

Alternatives to Sedum on green roofs: Can broad leaf perennial plants offer better 'cooling service'?

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Alternatives to *Sedum* on green roofs: Can broad leaf perennial plants offer better 'cooling service'?

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Highlights:

- Of all the species tested, leaf surface temperature was lowest in *Stachys*, even when water was limited.
- On warm days, both *Stachys* and *Sedum* cooled the air above the substrate compared to bare soil.
- On several hot afternoons in the glasshouse *Stachys* provided more aerial cooling than other species.
- In outdoor conditions we recorded one incidence where *Stachys* provided additional localised aerial cooling.
- On a warm day, temperatures below *Stachys* and *Sedum* canopies were 11 $^{\circ}$ C and 4 $^{\circ}$ C lower than of bare soil.

1	Alternatives to <i>Sedum</i> on green roofs: Can broad leaf perennial plants offer better 'cooling
2	service'?
3	
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15	

Abstract

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Green roof plants alter the microclimate of building roofs and may improve roof insulation. They act by providing cooling by shading, but also through transpiration of water through their stomata. However, leaf surfaces can become warmer when plants close the stomata and decrease water loss in response to drying substrate (typically associated with green roofs during summers), also reducing transpirational cooling. By using a range of contrasting plant types (Sedum mix – an industry green roof 'standard', Stachys byzantina, Bergenia cordifolia and *Hedera hibernica*) we tested the hypothesis that plants differ in their 'cooling potential'. We firstly examined how leaf morphology influenced leaf temperature and how drying substrate altered that response. Secondly, we investigated the relationship between leaf surface temperatures and the air temperatures immediately above the canopies (i.e. potential to provide aerial cooling). Finally we measured how the plant type influenced the substrate temperature below the canopy (i.e. potential for building cooling). In our experiments Stachys outperformed the other species in terms of leaf surface cooling (even in drying substrate, e.g. 5 °C cooler compared with Sedum), substrate cooling beneath its canopy (up to 12 °C) and even - during short intervals over hottest still periods - the air above the canopy (up to 1 °C, when soil moisture was not limited). We suggest that the choice of plant species on green roofs should *not* be entirely dictated by what survives on the shallow substrates of extensive systems, but consideration should be given to supporting those species providing the greatest eco-system service potential.

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- Additional key words:
- 39 Air cooling; building insulation; drought; leaf temperature; Stachys byzantina

1. Introduction

Enhancing a city's green infrastructure is frequently thought of as a means to help address a
number of environmental problems associated with the built environment [1, 2]. The ability
of urban vegetation to help mitigate urban heat island effects [3] and to reduce the energy
load on buildings [4] are two important ecosystem services that plants can provide. Globally,
urbanisation is still increasing and there is more pressure within the urban matrix for land to
be used for housing, business development and the associated infrastructure. Consequently,
the use of green roofs has been advocated, partially in an attempt to provide some urban
green space, without adding to the pressures on land at ground level. Even in countries which
traditionally have not suffered from extreme anti-cyclonic conditions ('heat-waves') such as
those in Northern Europe, there are concerns that a changing climate combined with urban
expansion will result in more frequent incidents of severely elevated temperatures [5]. The
use of urban greening is therefore advocated to help mitigate such events, and helps in part to
compensate for the lack of alternative cooling mechanisms more typical of warmer
Mediterranean climates e.g. lightly coloured buildings with high albedo, thick insulating
walls, shuttered windows, greater exploitation of prevailing cooling winds etc. [6].
In Northern Europe and indeed many other regions, vegetation is now considered to be a vital
component in reducing air temperatures at the city-wide scale [7, 8] as well as locally (e.g. [6,
9]). Plants provide a cooling influence by transpiration of water through their stomata [10],
but also through direct shading [11]. It has been claimed that green roofs harbour genuine
potential for urban temperature reduction [12], but the extent to which they contribute to
urban cooling compared to other vegetation types or landforms (e.g. street trees, urban forest,
parkland etc.) is unclear. Indeed, there is still some debate as to how micro-climates
associated with different types of urban vegetation actually influence climate at the larger

urban scale [13]. At a more local level, it is acknowledged that low-growing terrestrial
vegetation (lawn grass particularly) can enhance aerial cooling, at least in comparison to
harder, more typical urban surfaces (asphalt, concrete, paving etc.) [14, 15]. However, the
evidence for green roofs providing significant air cooling remains limited [16]. Furthermore,
the ability of green roof plants to extract and transpire water may be considerably
compromised in the shallow, lithosol-like substrates used on green roofs compared to a
deeper profile, natural soil. Also, leaf surfaces are likely to become warmer when plants close
their stomata and decrease water loss in response to drying substrate [17].
Green roofs can help insulate buildings against thermal gain from solar radiation [18],
although it is often acknowledged that it is the depth of the substrate that determines the
extent of insulation more than the amount of vegetation [19]. However, the depth of green
roof substrate is often dictated in practice by the weight load placed on the roof (i.e. thinner
substrates are preferred from an engineering perspective). The extent to which the vegetation
can then provide additional cooling to the substrate, becomes an important practical and
research question.
Due to the drought prone and exposed nature of extensive and semi-extensive green roofs,
Sedum sp. (e.g. S. album, S. acre, etc.) with typical xerophytic characteristics are the most
widely used plant group [20]. Sedum sp. establish rapidly, provide good surface coverage and
are effective in decreasing storm water runoff while requiring low maintenance [21]. A
number of studies worldwide have investigated species alternative to Sedum, including bulbs
and grasses (e.g. in Germany [22]), small shrubs, grasses and ornamental perennials (e.g. in
Japan [23]), as well as species mixes that included succulents (e.g. in Canada, [24]) but only
two tested alternatives to <i>Sedum</i> in the UK climatic conditions [25, 26]. The focus of these

91	studies has been on ecological function, particularly species survival and growth rates. The
92	results showed that there were alternatives to Sedum in terms of good surface coverage and
93	providing protection from water runoff, but there was little emphasis on other ecosystem
94	services, including cooling potential.
95	
96	Since the priority for plant selection on extensive and semi-extensive green roofs has been
97	stress tolerance (with perhaps aesthetic quality being second), only limited attention has been
98	paid to a species' ability to provide cooling. Indeed, it had been suggested that Sedum and
99	other species currently used (and ones with similar morphological adaptations such as small /
100	narrow / succulent / hairy leaves with thick cuticle) are unlikely to offer substantial evapo-
101	transpirational (ETp) cooling, especially when the weather is hot and dry [27]. Furthermore,
102	reduced substrate moisture availability, frequently associated with green roofs, causes leaf
103	stomatal closure and a consequent warming of the leaf surface [28], but the extent of this
104	response is likely to differ between species. Depending on performance, some less stress
105	tolerant species may justify further investment required to support their establishment and
106	growth on roofs, by providing better cooling than 'traditional' green roof species. The
107	philosophy around plant selection should therefore change from solely 'what survives' to
108	'what provides the greatest ecosystem service' (i.e. cooling). This leads to three questions:
109	i. Are there species more effective than Sedum in regulating their own leaf temperatures
110	in hot weather?
111	ii. How does this relate to their ability to regulate air and surface (i.e. substrate)
112	temperatures adjacent to the plant?
113	iii. How would such species perform when conditions become sub-optimal, i.e. reduced
114	water availability?
115	

The aim of our research was to address these questions. By using a range of contrasting plant
types we wished to examine how leaf morphology influenced leaf temperature and how
decreasing substrate water availability (typically associated with green roofs in hot weather)
alters that response. Secondly, we wished to investigate the relationship between leaf surface
temperature and the temperature of the air immediately above the canopy (i.e. potential to
provide aerial cooling). The choice of height for measurements of air temperatures in our
experiment was driven by the hypothesis that differences in leaf temperatures could translate
in differences in air temperatures in the immediate vicinity of the plants; these could then be
utilised to influence positioning of air conditioning units within vegetation on a building
surface (e.g. lowering their energy consumption in a 'cooler' environment). Finally, a third
objective was to observe how plant type influenced the temperature of the substrate below the
canopy (i.e. potential for building cooling).

Due to its prevalence in practice we used a commercial *Sedum* mix matting in our experiments to act as an industry standard (control) system. In comparison, monocultures of three broad-leaved perennial plants: *Bergenia cordifolia, Hedera hibernica* and *Stachys byzantina* were used to compare their thermodynamics to that of the *Sedum* mix. We specifically chose broad-leaved species to test the hypothesis that these would have lower leaf temperatures and perhaps lower surrounding air or substrate temperatures; earlier studies have indicated that traits such as succulence, presence of leaf hairs etc. are involved in regulating leaf temperature [29]. We also selected candidate species to reflect different ecological backgrounds, on the basis that some e.g. *Stachys* (from a Mediterranean climate) may possess a degree of drought tolerance and hence perhaps be the most amenable to green roof culture, but at the same time are suitable for the UK climatic conditions [30].

141	2. Methods
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143	2.1. Plant material
144	
145	Three broad-leaved, perennial species: Bergenia cordifolia (large, waxy leaves), Hedera
146	hibernica (leaves with thick epidermis, providing good cover) and Stachys byzantina (leaves
147	with light-coloured hairs) were compared to Sedum sp. mix (small, succulent leaves) in
148	Experiment 1, with Stachys and or Sedum sp. mix used in subsequent experiments.
149	Sedum was purchased as a commercially used 'Environat' matting system (Q Lawns,
150	Hockwold, Norfolk, UK) and represented a random mix of Sedum album, S. spurium, S. acre
151	and S. sexangulare. Other plant species were purchased from a commercial nursery as 1-year
152	old plants in 250 ml containers.
153	
154	2.2. Experiment 1. The effect of species and water availability on leaf stomatal conductance,
155	leaf surface temperature and air temperature above the canopy (glasshouse conditions)
156	
157	2.2.1 Experimental set-up
158	On 3 June 2009, plants were planted into custom-made large containers (1.2 m (l) x 0.4 m (w)
159	x 0.4 m (h)) filled to a depth of 0.2 m with commercial intensive green roof substrate(Shire
160	Green Roof Substrates Ltd., Southwater, West Sussex, UK), to mimic a standard semi-
161	intensive green roof. The substrate had the following properties (as specified by the
162	manufacturers): $pH = 8.5$, total pore volume 49-60%, soil organic matter 9.2% and maximum
163	water holding capacity 33.5%.
164	There were six containers per species and an additional six with unplanted (bare) substrate.
165	Containers were organized in a randomised block design and located in a ventilated

166	glasshouse; where minimal / night temperatures never fell below 15 $^{\rm o}C$ and maximal /
167	daytime temperatures were in the range 22 – 37 °C, the RH in the compartment was around
168	30% during daytime and 70% during the night. Twenty eight plants per container of <i>Stachys</i>
169	and Bergenia and eight plants of Hedera per container were planted to achieve 90% of initial
170	ground coverage. Sedum mat, with the root barrier layer removed, was laid on top of the 0.2
171	m deep substrate.
172	
173	2.2.2. Watering treatments
174	At planting and daily until 9 June all containers were watered to container capacity; from 10
175	June 2009 until the end of the experiment 30 days later (10 July 2009) containers were either
176	watered to achieve soil moisture content (SMC) >0.25 m ³ m ⁻³ ('well-watered' treatment,
177	three containers per species/substrate) or <0.15 m ³ m ⁻³ ('under-watered'/'dry' treatment).
178	Preliminary experiments suggested that this SMC lead to stomatal closure and growth
179	reduction, without affecting plant survival. Hand-watering was performed in late afternoon,
180	daily or weekly, for 'well-watered' and 'dry' treatments, respectively.
181	
182	2.2.3. Plant and substrate measurements
183	Substrate moisture content was measured twice weekly using SM200 probe (Delta-T Devices
184	Ltd., Cambridge, UK) in five locations across the middle of the longer axis of each of the
185	containers, close to a plant. Measurements were made between 09:00 and 10:00 h (British
186	Summer Time, BST).
187	Leaf stomatal conductance to water vapour (g_s) was measured in all species apart from Sedum
188	(where the leaves were too small and thick for the instrument's chamber), twice weekly
189	between 10:00 and 15:00 h (BST) to follow SMC measurements, using AP4 porometer
190	(Delta-T Devices Ltd., Cambridge, UK) on seven randomly selected plants (two leaves per

plant) in each of the containers. Leaf stomatal conductance is measured as the rate of passage
of water vapour leaving a stomatal pore and is expressed in mmol m ⁻² s ⁻¹ .

Surface temperatures (plants and bare substrate) were measured by analysing Infra-Red
thermal images; the images were taken between 13:00 and 14:00 h (BST) at regular intervals
during the experiment to capture multiple days with similar and varying weather, using
Thermo Tracer TH7800 camera (NEC San-ei Instruments Ltd., Japan). Thermal images were
taken from the 30° angle with respect to the vertical and 1 m distance from the container edge
and from 1.2 m height in all cases; nine areas of 50 x 50 mm in the middle of each container
were analysed for their average temperature using the NS9200 Report Generator software
(NEC San-ei Instruments Ltd., Japan). Air temperature was measured at 30 min intervals at
fixed height 300 mm above the middle of the substrate surface for the duration of the
experiment using screened RHT2n sensors attached to a DL2e logger (Delta-T Devices Ltd.,
Cambridge, UK). The height of the sensor was dictated by the experimental design in
experiment 1, where the sensor was placed directly above the centre of the plant canopy and
100 mm above the height of the lip of the container the plants were grown in. This was
implemented to enable us to measure temperature at a fixed height above the ground, so that
we can compare absolute impact of the absence of vegetation / various types of vegetation
which inherently differs in canopy height. Preliminary evaluations indicated there was less
temporary fluctuation in temperatures at the 300 mm height when glasshouse doors or vents
were opened compared to higher positions; and lowering the sensors further, could result in
direct shading of a large proportion of the canopy. Prior to the start of measurements, in all
experiments, temperature sensors were compared by running them for 24 h in a controlled
environment room and found to be within $\leq 1\%$ error of each other.

216	2.3. Experiment 2. Comparisons between <i>Sedum</i> mix and <i>Stachys byzantina</i> : leaf surface
217	temperature and air temperature above the canopy (glasshouse conditions)
218	
219	On 1 June 2010, Stachys byzantina was planted and Sedum matting was laid into containers
220	and two watering regimes were imposed, as described for Experiment 1 (Section 2.2.2.).
221	There were 10 containers for each of the plant covers and an additional 10 containers with
222	unplanted substrate. The experiment ran for approx. 3 weeks from 3-23 June 2010 and
223	measurements of SMC, surface and air temperature were made as described for Experiment 1
224	(Section 2.2.3). Additionally, measurements of g_s were performed in both species with an
225	LCi portable open gas exchange system (ADC BioScientific Ltd., Hoddesdon, UK) with
226	ambient CO_2 concentration at $385 \pm 5 \text{ mm}^3 \text{ dm}^{-3}$. During measurements, photosynthetic
227	photon flux density was supplemented to a minimum of 1000 $\mu mol\ m^{2}\ s^{1}$ by an external (50
228	W, 12 V) halogen source. Measurements on seven plants per container (two leaves per plant)
229	were carried out between 10:00 and 15:00 h (BST).
230	
231	2.4. Experiment 3. Comparisons between Sedum mix and Stachys byzantina: leaf surface
232	temperature, air temperature above the canopy and ground surface cooling (outdoor
233	conditions)
234	
235	An outdoor experiment was set up at the University of Reading, UK. Six plots, each
236	measuring 2.2 m (l) x 2.2 m (w) x 0.1 m (d), were constructed at ground level using timber,
237	lined with polyethylene pond liner (0.75 mm thickness) and filled with John Innes No 2
238	substrate to 0.1 m depth. There were two plots for each of the surfaces: bare substrate,
239	Stachys byzantina and Sedum sp. matting. Vegetation was planted in September 2010 and by
240	the onset of the experiment (27 May 2011), plants covered 100% of the plot surfaces; bare

241	substrate was kept weed-free. Plots were rain-fed, but throughout the experiment the SMC
242	remained above $0.15~\text{m}^3~\text{m}^{-3}$. The experiment commenced on 27 May 2011 and terminated on
243	3 July 2011.
244	To increase the likelihood of detecting local air temperature differences outdoors, where there
245	is greater air mixing, screened temperature sensors RHT2n were placed at two heights on the
246	edge and in the centre of the plots. One sensor was placed in line with the plant canopy (20-
247	30mm above the soil surface) surface and another 100 mm above the canopy The larger
248	planted area in this experiment (4.84 m ²) compared to Experiment 1 (0.48m ²) enabled sensors
249	to be placed closer to the canopy than before, without affecting a proportionally large area of
250	the canopy through shade. Furthermore, in this experiment we were interested in using top of
251	the plant canopy, rather than the soil surface, as a 'reference point', to provide us with the
252	relative comparisons between plant species. Additionally, soil surface temperature beneath
253	the plants was measured by placing thermocouples (type Fenwal UUA32J2, in house
254	construction) 5 mm below the soil surface in the centre of all plots. Temperature was
255	measured at 5 s intervals and averaged every 10 min. Measurements of leaf surface
256	temperature were by thermal imaging as described for Experiment 1 (section 2.2.3).
257	Additionally, anemometer (A 100R, Skye Instruments Ltd., Llandrindod Wells, UK) was
258	placed in the centre of the experimental area to monitor wind velocity at the same time as
259	temperature readings were recorded.
260	Substrate moisture content was measured twice weekly using SM200 probe (Delta-T Devices
261	Ltd., Cambridge, UK) between 09:00 and 10:00 h (BST) in 12 locations evenly distributed
262	across every plot. Net total radiation (i.e. difference between incoming and outgoing/reflected
263	radiation) was measured on 3 June using net pyrradiometer CN1/919 (Middleton Solar,
264	Melbourne, Australia) attached to DT 500 Datataker logger (Omni Instruments, Dundee,
265	UK). The measurements were made between 11:30 and 12:30 h (BST), logging every 30 s for

266	15 minutes, 300 mm above one plot per each of the surfaces (bare soil, <i>Sedum</i> mix and
267	Stachys). During the same time period we recorded the surface temperatures of the surfaces
268	where net radiation measurements were made using the methodology described in Section
269	2.2.3.
270	Leaf area index (LAI) was measured at the end of the experiment by dividing the leaf area of
271	Stachys and Sedum (measured with Area Meter, Delta-T Devices Ltd., Cambridge, UK) by
272	the surface area from which the leaves were sampled (three samples per plot). For the
273	proportion of non-flat Sedum leaves (S. album and S. sexangulare) LAI was adjusted by
274	multiplying by $k = 0.5$, as suggested by Chen and Black [31].
275	
276	2.5. Experiment 4. The role of leaf hairs in <i>Stachys byzantina</i> in regulating leaf temperature
277	(controlled environment cabinet)
278	Leaf hairs were removed on 21 March 2010 from both ab- and adaxial surfaces on ten young
279	fully expanded Stachys leaves from three containerised plants grown in the glasshouse, using
280	an electrical hair trimmer (D.D., Wahl, UK). The effectiveness of hair removal was measured
281	under the light microscope using five additional leaves per treatment; on average unshaved
282	leaf hairs were 2.19 mm long and the shaved ones were significantly shorter at 0.47 mm
283	(LSD = 0.138 mm). Three days after shaving, ten 'shaved' leaves along with ten unshaved
284	('control') leaves were excised under water and placed immediately and into 25 ml conical
285	flasks with 10 ml water [32]. Vials with individual leaves were weighed and thermal images
286	of the leaves were taken; vials were then placed in the controlled environment cabinets for 24
287	h (temperature 22 °C, 50% RH, light supplemented at 550 µmol m ⁻² s ⁻¹) and weighing and
288	imaging procedure repeated 2, 4, 6, 8 and 24 h after the start of the experiment. Leaf stomatal
289	conductance (five leaves per treatment @ 2, 4, 6, 8 and 24 h after the start of the experiment)

290	and individual leaf areas (at the end of the experiment) were measured as described for
291	Experiments 2 (Section 2.3) and 3 (Section 2.4), respectively.
292	
293	2.6. Statistical analysis
294	Data were analysed using GenStat (11 th Edition, Lawes Agricultural Trust, Rothamsted
295	Experimental Station, UK). Analysis of variance (ANOVA) was used to assess the effects of
296	different watering regimes and the plant species/surface on measured parameters; variance
297	levels were checked for homogeneity and values were presented as means with associated
298	least significant differences (LSD, $P = 0.05$).
299	
300	3. Results
301	
302	3.1. Experiment 1. The effect of species and water availability on leaf stomatal conductance,
303	leaf surface temperature and air temperature above the canopy (glasshouse conditions)
304	From day 4 of the experiment, significant differences in SMC were apparent between the
305	'well- watered' and 'dry' treatment plants and from day 10 the SMC was consistently at, or
306	below, 0.15 m ³ m ⁻³ in the 'dry' treatment (data not shown). Within both 'well- watered' and
307	'dry' plants, SMC was similar between Stachys, Hedera and Bergenia and always higher in
308	those three species than in Sedum (data not shown).
309	Leaf stomatal conductance (g_s) was consistently lower in the 'dry' treatment from day 14. In
310	'well-watered' plants average g_s values were 233.1 mmol m ⁻² s ⁻¹ for <i>Stachys</i> , 220.1 mmol m ⁻²
311	s ⁻¹ for <i>Hedera</i> and 217.0 mmol m ⁻² s ⁻¹ for <i>Bergenia</i> . Conversely, in the 'dry' treatment the
312	overall averages were 147. mmol m ⁻² s ⁻¹ for <i>Stachys</i> ; 98.8 mmol m ⁻² s ⁻¹ for <i>Hedera</i> and 66.4
313	mmol m ⁻² s ⁻¹ for <i>Bergenia</i> .

314	When measured on the hottest days, Stachys consistently had the lowest leaf surface
315	temperature amongst all species, both under 'well- watered' and 'dry' regimes (e.g. see data
316	for early afternoon measurement on 3 July 2009, Day 24 of the experiment, Fig. 1). All other
317	species had similar leaf surface temperatures when they were well watered (Fig. 1). In the
318	'dry' treatment the following order of surface temperatures was recorded on 3 July: bare
319	substrate > <i>Hedera</i> = <i>Sedum</i> > <i>Bergenia</i> > <i>Stachys</i> (Fig. 1). There was no significant
320	difference in leaf surface temperature between 'well- watered' and 'dry' Stachys (26.5 °C vs
321	27.2 °C, respectively, LSD = 1.25 °C). All other surfaces associated with the 'dry' regime
322	were warmer than those 'well-watered' (Fig. 1). Air temperature in the glasshouse
323	compartment at the time when leaf temperatures were measured on 3 July was 30.7 $^{\circ}$ C.
324	In terms of air temperatures above various surfaces we were only able to establish treatment /
325	species differences on hottest days (air $T_{max} > 32$ °C) and only during early afternoons (12:00
326	– 16:00 h). Air temperatures were lowest above <i>Stachys</i> grown in 'well-watered' treatment
327	and above <i>Sedum</i> in the 'dry' regime (Table 1).
328	
329	3.2. Experiment 2. Comparisons between Sedum mix and Stachys byzantina; leaf surface
330	temperature and air temperature above the canopy (glasshouse conditions)
331	In this experiment, there was a difference in SMC between 'well- watered' and 'dry'
332	treatments in both plant species and on bare substrate from Day 4 of the experiment (Fig. 2).
333	Well-watered Stachys and bare substrate SMC was maintained, on average, at least at 0.3 m ³
334	m ⁻³ , and <i>Sedum</i> at 0.2 m ³ m ⁻³ (Fig 2). In the 'dry' treatment, <i>Stachys</i> was maintained at
335	around 0.15 m ³ m ⁻³ and <i>Sedum</i> and bare substrate below 0.10 m ³ m ⁻³ (Fig. 2).
336	Leaf stomatal conductance was significantly lower in plants within the 'dry' treatment
337	compared to the 'well-watered' treatment from day 9 in <i>Stachys</i> and Day 16 in <i>Sedum</i> (Fig.
338	3). This was accompanied by the decrease in the instantaneous evaporation (E) in these

339	species during the same period (data not snown). Over the course of the experiment reducing
340	irrigation decreased g_s by 40% (Stachys) and 50% (Sedum) (Fig. 3).
341	As in Year 1, leaf temperatures in Stachys on the hottest days (i.e. maximal daytime
342	temperature > 30 °C) were similar in 'well- watered' and 'under-watered' plants (27.8 vs 28.3
343	°C) and lower in <i>Stachys</i> than in any other surface/watering combination (Fig. 4). Surface
344	temperatures were also higher in 'dry' substrate and Sedum compared to the 'well-watered'
345	equivalents (Fig. 4).
346	Significant differences in air temperatures above the surfaces were only detected on the
347	hottest day of the experiment (21 June 2010, maximal daytime temperature in the glasshouse
348	compartment was 31.5 °C) and only during early afternoon (12-16 h); air temperatures were
349	lowest above 'well-watered' Stachys (Table 2).
350	
351	3.3. Experiment 3. Comparisons between Sedum mix and Stachys byzantina: leaf surface
352	temperature, air temperature above the canopy and ground surface cooling (outdoor
353	conditions)
354	
355	During the outdoor experiment in June 2011 there was extensive cloud cover on many of the
356	days over which the experiment was conducted. According to data from sensors on the
357	experimental site and information from University of Reading's weather station, there were
358	only two days (3 rd and 4 th June) where full sunlight, low wind speeds and warm temperatures
359	(20-25 °C daytime, 10-15 °C nightie) were consistently recorded (i.e. > 12 hours sunlight).
360	Surface temperatures of plants and substrate outdoors showed identical patterns to that in
361	glasshouse Experiments 1 and 2. For example, during the warmest day of the experiment (4
362	June 2011, Day 8 of the experiment, air $T_{max} = 25.6$ °C), temperatures were highest in the
363	bare substrate, followed by Sedum and lowest in Stachys; this was confirmed by both thermal

imaging and temperature sensors (data not shown). We found significant differences in soil
temperatures during the warmest part of the day (12 – 16 h). Soil underneath <i>Stachys</i> was
over 11 °C cooler than soil under <i>Sedum</i> , which was also almost 3 °C cooler than bare
substrate in the period $12 - 16 h$ (Table 3). In the same period, air temperatures $100 mm$
above Stachys and Sedum were similar (24.8 and 25.1 °C on average, respectively), but both
were significantly lower than over bare substrate (25.9 °C) (Table 3). Significant differences
in air temperature above the two plant canopies were observed, however, on other warm
days, but only during shorter intervals (e.g. 24.1 °C vs 25.0 °C for Stachys and Sedum
respectively, between 12:30 and 13:30 on 3 June, LSD = 0.57 °C, F pr. = 0.002). In terms of
the night time air temperatures, there was no difference between the surfaces (data not
shown). Night time soil temperatures, however, were about 1 °C warmer underneath <i>Stachys</i>
compared with <i>Sedum</i> and bare soil (14.6, 14.0 and 13.7 °C, respectively, LSD = 0.47 °C, d.f.
= 293) between 3 and 4 June, but not during 4 and 5 June (data not shown).
Net radiation was highest above bare soil (665.1 W m ⁻²) followed by that over <i>Sedum</i> mix
(552.7 W m^{-2}) and lowest over <i>Stachys</i> $(523.6 \text{ W m}^{-2}, \text{LSD} = 13.55 \text{ W m}^{-2})$, indicating that
Stachys was reflecting back more of the incoming radiation. Leaf area indices were similar in
Sedum mix and Stachys (2.29 vs 2.30, respectively).
3.4. Experiment 4. The role of leaf hairs in <i>Stachys byzantina</i> in regulating leaf temperature
(controlled environment cabinet)
Results of the 24 h controlled environment experiment measuring the impact of hair removal
on leaf temperature in Stachys showed that leaf temperature was consistently significantly
higher in shaved leaves, compared with controls (hairs left intact) (e.g. at 24 h, 23.3 °C
control vs 23.9 °C in shaved leaves, LSD = 0.21 °C). These temperature differences,

389	however, were not matched by statistically significant differences in volume of water lost
390	over 24 h (3.3 kg m ⁻² control compared to 4.3 kg m ⁻² shaved, LSD 2.68 kg m ⁻²) or g_s (e.g. at 4
391	h, $0.227 \text{ mmol m}^{-2} \text{ s}^{-1} \text{ control vs } 0.192 \text{ mmol m}^{-2} \text{ s}^{-1} \text{ shaved leaves, LSD} = 0.0479 \text{ mmol m}^{-2}$
392	s ⁻¹).
393	
394	4. Discussion
395	
396	Differences in leaf temperatures between species were apparently strongly linked to
397	differences in leaf morphology and physiology of the species being tested. Stachys byzantina
398	retained the lowest leaf surface temperature when exposed to high air temperatures on clear,
399	sunny days (Figure 1). Furthermore, Stachys was the only species where water deficiency did
400	not significantly increase leaf temperature, with temperature differences being $< 0.7 ^{\circ}\mathrm{C}$
401	between 'well- watered' and 'under-watered' plants, despite very large differences in
402	substrate moisture content and leaf stomatal conductance. In contrast, the level of irrigation
403	supplied to other species such as Sedum and Hedera strongly influenced leaf surface
404	temperature, with leaves of plants exposed to the drier regime being as much as $4.5^{\circ}\mathrm{C}$
405	warmer than those of 'well-watered' plants.
406	
407	Temperatures of bare, unplanted, substrate were also significantly affected by moisture
408	content, with 'well-watered' substrates always having lower surface temperature than those
409	where irrigation had been restricted, clearly demonstrating the cooling influence of
410	evaporation alone. The ability for plants to provide additional surface cooling again appeared
411	to be influenced by species choice. Leaf surface temperatures of Stachys plants held under
412	'well-watered' conditions were lower than the surface temperatures of damp bare substrate
413	(Figures 1 and 4). Similarly, 'well-watered' <i>Sedum</i> was also cooler than the watered bare

414	substrate in Experiment 3 (Figure 4), but surface temperatures of <i>Bergenia</i> and <i>Hedera</i> were
415	little different from that of damp bare substrate (Figure 1). Under the 'dry' conditions,
416	however, leaf temperatures were always lower than those of the bare substrate.
417	
418	The relationship between surface temperatures and the air temperature recorded 300 mm
419	above the substrate within the glasshouse environment was more complex. During
420	particularly warm periods, lowest air temperatures were measured above Stachys canopy, but
421	only when the plants were 'well-watered' (Tables 1 and 2). Air temperatures above 'dry'
422	Stachys could be relatively high; note the 7 °C difference between leaf and air temperature
423	with this treatment in Experiment 1 (compare Figure 1 and Table 1 data). Overall, there were
424	poor correlations between leaf / substrate surface temperatures and air temperatures above the
425	plots. The relatively small plot sizes and the close proximity of the different treatments and
426	subsequent air mixing may partially explain the variability that accounted for this. Although
427	we specifically chose the semi-protected character of the glasshouse to reduce air movement
428	and mixing, there may still have been interference due to thermal gradients associated with
429	the structure of the glasshouse, concrete floors, metal framework etc., as well as neighbouring
430	treatments. In this experiment we also specifically chose to measure temperature at set
431	heights above the substrate, not the plant canopies, and the latter were themselves variable
432	even within a monoculture of the one species. Although we raised the height of the sensors to
433	account for this (100mm above the highest plants), this may have predisposed the sensors to
434	other interfering effects (i.e. greater air movement across the top of the containers, rather than
435	within them). Outdoors, at 100 mm above ground and over longer averages (e.g. between
436	12:00 and 16:00 h over two experimental plots) we only detected significant differences in air
437	temperature between vegetation and bare soil, and not between Stachys and Sedum (although
438	the difference was only borderline statistically insignificant). This difference between

vegetated vs non-vegetated (instead of the species difference) was measured consistently
during the experiment and in various types of weather. Over shorter intervals on hottest days,
however, we found occasional periods when air over Stachys was cooler than over Sedum and
we argue that this difference may become important in the scenarios of prolonged hot
weather. Even with larger plots, Kjelgren and Montague [33] failed to show any difference in
air temperature above two neighbouring areas of grass and asphalt outdoors, due apparently
to their close proximity and air mixing (height of measurement was not reported). Other
reports though, have detected differences in air temperature above low growing vegetation
and hard surfaced areas when measuring at 1 to 2 m above ground level [15, 16]. Clearly, the
contribution of low growing vegetation to wider aerial cooling effects requires further
investigation (especially with respect to air mixing and convection, e.g. [34]), with perhaps
effects of vegetated vs non-vegetated areas being more noteworthy than any subtleties due to
plant species choice. Nevertheless, plant selection may be more critical at the smaller scale,
especially within a few centimetres of the building envelope (where air mixing may be more
limited due to parapets, ridge tiles or other structural features), as well as being used to
improve the efficiency of mechanical air conditioning units through localized cooling [35].
Future work needs to account for confounded factors associated with air movement even a
very local levels, however, and more systematic use of sensors placed at discrete distances
from the transpiring leaves may be required to determine the 'zone of cooling influence'
before air mixing etc. dilutes any effect.
Of the species we tested, Stachys had the greatest capacity for regulating its own temperature
and keeping its leaves cool. It retained the lowest surface temperature even when soil

and keeping its leaves cool. It retained the lowest surface temperature even when soil moisture became limited and stomata closed. In the controlled environments utilised in Experiment 4 it was evident that retaining hairs on the leaves of *Stachys* reduced the amount

of infra-red radiation emitted from the leaf (i.e. the leaves appeared cooler), compared to
those leaves where the hairs were trimmed. This cooling conferred by the leaf hairs may be
related to light hair colour reflecting or refracting more incoming irradiance [36], and appears
to be supported by lower net-radiation values over Stachys which we measured in our
experiment. The presence of hairs on leaves has been cited as a mechanism to reduce
moisture loss from the leaf surface [37] and / or protect tissues from excessive irradiance,
particularly UV wavelengths [38, 39]. In our experiment, although shaved leaves of Stachys
lost more water than unshaved ones, differences in moisture loss were not significant. The
fact that surface temperatures were significantly different though, may suggest that the
predominant role for <i>Stachys</i> hairs is to reduce the intensity of incoming irradiance, provide
higher reflectance / albedo and avoid direct heat stress, perhaps with any capacity to trap
moisture as only a secondary role. Despite the phenomena of being able to lower its leaf
temperature irrespective of the irrigation level applied, the ability for <i>Stachys</i> to maximise air
cooling was still strongly dependant on moisture being available and water transpiring
through its leaves: greatest air cooling corresponding to the presence of the Stachys canopy
combined with the stomata being open.

The final component we were interested in was the impact of vegetation type on the substrate temperature below the leaf canopy. It is widely acknowledged that the presence of vegetation lowers soil temperatures during the day and, in the case of green roofs, reduces the temperatures of the roof membrane (e.g. [40]) and the building interior underneath the roof (e. g. [18]). However, these measurements are usually made in model scenarios and species (*Sedum*, turf) and the understanding of how different plant species impact on surface and building temperatures is limited [16, 23, 41]. Measurements of temperatures underneath plant canopies of six species showed that the presence of closed canopies (as opposed to sparser,

more open canopies) [16] and higher leaf area index [10] was associated with lower surface
temperatures during the day. In another study, <i>Petunia</i> coverage reduced soil temperature
more than Hedera [23], but the specifics of the mechanism have not been elucidated. In our
study, we again observed the most positive results with Stachys, with substrate temperatures
below the <i>Stachys</i> canopy being >11 °C lower than under <i>Sedum</i> during the warmest periods
(Table 3). Extra shading did not appear to account for this, as the LAI of the two species were
similar. The presence of leaf hairs which would act to increase energy reflectance from
Stachys' leaves, in addition to evapotranspiration, appears to be important for the regulation
of temperature by this plant species. The night time temperatures of the substrate underneath
the Stachys were only 1 °C higher than that of the bare substrate and Sedum, while the
daytime differences were – as already discussed - much larger. We feel therefore that the
overall benefit is in using <i>Stachys</i> . Additionally, if the thermal load onto the building during
the day is decreased and reflection increased (as it appears to with <i>Stachys</i>) the night time
thermal discomfort of the building residents underneath this roof, on balance, will be smaller.
Our experiments explore the concepts and general principles that differences in plant
structure and function, which affect plants' regulation of own temperature, can impact the air
and surface temperatures. These concepts now have to be validated by further, more applied,
field studies. Similarly, more research is required to investigate the impacts of localized
cooling on the leaf, substrate surface, immediate air volume etc. on large, city scale effects.
Many urban climate models tend to represent vegetation very simply (see [42]) or define it in
broad terms; 'grass' / 'trees' with little precision based on species, albedo characteristics or
indeed the impacts of a range of environmental factors that influence stomatal behaviour
either directly (irradiance, atmospheric CO ₂ , O ₃ , humidity, leaf temperature, soil moisture

availability,[43]) or indirectly (hormonal and hydraulic signalling, [44]). The data presented

here demonstrate that variations in plant phenotype and physiological adaptions within a range of low-growing species can influence cooling effects on leaf, substrate and by inference, building surfaces, if not always consistently and categorically on air temperatures.

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5. Conclusions

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We advocate that the choice of plant species on green roofs should *not* be entirely dictated by what survives on the shallow substrates of extensive systems, but consideration should be given for supporting those species that provide the greatest eco-system service potential. This includes, perhaps, justifying the additional expense associated with providing a deeper substrate (such as a semi-extensive system) or even supplementary irrigation from a sustainable source. In this study Stachys outperformed the other species under test in terms of leaf surface cooling, cooling the substrate beneath its canopy and even - during short intervals over hottest still periods - the air above the canopy, when soil moisture was not limited. The fact we measured air temperature differences between the species only during the hottest periods of the experiment may be an important point: it suggests that in many cases either vegetation type is fine, but when temperatures begin to peak (and, potentially, the UHI events start to become significant) there is an advantage with Stachys. This is particularly in respect to lowering air temperatures around the building envelope thus potentially reducing cooling demand and decreasing temperatures around air conditioning units, thereby lowering energy consumption. Stachys is unlikely to be as resilient as Sedum in terms of survival in the mostdroughty, extensive, green roofs (e.g. 50-100 mm deep), but is a drought-adapted species in its own right, capable of survival and persistence without additional irrigation in semiextensive (200 mm depth) systems within Northern Europe [20]. Nevertheless, we are continuing to investigate the sustainable irrigation regimes/systems to support the growth of

539	such species to help support them under more extreme climates and to understand potential
540	economic impacts of choosing them (i.e. cooling cost reduction vs increased irrigation and
541	maintenance costs). We are also focusing on the importance of leaf colour and
542	thickness/morphology in the energy balance of leaves and the surrounding surfaces. Our
543	future work will incorporate biological and modelling approaches to provide answers about
544	which biological traits, and through what mechanisms, provide the greatest benefits in a more
545	applied context.
546	
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553	
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664	Figure legends
665	
666	Figure 1. Mean surface temperature (°C) of bare substrate and plant leaves on July 3, 2009
667	(Day 24 of the Experiment 1). Vertical bars are mean of nine temperature measurements per
668	container and three containers per plant species/surface, a line represents associated LSD
669	$(1.25 {}^{\circ}\text{C}, \text{d.f.} = 258)$. Measurements were made between 13 and 14 h.
670	
671	Figure 2. Substrate moisture content (m ³ m ⁻³) of 'well- watered'/ 'wet' and 'under-watered'/
672	'dry' Sedum, Stachys byzantina and bare substrate in Experiment 2 (in 2010). Data are mean
673	of 5 measurements per container and three containers per plant species/surface, a line
674	represents associated LSD. Measurements were made between 9 and 10 h.
675	
676	Figure 3. Leaf stomatal conductance to water vapour (g_s) 'well- watered'/ 'wet' and 'under-
677	watered'/ 'dry' Sedum and Stachys byzantina in Experiment 2 (in 2010). Data are mean of 14
678	measurements per container and three containers per plant species/surface; thick and thin
679	lines represent LSDs associated with Stachys and Sedum, respectively. Measurements were
680	made between 10 and 15 h.
681	
682	Figure 4. Mean surface temperature (°C) of bare substrate and plant leaves on June 16, 17 and
683	21 2010 (Days 14, 15, and 19 of the Experiment 2). Vertical bars are mean of nine
684	temperature measurements per container and five containers per plant species/surface, a line
685	represents associated LSD (1.35 $^{\circ}$ C, d.f. = 809). Measurements were made between 13 and 14
686	h.

687	List of tables
886	
689	Table 1. Average air temperature (°C) at fixed height, 300 mm above the substrate level, on
690	two hottest days of the Experiment 1 (27 and 30 June 2009, Days 16 and 19 of the
691	experiment) between 12 and 16 h. Data are mean of sixteen measurements per species/surface
692	and ranked lowest to highest (LSD = 1.61° C, d.f. = 159). The means followed by a different
693	letter are statistically significantly different.
694	
695	Table 2. Average air temperature (°C) at fixed height, 300 mm above the substrate level, on
696	the hottest day of the Experiment 2 (21 June 2010, Day 19 of the experiment) between 12 and
697	16 h. Data are mean of sixteen measurements per species/surface and ranked lowest to
698	highest (LSD = 0.758 °C, d.f. = 95). The means followed by a different letter are statistically
699	significantly different.
700	
701	Table 3. Average soil and air (100 mm above the substrate level, sensor in the centre of the
702	plot) temperatures (°C) associated with different surfaces on the hottest day of the
703	Experiment 3 (4 June 2011, Day 8 of the experiment) between 12 and 16 h. Data are mean of
704	fifty measurements per species/surface and ranked lowest to highest (LSDs are given in the
705	table separately for soil and air temperatures, d.f. = 149). The means followed by a different
706	letter are statistically significantly different.
707	

Species/Treatment	Air temperature (°C)	
Stachys wet	32.2 a	
Sedum dry	32.5 ab	
Substrate wet	32.8 abc	
Hedera wet	33.4 abc	
Substrate dry	33.9 bc	
Sedum wet	34.0 bc	
Bergenia wet	34.1 bc	
Bergenia dry	34.2 c	
Stachys dry	34.4 c	
Hedera dry	34.4 c	
LSD (d.f.)	1.61 (159)	All y

Species/Treatment	Air temperature (°C)	
Stachys wet	33.4 a	
Substrate wet	33.7 ab	
Sedum wet	34.0 ab	
Stachys dry	34.1 ab	
Sedum dry	34.3 bc	
Substrate dry	35.0 c	
LSD (d.f.)	0.76 (95)	

Species/surface	Soil	Air
	temperature	temperature
	(°C)	(°C) @ 100
		mm
Stachys	22.2a	24.8a
byzantine		
Sedum mix	34.2b	25.1a
Bare substrate	37.1c	25.9b
LSD (d.f.)	1.09 (149)	0.32 (149)







