seed protein is important for human and animal  
113 nutrition but also it can positively affect the growth of the plants in the seedling stage (Lowe & Ries,  
114 1973).

115 There is a paucity of knowledge about the value and contribution of low versus high quality residue  
116 mulch on soil fertility at later stages of their decomposition. Moreover, little or no attention has  
117 been paid to the residual fertilising capacity of the different mulches at advanced decomposition  
118 stage. It was found that residues with longer particle size or whole plants decompose more slowly  
119 and results indicated that they may retain a substantial fertilising capacity for the subsequent crop  
120 (Gaitanis et al., 2023). This is important considering that the ongoing decomposition possibly  
121 sustains soil microbial activity until the next crop is planted. In the same experiment, residue dry  
122 mass loss was highly influenced by residue quality and mainly by residue recalcitrance. The  
123 decomposition rate was initially higher in residues of higher quality but this trend was reversed at  
124 later stages. Moreover, there were indications that residue species richness may increase soil  
125 microbial activity. However, there is a lack of knowledge on whether residues of lower quality  
126 maintain higher amount of their initial fertilisation capacity than those of higher quality at later  
127 stages of decomposition and even more how do they affect soil microbial community.

128 To address the existing research gap, we conducted a study investigating the impact of long-size  
129 (circa 30 cm) plant-based residue mulch on soil chemical and biological properties during the later  
130 stages of decomposition and its effects on crop yield and quality. Soil chemical properties included  
131 total C and N, available  $\text{NH}_4^+$  and  $\text{NO}_3^-$ , and available P, K, Mg, Fe, Mn, Zn, and Cu. Soil biological  
132 properties included fungi, Gram+ and Gram- bacteria, Protozoa, and Cyanobacteria. Our  
133 experimental treatments comprised the application of residues of single plant species, mixtures of  
134 plant species, wood chips (consisting of shredded tree branches and twigs with their leaves), and a  
135 Control treatment without mulch. The residue types were the same as those that were used in  
136 Gaitanis et al. (2023), bar wood chips. Wood chips were characterised by much higher C:N ratio

137 and recalcitrance than the rest of the residue types and therefore we were expected to draw more  
138 sound and secured conclusions regarding the effect of residue quality on soil fertility at later stage  
139 of decomposition. In addition, the influence of residue quality and residue diversity on soil  
140 microbial groups, which is a good indicator of soil fertility, was not investigated in the  
141 aforementioned experiment. Considering that residues of high quality are those with low C:N ratio  
142 and low recalcitrance and residues of low quality are those with high C:N ratio and high  
143 recalcitrance (Gaitanis et al., 2023), we hypothesised that: (i) Residues of higher quality would  
144 decompose faster initially, resulting in increased soil microbial biomass of decomposer microbes,  
145 compared to residues of lower quality, (ii) at advanced stage of the degradation process there  
146 would be a reverse trend in the decomposition rate, which would be higher in residues of lower  
147 quality than those of higher quality, leading to significant differences in soil microbial biomass,  
148 nutrient dynamics, and crop quality, (iii) increased residue diversity (plant species richness) would  
149 result in increased soil microbial biomass, and (iv) residues of lower quality would maintain higher  
150 quantity of their initial fertilising capacity than residues of higher quality at the end of the growing  
151 season.

152

153

## Materials and Methods

154 *Experimental design and materials*

155 The experiment was carried out at the Crop and Environment Laboratory of the University of  
156 Reading in the UK, from June 2019 to December 2019. The experimental units were rhizotrons,  
157 constructed using 0.5 cm PVC sheeting and filled with soil suitable for cultivating annual cereal  
158 plants (Fig. 1 and 2).

159 **Fig. 1**

160 **Fig. 2**

## Plant-based mulches and soil fertility

161 Each rhizotron had a removable clear acrylic panel on one side, allowing for root growth  
162 observation and periodic soil sampling. When not under observation, this side was covered with  
163 Thermawrap silver foil to prevent light penetration and minimise temperature fluctuations. The  
164 rhizotrons were 1 m in height to accommodate root growth at depth, 30 cm wide, and 5 cm in  
165 thickness. A layer of gravel approximately 1.5 cm deep was placed at the bottom to ensure proper  
166 drainage, followed by commercially supplied well-homogenised loamy sand topsoil (bulk soil)  
167 sieved to 8 mm, filling the rhizotrons up to 10 cm from the top. The initial soil solution pH was 7.3  
168  $\pm$  0.032 SD, with soil texture estimated by Bouyoucos method consisted of 86.1% sand, 5.7% clay,  
169 and 8.2% silt (Bouyoucos, 1962).

170 Thirty rhizotrons were assigned to one of six treatment groups, with each treatment replicated five  
171 times. Spring barley plants (*Hordeum vulgare* L., var. Westminster) were transplanted into the  
172 rhizotrons on 11th July 2019, 17 days after plant emergence, placed one plant in the middle of each  
173 rhizotron, ensuring a distance of 15 cm from each side. Throughout the experiment, the rhizotrons  
174 were kept at a 70° angle, with the transparent side facing downward to encourage extensive root  
175 development on that side for improved visual observation. An automated irrigation system was  
176 installed with two drippers per rhizotron, maintaining water content at 55-60% of water holding  
177 capacity (Harding & Ross, 1964). The growth rate of the barley plants was monitored every 1 to 2  
178 weeks.

179 On 11th June 2019, five biomass residue treatments were established as mulch on the soil surface  
180 of the rhizotrons 30 days prior to the transplantation of barley plants. A Control treatment (C)  
181 without residues was also established as reference. The biomass residue treatments, referred to as  
182 Types, were established as follows: Perennial Ryegrass ( $P_{(1)}$ ) 1 plant species (*Lolium perenne* L.),  
183 Smart Grass™ ( $S_{(6)}$ ) 6 species (Perennial Ryegrass (*Lolium perenne* L.), Timothy (*Phleum pratense*  
184 L.), Red Clover (*Trifolium pratense* L.), White Clover (*Trifolium repens* L.), Plantain (*Plantago*  
185 *lanceolata* L.), Chicory (*Cichorium intybus* L.)), Biomix™ ( $B_{(12)}$ ) 12 species (those in Smart Grass as

## Plant-based mulches and soil fertility

186 well as Cocksfoot (*Dactylis glomerata* L.), Festulolium, Meadow Fescue (*Festuca pratensis* Huds.),  
187 Aslike Clover (*Trifolium hybridum* L.), Black Medick (*Medicago lupulina* L.), and Lucerne (*Medicago*  
188 *sativa* L.), Herbal™ (**H**<sub>(17)</sub>) 17 species (those in Smart Grass as well as Cocksfoot (*Dactylis glomerata*  
189 L.), Festulolium, Tall Fescue (*Festuca arundinacea* Schreb.), Meadow Fescue (*Festuca pratensis*  
190 Huds.), Aslike Clover (*Trifolium hybridum* L.), Sweet Clover (*Melilotus* spp.), Sainfoin (*Onobrychis*  
191 *spp.*), Birdsfoot Trefoil (*Lotus corniculatus* L.), Yarrow (*Achillea millefolium* L.), Burnet (*Sanguisorba*  
192 *minor* Scop.), and Sheep's Parsley (*Petroselinum crispum* Mill.), and Wood chips (**W**) (Table S1).  
193 No threatened species were utilised in this research (IUCN, 2000), and all experimental activities,  
194 including the collection of plant material, were conducted in compliance with relevant institutional,  
195 national, and international guidelines and legislation. The plant material was sourced from  
196 DiverseForages grassland experiment at the University of Reading farm.

197 The residue types were selected to address our hypothesis encompassing residue mixtures with  
198 distinct characteristics, including residue diversity and functional traits. Residue diversity refers to  
199 the composition or richness of species within a residue mixture. Functional traits pertain to the  
200 chemical composition, which determines residue quality, as well as the morphological features of  
201 the residues (Santonja et al., 2018; Hattenschwiler et al., 2011). Residues of higher quality are those  
202 characterised by lower C:N ratio, higher N content and lower recalcitrance, while the opposite is  
203 true for residues of lower quality (Frasier et al., 2016; Fog, 1988). The wood chips were obtained  
204 by shredding tree residues, including branches, twigs, and leaves, collected from the Harris Garden  
205 on the University of Reading campus on 9th June 2019. Fresh plant residues of all other types were  
206 collected from field plots planted with the aforementioned forage mixtures on 4th June 2019. All  
207 plant material was stored at 4°C until application.

208 All residues, except for wood chips, were cut to approximately 30 cm in length to ensure  
209 consistency. Wood chips were shredded to pieces from 1 to 5 cm. The residues, representing 23 g

## Plant-based mulches and soil fertility

210 of dry mass, were then placed onto the soil in the rhizotrons as fresh mulch. No additional  
211 fertilisation was applied during the experiment.

### 212 *Sampling protocol*

213 Soil samples were collected from the rhizotrons at two different time points using a tube of 5 or 10  
214 cm diameter, as appropriate, which was inserted vertically at the desired depth of the soil profile  
215 after removing the glass side panel of the rhizotrons. The first sampling occurred 69 days after the  
216 application of mulch (day 69), during barley growing stage (GS) 59-60, when most plants had  
217 completed the emergence of inflorescence and were beginning to flower (Tottman et al., 1986). At  
218 this time point, three soil samples were collected from the left side of each rhizotron, facing the  
219 glass, at depths of 0-5 cm, 20-25 cm, and 50-55 cm (Fig. 3). The second sampling took place 195  
220 days after the mulch application (day 195), after the completion of grain ripening in barley. Soil  
221 samples were collected from 0-5 cm and 50-55 cm depths, this time from the right side of the  
222 rhizotrons. Sampling at a depth of 20-25 cm was not repeated during the second period because  
223 the initial measurements showed that the fluctuations of nutrient elements, except for N, at this  
224 depth were not significant. All soil samples were air-dried and sieved to 2 mm. Soil samples  
225 collected at 0-5 cm depth during both time points were divided into two parts. One part was air-  
226 dried and then sieved to 2 mm, as mentioned before, while the other part was sieved to 2 mm  
227 immediately after extraction, freeze-dried, and stored at -20°C for subsequent phospholipid fatty  
228 acid (PLFA) analysis. The plant residues (total amount) were collected from the soil surface of the  
229 rhizotrons on day 195. They were carefully sieved through a 1 mm mesh to remove any residual  
230 soil dust and then dried at 80°C for 48 hours until a constant weight was achieved to determine the  
231 dry mass of the residues. At the same time (day 195), barley plants, and additional soil samples  
232 were collected for root sampling at depths of 0-10 cm, 35-45 cm, and 75-85 cm. The roots were  
233 extracted by submerging the soil samples in tap water over a 1 mm sieve and collecting the floating

234 roots. Barley seeds were collected after the ripening stage GS99 (Tottman et al., 1986). All plant  
235 materials were dried at 80°C for 48 to 72 hours until a constant weight was achieved.

236 **Fig. 3**

237 *Soil and plant material analysis*

238 Total C, N, protein content of seeds and plant residues, C:N ratio of plant residues, and total C and  
239 N of soil samples were estimated by combustion using the LECO CHN 628 analyser (LECO  
240 Corporation, 2018). Dry mass of plant residues and barley plants was estimated by drying them at  
241 80°C for 48 to 72 hours, and the soil samples were dried at 105°C for 24 hours. The ANKOM 2000  
242 Fiber Analyzer was used to measure recalcitrant substances in plant residues (ANKOM Technology,  
243 2018). Samples were first dried at 80°C to a constant weight and ground to <1 mm using a Fritsch  
244 grinder by Glen Creston Ltd. Plant residue fibre analysis consisted of three successive processes to  
245 determine the percentages of Neutral Detergent Fibre (NDF; hemicellulose, cellulose, and lignin),  
246 Acid Detergent Fibre (ADF; cellulose and lignin), and Acid Detergent Lignin (ADL; lignin). Individual  
247 component contents were calculated by sequential subtraction. Cellulose = ADF – ADL and  
248 hemicellulose = NDF – ADF. Neutral detergent solution (NDS), alpha-amylase, and anhydrous  
249 sodium sulfite were used as reagents for NDF analysis, acid detergent solution for ADF analysis, and  
250 72% by weight sulfuric acid for ADL analysis.

251 Soil solution pH was measured using a calibrated pH meter. Sieved and air-dried soil samples  
252 weighing 10 g were placed in centrifuge tubes with 25 ml of ultra-pure water. The tubes were  
253 shaken for 15 minutes on an end-over-end shaker before measurement (Blakemore et al., 1981).  
254 Available soil N was estimated by KCl extraction according to the standard protocol (Great Britain.  
255 M.A.F.F., 1986), using a San Continuous Flow Injection Analyzer (SKALAR Instruments, 2018). This  
256 analysis used 40 g of air-dried soil in a 200 ml 1M KCl solution. The concentrations of available P, K,  
257 Mg, Mn, Fe, Cu, and Zn nutrients for plant uptake in the soil samples were evaluated using the  
258 Mehlich 3 method with a Perkin Elmer – Optima 7300 DV ICP-OES analyser (AgroEcoLab, 2018;

## Plant-based mulches and soil fertility

259 PerkinElmer, Inc., 2018). This analysis used 2 g of air-dried soil samples in 20 ml of Mehlich 3  
260 extracting solution (Mehlich, 1984; Pierzynski, 2000).

261 Soil samples for microbial analysis were freeze-dried in an Edwards Super Modulo freeze dryer  
262 (Edwards Company, 2019) immediately after collection and stored to -20°C until analysis. Soil  
263 microbial biomass of gram+ bacteria, gram- bacteria, fungi, protozoa, and cyanobacteria, as well as  
264 the fungi-to-bacteria ratio, were estimated using PLFA analysis of freeze-dried soil samples  
265 weighing  $3 \pm 0.1$  g following the procedure described by Sizmur et al. (2011). The PLFA analysis  
266 involved 24 compounds to evaluate the biomass of the decomposer microbial groups ( $\text{nmol g}^{-1}$  of  
267 freeze-dried soil). The groups were represented as follows: Gram+ bacteria by iC15:0, a-C15:0,  
268 C15:0, i-C16:0, i-C17:0, C18:0, and C20:0, Gram- bacteria by 2-OH-C12:0, C14:1, C15:1, 2-OH-C14:0,  
269 and 3-OH-C14:0, Fungi by C18:3 $\omega$ 6, C18:2 $\omega$ 6c, C18:2 $\omega$ 6t, C18:1 $\omega$ 9c, C18:3 $\omega$ 3, and C20:1 $\omega$ 9,  
270 Protozoa by C20:4 $\omega$ 6 and C20:3 $\omega$ 6, and Cyanobacteria by C20:5 $\omega$ 3, although in previous studies  
271 C18:2 $\omega$ 6c has also been detected in Cyanobacteria, and C18:1 $\omega$ 9c and C18:3 $\omega$ 3 in higher plants  
272 and green algae (Quideau et al., 2016; Buyer & Sasser, 2012; Amir et al., 2010; Zelles, 1999;  
273 Frostegård & Bååth, 1996; Vestal & White, 1989). The samples were analysed using an Agilent  
274 6890N Network GC System Gas Chromatographer (Agilent Technologies, 2019). Methyl  
275 tetradecanoate (C14:0) internal standard, methyl nonadecanoate C19:0 internal standard,  
276 Bacterial Acid Methyl Ester (BAME) Mix Quantitative standard, and Supelco 37 Component (FAME)  
277 Mix Quantitative standard were utilised. The chromatograms were processed using Agilent  
278 ChemStation – G2190BA – B04. The Retention Time Window was set to 0.10 min and 1.5%, with  
279 Methyl tetradecanoate (C14:0) and Methyl nonadecanoate (C19:0) internal standards as reference  
280 compounds.

281 Air-dried soil samples were used to estimate soil texture with a hydrometer by adding 50 ml sodium  
282 hexametaphosphate solution (SHMP) at 50 g/l to 40 g soil subsamples (Bouyoucos, 1962). Soil  
283 water holding capacity (WHC) was estimated gravimetrically using 50 g fresh soil samples with the

284 method described by Harding and Ross (1964). The height of the main stem of barley plants from  
285 the soil surface to the base of the flag leaf was used as a proxy for growth rate (cm/d). The grain  
286 yield was estimated by the total dry grain mass per rhizotron after the ripening stage GS99  
287 (Tottman et al., 1986). The number of ears per plant and the number of tillers per plant were also  
288 used as additional factors for estimating plant productivity.

289 *Statistical analysis:*

290 All statistical analyses were performed using Minitab 19 (Minitab, LLC, 2017), except for Principal  
291 Component Analysis, which was conducted in R-Studio (RStudio, PBC, 2017), with the rhizotron  
292 serving as the unit of replication for this study (n=5). A significance level of  $\alpha = 0.05$  was used. One-  
293 way ANOVA was employed to detect differences among treatments or residue types.  
294 Measurements taken at different time points (day 69 and day 195) or soil depths were analysed  
295 using a Mixed Effects Model, with rhizotrons as random factors and treatments, residue types,  
296 time, and soil depth as fixed factors. Before conducting variance analyses, normality and  
297 homogeneity were assessed using the Darling-Anderson and Levene tests, respectively. In cases  
298 where ANOVA assumptions were not met, the Kruskal-Wallis test was applied for one-way ANOVA,  
299 and data transformation using  $\log_{10}$  or Box-Cox transformation with optimal or rounded  $\lambda$  was  
300 performed. Tukey post-hoc comparisons were conducted when significant differences were found.  
301 Dunnett test was used to compare mulch against the Control treatment. Data were separated and  
302 analysed for specific sampling times or depths when normality or equality of variances were not  
303 met, even after data transformation. Descriptive statistics, including means and standard  
304 deviations, were reported instead of standard errors unless otherwise stated.

305 Regression analysis was carried out to examine the significance and degree of the effect of a single  
306 independent variable on a response variable in cases where an apparent influence was observed  
307 (e.g., residue dry mass loss vs. initial residue NDF or N content, soil K vs. initial residue C:N ratio).  
308 Homogeneity of variance was tested using the Levene test, and normality of data distribution was

309 assessed using the Anderson-Darling test. Spearman and Pearson correlations were used to  
310 evaluate significant correlations between variables. The Spearman correlation was also employed  
311 when normality or equality of data variances in the regression analysis was not met.

312 Multivariate analysis was conducted using Principal Component Analysis (PCA) to simultaneously  
313 assess differences among treatments in multiple variables and examine the relationships between  
314 treatments and barley plant parameters.

315

## 316 **Results**

### 317 *Initial residue quality and residue dry mass loss*

318 The initial C:N ratio was significantly different among residues of different diversity ( $n = 5$ ,  $F =$   
319  $12143.32$ ,  $p\text{-value} < 0.001$ ,  $\log_{10}$  transformation of data). All types were significantly different  
320 except  $S_{(6)}$  and  $B_{(12)}$  (Fig. S1, and Tables 1, and S3). Generally, residues with higher species number  
321 had higher C:N ratio except  $W$  which had the highest. There were significant differences among  
322 residue types in initial recalcitrance (Fig. S2, and Table S4). All types were significantly different in  
323 initial hemicellulose except  $P_{(1)}$  and  $H_{(17)}$ , which had the highest values ( $N = 5$ ,  $F = 109.48$ ,  $p\text{-value} <$   
324  $0.001$ ) while  $S_{(6)}$  and  $B_{(12)}$  had the lowest. The initial NDF content of residues was significantly  
325 different among residue types (Kruskal-Wallis test,  $N = 5$ ,  $H\text{-value} = 22.46$ ,  $p\text{-value} < 0.001$ ) with the  
326 highest values in  $W$  and  $H_{(17)}$  treatments.  $W$  type had a significantly higher value of initial cellulose  
327 from all other types ( $N = 5$ ,  $F = 41.46$ ,  $p\text{-value} < 0.001$ ). The initial ADF content of residues was  
328 significantly different among all types except between  $S_{(6)}$  and  $P_{(1)}$ , which had the lowest values ( $F$   
329  $= 1743.45$ ,  $p\text{-value} < 0.05$ ,  $N = 5$ ) while  $W$  and  $B_{(12)}$  had the highest values.  $W$  and  $B_{(12)}$  types had the  
330 highest values of initial ADL (lignin) content of residues significantly different from all other types  
331 ( $N = 5$ ,  $F = 10.33$ ,  $p\text{-value} < 0.001$ ). Moreover, residue dry mass loss was significantly negatively  
332 correlated with NDF, ADF, lignin, and cellulose, but not hemicellulose, considering all treatments

333 together (Table S5). Initial residue N content could significantly (N = 5, F = 34.29, p-value < 0.001)  
334 explain 59.85 % of the residue mass loss as residue dry mass loss =  $-5.016 + 55.76 N - 8.534 N^2$  (n =  
335 5,  $r^2 = 88.7\%$ , F = 55.87, p-value < 0.001, Fig. 4).

336 **Fig.4**

337 The dry mass loss was significantly different among residues of different diversity (types) (n = 5, F  
338 = 72.14, p-value < 0.001, Fig. 5, and Table S2), with the  $S_{(6)}$  decomposing the most quickly (95%)  
339 and wood chips achieving only half this rate.

340 **Fig. 5**

341 **Table 1**

342 *Effect on soil solution pH and on soil nutrients*

343 Soil solution pH, measured at 0-5 cm depth, was not significantly different between treatments in  
344 samples taken on day 69 or day 195 (Table S6). In both timepoints, soil solution pH was significantly  
345 increased in all treatments when compared to the initial bulk soil value (N = 5, F = 68.33, p-value <  
346 0.001 for day 69, and F = 61.59, p-value < 0.001 for day 195). Moreover, the pH was significantly  
347 increased (N = 30, F = 50.96, p-value < 0.001) on day 195 ( $7.72 \pm 0.15$ ) than on day 69 ( $7.46 \pm 0.12$ ).

348 At 0-5 cm depth, total soil C did not differ among treatments or between sampling timepoints (day  
349 69 and day 195). Total soil N was significantly lower in Control ( $0.16 \pm 0.011\%$ ) than in  $P_{(1)}$  ( $0.17$   
350  $\pm 0.01$ ) treatment, considering the entire set of samples from both day 69 and day 195 together (N  
351 = 10, T-value = 3.12, p-value = 0.034). On day 69 total soil N was statistically significant lower in  $S_{(6)}$   
352 treatment than in the bulk soil prior to its use in the experiment (T-value = -3.44, adjusted p-value  
353 = 0.027). On day 195  $H_{(17)}$ , W, and Control had the lowest values in total soil N in descending order  
354 (Table S7).

355 Both on day 69 and day 195 in samples from 50-55 cm depth, available N was detected only as  $\text{NH}_4^+$   
356 and not as  $\text{NO}_2^-$  and  $\text{NO}_3^-$  which were probably leached. Ammonium availability was significantly

## Plant-based mulches and soil fertility

357 higher on day 69 ( $2.49 \pm 0.62 \text{ mg kg}^{-1}$ ) than on day 195 ( $1.50 \pm 0.31 \text{ mg kg}^{-1}$ ) considering all  
358 treatments together ( $N = 30$ ,  $T\text{-value} = -8.32$ ,  $p\text{-value} < 0.001$ ). There were significant differences  
359 among treatments in interaction with time (Table S8).

360 Soil content of available P, K, Mg, Fe, Mn, Zn, and Cu was measured from 0-5 and 20-25 cm depth  
361 on day 69. All elements were significantly affected by depth except P (Table S9). Potassium was the  
362 only element where significant differences had been detected among treatments in combined  
363 samples ( $N = 10$ ,  $F = 3.74$ ,  $p\text{-value} = 0.012$ ). More specifically, soil K in Control ( $62.19 \pm 14.03 \text{ mg kg}^{-1}$ )  
364 was significantly lower than in  $H_{(17)}$  ( $78.65 \pm 21.24 \text{ mg kg}^{-1}$ ,  $T\text{-value} = 3.97$ ,  $p\text{-value} = 0.01$ ) and in  
365  $P_{(1)}$  ( $75.78 \pm 15.06 \text{ mg kg}^{-1}$ ,  $T\text{-value} = 3.28$ ,  $p\text{-value} = 0.033$ ) treatments (Fig. S3). At 0-5 cm depth soil  
366 K in Control was significantly lower than from all other treatments ( $N = 5$ ,  $F = 3.65$ ,  $p\text{-value} = 0.013$ ),  
367 while at 20-25 cm depth soil K in Control was significantly lower only with  $H_{(17)}$  treatment ( $N = 5$ ,  $F$   
368  $= 2.27$ ,  $p\text{-value} = 0.08$ ,  $T\text{-value} = 3.07$ , adjusted  $p\text{-value} = 0.022$ ) (Table S10, Fig. 6). There were no  
369 significant differences among treatments in the other elements.

### 370 **Fig. 6**

371 Considering all samples from 0-5 and 20-25 cm depth together, bulk soil ( $N = 4$ ) had significantly  
372 higher values for both soil K, and soil Mg than other treatments ( $N = 10$ ), and significantly lower Fe  
373 value than the  $H_{(17)}$  treatment ( $T\text{-value} = 2.88$ , adjusted  $p\text{-value} = 0.022$ , Table S11). Generally, bulk  
374 soil had higher values in macronutrients K, and Mg, and lower in micronutrients Fe, Zn, and Cu.

### 375 *Effect on soil microbes*

376 There were no statistically significant differences among treatments in the different microbial  
377 groups or in total microbial biomass on both day 69 and day 195 (Tables 2, 3, and S12).

### 378 **Table 2**

### 379 **Table 3**

## Plant-based mulches and soil fertility

380 However, the treatments followed similar patterns of PLFA values which show a clear trend in  
381 microbial group fluctuations (Tables 2, and 3). Treatments of higher quality residues ( $S_{(6)}$ ,  $P_{(1)}$  and  
382  $B_{(12)}$ ) had higher values on day 69 and lower on day 195 comparing to those of lower quality residues  
383 ( $W$  and  $H_{(17)}$ ), while Control had the lowest or of the lowest values on both days (Tables 2, 3, and  
384  $S_{12}$ ). The pattern  $S_{(6)} > P_{(1)} > B_{(12)} > H_{(17)} > W > C$  in descending order was the prevalent one on day 69 for  
385 all microbial groups, with slight alterations. It is exactly matched to that of dry mass loss and is the  
386 reverse of recalcitrance measures (Tables 2, S2, and Fig. 7).

### 387 **Fig. 7**

388 Spearman correlation showed a statistically significant positive correlation ( $N = 25$ ,  $\rho = 0.405$ ,  $p$ -  
389 value = 0.045) between total microbial biomass on day 69 and total microbial biomass on day 195.  
390 F:B ratio was significantly negatively correlated with both total microbial biomass and initial %C  
391 content of residues but only on day 69, where also total microbial biomass was positively related  
392 with %C content. Moreover, F:B ratio was significantly negatively related with initial % cellulose  
393 content of residues on day 195 (Table S13). The fungi: bacteria ratio on day 69 was 0.255, taken  
394 Gram+ and Gram- as total bacteria biomass (nmol of compounds per g of freeze-dried soil), and  
395 considering all treatments together, while the mean values of treatments in descending order was  
396  $C > S_{(6)} > W > H_{(17)} > P_{(1)} > B_{(12)}$ . On day 195, the fungi: bacteria ratio was raised to 0.436, and the order of  
397 the mean values of treatments was  $P_{(1)} > W > B_{(12)} > H_{(17)} > S_{(6)} > C$ , while the difference was slight in  
398 Control treatment (Fig. 7, and Table S14).

### 399 *Effect on barley plants*

400  $H_{(17)}$  treatment had the highest value of barley root dry mass at 0-10 cm depth ( $0.545 \pm 0.117$ ),  
401 significantly different from  $W$  ( $0.331 \pm 0.088$ ) (T-value = -3.23,  $p$ -value = 0.037, Table S15).

402 Differences among treatments in yield, evaluated either by the seeds' dry mass per plant by the  
403 number of ears per plant or by the number of tillers per plant, were not statistically significant.

404 However, in all these criteria used to evaluate yield,  $H_{(17)}$  treatment had the highest value while  
405 Control had the lowest. Likewise, differences in barley plant dry mass (without seeds and roots), in  
406 seed biomass, and in seed protein content were not significant, but there were significant  
407 differences in C content of seeds ( $N = 5$ ,  $F = 3.64$ ,  $p\text{-value} = 0.014$ ).  $B_{(12)}$  treatment ( $44.568 \pm 0.133$ )  
408 had significantly higher value than Control ( $44.157 \pm 0.232$ ,  $T\text{-value} = -3.50$ ,  $p\text{-value} = 0.020$ ) and  
409  $H_{(17)}$  ( $44.192 \pm 0.247$ ,  $T\text{-value} = -3.20$ ,  $p\text{-value} = 0.039$ ) (Table S16).

410 Main stem height (cm) of barley plants seems to follow a double S curve at all treatments from day  
411 32 to day 116 after plant emergence (Fig. S4) (Boyle, 2017). Total main stem elongation rate (cm/d)  
412 of the different treatments between each timepoint and day 32 after plant emergence, growing  
413 stage GS31 (Tottman et al., 1986), is depicted in Fig. 8.

414 **Fig. 8**

415 Total growth rate, represented by the total main stem elongation rate, was initially rising, reaching  
416 its peak 46 days after plant emergence (GS39) and steadily declining after that. Control peaked in  
417 the main stem elongation rate a little later than the rest of the treatments (on day 53 after plant  
418 emergence).

419 Spearman correlation was significantly negative between yield and seed protein content ( $\rho = -$   
420  $0.709$ ,  $p\text{-value} < 0.001$ ), and between seed C and initial residue C:N ratio ( $\rho = -0.441$ ,  $p\text{-value} =$   
421  $0.027$ ), and significantly positive between seed C and seed protein content ( $\rho = 0.417$ ,  $p\text{-value} =$   
422  $0.038$ ). In contrast, there were no significant Spearman correlations between main stem elongation  
423 rate (at any timepoint) and yield or seed protein or seed C or initial residue chemical composition  
424 (C:N ratio, C, N, NDF content) ( $p\text{-values} > 0.05$ ).

425 Principal Component Analysis (PCA) was conducted to detect differences among treatments  
426 considering many variables. The included variables were:  $v_1$  = total barley dry mass (g),  $v_2$  = root  
427 dry mass (g) in soil samples from 0-10, 35-45, and 75-85 cm depth,  $v_3$  = final number of tillers,  $v_4$  =

428 yield (seed dry mass per plant), v5 = % seed protein, and v6 = soil  $\text{NH}_4^+$  (mg/kg oven dry soil) at  
429 harvest time (Fig. 9).

430 **Fig. 9**

431 Fig. 9 shows that all treatments were overlapped but  $H_{(17)}$  treatment was distinctly different than  
432 all the others.  $H_{(17)}$  was clearly positively related with barley root dry mass (v2) more than any other  
433 treatment, and  $S_{(6)}$  treatment was positively related with seed protein and soil  $\text{NH}_4^+$  content (v5  
434 and v6).  $W$  treatment and Control were negatively related with total barley dry mass, final number  
435 of tillers, and yield (v1, v3, and v4).

436

437

**Discussion**

438 Various factors have been shown to constrain plant residue dry mass loss, including residue C:N  
439 ratio, N:P ratio, lignin, cellulose, polyphenol content, and combinations thereof (Zhonglu et al.,  
440 2015; Xu et al., 2017; Vahdat et al., 2011). This research confirms the significant influence of initial  
441 residue hemicellulose, cellulose, and lignin content (NDF - rather than ADF or ADL) and N content  
442 in residue dry mass loss, as found in previous research using similar material (Gaitanis et al., 2023).  
443 NDF content was negatively correlated with mass loss, while N content showed a positive  
444 correlation up to a threshold value of about 3.2% beyond which it turned negative (Fig. 4). This  
445 finding aligns with previous studies showing that, while N is important at the start of the  
446 decomposition process, very soon the readily available C may be the limiting factor and therefore,  
447 adding N can reduce residue decomposition due to microbial competition (Fog, 1988). Moreover,  
448 the negative correlation between f:b and initial C content of residues, and between f:b and total  
449 microbial biomass on day 69 is further evidence that the readily available C was the limiting factor  
450 of decomposition, at least until day 69, favouring bacterial growth (Table S13).

## Plant-based mulches and soil fertility

451 Previous research has indicated that direct N mineralisation is typically observed when the C:N ratio  
452 of decomposed material of plant residues is 24 or less. Otherwise, the released N from organic  
453 matter decomposition is immobilised by soil decomposer microorganisms for the needs of their  
454 metabolic activity. This happens because the C:N ratio of soil microbes is approximately 8, the  
455 community typically assimilates about a third of the released C (Brust, 2019). However, the C:N  
456 threshold for direct N mineralisation can rise when soil microbes and fauna with a C:N exceeding 8  
457 are involved in decomposition (Frouz et al., 2015). Vigil & Kissel (1991) reported that the break-  
458 even C:N point differentiating between N mineralisation and immobilisation can be as high as 40.  
459 Therefore, in our experiment, direct net N mineralisation was expected to take place in all residue  
460 addition treatments (C:N between 10.7 to 16.8), except in the W treatment (C:N of 50.1), where  
461 initial N immobilisation was anticipated.

462 In addition to C:N ratios, NDF is a useful measure of recalcitrance as it encompasses hemicellulose,  
463 cellulose, and lignin. An intermediate decomposition rate characterises hemicellulose and  
464 cellulose, while lignin decomposes more slowly (Hadas et al., 2004). In this study, the dry mass loss  
465 of residues was negatively correlated with NDF, cellulose and lignin, but not with hemicellulose.  
466 This finding is consistent with a study on N mineralisation of plant residues that found a relationship  
467 between lignin and cellulose, but not hemicellulose (Zhonglu et al., 2015). Additionally, Jensen et  
468 al. (2005) reported that holocellulose (hemicellulose and cellulose combined) explained the C  
469 mineralisation rate of above-ground residues more effectively than lignin. Therefore, in line with  
470 Gaitanis et al. (2023), NDF can be used as measure of recalcitrance and all three factors (NDF, N,  
471 and C) should be considered in residue dry mass loss investigations rather than relying solely on  
472 the C:N ratio.

473 Adding plant litter with a low C:N ratio typically leads to increased respiration activity of soil  
474 microbial biomass (Tahir & Marschner, 2017; Swift et al., 1979). In our experiment, residues of  
475 higher quality, based on the initial C:N ratio and % NDF content ( $B_{(12)}$ ,  $P_{(1)}$ , and  $S_{(6)}$ ) stimulated higher

## Plant-based mulches and soil fertility

476 microbial biomass activity on day 69, resulting in higher residue dry mass loss at this stage than  
477 residues of lower quality (W and H<sub>(17)</sub>). The high-quality residues provided sufficient N and other  
478 nutrients for microbial decomposers during that period, unlike the treatments with lower-quality  
479 residues (Tahir & Marschner, 2017; Campbell et al., 1993). Conversely, lower-quality residues  
480 enhanced microbial biomass on day 195 relative to higher-quality residues. Lower-quality residues  
481 still resulted in lower mass loss, maintaining their initial fertilisation capacity longer than higher-  
482 quality residues, as predicted by our hypothesis. Adding residues of lower quality at first reduced  
483 N availability and decreased the activity of soil microbial decomposers. These results indicate that  
484 higher-quality residues underwent faster initial decomposition than lower-quality residues, only  
485 for the decomposition rate of lower-quality residues to catch up later.

486 Soil microbial diversity is typical for its temporal, spatial, and hierarchical variability, nutrient flux  
487 above-ground plant detritus is one of the factors driving it (Lukac, 2017). Indeed, a decrease in  
488 biomass of Gram+, Protozoa, and Cyanobacteria was observed in higher-quality residues ( $B_{(12)}$ ,  $P_{(1)}$ ,  
489 and  $S_{(6)}$ ) from day 69 to day 195. In contrast, the biomass of the same microbial groups increased  
490 in lower-quality residues (W and H<sub>(17)</sub>) as well as in the Control (Table S17). These three microbial  
491 groups are favoured during the early stages of decomposition of high-quality residues and the later  
492 stages of lower-quality residue decomposition. These findings are consistent with previous  
493 research (Liang et al., 2017; Nottingham et al. 2009). Fungi were likely favoured by increased  
494 recalcitrance on day 195, and both fungi and Gram- bacteria benefited from feeding on the  
495 increased bacterial necromass resulting from the decomposition of easily decomposable material  
496 during the earlier stages (Nottingham et al., 2009). Furthermore, Gram- bacteria had a competitive  
497 advantage as they were favoured by relatively higher moisture content on the soil surface (Chen et  
498 al., 2020), particularly under lower-quality residues, which remained more intact with larger  
499 particle sizes due to a slower decomposition rate than higher-quality residues. The suppression of  
500 microbial activity in no-residue Control on both day 69 and day 195 was consistent with previous  
501 research (Calderón et al., 2016).

## Plant-based mulches and soil fertility

502 The soil chemistry reflected the effect of residue diversity and quality on soil microbial populations.  
503 All treatments maintained total soil N content on day 69 close to that of the bulk soil before its use  
504 in the experiment, except  $S_{(6)}$  treatment which had statistically significant lower value than the bulk  
505 soil (Table S7). Nitrogen mineralisation thus compensated for the amount taken up by barley plants.  
506 On day 195, treatments with high-quality residues ( $S_{(6)}$ ,  $P_{(1)}$ , and  $B_{(12)}$ ) still maintained total soil N  
507 content close to that of the initial bulk soil. Treatments with residues of lower quality ( $H_{(17)}$ , and  $W$ )  
508 had significantly less total N and Control had the least. The amount of N released by the residues  
509 of lower quality up to at least day 69 was comparable with that of the residues of higher quality.  
510 By day 195, however, the higher-quality residues released more N than the lower-quality residues.  
511 This shows that the residues of higher quality are more effective than those of lower quality in their  
512 ability to supply N to the crop at least up to the end of the current growing season, although the  
513 opposite trend is evident at the later stages of decomposition (Table S7). A similar conclusion was  
514 drawn by Gaitanis et al. (2023) where in addition a reverse trend in residue decomposition was  
515 observed not only between residues of higher and lower quality but also between residues of short  
516 and long size. Furthermore, the N release dynamics observed suggest that the slow release of  
517 nutrients from plant-based mulch may reduce N loss by leaching, in contrast to the homogeneous  
518 incorporation of shredded residues into soil (Ambus et al., 2001). However, mulching could increase  
519 N losses in the form of  $\text{NH}_3$  by volatilisation (Singh & Khind, 1992), although this can be mitigated  
520 (Cassim et al., 2024).

521 The cultivation of barley led to a decrease in availability of soil macronutrients K and Mg, and an  
522 increase in micronutrients Fe, Zn, and Cu. Furthermore, the Control treatment exhibited  
523 significantly lower available soil K levels than any other treatment. Among the nutrients analysed,  
524 K was the only nutrient significantly affected by residue treatments apart from N. These results are  
525 consistent in great extent with Gaitanis et al. (2023). In our case soil K content was higher in the  
526  $H_{(17)}$  treatment (Fig. S3 and Table S10). Higher species richness may have activated a more diverse  
527 soil microbial population, resulting in increased mineralisation of specific nutrients (Santonja et al.,

528 2017). In Gaitanis et al. (2023) residue species richness was suspected to increase Arbuscular  
529 Mycorrhizal Fungi root colonisation. However, contrary to our hypothesis, the diversity of plant  
530 residues, measured as the number of plant species, did not show a significant overall effect on soil  
531 microbial biomass. Therefore, it is more likely that the plant residue diversity may have a stronger  
532 effect on microbial species diversity within specific microbial groups than on total microbial  
533 biomass as it appears in previous research (Shu et al., 2021). Diverse residue mixtures have been  
534 proposed as an alternative to crop diversity to provide nutritional benefits in cases where  
535 monocultures cannot be avoided (Struijk et al., 2020). Additionally, mulch composed of mixtures  
536 with varying recalcitrance has been found to increase soil macronutrient content (Wang et al.,  
537 2021).

538 According to their influence on barley plants, our treatments can be classified in three categories.  
539 The first category are treatments characterised by low initial residue C:N ratio, high residue N  
540 content, and low recalcitrance ( $B_{(12)}$ ,  $P_{(1)}$ , and  $S_{(6)}$  treatments), resulting in high seed protein content,  
541 high barley plant biomass, but low yield. In the second category are treatments characterised by  
542 low initial residue C:N ratio, low residue N content, and high recalcitrance ( $H_{(17)}$  treatment),  
543 resulting in low seed protein content, high barley plant biomass, and high yield. In the third  
544 category are treatments characterised by high initial residue C:N ratio, low residue N content, and  
545 high recalcitrance ( $W$  treatment), resulting in low seed protein content, low barley plant biomass,  
546 and low yield. Control treatment resulted in a similar response to those in the third category. These  
547 assumptions were further confirmed by the fact that initial residue C:N ratio was negatively  
548 correlated with both seed C and seed protein content.

549 The results of this study illustrate the influence of residue chemical composition on nutrient  
550 dynamics, nutrient plant uptake and, consequently, crop growth. The main stem elongation rate of  
551 barley plants in Control was delayed compared to the other treatments, an effect reflected in lower  
552 yield. This highlights the beneficial effect of mulch on crop performance. Plant-based mulch

553 increased seed protein content and crop yield compared to no mulch treatment (Awopegba et al.,  
554 2017). The differences in plant growth and yield due to different treatments in this experiment  
555 were not significant, either because the main effect of mulching overshadowed these or because  
556 the residues did not have sufficient time to decompose and fully affect the soil. Regular mulch  
557 application and adaptation of appropriate field management systems may be necessary for the  
558 long-term benefits to become apparent. This experiment utilised rhizotrons; therefore, results  
559 should be considered cautiously and verified in field conditions. However, rhizotrons that allow  
560 non-destructive soil sampling during the cultivation period can be proved valuable for evaluating  
561 the effects of organic mulch in future research.

## 562 **Conclusions**

563 Our results indicate that lower-quality residues can maintain their fertilisation capacity over a  
564 longer time horizon than higher-quality residues, as the latter initially tend to decompose faster  
565 although the decomposition rate is reversed at later stages of decomposition influencing soil  
566 microbial community. Residue dry mass loss was highly influenced by the initial residue NDF, C, and  
567 N content. An increase in soil microbial biomass in residues of lower quality was observed at later  
568 stage of decomposition than those of higher quality. Residue diversity, indicated by the number of  
569 plant species, was generally not found to significantly influence soil microbial biomass. The fungal-  
570 to-bacterial ratio in the soil increased with the duration of the decomposition progress in all residue  
571 treatments. Residue chemical composition has a more immediate impact on crop quality than on  
572 crop yield.

573 The use of diverse mulch can contribute to the enrichment of soil nutrients, potentially affect seed  
574 crop quality, and may impact soil microbial populations during later stages of the cultivation period.  
575 However, the influence of residue diversity or quality on nutrient dynamics, microbial biomass,  
576 seed quality, and crop yield is gradual and not always easily detectable. Further research is needed  
577 to investigate the effects of continuous application of diverse long size residue mulch in no-tillage

Plant-based mulches and soil fertility

578 or conservation tillage practices on chemical and biological soil properties, crop yield, and crop  
579 quality.

580

#### 581 **Statements and Declarations**

582 **Funding:** The authors did not receive support from any organisation for the submitted work.

583 **Acknowledgments:** Authors would like to thank the contributors of the DiverseForages Project who  
584 kindly provided plant residue material. They would also like to express their appreciation to Tom  
585 Sizmur and to the Senior Technician Christopher Humphrey for their valuable help to PLFA analysis.  
586 Data supporting the results reported in this paper are openly available from the University of  
587 Reading Research Data Archive at <https://doi.org/10.17864/1947.000411> (Gaitanis, 2022).

588 **Conflicts of interest/Competing interests:** Mark Tibbett is an Editor of Soil Research. To mitigate  
589 this potential conflict of interest they were blinded from the review process. The other authors  
590 have no relevant financial or non-financial interests to disclose.

591 **Availability of data and material:** Not applicable.

592 **Code availability:** Not applicable.

593 **Authors' contributions:** Conceptualisation, D.G.; Experimental design, D.G., and M.L.; Experimental  
594 work, D.G.; Laboratory analyses, D.G.; Data analysis, D.G.; Data curation, D.G., M.L., and M.T.;  
595 Supervision, M.L., and M.T.; Writing – original draft, D.G.; Writing – review and editing, D.G., M.L.,  
596 and M.T.

597 **Ethics approval:** Not applicable.

598

599 **References**

600

601 Abiven, S., & Recous, S. (2007). Mineralisation of crop residues on the soil surface or incorporated  
602 in the soil under controlled conditions. *Biology and Fertility of Soils*, 43(6), 849–852.  
603 <https://doi.org/10.1007/s00374-007-0165-2>

604 Agilent Technologies. (2019). *Agilent Technologies*. <https://www.agilent.com/> (Accessed  
605 September 17, 2019)

606 AgroEcoLab. (2018). *Mehlich-3 extraction for labile soil phosphorus* [PDF]. University of  
607 Maryland. [https://www.agroecologylab.com/s/Mehlich3\\_extraction.pdf](https://www.agroecologylab.com/s/Mehlich3_extraction.pdf) (Accessed October 17,  
608 2018)

609 Akhtar K., Wang W., Ren G., Khan A., Feng Y., Yang G., & Wang H. (2019). Integrated use of straw  
610 mulch with nitrogen fertilizer improves soil functionality and soybean production. *Science of The*  
611 *Total Environment*, 689, 1166-1176.

612 Akinnifesi, F.K., Sileshi, G., Ajayi, O.C., & Beedy, T.L. (2010). *Prospects for integrating conservation*  
613 *agriculture with fertilizer trees in Africa*. World Agroforestry Centre (ICRAF), Southern Africa  
614 Regional Programme, Lilongwe, Malawi.

615 Ambus, P., Jensen, E. S., & Robertson, G. P. (2001). Nitrous oxide and N-leaching losses from  
616 agricultural soil: Influence of crop residue particle size, quality and placement. *Phyton - Annales Rei*  
617 *Botanicae*, 41(3), 7–15.

618 Amir, S., Abouelwafa, R., Meddich, A., Souabi, S., Winterton, P., Merlina, G., ... Hafidi, M. (2010).  
619 PLFAs of the microbial communities in composting mixtures of agro-industry sludge with different  
620 proportions of household waste. *International Biodeterioration and Biodegradation*, 64(7), 614–  
621 621. <https://doi.org/10.1016/j.ibiod.2010.01.012>

Plant-based mulches and soil fertility

- 622 ANKOM Technology. (2018). *Analytical Methods, Fiber Analyzer A*  
623 *2000*. <https://www.ankom.com/analytical-methods-support/fiber-analyzer-a2000> (Accessed  
624 October 19, 2018)
- 625 Awopegba, M., Oladele, S., & Awodun, M. (2017). Effect of mulch types on nutrient composition,  
626 maize (*Zea mays* L.) yield and soil properties of a tropical Alfisol in Southwestern Nigeria. *EURASIAN*  
627 *JOURNAL OF SOIL SCIENCE (EJSS)*, 6, 121. <https://doi.org/10.18393/ejss.286546>
- 628 Barreiro, A., Bååth, E., & Díaz-Raviña, M. (2016). Bacterial and fungal growth in burnt acid soils  
629 amended with different high C/N mulch materials. *Soil Biology and Biochemistry*, 97 (Supplement  
630 C), 102–111. <https://doi.org/https://doi.org/10.1016/j.soilbio.2016.03.009>
- 631 Bateman, H., Curtis, S., & McAdam, K. (1963). Dictionary of Agriculture. In *Soil Science* (Vol. 96, Issue  
632 5). <https://doi.org/10.1097/00010694-196311000-00021>
- 633 Blakemore, L., Searle, P., & Daly, B. (1981). *Methods for chemical analysis of soils*. New Zealand Soil  
634 *Bureau Scientific Report 10A*, (2nd rev.). DSIR.
- 635 Blanco-Canqui, H., Schlegel, A. J., & Heer, W. F. (2011). Soil-profile distribution of carbon and  
636 associated properties in no-till along a precipitation gradient in the central Great Plains. *Agriculture,*  
637 *Ecosystems & Environment*, 144(1), 107–116.  
638 <https://doi.org/https://doi.org/10.1016/j.agee.2011.07.004>
- 639 Bouyoucos, G. J. (1962). Hydrometer Method Improved for Making Particle Size Analyses of Soils<sup>1</sup>.  
640 *Agronomy Journal*, 54(5), 464–465.  
641 <https://doi.org/doi:10.2134/agronj1962.00021962005400050028x>
- 642 Boyle, G. (2017). *The Spring Barley Guide Crops Environment & Land Use Programme*. Teagasc.  
643 <https://www.teagasc.ie/media/website/publications/2015/The-Spring-Barley-Guide.pdf>

## Plant-based mulches and soil fertility

- 644 Bremer, E., van Houtum, W., & van Kessel, C. (1991). Carbon dioxide evolution from wheat and  
645 lentil residues as affected by grinding, added nitrogen, and the absence of soil. *Biology and Fertility*  
646 *of Soils*, 11(3), 221–227. <https://doi.org/10.1007/BF00335771>
- 647 Brust, G. E. (2019). Chapter 9 - Management Strategies for Organic Vegetable Fertility. In D. Biswas  
648 & S. A. B. Micallef (Eds.), *Sustainable Vegetable Production* (pp. 193–212). Academic Press.  
649 <https://doi.org/https://doi.org/10.1016/B978-0-12-812060-6.00009-X>
- 650 Buyer, J. S., & Sasser, M. (2012). High throughput phospholipid fatty acid analysis of soils. *Applied*  
651 *Soil Ecology*, 61, 127–130. <https://doi.org/https://doi.org/10.1016/j.apsoil.2012.06.005>
- 652 Calderón, F. J., Nielsen, D., Acosta-Martínez, V., Vigil, M. F., & Lyon, D. (2016). Cover Crop and  
653 Irrigation Effects on Soil Microbial Communities and Enzymes in Semiarid Agroecosystems.  
654 *Pedosphere*, 26(2), 192–205. [https://doi.org/10.1016/S1002-0160\(15\)60034-0](https://doi.org/10.1016/S1002-0160(15)60034-0)
- 655 Campbell, C. A., Biederbeck, V. O., Winkleman, G. E., & Lafond, G. P. (1993). Influence of legumes  
656 and fertilisation on deep distribution of available phosphorus (Olsen-P) in a thin Black Chernozemic  
657 soil. *Canadian Journal of Soil Science*, 73(4), 555–565. <https://doi.org/10.4141/cjss93-055>
- 658 Cassim, B. M. A. R., Cordioli, V. R., Chilante, G. F., Mazzi, F. L., Muniz, A. S., Inoue, T. T., & Batista,  
659 M. A. (2024). Effects of straw mulching, liming, and soil texture on ammonia volatilisation: A study  
660 of conventional and enhanced efficiency fertilisers. *Soil Research*, 62(2), SR23164.  
661 <https://doi.org/10.1071/SR23164>
- 662 Chen, Y., Ma, S., Jiang, H., Hu, Y., & Lu, X. (2020). 'Influences of litter diversity and soil moisture on  
663 soil microbial communities in decomposing mixed litter of alpine steppe species'. *Geoderma*, 377,  
664 114577. <https://doi.org/10.1016/j.geoderma.2020.114577>
- 665 Dietrich, G., Sauvadet, M., Recous, S., Redin, M., Pfeifer, I. C., Garlet, C. M., Bazzo, H. & Giacomini,  
666 S. J. (2017). Sugarcane mulch C and N dynamics during decomposition under different rates of trash

Plant-based mulches and soil fertility

- 667 removal. *Agriculture, Ecosystems & Environment*, 243, 123–131.  
668 <https://doi.org/https://doi.org/10.1016/j.agee.2017.04.013>
- 669 Donjadee, S., & Tingsanchali, T. (2016). Soil and water conservation on steep slopes by mulching  
670 using rice straw and vetiver grass clippings. *Agriculture and Natural Resources*, 50(1), 75–79.  
671 <https://doi.org/https://doi.org/10.1016/j.anres.2015.03.001>
- 672 Edwards Company. (2019). *Edwards Super Modulyo Freeze*  
673 *Dryer*. <https://www.akribis.co.uk/edwards-super-modulyo-freeze-dryer> (Accessed July 20, 2019)
- 674 Fog, K. (1988). The effect of added Nitrogen on the rate of decomposition of organic matter (pp.  
675 433–462).
- 676 Fontaine, S., Mariotti, A., & Abbadie, L. (2003). The priming effect of organic matter: A question of  
677 microbial competition? *Soil Biology and Biochemistry*, 35(6), 837–843.  
678 [https://doi.org/https://doi.org/10.1016/S0038-0717\(03\)00123-8](https://doi.org/https://doi.org/10.1016/S0038-0717(03)00123-8)
- 679 Frasier, I., Noellemeyer, E., Figuerola, E., Erijman, L., Permingeat, H., & Quiroga, A. (2016). High  
680 quality residues from cover crops favor changes in microbial community and enhance C and N  
681 sequestration. *Global Ecology and Conservation*, 6, 242–256.  
682 <https://doi.org/https://doi.org/10.1016/j.gecco.2016.03.009>
- 683 Frostegård, A., & Bååth, E. (1996). The use of phospholipid fatty acid analysis to estimate bacterial  
684 and fungal biomass in soil. *Biology and Fertility of Soils*, 22(1–2), 59–65.  
685 <https://doi.org/10.1007/s003740050076>
- 686 Frouz, J., Roubíčková, A., Heděnc, P., Tajovský, K. (2015). Do soil fauna really hasten litter  
687 decomposition? A meta-analysis of enclosure studies. *European Journal of Soil Biology*, 68, 18–24.  
688 <https://doi.org/10.1016/j.ejsobi.2015.03.002>

## Plant-based mulches and soil fertility

- 689 Gaitanis, D., Lukac, M. and Tibbett, M. (2023). Fragment size and diversity of mulches affect their  
690 decomposition, nutrient dynamics, and mycorrhizal root colonisation. *Scientific Reports*, 13(1),  
691 9383. <https://doi.org/10.1038/s41598-023-36457-x>
- 692 Gaitanis, D. (2022). Raw data of an experiment to assess the effect of plant residue quality, and  
693 diversity, applied as mulch, on soil nutrient dynamics, on soil microbial biomass, and on crop plant  
694 yield and quality [Dataset]. University of Reading. <https://doi.org/10.17864/1947.000411>
- 695 George, T. S., Giles, C. D., Menezes-Blackburn, D., Condrón, L. M., Gama-Rodrigues, A. C., Jaisi, D.,  
696 ... & Haygarth, P. M. (2018). Organic phosphorus in the terrestrial environment: a perspective on  
697 the state of the art and future priorities. *Plant and Soil*, 427, 191-208.  
698 <https://doi.org/10.1007/s11104-017-3391-x>
- 699 Giacomini, S. J., Recous, S., Mary, B., & Aita, C. (2007). Simulating the effects of N availability, straw  
700 particle size and location in soil on C and N mineralisation. *Plant and Soil*, 301(1–2), 289–301.  
701 <https://doi.org/10.1007/s11104-007-9448-5>
- 702 Great Britain Ministry of Agriculture, Fisheries and Food. (1986). *The analysis of agricultural*  
703 *materials: A manual of the analytical methods used by the Agricultural Development and Advisory*  
704 *Service*. H.M.S.O.
- 705 Grosso, F., Bååth, E., & De Nicola, F. (2016). Bacterial and fungal growth on different plant litter in  
706 Mediterranean soils: Effects of C/N ratio and soil pH. *Applied Soil Ecology*, 108, 1–7.  
707 <https://doi.org/https://doi.org/10.1016/j.apsoil.2016.07.020>
- 708 Hadas, A., Kautsky, L., Goek, M., & Erman Kara, E. (2004). Rates of decomposition of plant residues  
709 and available nitrogen in soil, related to residue composition through simulation of carbon and  
710 nitrogen turnover. *Soil Biology and Biochemistry*, 36(2), 255–266.  
711 <https://doi.org/10.1016/j.soilbio.2003.09.012>

## Plant-based mulches and soil fertility

- 712 Harding, D. E. & Ross, D. J. (1964). Some factors in low-temperature storage influencing the  
713 mineralisable-nitrogen of soils. *Journal of the Science of Food and Agriculture*, 15(12), 829–834.  
714 <https://doi.org/10.1002/jsfa.2740151203>
- 715 Hattenschwiler, S., Fromin, N. & Barantal, S. (2011). Functional diversity of terrestrial microbial  
716 decomposers and their substrates. *Comptes Rendus Biologies*, 334(5), 393–402.  
717 <https://doi.org/10.1016/j.crvi.2011.03.001>
- 718 Irshad, M., Ullah, F., Mehmood, S., Al-Huqail, A. A., Fahad, S., Siddiqui, M. H., Ali, H. M., Saud, S.,  
719 Danish, S., Datta, R., & Dawar, K. (2022). Mulching impact of *Jatropha curcas* L. leaves on soil fertility  
720 and yield of wheat under water stress. *Scientific Reports*, 12(1), 8891.  
721 <https://doi.org/10.1038/s41598-022-13005-7>
- 722 IUCN. (2000). *Policy Statement on Sustainable Use of Wild Living Resources*.  
723 <https://portals.iucn.org/library/efiles/documents/Rep-2000-054.pdf> (Accessed July 18, 2019)
- 724 Janegitz, M. C., Helene Martins A. R., & Rosolem C. A. (2017). Cover crops and soil phosphorus  
725 availability. *Communications in Soil Science and Plant Analysis*, 48(10).
- 726 Jensen, L.S., Salo, T., Palmason, F., Breland, T.A., Henriksen, T.M., Stenberg, B., Pedersen, A.,  
727 Lundström, C., & Esala, M. (2005). Influence of biochemical quality on C and N mineralisation from  
728 a broad variety of plant materials in soil. *Plant and Soil*, 273(1), 307–326.  
729 <https://doi.org/10.1007/s11104-004-8128-y>
- 730 Jordán, A., Zavala, L. M., & Gil, J. (2010). Effects of mulching on soil physical properties and runoff  
731 under semi-arid conditions in southern Spain. *CATENA*, 81(1), 77–85.  
732 <https://doi.org/https://doi.org/10.1016/j.catena.2010.01.007>
- 733 LECO Corporation. (2018). *Product* 628  
734 *series*. <https://www.leco.com/product/628series> (Accessed March 4, 2018)

## Plant-based mulches and soil fertility

- 735 Li, L., Tilman, D., Lambers, H., & Zhang, F.-S. (2014). Plant diversity and overyielding: insights from  
736 belowground facilitation of intercropping in agriculture. *New Phytologist*, 203(1), 63–69.  
737 <https://doi.org/10.1111/nph.12778>
- 738 Liang, X., Yuan, J., Yang, E., & Meng, J. (2017). Responses of soil organic carbon decomposition and  
739 microbial community to the addition of plant residues with different C:N ratio. *European Journal of*  
740 *Soil Biology*, 82, 50–55. <https://doi.org/https://doi.org/10.1016/j.ejsobi.2017.08.005>
- 741 Lowe, L. B., & Ries, S. K. (1973). Endosperm protein of wheat seed as a determinant of seedling  
742 growth. *Plant physiology*, 51(1), 57–60. <https://doi.org/10.1104/pp.51.1.57>
- 743 Lukac, M. (2017). Soil biodiversity and environmental change in European forests. *Central European*  
744 *Forestry Journal*, 63(2–3), 59–65. <https://doi.org/10.1515/forj-2017-0010>
- 745 Lynch, J. P., & Brown, K. M. (2001). Topsoil foraging - An architectural adaptation of plants to low  
746 phosphorus availability. *Plant and Soil*, 237, 225–237. <https://doi.org/10.1023/A:1013324727040>
- 747 Mehlich, A. (1984). Mehlich 3 soil test extractant: A modification of Mehlich 2 extractant.  
748 *Communications in Soil Science and Plant Analysis*, 15(12), 1409–1416.  
749 <https://doi.org/10.1080/00103628409367568>
- 750 Minitab, LLC. (2017). *Company information*. <https://www.minitab.com/en-us/company/> (Accessed  
751 December 14, 2017)
- 752 Müller, J., Gödde, V., Niehaus, K., & Zörb, C. (2015). Metabolic Adaptations of White Lupin Roots  
753 and Shoots under Phosphorus Deficiency. *Frontiers in Plant Science*, 6, 1014.  
754 <https://doi.org/10.3389/fpls.2015.01014>
- 755 Mulumba, L. N., & Lal, R. (2008). Mulching effects on selected soil physical properties. *Soil and*  
756 *Tillage Research*, 98(1), 106–111. <https://doi.org/https://doi.org/10.1016/j.still.2007.10.011>

Plant-based mulches and soil fertility

- 757 Nguyen, T. T., & Marschner, P. (2017). Soil Respiration, Microbial Biomass and Nutrient Availability  
758 in Soil After Addition of Residues with Adjusted N and P Concentrations. *Pedosphere*, 27(1), 76–85.  
759 [https://doi.org/https://doi.org/10.1016/S1002-0160\(17\)60297-2](https://doi.org/https://doi.org/10.1016/S1002-0160(17)60297-2)
- 760 Nottingham, A.T., Griffiths, H., Chamberlain, P.M., Stott, A.W., Tanner, E.V.J. (2009). Soil priming by  
761 sugar and leaf-litter substrates: A link to microbial groups. *Applied Soil Ecology*, 42(3), 183–190.  
762 <https://doi.org/10.1016/j.apsoil.2009.03.003>
- 763 Pavlů, L., Gaisler, J., Hejcman, M., & Pavlů, V. V. (2016). What is the effect of long-term mulching  
764 and traditional cutting regimes on soil and biomass chemical properties, species richness and  
765 herbage production in *Dactylis glomerata* grassland? *Agriculture, Ecosystems & Environment*, 217,  
766 13–21. <https://doi.org/https://doi.org/10.1016/j.agee.2015.10.026>
- 767 PerkinElmer, Inc. (2018). *PerkinElmer*. <https://www.perkinelmer.com/> (Accessed November 11,  
768 2018)
- 769 Pierzynski, G. M. (2000). Methods of phosphorus analysis for soils, sediments, residuals, and  
770 waters.
- 771 Prasad, B. V. G. (2018). Performance of Mulches and Micronutrients on Production Economics of  
772 Broccoli (*Brassica oleracea* L. var. *italica* Plenck). <https://doi.org/10.13140/RG.2.2.23076.94087>
- 773 Pratama, B. W., Budi, L. S., & Puspitawati, I. R. (2025). Application of Humic Acid and Mulch Dose  
774 on Corn (*Zea mays* L.) yield. *International Journal of Advanced Engineering Research and Science*,  
775 12(1). <https://doi.org/10.22161/ijaers.121.2>
- 776 Prats, S. A., Abrantes, J. R., Crema, I. P., Keizer, J. J., & de Lima, J. L. M. P. (2017). Runoff and soil  
777 erosion mitigation with sieved forest residue mulch strips under controlled laboratory conditions.  
778 *Forest Ecology and Management*, 396, 102–112.  
779 <https://doi.org/https://doi.org/10.1016/j.foreco.2017.04.019>

## Plant-based mulches and soil fertility

- 780 Quideau, S. A., McIntosh, A. C. S., Norris, C. E., Lloret, E., Swallow, M. J. B., & Hannam, K. (2016).  
781 Extraction and Analysis of Microbial Phospholipid Fatty Acids in Soils. *Journal of Visualized*  
782 *Experiments*, (114), 54360. <https://doi.org/10.3791/54360>
- 783 Razafimbelo, T., Barthès, B., Larré-Larrouy, M.-C., Luca, E. F. De, Laurent, J.-Y., Cerri, C. C., & Feller,  
784 C. (2006). Effect of sugarcane residue management (mulching versus burning) on organic matter in  
785 a clayey Oxisol from southern Brazil. *Agriculture, Ecosystems & Environment*, 115(1), 285–289.  
786 <https://doi.org/https://doi.org/10.1016/j.agee.2005.12.014>
- 787 Redin, M., Recous, S., Aita, C., Dietrich, G., Skolaude, A. C., Ludke, W. H., Schmatz, R. & Giacomini,  
788 S. J. (2014). How the chemical composition and heterogeneity of crop residue mixtures  
789 decomposing at the soil surface affects C and N mineralisation. *Soil Biology and Biochemistry*, 78,  
790 65–75. <https://doi.org/https://doi.org/10.1016/j.soilbio.2014.07.014>
- 791 Reichert, J. M., Rodrigues, M. F., Bervald, C. M. P., Brunetto, G., Kato, O. R., & Schumacher, M. V.  
792 (2015). Fragmentation, fiber separation, decomposition, and nutrient release of secondary-forest  
793 biomass, mechanically chopped-and-mulched, and cassava production in the Amazon. *Agriculture,*  
794 *Ecosystems & Environment*, 204, 8–16.  
795 <https://doi.org/https://doi.org/10.1016/j.agee.2015.02.005>
- 796 RStudio, PBC. (2017). *RStudio*. <https://rstudio.com/> (Accessed December 14, 2017)
- 797 Santonja, M., Foucault, Q., Rancon, A., Gauquelin, T., Fernandez, C., Baldy, V. & Mirleau, P. (2018).  
798 Contrasting responses of bacterial and fungal communities to plant litter diversity in a  
799 Mediterranean oak forest. *Soil Biology and Biochemistry*, 125, 27–36.  
800 <https://doi.org/10.1016/j.soilbio.2018.06.020>
- 801 Santonja, M., Rancon, A., Fromin, N., Baldy, V., Hättenschwiler, S., Fernandez, C., Montès, N., &  
802 Mirleau, P. (2017). Plant litter diversity increases microbial abundance, fungal diversity, and carbon

Plant-based mulches and soil fertility

- 803 and nitrogen cycling in a Mediterranean shrubland. *Soil Biology and Biochemistry*, 111, 124–134.  
804 <https://doi.org/10.1016/j.soilbio.2017.04.006>
- 805 Shu, X., Zou, Y., Shaw, L. J., Todman, L., Tibbett, M., & Sizmur, T. (2022). Applying cover crop  
806 residues as diverse mixtures increases initial microbial assimilation of crop residue-derived carbon.  
807 *European Journal of Soil Science*, 73(2), e13232. <https://doi.org/10.1111/ejss.13232>
- 808 Shu, X., Zou, Y., Shaw, L. J., Todman, L., Tibbett, M., & Sizmur, T. (2021). Cover crop residue diversity  
809 enhances microbial activity and biomass with additive effects on microbial structure. *Soil Research*.  
810 <https://doi.org/10.1071/SR21105>
- 811 Siczek, A., & Lipiec, J. (2011). Soybean nodulation and nitrogen fixation in response to soil  
812 compaction and surface straw mulching. *Soil and Tillage Research*, 114(1), 50–56.  
813 <https://doi.org/https://doi.org/10.1016/j.still.2011.04.001>
- 814 Singh, B., & S. Khind, C. (1992). Nutrient Transformations in Soils Amended with Green Manures. In  
815 *Advances in Soil Science* (Vol. 20). [https://doi.org/10.1007/978-1-4612-2930-8\\_5](https://doi.org/10.1007/978-1-4612-2930-8_5)
- 816 Sizmur, T., Tilston, E. L., Charnock, J., Palumbo-Roe, B., Watts, M. J., & Hodson, M. E. (2011). Impacts  
817 of epigeic, anecic and endogeic earthworms on metal and metalloid mobility and availability.  
818 *Journal of Environmental Monitoring*, 13(2), 266–273. <https://doi.org/10.1039/c0em00519c>
- 819 SKALAR Instruments. (2018). *Automated wet chemistry*  
820 *analyzers*. <https://www.skalar.com/analyzers/automated-wet-chemistry-analyzers/> (Accessed  
821 November 23, 2018)
- 822 Struijk, M., Whitmore, A., Mortimer, S., & Sizmur, T. (2020). Obtaining more benefits from crop  
823 residues as soil amendments by application as chemically heterogeneous mixtures. *SOIL*, 6, 467–  
824 481. <https://doi.org/10.5194/soil-6-467-2020>
- 825 Su, W., Lu, J., Wang, W., Li, X., Ren, T., & Cong, R. (2014). Influence of rice straw mulching on seed  
826 yield and nitrogen use efficiency of winter oilseed rape (*Brassica napus* L.) in intensive rice–oilseed

Plant-based mulches and soil fertility

- 827 rape cropping system. *Field Crops Research*, 159, 53–61.  
828 <https://doi.org/https://doi.org/10.1016/j.fcr.2014.01.007>
- 829 Swift M. J., Heal O. W., & Anderson J. M. (1979). *Decomposition in Terrestrial Ecosystems*. University  
830 of California Press.
- 831 Tahir, S., & Marschner, P. (2017). Clay addition to sandy soil—Influence of clay type and size on  
832 nutrient availability in sandy soils amended with residues differing in C/N ratio. *Pedosphere*, 27(2),  
833 293–305. [https://doi.org/https://doi.org/10.1016/S1002-0160\(17\)60317-5](https://doi.org/https://doi.org/10.1016/S1002-0160(17)60317-5)
- 834 Tottman, D. R., Makepeace, R. J., & Broad, H. (1986). The decimal code for the growth stages of  
835 cereals, with illustrations. *Annals of Applied Biology*, 93(2), 221–234.  
836 <https://doi.org/10.1111/j.1744-7348.1979.tb06534.x>
- 837 Tribouillois, H., Cruz, P., Cohan, J.-P., & Justes, É. (2015). Modelling agroecosystem nitrogen  
838 functions provided by cover crop species in bispecific mixtures using functional traits and  
839 environmental factors. *Agriculture, Ecosystems & Environment*, 207, 218–228.  
840 <https://doi.org/https://doi.org/10.1016/j.agee.2015.04.016>
- 841 Vahdat, E., Nourbakhsh, F., & Basiri, M. (2011). Lignin content of range plant residues controls N  
842 mineralisation in soil. *European Journal of Soil Biology*, 47(4), 243–246.  
843 <https://doi.org/https://doi.org/10.1016/j.ejsobi.2011.05.001>
- 844 Vestal, J. R., & White, D. C. (1989). Lipid Analysis in Microbial Ecology. *BioScience*, 39(8), 535–541.  
845 <https://doi.org/10.2307/1310976>
- 846 Vigil, M. F. and Kissel, D. E. (1991). Equations for Estimating the Amount of Nitrogen Mineralized  
847 from Crop Residues. *Soil Science Society of America Journal*, 55, 757–761.
- 848 Wang, B., Verheyen, K., Baeten, L., & De Smedt, P. (2021). Herb litter mediates tree litter  
849 decomposition and soil fauna composition. *Soil Biology and Biochemistry*, 152, 108063.  
850 <https://doi.org/10.1016/j.soilbio.2020.108063>

Plant-based mulches and soil fertility

- 851 Wang, H., Boutton, T. W., Xu, W., Hu, G., Jiang, P., & Bai, E. (2015). Quality of fresh organic matter  
852 affects priming of soil organic matter and substrate utilisation patterns of microbes. *Scientific*  
853 *Reports*, 5, 10102. <https://doi.org/10.1038/srep10102>
- 854 White, C. M., DuPont, S. T., Hautau, M., Hartman, D., Finney, D. M., Bradley, B., LaChance, J. C., &  
855 Kaye, J. P. (2017). Managing the trade-off between nitrogen supply and retention with cover crop  
856 mixtures. *Agriculture, Ecosystems & Environment*, 237, 121–133.  
857 <https://doi.org/10.1016/j.agee.2016.12.016>
- 858 Wise, R., Cacho, O., & Hean, R. (2007). Fertilizer effects on the sustainability and profitability of  
859 agroforestry in the presence of carbon payments. *Ecological Modelling, Environmental Engineering,*  
860 *Software*. Published August 31, 2007.
- 861 Xu, Y., Chen, Z., Fontaine, S., Wang, W., Luo, J., Fan, J., & Ding, W. (2017). Dominant effects of  
862 organic carbon chemistry on decomposition dynamics of crop residues in a Mollisol. *Soil Biology*  
863 *and Biochemistry*, 115, 221–232. <https://doi.org/10.1016/j.soilbio.2017.08.029>
- 864 Zelles, L. (1999). Fatty acid patterns of phospholipids and lipopolysaccharides in the  
865 characterisation of microbial communities in soil: A review. *Biology and Fertility of Soils*, 29(2), 111–  
866 129. <https://doi.org/10.1007/s003740050533>
- 867 Zhonglu, G., Shuhua, Z., Juan, J., & Chongfa, C. (2015). Nitrogen mineralisation controlled by N/P  
868 ratio of plant residues from riparian buffer strip. *European Journal of Soil Biology*, 67, 5–11.  
869 <https://doi.org/10.1016/j.ejsobi.2014.12.004>
- 870 Zhou, B. N., Li, H. M., Zhuo, Z. P., Wang, L., Yang, M. J., Lin, J. S., Jiang, F. S., Huang, Y. H., & Zhang,  
871 Y. (2025). Effects of different mulching measures on soil physicochemical properties and  
872 phosphorus fractions in orchards in the southeast hilly region of China. *Plant Soil and Environment*,  
873 71(3), 171–184.
- 874

875

**Summary Text for the Table of Contents**

876 The use of plant-based mulch can potentially increase soil fertility reducing the need of artificial  
877 fertilisers which has a positive environmental impact in urgent issues such as global warming. Our  
878 research demonstrates the value of not only the easily decomposable but also of the more  
879 recalcitrant mulches on soil nutrient availability and their influence on soil microbial communities  
880 at later stages of decomposition. These findings can help in the application and management of the  
881 appropriate mixtures of mulches.

882

Plant-based mulches and soil fertility

883 **Table 1** Classification of mulching material types in descending order of initial or final mean values  
 884 of selected properties. Mean values and standard deviations are shown (n = 5). Mulching materials  
 885 were: perennial ryegrass (**P**, 1 plant species), Smart Grass (**S**, 6 species), Biomix (**B**, 12 species),  
 886 Herbal (**H**, 17 species), and wood chips (**W**). NDF is Neutral Detergent Fiber (hemicellulose, cellulose  
 887 and lignin), ADF is Acid Detergent Fiber (cellulose and lignin), and ADL = Acid Detergent Lignin  
 888 (lignin)

Properties	Residue Types	Mean ±StDev
Initial C:N ratio	$W^a > H^b > S^c > B^c > P^d$	50.87 ±1.32, 16.78 ±0.12, 14.88 ±0.11, 14.87 ±0.11, 10.72 ±0.07
Initial % C	$W^a > P^b > H^c > S^c > B^d$	47.58 ±0.18, 43.24 ±0.07, 42.72 ±0.06, 42.67 ±0.07, 38.79 ±0.34
Initial % N	$P^a > S^b > B^c > H^d > W^e$	4.03 ±0.03, 2.87 ±0.02, 2.61 ±0.04, 2.55 ±0.01, 0.94 ±0.02
Species richness	$H > B > S > W > P$	
% initial NDF	$W^a > H^b > B^{bc} > P^c > S^d$	59.37 ±0.98, 53.50 ±0.25, 41.78 ±0.55, 40.48 ±1.16, 34.62 ±1.22
% initial ADF	$W^a > B^b > H^c > S^d > P^d$	42.33 ±0.62, 26.20 ±0.41, 23.92 ±0.16, 20.01 ±0.75, 19.87 ±0.31
% initial ADL	$W^a > B^a > H^b > P^b > S^b$	15.09 ±0.74, 14.30 ±1.35, 8.25 ±3.76, 9.57 ±1.86, 6.97 ±2.98
% dry mass loss	$S^a > P^b > B^b > H^b > W^c$	92.09 ±4.48, 80.11 ±5.52, 79.42 ±2.94, 77.60 ±4.78, 40.20 ±7.23

889 Letters in superscript indicate difference at  $p < 0.05$

Plant-based mulches and soil fertility

890 **Table 2** Classification of treatments (*B*, Control (*C*), *H*, *P*, *S*, and *W*) in descending order, according  
 891 to their values in microbial biomass for the different microbial groups as well as in total microbial  
 892 biomass on day 69 after mulch application. Mean values and standard deviations are shown ( $n =$   
 893 5). The values are in nmoles of phospholipid fatty acid compounds  $g^{-1}$  of freeze dry soil. The residue  
 894 types were Perennial ryegrass (*P*) (1 plant species), Smart Grass (*S*) (6 species), Biomix(*B*) (12  
 895 species), Herbal (*H*) (17 species), and wood chips (*W*)

Microbial groups	Residue types	Mean $\pm$ StDev
Gram+	<i>S&gt;P&gt;B&gt;H&gt;W&gt;C</i>	1046.50 $\pm$ 676.72, 931.11 $\pm$ 533.93, 846.32 $\pm$ 817.17, 624.05 $\pm$ 512.01, 621.52 $\pm$ 334.46, 558.05 $\pm$ 341.55
Gram-	<i>S&gt;P&gt;B&gt;W&gt;H&gt;C</i>	115.40 $\pm$ 60.33, 108.98 $\pm$ 44.51, 100.53 $\pm$ 56.47, 75.07 $\pm$ 18.18, 74.19 $\pm$ 27.41, 68.35 $\pm$ 20.47
Fungi	<i>S&gt;P&gt;B&gt;H&gt;W&gt;C</i>	285.08 $\pm$ 168.84, 233.86 $\pm$ 119.48, 210.87 $\pm$ 189.57, 172.31 $\pm$ 129.66, 166.55 $\pm$ 74.95, 150.60 $\pm$ 84.75
Protozoa	<i>B&gt;S&gt;P&gt;H&gt;C&gt;W</i>	54.88 $\pm$ 41.37, 46.86 $\pm$ 26.96, 42.51 $\pm$ 20.81, 37.08 $\pm$ 19.17, 23.25 $\pm$ 8.28, 22.77 $\pm$ 4.65
Cyanobacteria	<i>P&gt;S&gt;B&gt;H&gt;W&gt;C</i>	15.72 $\pm$ 10.59, 14.66 $\pm$ 6.23, 14.24 $\pm$ 7.79, 11.26 $\pm$ 5.00, 6.90 $\pm$ 1.22, 6.59 $\pm$ 2.14

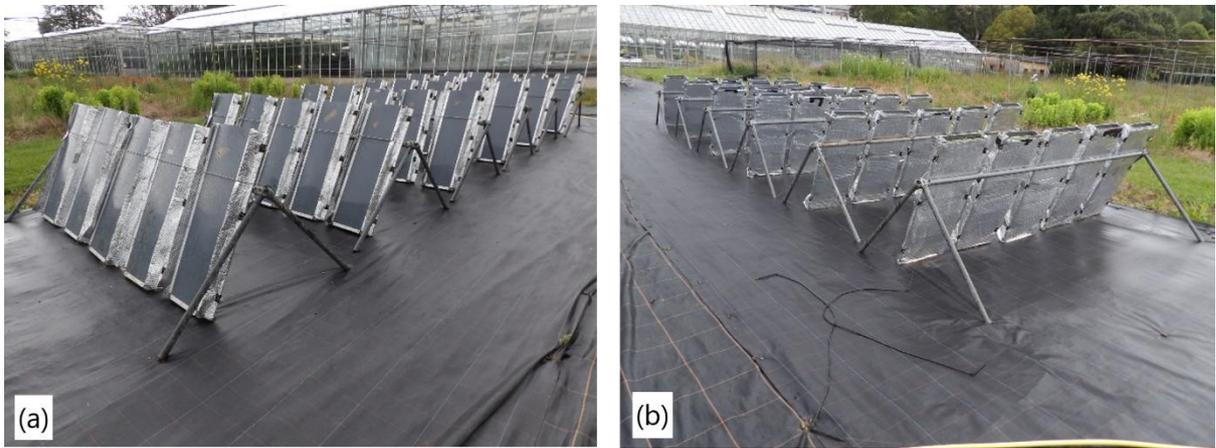
896  
 897 **Table 3** Classification of treatments (*B*, Control (*C*), *H*, *P*, *S*, and *W*) in descending order, according  
 898 to their values in microbial biomass for the different microbial groups as well as in total microbial  
 899 biomass on day 195 after mulch application. Mean values and standard deviations are shown ( $n =$   
 900 5). The values are in nmoles of phospholipid fatty acid compounds  $g^{-1}$  of freeze dry soil. The residue  
 901 types were Perennial ryegrass (*P*) (1 plant species), Smart Grass (*S*) (6 species), Biomix(*B*) (12  
 902 species), Herbal (*H*) (17 species), and wood chips (*W*)

Plant-based mulches and soil fertility

Microbial groups	Residue types	Mean $\pm$ StDev
Gram+	S>H>W>C>P>B	875.60 $\pm$ 375.62, 866.34 $\pm$ 145.85, 715.64 $\pm$ 306.31, 697.79 $\pm$ 585.89, 581.41 $\pm$ 340.59, 552.37 $\pm$ 377.95
Gram-	S>H>W>C>P>B	172.87 $\pm$ 82.50, 168.71 $\pm$ 39.37, 141.80 $\pm$ 59.53, 131.07 $\pm$ 94.60, 122.49 $\pm$ 43.30, 108.36 $\pm$ 62.48
Fungi	H>S>W>P>B>C	446.09 $\pm$ 135.66, 433.93 $\pm$ 173.23, 360.99 $\pm$ 180.22, 357.96 $\pm$ 211.69, 294.71 $\pm$ 168.70, 266.69 $\pm$ 128.44
Protozoa	S>H>W>P>C>B	49.26 $\pm$ 18.49, 45.73 $\pm$ 9.23, 38.74 $\pm$ 8.91, 34.45 $\pm$ 19.24, 31.78 $\pm$ 17.91, 28.91 $\pm$ 14.47
Cyanobacteria	S>W>H>C>B>P	17.63 $\pm$ 9.25, 17.06 $\pm$ 12.31, 16.22 $\pm$ 4.79, 11.45 $\pm$ 3.51, 10.97 $\pm$ 4.81, 10.64 $\pm$ 5.06

903

904



905

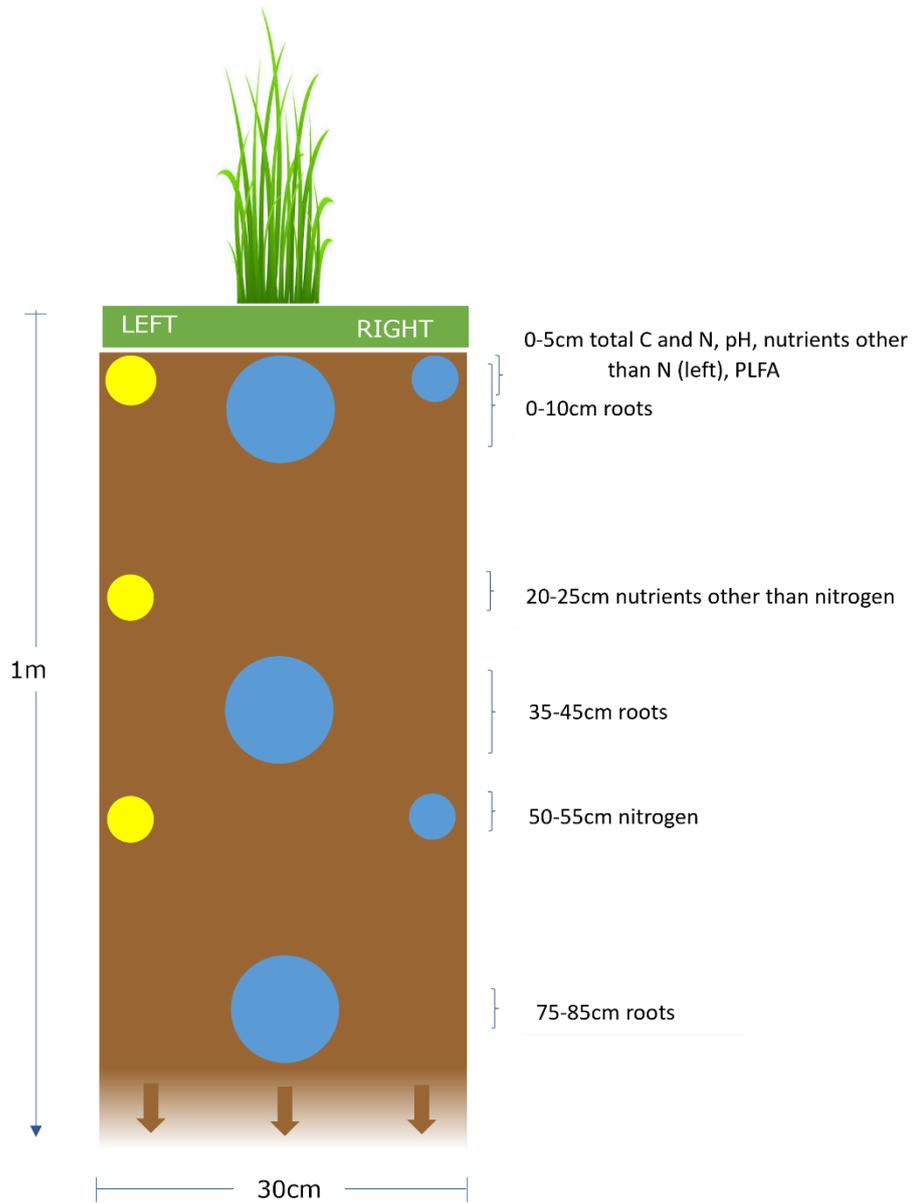
906 **Fig. 1**



907

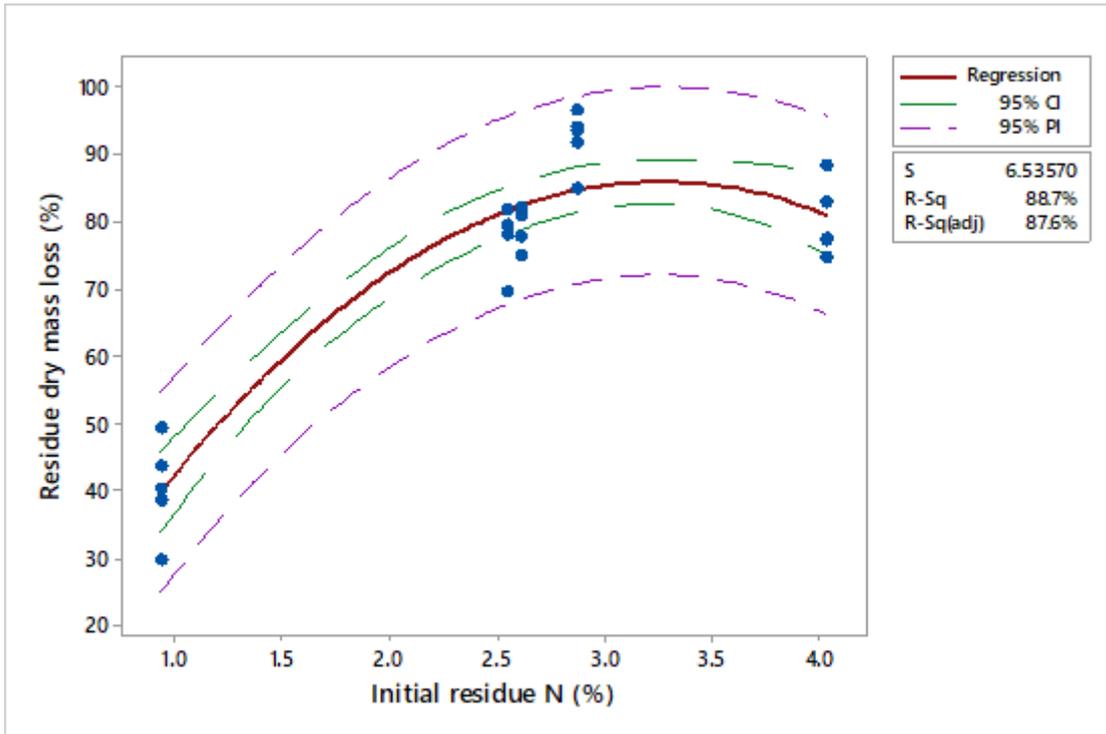
908 **Fig. 2**

Plant-based mulches and soil fertility



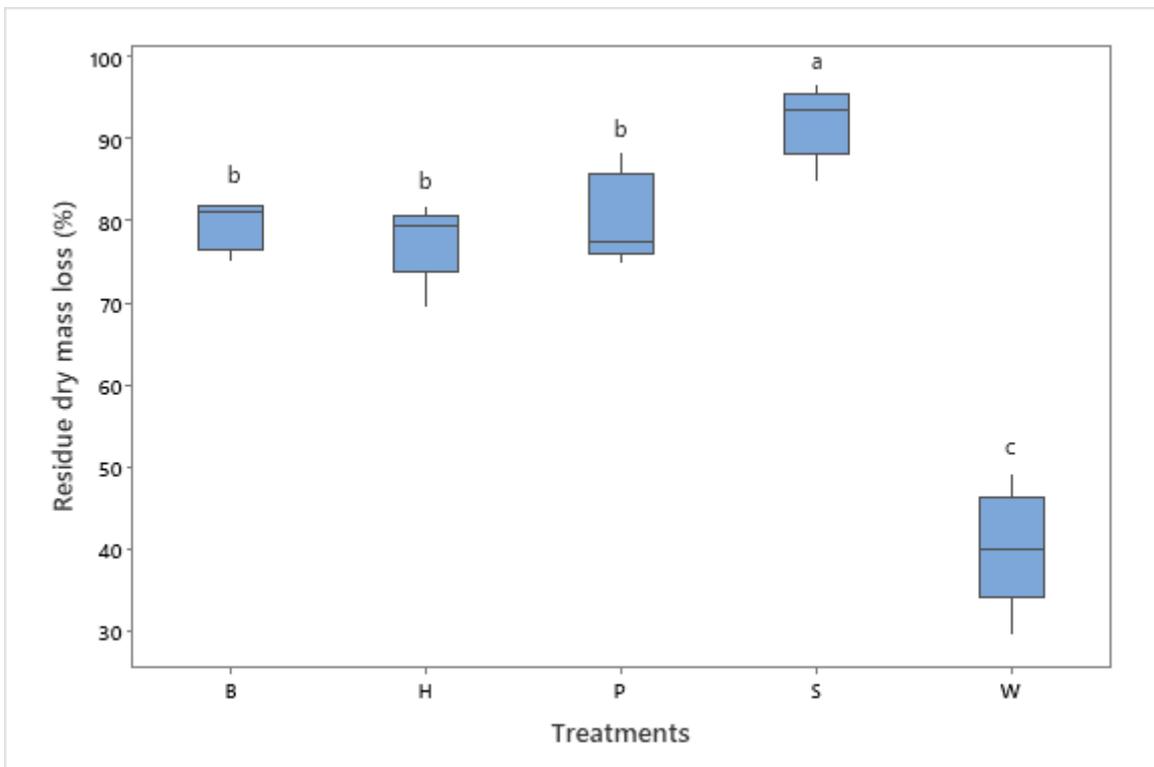
909

910 **Fig. 3**



911

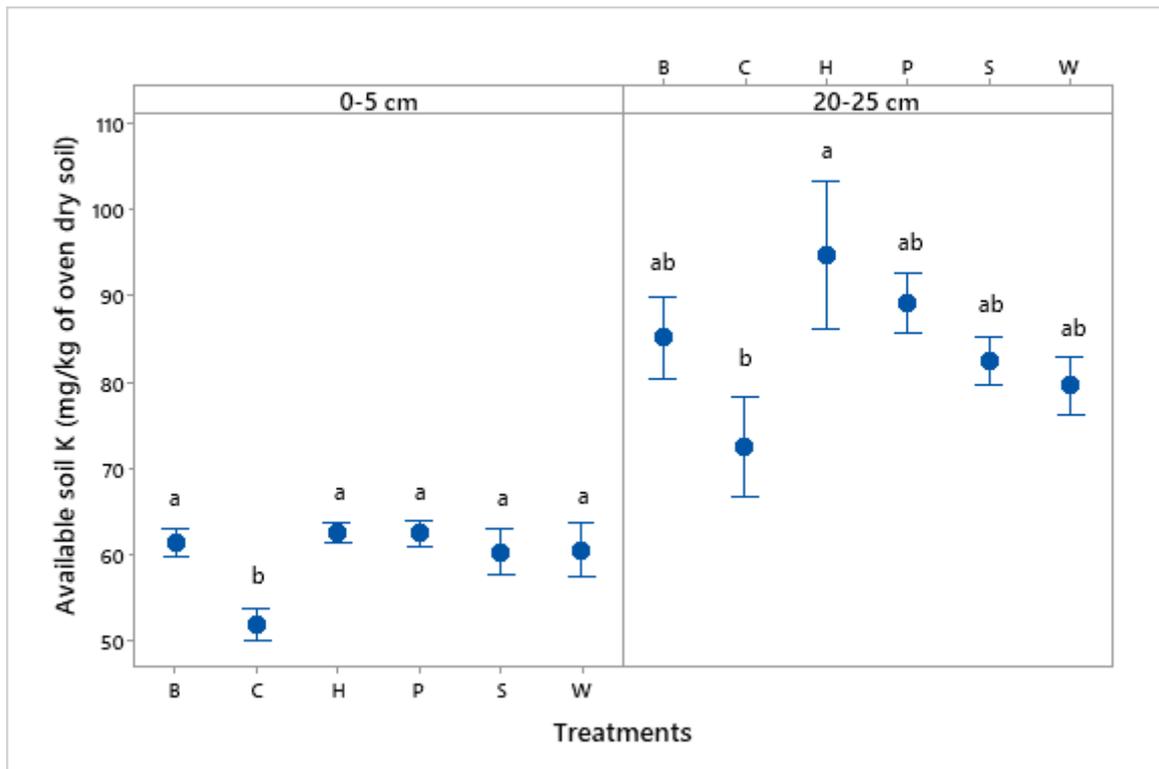
912 **Fig. 4**



913

914 **Fig. 5**

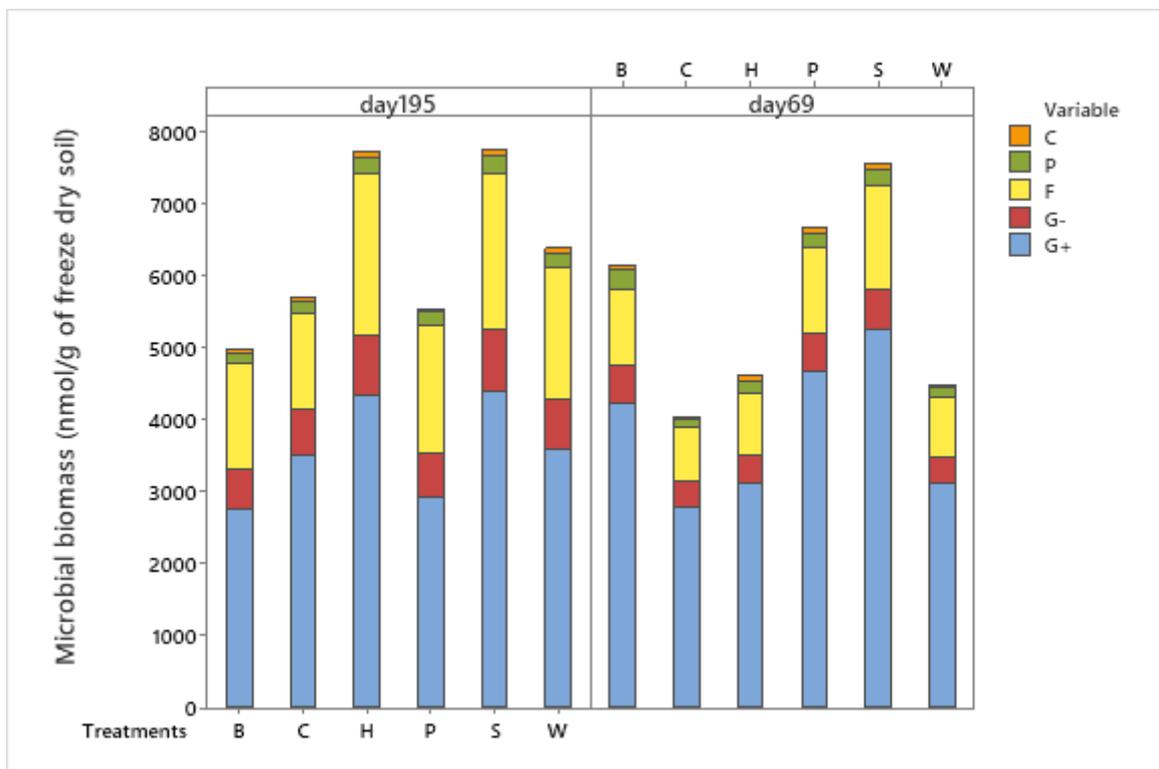
Plant-based mulches and soil fertility



915

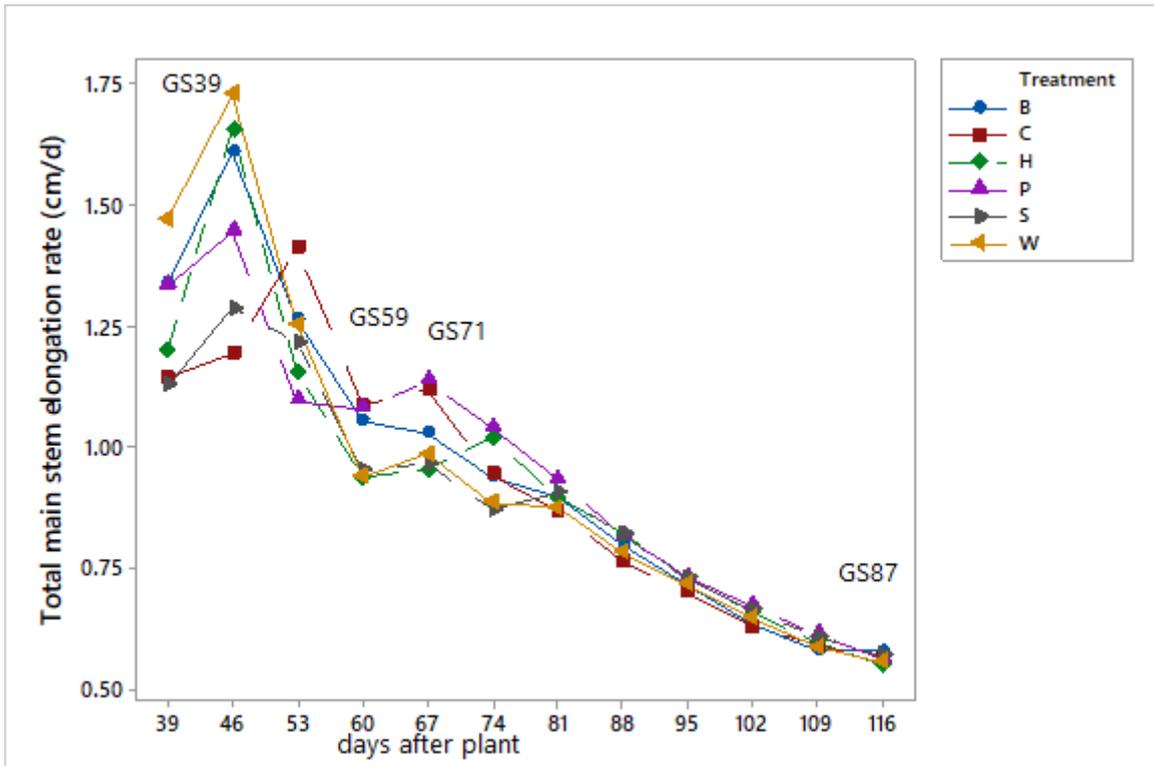
916 **Fig. 6**

917



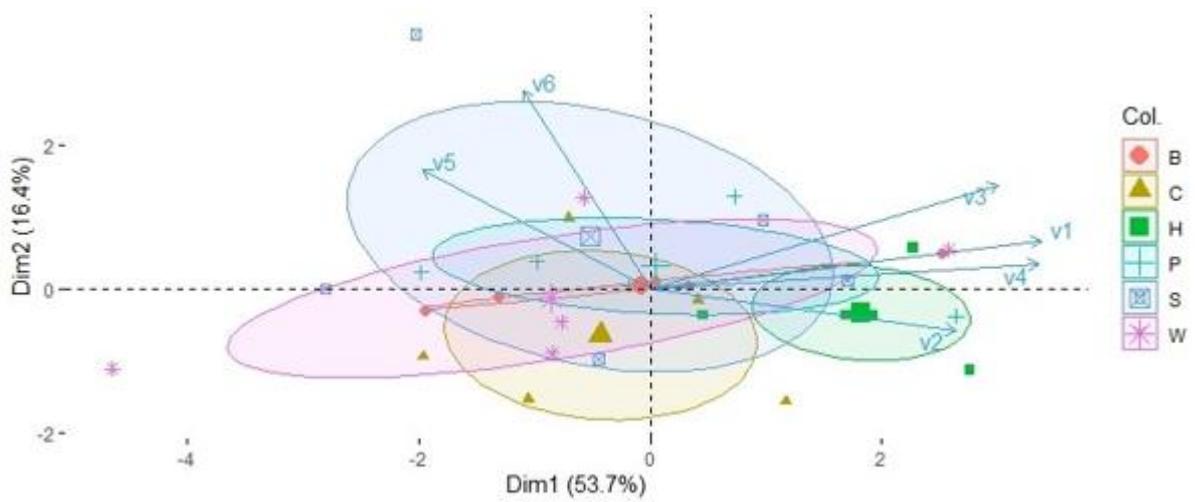
918

919 **Fig. 7**



920

921 **Fig. 8**



922

923 **Fig. 9**

924

925 **Fig. 1** Rhizotrons set at the outdoor. From left to right a) back side, b) front side with the glass  
926 covered with alluminum foil

927 **Fig. 2** From left to right a) easily removable plexy glass on rhizotrons, b) wood chips (shredded  
928 branches and twigs with their leaves), c) mulch application, d) root development at the glass side

929 **Fig. 3** Rhizotron and soil sampling design. Yellow highlighted sites indicate soil samples taken 69,  
930 and blue highlighted sites were sampled 195 days after mulch application. Large blue circles in the  
931 middle indicate root sampling on day 195

932 **Fig. 4** Fitted line plot of polynomial (quadratic) regression analysis of residue dry mass loss (%) with  
933 initial residue N content (%) (red line). Confidence interval is enclosed by green dashed lines, and  
934 prediction interval by purple dashed lines. Confidence level = 95.0. Regression equation: residue  
935 dry mass loss =  $-5.016 + 55.76 N - 8.534 N^2$

936 **Fig. 5** Dry mass loss of mulching material after 195 days (N = 5). Letters represent the following  
937 plant materials: perennial ryegrass (**P**, 1 plant species), Smart Grass (**S**, 6 species), Biomix (**B**, 12  
938 species), Herbal (**H**, 17 species), and wood chips (**W**). Letters next to box plots indicate difference  
939 at  $p < 0.05$

940 **Fig. 6** Available soil K content (mg/kg of oven-dried soil) for the different treatments (*B*, *C*, *H*, *P*, *S*,  
941 and *W*), on day 69 after mulch application at 0-5 and 20-25 cm depths (N = 5). Means and bars of  
942 one standard error from the mean are depicted. The residue types were Perennial ryegrass (**P**) (1  
943 plant species), Smart Grass (**S**) (6 species), Biomix (**B**) (12 species), Herbal (**H**) (17 species), and wood  
944 chips (*W*). Control (*C*) treatment was with no residues. Treatments that do not share a common  
945 letter are significantly different ( $p$ -value < 0.05)

946 **Fig. 7** Mass of different microbial groups (G+ = gram positive bacteria, G- = gram negative bacteria,  
947 F = fungi, P = protozoa, and C = Cyanobacteria), expressed in  $\text{nmol g}^{-1}$  of freeze-dried soil, for the  
948 different treatments (*B*, *C*, *H*, *P*, *S*, and *W*) from soil samples at 0-5 cm depth, on day 69 and on day

## Plant-based mulches and soil fertility

949 195 after mulch application (N = 5). The residue types were Perennial ryegrass (**P**) (1 plant species),  
950 Smart Grass (**S**) (6 species), Biomix(**B**) (12 species), Herbal (**H**) (17 species), and wood chips (**W**)

951 **Fig. 8** Total main stem elongation rate (cm/d) of the different treatments (**B**, Control (**C**), **H**, **P**, **S**,  
952 and **W**) measured from 26<sup>th</sup> July to 1<sup>st</sup> November 2019 (rates among each timepoint and 26th July).  
953 Values derived from damaged stems were omitted and the next highest stem was considered  
954 instead. GS = Barley growing stage (Tottman et al. 1986). The residue types were: Perennial ryegrass  
955 (**P**) (1 plant species), Smart Grass (**S**) (6 species), Biomix(**B**) (12 species), Herbal (**H**) (17 species), and  
956 wood chips (**W**)

957 **Fig. 9** PCA biplot of variables v1 = total barley dry mass (g), v2 = root dry mass (g) in soil samples  
958 from 0-10, 35-45, and 75-85 cm depth, v3 = final number of tillers, v4 = yield (seed dry mass per  
959 plant), v5 = % seed protein, and v6 = soil NH<sub>4</sub><sup>+</sup> (mg/kg oven dry soil) on day 195 after mulch  
960 application, for the treatments **B**, Control (**C**), **H**, **P**, **S**, and **W**. The residue types were: Perennial  
961 ryegrass (**P**) (1 plant species), Smart Grass (**S**) (6 species), Biomix (**B**) (12 species), Herbal (**H**) (17  
962 species), and wood chips (**W**). Large points depict mean values, while ellipses depict confidence  
963 intervals ( $\alpha = 0.05$ ) of mean values for each treatment. The percentages represent data variation  
964 explained by the two first Principal Components (Dim1 and Dim2), bottom axis represents Dim1  
965 normalised score, and left axis represents Dim2 normalised score