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**Size and Molecular Flexibility affect the Binding of Ellagitannins to Bovine Serum Albumin**

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1 **ABSTRACT:** Binding to bovine serum albumin of monomeric (vescalagin and  
2 pedunculagin) and dimeric ellagitannins (roburin A, oenothien B and gemin A) was  
3 investigated by isothermal titration calorimetry and fluorescence spectroscopy, which  
4 indicated two types of binding sites. Stronger and more specific sites exhibited  
5 affinity constants,  $K_1$ , of  $10^4$  to  $10^6$   $M^{-1}$  and stoichiometries,  $n_1$ , of 2 to 13 and  
6 dominated at low tannin concentrations. Weaker and less-specific binding sites had  $K_2$   
7 -constants of  $10^3$  to  $10^5$   $M^{-1}$  and stoichiometries,  $n_2$ , of 16 to 30, and dominated at  
8 higher tannin concentrations. Binding to stronger sites appeared dependent on tannin  
9 flexibility and presence of free galloyl groups. Positive entropies for all but gemin A  
10 indicated that hydrophobic interactions dominated during complexation. This was  
11 supported by an exponential relationship between the affinity,  $K_1$ , and the modeled,  
12 hydrophobic accessible surface area and by a linear relationship between  $K_1$  and the  
13 Stern-Volmer quenching constant,  $K_{SV}$ .

14

15 **KEYWORDS:** *ellagitannins, isothermal titration calorimetry, fluorescence,*  
16 *molecular flexibility, molecular size, hydrophobic accessible surface area*

17

18

19 **INTRODUCTION**

20 Many plants, herbal drugs and foods contain not only the widely-studied condensed  
21 tannins but also ellagitannins (ETs).<sup>1,2</sup> In fact, ellagitannins are much more common  
22 than previously recognized (Salminen – unpublished data). We consume ellagitannins  
23 in nuts, berries, fruit juices and wines<sup>3</sup> and interest is growing in the medicinal and  
24 health effects of these polyphenols.<sup>3-8</sup>

25

26 Dietary polyphenols may prevent diseases through their ability to quench free  
27 radicals, which are generated under oxidative stress.<sup>3</sup> Whilst ETs that contain  
28 hexahydroxydiphenoyl (HHDP) groups are rapidly metabolized into ellagic acid and  
29 urolithins after consumption, C-glucosidic ETs contain a nonahydroxytriphenoyl  
30 (NHTP) group and are difficult to hydrolyse.<sup>5</sup> Pedunculagin and gemin A are  
31 examples of HHDP-containing ETs and vescalagin and roburin A contain NHTP  
32 group(s) (Figure 1). Many ETs have high water solubility and surprisingly high  
33 bioavailability.<sup>9</sup> They are also capable of interacting with various molecular targets  
34 that affect signaling pathways<sup>10</sup> and can inhibit tumor promotion.<sup>11</sup> For example  
35 vescalagin enters cells rapidly,<sup>4</sup> strongly inhibits DNA topoisomerase<sup>12-14</sup> and  
36 interacts selectively with actin filaments.<sup>5</sup> Oenothain B is one of the most active ETs  
37 in terms of host-mediated antitumor activity and generates an immune response by  
38 stimulating interleukin 1 production.<sup>1</sup> Oenothain B and ET metabolites such as ellagic  
39 acid and urolithins can also influence histone acetylation/deacetylation and thus  
40 inflammatory responses,<sup>15</sup> which play an important role in the development of age-  
41 related diseases.

42

43 These and many other examples illustrate that tannins are not just non-specific  
44 protein-precipitating agents but can also be involved in specific<sup>16</sup> and targeted  
45 interactions with certain amino acids.<sup>17</sup> Tannin-protein interactions have been  
46 investigated by a wide range of physico-chemical techniques and were summarized  
47 previously.<sup>5,18,19</sup> These included competitive binding assays, NMR spectroscopy,  
48 circular dichroism, mass spectrometry, infra-red spectroscopy, dynamic light  
49 scattering, small angle X-ray scattering, transmission electron microscopy,  
50 equilibrium dialysis, nephelometry, calorimetry, fluorescent quenching, ion  
51 mobility,<sup>20</sup> and surface plasmon resonance.<sup>21</sup> Isothermal titration calorimetry (ITC)  
52 provides information not only on thermodynamic parameters and the strengths of the  
53 tannin-protein interaction but also on the stoichiometry of the resulting complex.  
54 Other work has shown that both hydrophobic effects<sup>5</sup> and hydrogen bonding are  
55 involved.<sup>16,22</sup> Which of these is the dominant factor depends on the precise  
56 polyphenol/protein interactions and experimental conditions.<sup>5,23</sup> Both the flexibility  
57 and size of the tannins and proteins appear to affect these interactions.<sup>16,24,25</sup> When  
58 gallotannin (GT)- and ET-binding to gelatin and BSA were compared, it was found  
59 that equilibrium binding constants for flexible GTs with the globular BSA were  
60 between  $10^4$  to  $10^5$   $M^{-1}$  and for ETs interacting with the highly flexible gelatin these  
61 were ca.  $10^6$   $M^{-1}$ .<sup>19</sup>  
62  
63 ETs are unique amongst tannins as i) they can be isolated as pure compounds (unlike  
64 most condensed tannins, which tend to be obtained as closely related mixtures); ii)  
65 they possess a wide range of molecular flexibilities (in contrast to gallotannins or  
66 condensed tannins); and iii) their water solubilities are inversely correlated to their  
67 protein precipitation capacities.<sup>9</sup> ETs, therefore, offer an opportunity for investigating

68 the relative importance of molecular flexibility and size within a series of matched  
69 tannin compounds.

70

71 We chose two monomeric and three dimeric ETs that differ in molecular flexibility  
72 (i.e. their bond rotational flexibility) and water solubility. Vescalagin and its dimer,  
73 roburin A, represent ETs with NHTP groups that are linked to an acyclic glucose.  
74 They are consumed in wine that has been stored in oak barrels. Walnuts are a rich  
75 source of pedunculagin, which represents ETs with HHDP groups and a cyclic  
76 glucose. The dimers, oenothin B and gemin A can be found in several European and  
77 Japanese herbal medicines<sup>1,26</sup> and differ in their molecular flexibilities. The water  
78 solubilities of these ETs decrease in the following order: vescalagin > pedunculagin  $\approx$   
79 roburin A > oenothin B > gemin A.<sup>9</sup>

80

81 The present study investigated the effects of flexibility and size on the  
82 thermodynamics of the ET-protein interaction using isothermal titration calorimetry  
83 and fluorescence spectroscopy to probe their interaction mechanisms and binding  
84 sites. We choose bovine serum albumin (BSA) as the protein-binding partner for two  
85 reasons. Firstly, BSA is a widely used model for globular proteins such as Rubisco,  
86 which is a major dietary protein.<sup>27,28</sup> Recent studies have shown that the binding  
87 affinity in tannin-protein complexes was negatively correlated with digestibility.<sup>29-31</sup>  
88 Secondly, albumins are involved in transporting dietary polyphenols<sup>32,33</sup> and drugs to  
89 their molecular targets,<sup>34,35</sup> and exhibit a large sequence homology, *e.g.* 76% in the  
90 case of BSA and human serum albumin.<sup>36</sup> It is, therefore, important to understand  
91 how ellagitannins interact with globular proteins, as this may also impact on protein-  
92 drug interactions in the digestive tract and in the blood plasma.<sup>35</sup>

93

## 94 MATERIALS AND METHODS

95 **Ellagitannins.** Two monomeric ellagitannins (pedunculagin and vescalagin) and three  
96 dimeric ellagitannins (oenothien B, roburin A and gemin A) were extracted from  
97 plants and purified as described previously.<sup>37</sup>

98

99 **Isothermal Titration Calorimetry.** Titrations of BSA (purity  $\geq 99\%$ , essentially  
100 globulin free, 66 kDa; Sigma, Poole, Dorset, U.K.) with ellagitannins were performed  
101 using a NanoITC instrument (TA Instruments Ltd., Crawley, West Sussex, U.K.) as  
102 described previously<sup>19,28</sup> with few adaptations. All solutions were prepared in 50 mM  
103 citrate buffer at pH 6 and were degassed under vacuum prior to use. In a typical  
104 experiment, buffered BSA solution (20  $\mu\text{M}$ ) was placed in the 950  $\mu\text{L}$  sample cell of  
105 the calorimeter and buffered ellagitannin solution (3  $\text{mg mL}^{-1}$ ) was loaded into the  
106 injection syringe. Ellagitannin was titrated into the sample cell at 298 K as a sequence  
107 of 24 injections of 10  $\mu\text{L}$  aliquots for monomeric ellagitannins (pedunculagin and  
108 vescalagin) and 48 injections of 10  $\mu\text{L}$  aliquots for dimeric ellagitannins (oenothien B,  
109 roburin A and gemin A). The time delay (to allow equilibration) between successive  
110 injections was 360 s. The contents of the sample cell were stirred throughout the  
111 experiment to ensure thorough mixing.

112

113 Raw data were obtained as plots of heat ( $\mu\text{J}$ ) against injection number and featured a  
114 series of peaks for each injection. These raw data peaks were transformed using the  
115 instrument software to obtain a plot of observed enthalpy change per mole of injectant  
116 ( $\Delta H_{\text{obs}}$ ,  $\text{kJ mol}^{-1}$ ) against molar ratio (see ITC Data Analysis).

117



118 Control experiments included the titration of buffered ellagitannin solutions into  
119 buffer, buffer into BSA and buffer into buffer; controls were repeated for each BSA  
120 concentration. Control experiments of buffer titrated into buffer or protein solutions  
121 both resulted in small and equal enthalpy changes for each successive injection of  
122 buffer and, therefore, were not further considered in the data analysis.<sup>38</sup> Experimental  
123 data were analyzed after subtraction of the tannin into buffer control data from the  
124 sample data. Ellagitannin molecules tend to self-associate into aggregates due to  
125 hydrophobic groups; therefore, when injected from the syringe into buffer the  
126 ellagitannin molecules undergo an endothermic process of deaggregation, analogous  
127 to surfactant demicellization.<sup>39</sup> The extent of deaggregation depends inversely on the  
128 concentration of ellagitannin already present in the sample cell; therefore, successive  
129 injections of ellagitannin into buffer lead to the observation of progressively lower  
130 endothermic enthalpy changes as has been illustrated in earlier work.<sup>39</sup> The data are  
131 shown after subtraction of the effects of ellagitannin deaggregation, which means that  
132 the assumption is made that ellagitannins dissociate prior to binding.

133

134 **ITC Data Analysis.** Estimated binding parameters were obtained from ITC data  
135 using the Bindworks™ (Version 3.1.13, Applied Thermodynamics, Hunt Valley, MD,  
136 U.S.A.) data analysis program. Data fits were obtained using a model for two  
137 independent sets of multiple binding sites. For this model, the analytical solution for  
138 the total heat measured ( $Q$ ) is determined by the formula:

$$139 \quad Q = V[M] \left\{ \frac{n_1 \Delta H_1 K_1 [L]}{1 + K_1 [L]} + \frac{n_2 \Delta H_2 K_2 [L]}{1 + K_2 [L]} \right\} \quad (\text{Equation 1})$$

140 where  $n_1$  and  $n_2$  are the molar ratios of interacting species,  $\Delta H_1$  and  $\Delta H_2$  are the  
141 enthalpies, and  $K_1$  and  $K_2$  are the equilibrium binding constants (*syn.* affinity

142 constants) for each of the two sets of multiple binding sites.<sup>40</sup> The quality of fit was  
143 determined by calculation of  $\chi^2$ ; the data fits were acceptable in each case since the  $\chi^2$   
144 values were less than the critical values for the appropriate degree of freedom.

145

146 **Tryptophan Fluorescence Quenching.** Fluorescence intensity was recorded using an  
147 FP-6200 spectrofluorimeter (JASCO UK Ltd., Great Dunmow, Essex, U.K.) with  
148 selective excitation of tryptophan residues in BSA at 295 nm. The excitation and  
149 emission slits were 5 nm and the emission spectrum was recorded between 300 and  
150 500 nm. The measured fluorescence intensities are reported without correction for  
151 inner filter effects.<sup>41</sup>

152

153 Titration of BSA (5  $\mu$ M, 2 mL) with ellagitannin (3 mg mL<sup>-1</sup>, 500  $\mu$ L) was carried out  
154 as a sequence of aliquots (10  $\mu$ L up to volume of 100  $\mu$ L, 20  $\mu$ L up to a volume of  
155 460  $\mu$ L). For the calculation of quenching constants, the data were plotted as a Stern-  
156 Volmer plot of  $F_0/F$  against  $[Q]$  and the quenching constant,  $K_{SV}$ , calculated by linear  
157 regression.<sup>42</sup> According to the Stern-Volmer equation:

158 
$$\frac{F_0}{F} = 1 + k_q \tau_0 [Q] = 1 + K_{SV} [Q] \quad (\text{Equation 2})$$

159 where,  $F_0$  and  $F$  are the fluorescence intensities before and after the addition of the  
160 quencher, respectively,  $k_q$  is the bimolecular quenching constant,  $\tau_0$  is the lifetime of  
161 the fluorophore in the absence of quencher,  $[Q]$  is the concentration of the quencher  
162 (in this case tannin) and  $K_{SV}$  is the Stern-Volmer quenching constant.

163

164 However, in the case of combined dynamic and static quenching, where the Stern-  
165 Volmer plot exhibits an upward curvature (concave towards the y-axis) an alternative  
166 equation can be used for fitting:<sup>42</sup>

167 
$$\frac{F}{F_o} = 1 + K_{app}[Q] \quad \text{(Equation 3)}$$

168 where,

169 
$$K_{app} = \left[ \frac{F}{F_o} - 1 \right] \frac{1}{[Q]} = (K_D + K_S) + K_D K_S [Q] \quad \text{(Equation 4)}$$

170 The actual plot of  $K_{app}$  or  $((F/F_o-1)/Q)$  versus  $[Q]$  yields a straight line with an  
171 intercept of  $K_D+K_S$  and a slope of  $K_D K_S$ .

172

173 **Molecular Modeling.** Molecular modeling was performed with MOE2011.10  
174 (Chemical Computing Ltd., Montreal, Canada). Atomistic models of the respective  
175 tannins were built from chemical structures on an atom by atom basis using the  
176 Builder Module of MOE. All models were energy minimized to convergence (rms  
177 gradient of 0.05 Kcal/mol) using the MMX94x force field by smart minimization  
178 (steepest descents, followed by conjugate gradient and truncated Newton-Raphson  
179 methods). Physical parameters were calculated from these models using the QuasAR  
180 module in MOE. Parameters calculated were accessible surface area (ASA),  
181 hydrophobic accessible surface area (ASA\_H). Molecular flexibility was calculated  
182 by performing a conformational energy search about the torsion angles of each model  
183 using Lowmode Molecular Dynamics in the Conformational Analysis module of  
184 MOE. Results from conformational analysis were stored in databases of  
185 conformations for each tannin indexed by final energy.

186

## 187 **RESULTS AND DISCUSSION**

188 This study investigated the interaction between BSA and five ellagitannin compounds  
189 using isothermal titration calorimetry and fluorescence spectroscopy. The molecular  
190 flexibility and surface areas of five ellagitannins and pentagalloyl glucose were

191 modelled in order to improve our understanding of these interactions.

192

193 **Molecular Flexibility of Ellagitannins.** Molecular simulation was used to assess  
194 molecular flexibility in terms of numbers of low energy conformations located and  
195 energy of these conformers (Table 1). Modeling experiments<sup>43</sup> demonstrated  
196 previously that the nonahydroxytriphenoyl (NHTP) group is much less flexible than  
197 the hexahydroxydiphenoyl (HHDP) group (Figure 1) and the low energy conformers  
198 of the monomers clearly reflect the extent of these structural constraints: pentagalloyl  
199 glucose conformers (n=21) ranged from 110-116 kcal mol<sup>-1</sup> (no NHTP or HHDP  
200 groups), pedunculagin conformers (n=4) from 158-164 kcal mol<sup>-1</sup> (2 HHDP groups)  
201 and vescalagin conformers (n=18) from 229 to 236 kcal mol<sup>-1</sup> (1 NHTP, 1 HHDP  
202 group). The low energy conformers of the dimers followed a similar trend: oenotherin  
203 B conformers (n=2) had 278-280 kcal mol<sup>-1</sup> (2 HHDP groups), gemin A (n=1) had  
204 323 kcal mol<sup>-1</sup> (3 HHDP groups) and roburin A conformers (n=4) had 406-412 kcal  
205 mol<sup>-1</sup> (2 NHTP, 2 HHDP groups).

206

### 207 **Isothermal Titration Calorimetry of Ellagitannin-BSA Interactions and Data**

208 **Fitting.** ITC experiments for ellagitannin titration into BSA were carried out for five  
209 ellagitannins (depicted in Figure 1). Figure 2 shows the ITC binding isotherms for the  
210 interaction with BSA of vescalagin and its dimer, roburin A, consisting of the  
211 experimental data (as points) and the binding model that best fitted to each data set (as  
212 lines). For both ellagitannins, the binding interaction led to an exothermic response,  
213 which decreased in magnitude with successive titration injections and signifies a  
214 saturation of binding sites on BSA.

215

216 As found in previous studies,<sup>24,39</sup> small but significant exothermic peaks were  
217 observed at higher tannin:protein molar ratios at and beyond the point of apparent  
218 binding site saturation. This means that titration experiments did not reach zero  
219 enthalpy change, even after removing effects from control experiments (*e.g.* tannin  
220 titration into buffer). Therefore, we have assumed that the interaction between  
221 ellagitannin and BSA has not reached completion at the higher ellagitannin:protein  
222 ratios measured. As a consequence, upon fitting the data to a binding model, this long  
223 tail of exothermic peaks prevents the use of a model based on a single set of multiple  
224 binding sites (one-site model), and, therefore, all data were fitted to a two independent  
225 binding site model. A previous study of the interaction between pentagalloyl glucose  
226 with BSA or Rubisco described the selection of the two independent binding site  
227 model in more detail.<sup>28</sup>

228

229 Figure 3 shows the ITC binding isotherms for pedunculagin and the related dimers  
230 oenothetin B and gemin A. As observed for the vescalagin and roburin A isotherms,  
231 the binding isotherm for the dimers shows a clear two-phase shape to the isotherm  
232 that signifies two or more binding sites are involved in the interaction. For the  
233 oenothetin B and gemin A ellagitannins, the titration experiments were extended by  
234 increasing the number of titration injections to observe the interaction at higher molar  
235 ratios (see Methods for more details). The thermodynamic binding parameters for the  
236 ellagitannin-BSA interaction were obtained from a two-site model and are shown in  
237 Table 2, which also includes data from our previous study on pentagalloyl glucose  
238 binding to BSA for comparison.<sup>28</sup>

239

240 **Thermodynamic Parameters of Ellagitannin-BSA Interactions in Relation to**

241 **Molecular Flexibility.** In these studies, the excellent fits of the ITC data have enabled  
242 us to probe the effects of different structural characteristics of the ellagitannins on  
243 their interaction with BSA. The results will be discussed in terms of monomer-dimer  
244 pairs and molecular flexibilities. The weakness of the second binding site allows,  
245 however, for some uncertainties in exact values for these fits, but does confirm our  
246 previous observations, which included related ellagitannins and suggested that these  
247 were able to bind (adsorb) non-selectively.<sup>24,28,39</sup>

248

249 The ellagitannin monomers, pendunculagin and vescalagin, show equivalent strengths  
250 of interaction ( $K_1 = 4.2$  and  $5.2 \times 10^4 \text{ M}^{-1}$ ) and so do the roburin A and oenothien B  
251 dimers ( $K_1 = 2.3$  and  $6.5 \times 10^5 \text{ M}^{-1}$ ) (Table 2). In contrast, the  $K_1$  affinity constants of  
252 pentagalloyl glucose and gemin A were one order of magnitude larger than for the  
253 other monomers and dimers ( $K_1 = 1.8 \times 10^5$  and  $1.8 \times 10^6 \text{ M}^{-1}$ , respectively). This  
254 coincides with the fact, as pointed out above that both have low conformational  
255 energies and are flexible molecules. Taken together gemin A has several features, *i.e.*  
256 single bonds and ‘free’ galloyl groups, which may allow selective binding to specific  
257 amino acids on the protein surface. These findings are in line with two other studies  
258 that reported weaker binding by vescalagin<sup>44</sup> and by its isomer, castalagin,<sup>29</sup> to BSA  
259 compared to pentagalloyl glucose. It appears that pentagalloyl glucose and gemin A  
260 have optimal structures for BSA binding within the group of tannins studied here.

261

262 For both binding sites the interaction in terms of the affinity constants,  $K_1$  and  $K_2$ , is  
263 approximately one order of magnitude different between monomers and dimers  
264 (Table 2). For each of the comparable ellagitannin monomer-dimer pairs, the dimer  
265 was shown to bind more strongly than the monomer. It can also be seen that  $K_2$  is one

266 order of magnitude weaker than  $K_1$ . This weaker second binding site is likely to  
267 correspond to non-specific adsorption of tannins that may lead to coating of the  
268 protein surface<sup>28,45</sup> and eventual precipitation of the tannin-protein complex in some  
269 systems. The binding isotherms in Figures 2 and 3 for the dimers show a greater  
270 exothermic response than for the corresponding monomers, *e.g.* roburin A *vs*  
271 vescalagin ( $\Delta H_1 = -15.3$  *vs*  $-7.5$  kJ mol<sup>-1</sup>), oenothain B *vs* pedunculagin ( $\Delta H_1 = -21.6$   
272 *vs*  $-10.9$  kJ mol<sup>-1</sup>) and gemin A *vs* pentagalloyl glucose ( $\Delta H_1 = -47.4$  *vs*  $-29$  kJ mol<sup>-1</sup>)  
273 (Table 2).

274

275 A closer look at the monomer series and the dimer series (each having tannins with  
276 similar molecular weights) suggests that the strength of binding is inversely related to  
277 the minimized energies and increases with a greater potential for rotational flexibility  
278 as follows (Table 1). The low energy conformers and binding constants,  $K_1$ , of the  
279 monomers are: 229-236 kcal/mol and  $5.2 \times 10^4$  M<sup>-1</sup> for vescalagin, 158-164 and  $4.2 \times$   
280  $10^4$  for pedunculagin, and 110-116 and  $1.8 \times 10^5$  for pentagalloyl glucose. For the  
281 dimer series the corresponding values are: 406-412 kcal/mol and  $2.3 \times 10^5$  M<sup>-1</sup> for  
282 roburin A, 278-280 and  $6.5 \times 10^5$  for oenothain B, 323 and  $1.8 \times 10^6$  for gemin A.

283

284 The number of strong (type 1) binding sites increases for ellagitannins with more  
285 flexibility and 'free' galloyl groups from  $n_1 = 1.9$  for roburin A to 4.1 for oenothain B  
286 and 13 for gemin A. The binding parameters for two of the monomer-dimer pairs, *i.e.*  
287 the vescalagin-roburin A and pedunculagin-oenothain B pairs, show similarities in the  
288 stoichiometry of the interaction. For the vescalagin-roburin A pair the stronger  
289 binding site  $n_1$  is 2.5 for the monomer and 1.9 for the dimer; and for the second  
290 weaker binding site  $n_2$  is 30 for the monomer and 16 for the dimer. For the

291 pedunculagin-oenothain B pair  $n_1$  is 2.1 for the monomer and 4.1 for the dimer; and  $n_2$   
292 is 30 for the monomer and 20 for the dimer. However, for the most flexible monomer-  
293 dimer pair, which will be able to better support H-bonding, the stoichiometric values  
294 were much higher for the stronger binding site:  $n_1$  was 26 for pentagalloyl glucose and  
295 13 for gemin A. The difference reflects the fact that gemin A is twice the molecular  
296 size of pentagalloyl glucose. We reported previously that the sum of  $n_1$  and  $n_2$   
297 indicated that 52 pentagalloyl glucose molecules are bound to BSA and this suggested  
298 surface coating as the BSA surface can theoretically accommodate 40 to 120  
299 pentagalloyl glucose molecules.<sup>28</sup> Similarly, the sum of  $n_1$  and  $n_2$  for gemin A  
300 indicated that 38 gemin A dimers were bound (which equates to 76 ‘monomers’) and  
301 matches with the calculated surface area. It also suggests that gemin A due to its  
302 flexibility is capable of coating the whole BSA protein just like pentagalloyl  
303 glucose.<sup>28</sup> Comparable stoichiometries were found for commercial preparations of the  
304 flexible taratannins when assuming a molecular weight of 1500: *i.e.* 48:1 for the  
305 taratannin:BSA ratio.<sup>39</sup>

306

307 It is, however, of note that this molecular size effect was not observed to the same  
308 extent for the other pairs as monomers and dimers had similar  $n_1$ -values (2 to 4) and  
309 similar sums of  $n_1 + n_2$  (*i.e.* 33 for vescalagin/18 for roburin A and 32 for  
310 pedunculagin/24 for oenothain B). This indicates that the less flexible structures and  
311 especially roburin A were less able to stretch out on the BSA surface.

312

313 Many more binding constants are available for flavonoids and condensed tannins than  
314 for ellagitannins. Nevertheless, pure flavonoid compounds tend to have comparable  
315 affinities as the ellagitannins investigated here.  $K_d$  constants with BSA of  $10^2$  to  $10^5$



316  $M^{-1}$  were reported for monomeric and polymeric flavanols<sup>19,31</sup> and of  $10^4$  to  $10^5 M^{-1}$   
317 for flavones and flavonols.<sup>46-49</sup> Examples of polyphenol complexes with human  
318 serum albumin include epigallocatechin gallate and diosmetin interactions that  
319 exhibited comparable Stern-Volmer affinity constants of  $\sim 10^5 M^{-1}$  from fluorescence  
320 data.<sup>50-51</sup>

321

322 The findings also match results from previous studies, where less pure tannins had  
323 been used, and confirm that the tannin components of those fractions did indeed  
324 dominate the interaction observed.<sup>19,24,39</sup> The present study used a two-site binding  
325 model and found  $K_1$  of  $10^4$  to  $10^5$  and  $K_2$  of  $10^3$  to  $10^4 M^{-1}$  for the monomers in BSA  
326 complexes. In comparison, data obtained with a single-site model gave  $K$  values of  
327  $\sim 10^3 M^{-1}$  for chestnut- and myrabolan-BSA complexes.<sup>24</sup>

328

329 Quideau *et al*<sup>5</sup> reported that most polyphenols, including ellagitannins, when bound at  
330 protein surfaces, exhibited affinity constants that were rarely above the micromolar  
331 range, *i.e.*  $K_a$  of  $\leq 10^6 M^{-1}$ . However, Xiao *et al*<sup>52</sup> also reported much larger constants  
332 of up to  $10^8 M^{-1}$  for some flavanoid and flavonoid - human serum albumin complexes.  
333 Not surprisingly, some receptor and enzyme targets had particularly high selectivities  
334 with affinity constants at the subnanomolar scale, and varied between ellagitannins  
335 even if these were of similar molecular weights.<sup>5,53</sup>

336

337 The data in Table 2 showed positive entropies at both types of binding sites for all but  
338 one ellagitannin, *i.e.* gemin A. Positive  $\Delta S_1$  values ranged from 33 to 65 and  $\Delta S_2$   
339 values from 36 to 54  $J mol^{-1} K^{-1}$  and are indicative of a dominance of hydrophobic  
340 interactions.<sup>19,50,54</sup> Gemin A was the only ellagitannin giving a negative entropy, -39 J

341 mol<sup>-1</sup> K<sup>-1</sup>. For comparison purposes, we have included here also the entropies for  
342 pentagalloyl glucose, which shows that the highly flexible pentagalloyl glucose and  
343 gemin A had noticeably lower entropies at the stronger binding site than the other  
344 ellagitannins and were, therefore, apparently better able to form hydrogen bonds.<sup>54</sup>  
345 The positive entropies for all ellagitannins at the second binding site are consistent  
346 with hydrophobic stacking on the BSA surface, although some uncertainty exists with  
347 these values as the affinities were very low for some tannins ( $K_2 = 10^3 \text{ M}^{-1}$ ). The  
348 literature contains examples of both hydrogen bonding and hydrophobic interactions  
349 in tannin-protein complexes.<sup>16,19,22,50,55</sup> Taken together, the present study also suggests  
350 that both types of bonding interactions occur in these ellagitannin-BSA complexes  
351 and slight structural differences appear to dictate, which of these will dominate.

352

### 353 **Quenching of the BSA Tryptophan Fluorescence by Ellagitannins.** To

354 complement the ITC measurements, ellagitannin binding to BSA was also  
355 investigated by fluorescence spectroscopy. These experiments measure the quenching  
356 of the intrinsic tryptophan fluorescence of BSA<sup>32</sup> after binding with each of the  
357 tannins. Two tryptophan residues are found near the BSA surface, one is within its  
358 hydrophobic binding pocket (Trp 212) and the other within the surface region of the  
359 protein (Trp 134).<sup>49</sup> Figure 4(a) shows Stern-Volmer plots that describe tryptophan  
360 quenching as a function of tannin concentration. In these plots  $F_0/F$  increases as  
361 fluorescence intensity decreases in the presence of quencher (F) relative to the native  
362 fluorescence in the absence of quencher ( $F_0$ ). The data suggest that the rate of  
363 decrease in fluorescence with respect to quencher concentration depends on the  
364 molecular size and flexibility of the tannin. The data in Figure 4(a) revealed that four  
365 of the tannins fall into either monomer or dimer groups: the monomers, vescalagin

366 and pedunculagin, exhibit similar quenching behavior, and the dimers, roburin A and  
367 oenothain B, also behave similarly to one another. The dimers were more efficient  
368 quenchers than the monomers, requiring approximately half the molar tannin  
369 concentration to produce equivalent levels of quenching. Indeed, if the quenching data  
370 are normalised, as in Figure 4(b) where Stern-Volmer plots are given as a function of  
371 'tannin monomer' concentration, thus removing effects of molecular weight, it can be  
372 seen that related monomer-dimer pairs overlay, which demonstrates similar quenching  
373 efficiency per monomer unit. In contrast to these four tannins, the most flexible dimer,  
374 gemin A, is a much more efficient quencher at much lower concentrations.  
375 Pentagalloyl glucose is also a more efficient quencher,  $K_{SV} \sim 2 \times 10^6 \text{ M}^{-1}$ ,<sup>28</sup> than  
376 vescalagin and pedunculagin, but pentagalloyl glucose and gemin A are not a true  
377 monomer-dimer pair and thus do not overlay exactly.

378

379 The purpose of the Stern-Volmer plot of fluorescence quenching data is to generate a  
380 linearised data set that allows assessment of the ability of tannins to quench the BSA  
381 tryptophan residues. The slope of the straight line of best fit is termed the Stern-  
382 Volmer quenching constant ( $K_{SV}$ ). From the data shown in Figure 4(a),  $K_{SV}$ -values of  
383  $10^4$  to  $10^5 \text{ M}^{-1}$  have been calculated from a straight-line plot through the linear region  
384 at low tannin concentrations (Table 3) and are comparable with  $K_{SV}$ -values of  $10^4 \text{ M}^{-1}$   
385 for tea, coffee and cocoa extracts<sup>31</sup> and with  $6.85 \times 10^4 \text{ M}^{-1}$  for quenching of human  
386 serum albumin by epigallocatechin gallate (EGCg).<sup>50</sup> These fluorescence data  
387 complement the ITC data by providing additional support to the findings outlined  
388 above. The trend in terms of the quenching constants,  $K_{SV}$ , matches that seen from  
389 ITC measurements of the affinity constants,  $K_I$ , with a linear correlation ( $R^2 = 0.988$ )  
390 between  $K_{SV}$  and the binding affinity constant,  $K_I$  (Tables 2 and 3).

391

392 However, it should be noted that each of the Stern-Volmer plots is non-linear and  
393 curves towards the y-axis with higher tannin concentration. This is not unusual in  
394 Stern-Volmer plots and provides information on the type of quenching. An upward  
395 slope suggests a combination of both static and dynamic quenching in these  
396 ellagitannin-BSA systems.<sup>42</sup> Static quenching is associated with a strong coupling  
397 (*e.g.* formation of a ground-state complex) between interacting molecules, whereas  
398 dynamic quenching is associated with weak coupling (*e.g.* through-space interactions  
399 or collisions).<sup>42</sup> To further confirm that the curvature was indeed due to combined  
400 static and dynamic quenching, a modified form of the Stern-Volmer equation was  
401 used (see Methods) that is second order with respect to [Q], and this gave as predicted  
402 a linear plot (Figure 4(c)).

403

404 **Polarity of the Tryptophan Environment.** Fluorescence spectra can also yield  
405 information on another parameter, *i.e.* the position of the emission peak maximum  
406 ( $\lambda_{em}$ ), which can reflect the polarity of the tryptophan environment.<sup>50</sup> The presence of  
407 ellagitannins led to a bathochromic or red-shift in  $\lambda_{em}$  (Table 3), suggesting that the  
408 tryptophan environment became more polar upon interaction with ellagitannins. The  
409 observed red-shift may suggest a change to the protein's tertiary structure and thus  
410 account for the associated increase in the polarity of the tryptophan environment.<sup>28</sup>  
411 However, it is difficult to conclude this based solely on the data reported here. A shift  
412 to a more polar environment could suggest unfolding of the protein and thus greater  
413 solvent exposure or more H-bonding between BSA and the tannins. However, Li *et*  
414 *al*<sup>30</sup> reported a slight blue-shift upon binding of tannic acid (*i.e.* a mixture of  
415 gallotannins containing either a central glucose or quinic acid) to ferritin, whereas

416 Dobрева *et al*<sup>28</sup> measured a red-shift of 5 nm when pure pentagalloyl glucose bound  
417 with BSA. The magnitude of the red shift appears to be linked to tannin structure as  
418 related monomer-dimer pairs showed some similarities: vescalagin and roburin A  
419 generated a 8-9 nm shift, pedunculagin and oenothain B a 4-5 nm shift, but gemin A  
420 caused the greatest shift in  $\lambda_{em}$  of 10.3 nm. A similarly large red shift of 12 nm was  
421 observed for Trp during EGCg binding to human serum albumin.<sup>50</sup> Other experiments  
422 will be needed to establish the precise reasons for the observed differences in red-  
423 shifts.

424

425 In conclusion, our ITC data suggest that there are two types of binding sites for  
426 ellagitannin binding to BSA. A stronger binding site may well be more selective and  
427 dependent on tannin flexibility and the presence of free galloyl groups. Indeed, our  
428 previous study suggested a link between the number of aromatic residues on the  
429 surface of a globular protein, Rubisco, and pentagalloyl glucose binding.<sup>28</sup> This could  
430 explain the relationship between  $K_1$  and the hydrophobic accessible surface area,  
431 ASA\_H (Figure 5), *i.e.*  $K_1 = 0.2125 \times e^{0.0114ASA_H}$  ( $R^2 = 0.965$ ), and points to the fact  
432 that hydrophobic interactions are an important driver for affinity during BSA-  
433 ellagitannin complex formation as supported by positive entropies for 5 of the 6  
434 ellagitannins studied here.

435

436 A second weaker binding site was required to fit our data in order to allow for the  
437 binding interactions observed at high tannin:protein molar ratios. This second binding  
438 site was associated with high values of  $n_2$  for all tannins and suggests non-selective  
439 adsorption of tannin to the protein surface. Such findings suggest tannin binding to  
440 BSA is concentration dependent, where specific binding might dominate at low

441 concentrations and non-selective adsorption at higher concentrations of tannin.<sup>16</sup>  
442 These studies have shown that ellagitannin binding to BSA increases in strength and  
443 affinity for the larger tannins (dimers) compared to their monomer forms. Bond  
444 rotational flexibility of the tannin also plays a role by increasing the strength of  
445 interaction and number of stronger (possibly hydrogen bonding) binding sites on the  
446 protein surface.

447

#### 448 **ABBREVIATIONS**

449 BSA, bovine serum albumin; ET, ellagitannins; GT, gallotannins

450

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455

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458

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632

633 **FIGURE LEGENDS**

634

635 **Figure 1.** Structures of ellagitannins and pentagalloyl glucose.

636

637 **Figure 2.** ITC binding isotherms for the interaction of bovine serum albumin with the  
638 monomer-dimer pair of (a) vescalagin and (b) roburin A. Data were fitted assuming a  
639 model for two-independent binding sites and values obtained from these fits are given  
640 in Table 2.

641

642 **Figure 3.** ITC binding isotherms for the interaction of bovine serum albumin with the  
643 monomer-dimer pairs of (a) pedunculagin, (b) oenothain B and (c) gemin A. Data  
644 were fitted assuming a model for two-independent binding sites and values obtained  
645 from these fits are given in Table 2.

646

647 **Figure 4.** Fluorescence quenching of tryptophans in BSA by vescalagin, roburin A,  
648 pedunculagin, oenothain B and gemin A plotted as: (a) ratio of initial fluorescence  
649 intensity to total fluorescence intensity *versus* ellagitannin concentration; (b) ratio of  
650 initial fluorescence intensity to total fluorescence intensity *versus* ellagitannin  
651 monomer concentration; and as a (c) modified Stern-Volmer plot to reflect  
652 contributions from both static and dynamic quenching (data are shown for vescalagin,  
653 roburin A, pedunculagin and oenothain B only).

654

655 **Figure 5:** Relationship between the affinity constant,  $K_I$ , and the modeled accessible  
656 hydrophobic surface area (ASA\_H).

**Table 1:** Modeling of minimized energies and associated numbers of conformers, accessible hydrophobic surface area (ASA\_H) and accessible surface area (ASA).

| <b>Compound</b>      | <b>Molecular weight (Daltons)</b> | <b>Energies of conformers (kcal/mol)</b> | <b>Number of conformers</b> | <b>ASA_H nm<sup>2</sup></b> | <b>ASA nm<sup>2</sup></b> |
|----------------------|-----------------------------------|--|-----------------------------|-----------------------------|---------------------------|
| Vescalagin           | 935                               | 229 to 236                               | 18                          | 253                         | 914                       |
| Roburin A            | 1843                              | 406 to 412                               | 4                           | 407                         | 1587                      |
| Pedunculagin         | 769                               | 158 to 164                               | 4                           | 293                         | 867                       |
| Oenothlein B         | 1569                              | 278 to 280                               | 2                           | 524                         | 1485                      |
| Pentagalloyl glucose | 927                               | 110 to 116                               | 21                          | 373                         | 1041                      |
| Gemin A              | 1841                              | 323                                      | 1                           | 574                         | 1748                      |



**Table 2:** Estimated thermodynamic binding parameters for the interaction between five ellagitannins and pentagalloyl glucose<sup>b</sup> with bovine serum albumin at pH 6.  $\Delta H_1$  and  $\Delta H_2$  are the enthalpies, and  $K_1$  and  $K_2$  are the equilibrium binding constants for two binding sites.

|   | Vescalagin                  | Roburin A             | Pedunculagin          | Oenothain B           | Pentagalloyl<br>glucose <sup>b</sup> | Gemin A               |
|---|-----------------------------|-----------------------|-----------------------|-----------------------|--------------------------------------|-----------------------|
| $n_1$   | 2.5±0.5 <sup>a</sup>        | 1.9                   | 2.1                   | 4.1                   | 26                                   | 13                    |
| $K_1$ (M <sup>-1</sup> )                            | 5.2 (±2.3) ×10 <sup>4</sup> | 2.3 × 10 <sup>5</sup> | 4.2 × 10 <sup>4</sup> | 6.5 × 10 <sup>5</sup> | 1.8 × 10 <sup>5</sup>                | 1.8 × 10 <sup>6</sup> |
| $\Delta H_1$ (kJ mol <sup>-1</sup> )                | -7.5±1.0                    | -15.3                 | -10.9                 | -20.6                 | -29                                  | -47.4                 |
| $\Delta S_1$ (J mol <sup>-1</sup> K <sup>-1</sup> ) | 65.1                        | 33.2                  | 51.9                  | 42.2                  | 3.3                                  | -39.3                 |
| $n_2$   | 30±4                        | 16                    | 30                    | 20                    | 26                                   | 25                    |
| $K_2$ (M <sup>-1</sup> )                            | 1.1(±0.07) ×10 <sup>3</sup> | 1.8 × 10 <sup>4</sup> | 1.1 × 10 <sup>3</sup> | 3.3 × 10 <sup>4</sup> | 8 × 10 <sup>2</sup>                  | 6.3 × 10 <sup>4</sup> |
| $\Delta H_2$ (kJ mol <sup>-1</sup> )                | -6.7±1.3                    | -8.17                 | -5.1                  | -10.3                 | -29                                  | -11.4                 |
| $\Delta S_2$ (J mol <sup>-1</sup> K <sup>-1</sup> ) | 35.7                        | 54.0                  | 41.1                  | 51.9                  | -41.7                                | 53.6                  |
| $\chi^2$  | 0.65±0.16                   | 0.87                  | 1.99                  | 8.07                  |                                      | 3.29                  |

<sup>a</sup> ± standard deviation, n = 3. <sup>b</sup> Data are included for comparison (Dobрева *et al.*<sup>28</sup>).

**Table 3:** Estimated quenching parameters for the interaction of ellagitannins with bovine serum albumin (n=3).

| <b>Fluorescence parameters</b>                      | <b>Vescalagin</b>             | <b>Roburin A</b>              | <b>Pedunculagin</b>          | <b>Oenothien B</b>            | <b>Gemin A</b>                |
|---|-------------------------------|-------------------------------|------------------------------|-------------------------------|-------------------------------|
| $K_{SV} (M^{-1})$                                   | $0.42 (\pm 0.07) \times 10^5$ | $1.03 (\pm 0.07) \times 10^5$ | $0.53 (\pm 0.1) \times 10^5$ | $1.44 (\pm 0.28) \times 10^5$ | $3.13 (\pm 0.06) \times 10^5$ |
| Bathochromic (red)-shift of<br>$\lambda_{max}$ (nm) | $8.7 \pm 0.4$                 | $8.7 \pm 0.4$                 | $4.7 \pm 0.9$                | $4.0 \pm 1.0$                 | $10.3 \pm 0.4$                |

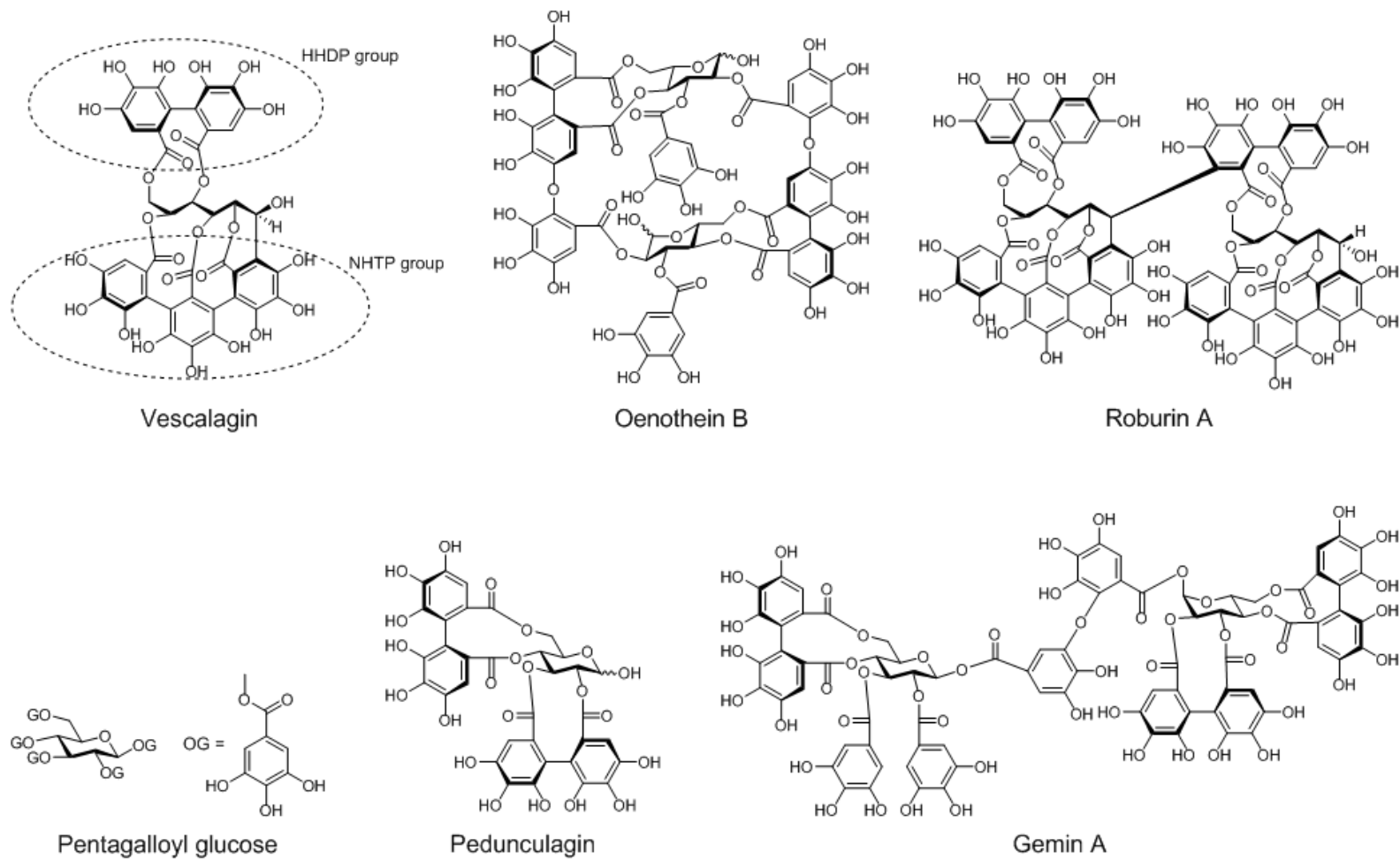


Figure 1

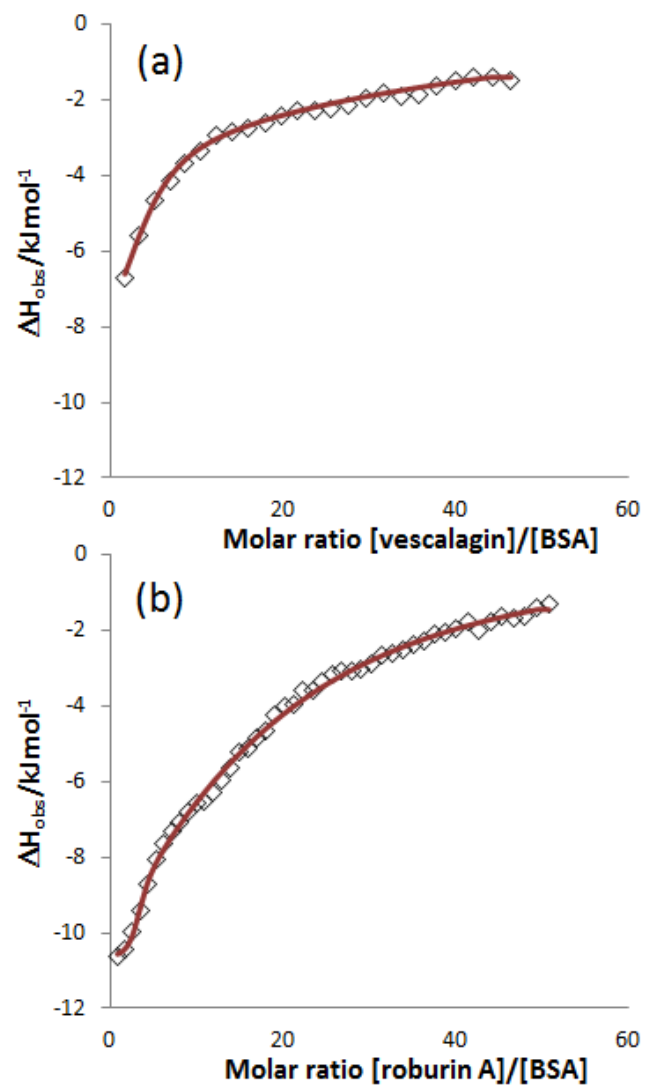


FIGURE 2

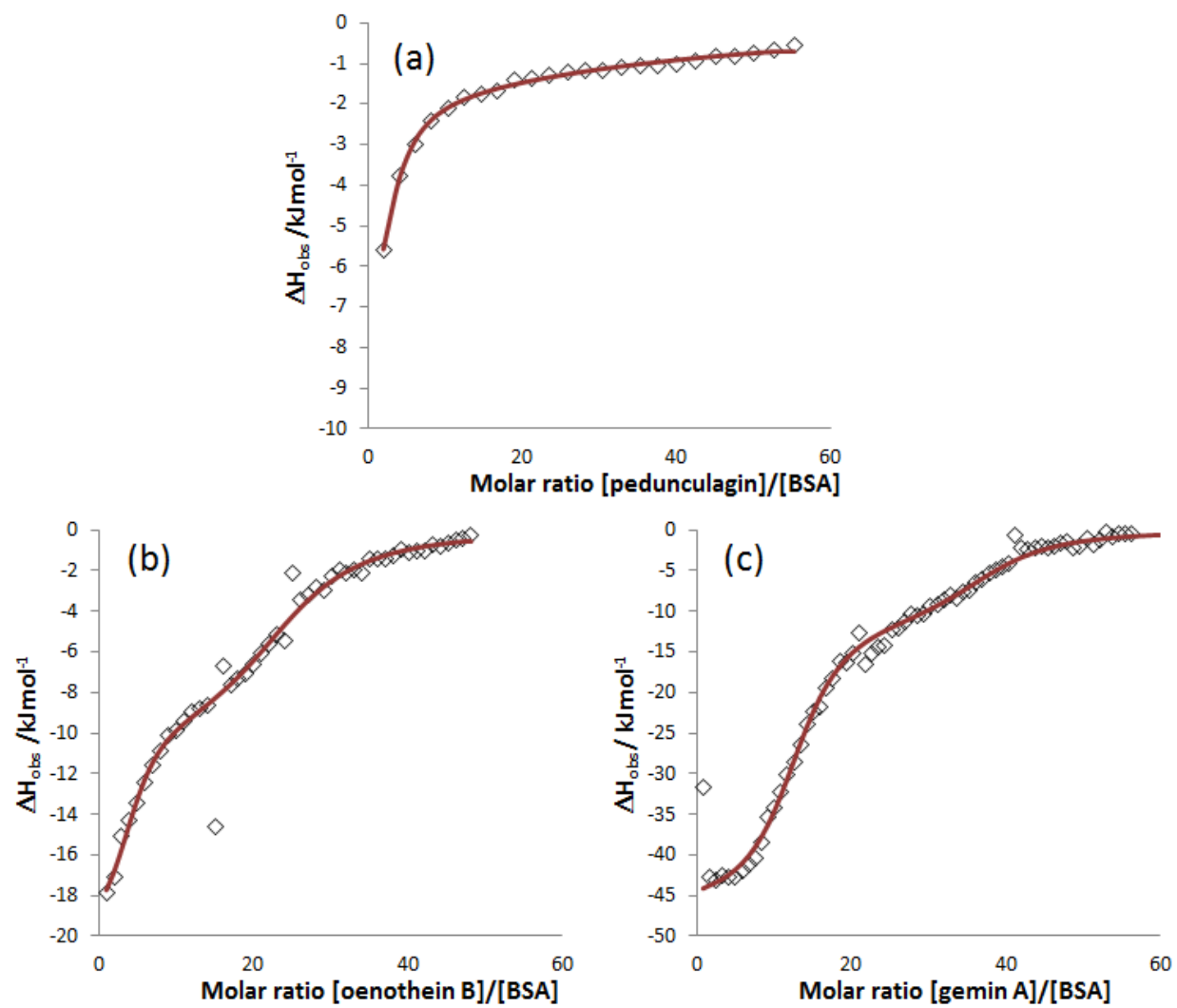


FIGURE 3

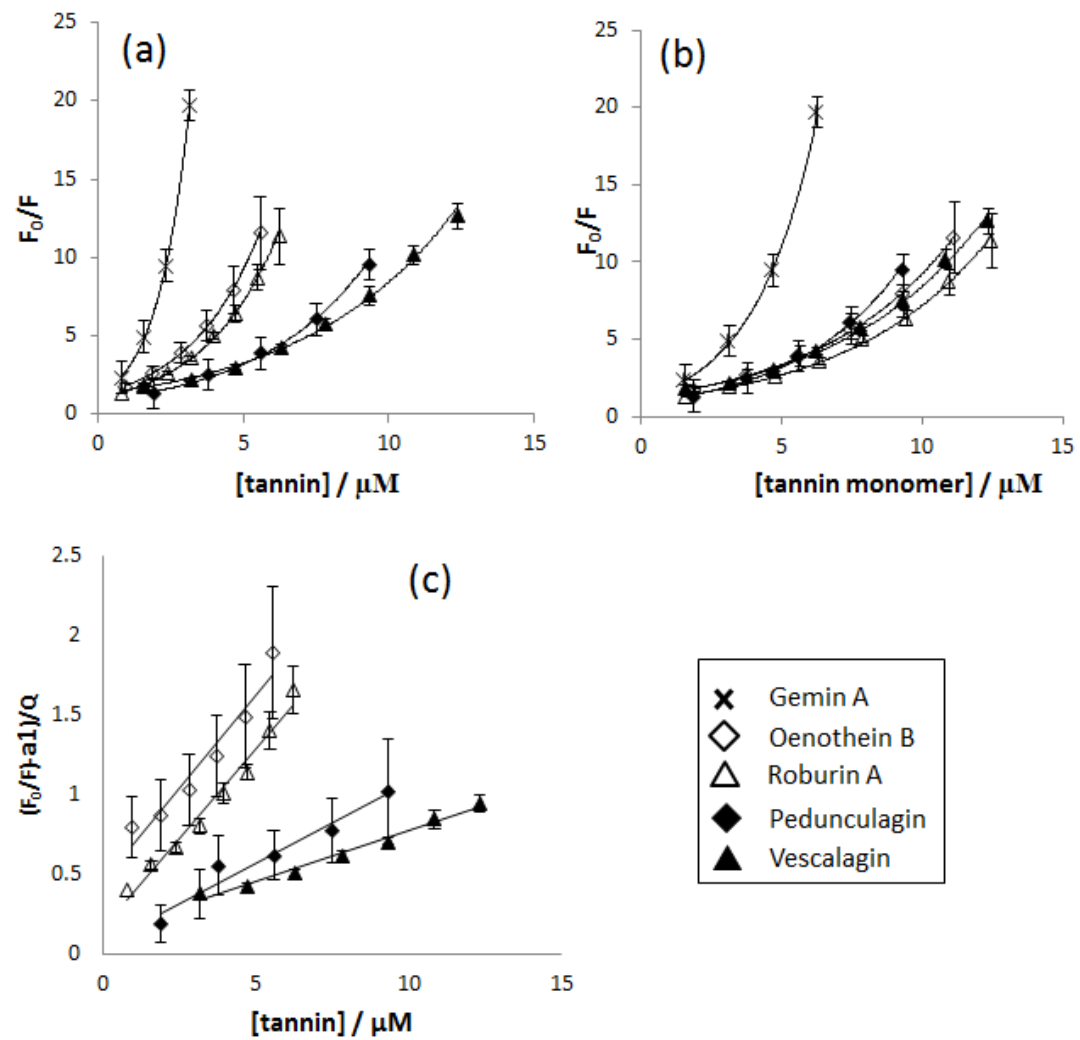


FIGURE 4

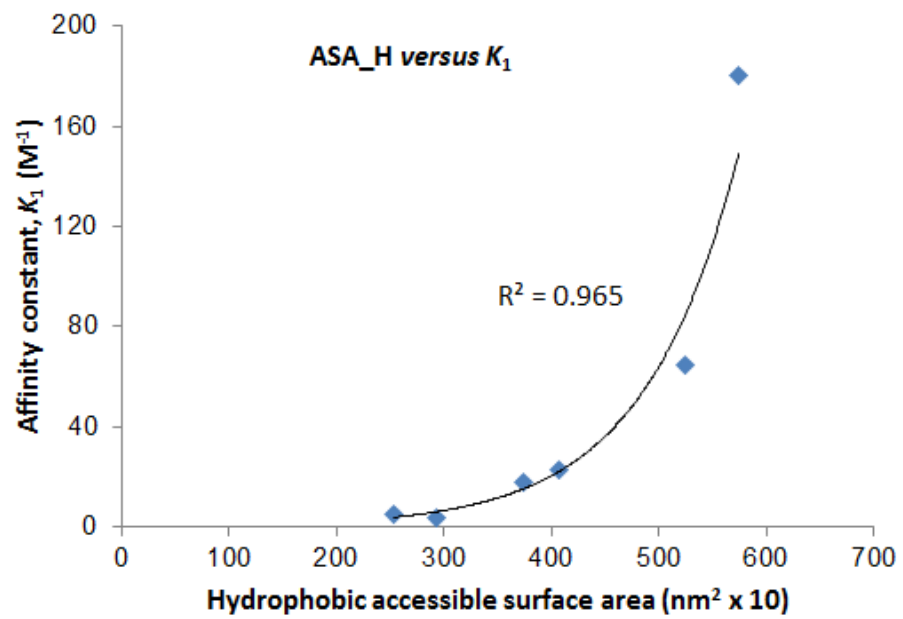


FIGURE 5

TOC Graphic

