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Abstract

Intravesical drug administration is used to deliver chemotherapeutic agents via a catheter to treat bladder cancer. The major limitation of this treatment is poor retention of the drug in the bladder due to periodic urine voiding. In this work, maleimide-functionalised PEGylated liposomes (PEG-Mal) were explored as mucoadhesive vehicles for drug delivery to the urinary bladder. The retention of these liposomes on freshly excised porcine bladder mucosa *in vitro* was compared with conventional liposomes, PEGylated liposomes, two controls (dextran and chitosan), and evaluated through Wash Out$_{50}$ (WO$_{50}$) values. PEG-Mal liposomes exhibited greater retention on mucosal surfaces compared to other liposomes. The penetration abilities of conventional, PEG-Mal-functionalised and PEGylated liposomal dispersions with encapsulated fluorescein sodium into the bladder mucosa *ex vivo* were assessed using a fluorescence microscopy technique. PEGylated liposomes were found to be more mucosa-penetrating compared to other liposomes. All liposomes were loaded with fluorescein sodium salt as a model drug and the *in vitro* release kinetics was evaluated. Longer drug release was observed from PEG-Mal liposomes.

Keywords: liposomes, urinary bladder, intravesical drug delivery, mucoadhesion, mucus penetration, wash out$_{50}$ (WO_{50})

1. Introduction

Bladder cancer (BC) is caused by uncontrolled growth of tumour cells in the urinary bladder. It has the 9th highest incidence globally, with an estimated 430,000 newly diagnosed cases in 2012 (Stewart and Wild, 2014). The prevalence of this malignancy of the genitourinary tract tends to increase with economic development and males are more likely to develop this condition than females (Torre et al., 2015). The most common type of BC is transitional cell carcinomas that comprise over 90% of tumours, while squamous cell carcinomas and adenocarcinomas represent about 5% and 1% of the reported cases, respectively.

Intravesical drug delivery (IDD) is a direct administration of therapeutic agents into the bladder via insertion of a urethral catheter (Au et al., 2001; Malmström, 2003; Kolawole et al., 2017). This allows localised treatment, minimises adverse effects and improves the exposure of the diseased tissues to therapeutic agents. Also, the oral route of the drug intake is undesirable in the therapy of BC due to absorption, metabolism and renal excretion, resulting in poor drug bioavailability in the bladder.

IDD has intrinsic limitations related to the substantial chemotherapy dilution and wash out due to urinary voiding, low permeability of the urothelium, and intermittent catheterisations (GuhaSarkar and Banerjee, 2010). Additionally, the procedure is relatively unpleasant for the patients and may cause inflammatory reactions and infections. To counteract the limitations associated with low drug permeability, mucoadhesive formulations offer great promise. The ability of mucoadhesive materials to adhere to the bladder epithelium and withstand wash out effect could improve drug bioavailability by prolonging the residence in the bladder. Mucoadhesive formulations for IDD must fulfill the following criteria: the dosage form should have rapid and efficient adhesion to the bladder mucosa; must not interfere with the normal physiology of the bladder; and should be able to stay adhered *in situ* for a few hours even after urination (Tyagi et al., 2006).

A number of mucoadhesive formulations have been researched, including the use of hydrophilic polymers of both natural and synthetic type, such as chitosan, carbomers and cellulose derivatives (Hombach and Bernkop-Schnürch, 2010; Khutoryanskiy, 2011). The adherence of these polymers is due to the ability to interact with mucin glycoproteins via non-covalent bonds such as hydrogen bonds, electrostatic interactions and chain entanglements, diffusion and interpenetration (Khutoryanskiy, 2011; Davidovich-Pinhas and Bianco-Peled, 2014). In a comparative study, chitosan was found to

exhibit greater mucoadhesion to pig vesical mucosa compared to carboxymethylcellulose and polycarbophyl, thus resulting in a slower drug release and longer residence time (Burjak et al., 2001).

In recent years, various chemical approaches have been used to improve mucoadhesive properties of polymers by introducing specific functional groups such as thiols (Bernkop-Schnürch, 2005; Davidovich-Pinhas et al., 2009; Cook et al., 2015), acrylates (Davidovich-Pinhas and Bianco-Peled, 2011; Brannigan and Khutoryanskiy, 2017), and catechols (Kim et al., 2015). Some studies reported the use of chemically modified mucoadhesive materials for IDD to urinary bladder. Thiol-modified chitosan nanoparticles (NPs) have been used for IDD in an *in vitro* study using porcine urinary bladder (Barthelmes et al., 2011). It was found that chitosan functionalised with thiol groups demonstrated superior mucoadhesion, greater stability and controlled release compared to the unmodified chitosan NPs. In a different study, the retention of thiolated chitosan NPs on rat bladder mucosa *in vivo* was approximately 170-fold greater compared to the polymer-free fluorescent marker (Barthelmes et al., 2013). Mun et al. (2016) developed and evaluated the retention of thiolated and PEGylated silica NPs on porcine urinary bladder mucosa *in vitro* through use of a novel Wash Out_{50} (WO_{50}) quantitative method. It was shown that the retention of these NPs on bladder mucosa depended on both their thiol content and dimensions.

Recently we have demonstrated for the first time that polymers functionalised with maleimide groups exhibit excellent mucoadhesive properties to conjunctival tissues *ex vivo* and the ability of these materials to retain on mucosal tissues was comparable to well-known mucoadhesive chitosan (Tonglairoum et al., 2016). This excellent mucoadhesive performance of maleimide-functionalised polymers is due to their ability to form covalent linkages with thiol-groups present in mucins. More recently, Shtenberg et al. (2017) reported the functionalisation of alginate with maleimide-terminated polyethyleneglycol to achieve superior mucoadhesive properties towards porcine intestine mucosa.

Liposomes are microscopic vesicles composed of phospholipid bilayers with the size range from 30 nm up to several microns that have attracted a lot of interest over the past four decades as pharmaceutical carriers. Conventional liposomes and liposomes coated with mucoadhesive polymers previously were used for transmucosal drug delivery (Sasaki et al., 2013; Berginc et al., 2014; Adamczak et al., 2017). Some liposome-based formulations were also reported for intravesical drug delivery (Chuang et al., 2009, 2014; Kawamorita et al., 2016). Recently, Oswald et al. (2016) reported the preparation and characterisation of maleimide-functionalised liposomes; however they did not demonstrate any application of these systems for drug delivery.

In this study, we explored the mucoadhesive properties of maleimide-functionalised liposomes and compared their retention on urinary bladder mucosa with conventional liposomes and PEGylated

liposomes. We also have studied the physicochemical properties of different liposomes, their penetration into the bladder mucosa and drug release profiles.

2. Materials and methods

2.1. Materials

Soybean L-alpha-phosphatidylcholine (PC) was purchased from Alfa Aesar (Heysham, UK). [N-(carbonyl-methoxypolyethylene glycol-2000)-1,2-distearoyl-sn-glycero-3-phosphoethanol-amine, sodium salt] ($MPEG_{2000}$-DSPE) was a generous gift from Lipoid GmbH (Ludwigshafen, Germany). 1,2-distearoyl-sn-glycero-3-phosphoethanolamine-N-[maleimide(polyethylene glycol)-2000] ammonium salt (PEG_{2000}-DSPE-Mal) was purchased from Avanti Polar Lipids (Alabaster, USA). Cholesterol (CHO), chitosan (low molecular weight; Mw 62.3 kDa, PDI 3.42 as reported by Symonds et al (2016)), fluorescein isothiocyanate dextran (FITC-dextran, M_W 3000-5000 Da), fluorescein isothiocyanate (FITC) and fluorescein sodium salt (NaFI) were purchased from Sigma Aldrich (Gillingham, UK). All other chemicals were of analytical grade and were used as received.

Phosphate-buffered saline (PBS) was composed of 8.0 g NaCl, 0.2 g KCl, 1.44 g Na_2HPO_4 and 0.24 g KH_2PO_4 (pH 7.4). The buffer solution was made with deionised water (total volume 1000 mL).

2.2. Preparation of liposomes

The liposomal formulations containing fixed amounts of PC, CHO and PEGylated lipids at molar ratios of 10:2:0 and 10:2:3 mM (Table 1) were prepared using thin film hydration and sonication method (Rangsimawong et al., 2016). In brief, a mixture of PC, CHO and PEGylated lipids dissolved in chloroform-methanol (2:1, v/v) in test tubes. The organic solvent was evaporated under a stream of nitrogen and a thin film of lipid was formed inside the test tubes. The test tubes were then placed under vacuum at least 6 h to remove any residual solvent. Then, solution of NaFI in PBS (pH 7.4) was added to the dried lipid films to generate hydrated liposome vesicles and the tubes were left for 1 h at room temperature. The tubes were vortex-mixed vigorously for 30 min and these liposome dispersions were then sonicated in a sonication bath (FS200b, Decon Laboratories Ltd., UK) for 30 min to reduce the size of the liposomes. Excess lipids were separated from the vesicle formulations by centrifugation at 14000 rpm (8765 × g) at 4 °C for 30 min. The supernatants were collected and stored in a fridge overnight prior to characterisation.

2.3. Synthesis of fluorescently-labelled chitosan

FITC-chitosan was synthesised according to the procedure described previously (Cook et al., 2011; Symonds et al., 2016). Briefly, 1 g of chitosan was dissolved in 100 mL of acetic acid (0.1 M) and left stirring overnight. 100 mg of FITC was dissolved in 50 mL of methanol and subsequently was added to the chitosan solution and stirred for 3 h in the dark at room temperature. The modified chitosan was then precipitated in 1 L of 0.1 M sodium hydroxide and filtered. The resulting product was redissolved and purified by dialysis against deionised water in the dark to remove any unreacted FITC before lyophilisation. FITC-chitosan was kept wrapped in aluminum foil to avoid exposure to light and stored in a fridge for further use.

2.4. Particle size and zeta potential analysis

The size of liposomes, their polydispersity index (PDI) and zeta potential values were determined using dynamic light scattering (DLS) with a Zetasizer Nano-ZS (Malvern Instruments, UK). Each formulation was diluted 100-fold with ultrapure water. A typical liposome refractive index of 1.45 and absorbance of 0.1 were used in all measurements. Each sample was analysed three times at 25 °C and the mean ± standard deviation values were calculated.

2.5. Transmission electron microscopy

TEM images were generated using a JEOL 2100Plus TEM operating at an acceleration voltage of 200kV. Specimens were prepared by pipetting a drop of liposome suspension diluted with water (about 5 mg/mL) onto a parafilm. A glow-discharged holey carbon film-coated 400-mesh copper grid was then placed onto the drop with “carbon” side and left in contact with the sample for 1 min. The excess solution was removed by blotting with a filter paper. The grid was washed by touching its surface with sample side down on drop of deionised water on parafilm for 1 min and then blotted dry with a filter paper. A drop of 1% (w/v) uranyl acetate (UA) solution was applied on parafilm and the grid remained in contact with UA for 30 sec (PEG-Mal liposomes were stained for 5 sec, which provided better quality of TEM images). The excess stain was removed by dabbing similarly and the sample was left to dry in air prior to TEM characterisation.

2.6. Encapsulation efficacy and loading capacity

The lipid nanocarrier dispersion (500 μL) was placed in an ultrafiltration tube using an Amicon® Ultra-0.5 Ultracel-3 centrifugal filter unit with a molecular weight cutoff of 3 kDa and centrifuged at 4 °C at 14000 rpm (8765 × g) for 60 min. The filtrate was discarded, and 250 μL of PBS was added before further centrifugation at 4 °C at 14000 rpm (8765 × g) for 40 min. This washing step was

repeated twice. The NaFI-loaded liposomes in the retentate were then disrupted with 200 μL of methanol and centrifuged at 4 °C at 14000×g for 10 min. The amount of free NaFI in the supernatants was quantified using a Varian Cary Eclipse fluorescence spectrometer at $\lambda_{excitation}$ and $\lambda_{emission}$ = 460 and 512 nm, respectively, and the encapsulation efficiency (%EE) and loading capacity (%LC) were calculated using the following equations:

$$\%EE = \frac{C}{C_i} \times 100$$

$$\%LC = \frac{C}{Lipid\ composition} \times 100$$

where C is the amount of NaFI entrapped in the liposomes, and C_i is the initial amount of NaFI.

A calibration curve used to calculate the encapsulation efficacy and loading capacity can be found in Supplementary Information (Fig S1).

2.7. Preparation of artificial urine solution

Artificial urine solution was prepared according to the previously reported procedure (Chutipongtanate and Thongboonkerd, 2010). The following components were dissolved in deionised water by stirring for 6 h at room temperature, before making the total volume to 2000 mL: urea (24.27 g), uric acid (0.34 g), creatinine (0.90 g), $Na_3C_6H_5O_7 \cdot 2H_2O$ (2.97 g), NaCl (6.34 g), KCl (4.50 g), NH_4Cl (1.61 g), $CaCl_2 \cdot 2H_2O$ (0.67 g), $MgSO_4 \cdot 7H_2O$ (1.00 g), $NaHCO_3$ (0.34 g), $Na_2C_2O_4$ (0.03 g), Na_2SO_4 (2.58 g), $NaH_2PO_4 \cdot H_2O$ (1.00 g), and Na_2HPO_4 (0.11 g). The artificial urine solution (pH 6.4) was kept at 37 °C throughout the experiments.

2.8. *In vitro* retention studies on porcine urinary bladder

The retention of the liposomes on porcine urinary bladder tissues were determined using a protocol slightly modified from Mun et al. (2016). Porcine bladder tissues were received from P.C. Turner Abattoirs (Farnborough, UK), immediately after animal slaughter, packed with dry ice and transported in a polystyrene container. The tissues were defrosted upon arrival and carefully excised to yield approximately 2 × 3 cm sections, avoiding contact with the internal mucosa, which were then used in the experiments. The dissected bladder tissue was mounted on a glass slide with mucosal side facing upward and rinsed with 3 mL of AU solution. Experiments were performed with the bladder tissues maintained at 37 °C in an incubator. Aliquots from NaFI-loaded liposome stock solutions were

withdrawn and diluted 1:1 with PBS (2.3 mg/mL), and aqueous solutions of FITC-chitosan (0.5 mg/mL in 0.5% acetic acid) and FITC-dextran (0.5 mg/mL in deionised H_2O) were prepared. The pH of FITC-chitosan solution was adjusted to pH 6 with 1% NaOH. An aliquot (20 μL) of either NaFI-loaded lipid nanocarrier dispersions or polymers (controls) was pipetted onto a mucosal surface and irrigated with AU solution at a flow rate of 2 mL/min using a syringe pump (total washing time was 50 min). Fluorescence images of whole tissue were taken using a Leica MZ10F stereo-microscope (Leica Microsystems, UK) with Leica DFC3000G digital camera at 0.8 × magnification with 20 ms exposure time, fitted with a GFP filter. The microscopy images were then analysed with ImageJ software by measuring the pixel intensity after each wash. The pixel intensity of the blank samples (bladder mucosa without test material) were subtracted from each measurement. Each experiment was conducted in triplicate.

Evaluation of retention of formulations on the mucosa *in vitro* was quantified through WO_{50} values, which represent the volume of a biological fluid necessary to wash out 50% of a mucoadhesive formulation from a substrate (Mun et al., 2016). WO_{50} values of test materials were calculated via extrapolation of the wash-off profiles to 50% using polynomial fitting.

2.9. Mucosal penetration

The mucosal permeation study was carried out as described in Mansfield et al. (2016) using freshly excised porcine bladder tissues. NaFI-loaded liposome solutions were diluted 1:1 with PBS. Aliquots (100 μL) of NaFI-loaded liposomes were deposited onto 2 × 2 cm^2 *ex vivo* bladder mucosa, which were then placed on microscope slides. Deionised water was also pipetted as a blank control. Samples were left to incubate for 15, 30, 45 and 60 min at 37 °C. Following each time point, tissue pieces were placed with mucosal layer facing upward into a weighing boat (3.5 × 5.5 cm), half filled with OCT, a cryoprotective embedding medium. They were then placed on dry ice, before being completely embedded in OCT to conserve the liposome-loaded mucus membrane. Samples were then left on dry ice for 3 h.

For sectioning, each sample was mounted onto a 22 mm standard metal sample holder using OCT, and placed on dry ice for 30 min until completely frozen. Mucosal tissues were cryosectioned transversely with a standard 189 × 27 × 10 mm blade at 5° to form 25 μm sections, placed onto Superfrost® Plus charged microscope slides (Thermo Scientific, UK) and left to dry in air for 30 min before being stored. All sections were cut upwards through the mucosal layer. All specimens were cut using a Bright 5040 cryostat in a Bright Model PTF freezing chamber at −25 °C (Bright Instrument Co. Ltd, UK).

Sections were placed under the Leica MZ10F fluorescence stereo-microscope and all images taken with 160 ms exposure time through the GFP filter. 10 images were taken for each liposome type from a separate section of tissue.

ImageJ software was used to evaluate penetration of the liposomes as described by Mansfield et al. (2016). For each image, the background was subtracted, a line drawn across the mucosal barrier, and the "plot profile" measured. This was repeated five times at random locations along the mucosal surface for each image, giving 50 profiles for each sample. These profiles were then evaluated for penetration of liposomes. This was achieved by measuring the widths of all peaks including the width of the last peak as the urinary bladder mucosa is heavily folded. The mean values were calculated following analysis of each profile. To determine penetration into mucosa the values obtained for the blank tissue at each time point were then subtracted from the other values at the same time point.

2.10. *In vitro* release of NaFI from liposomes

The *in vitro* release of NaFI from liposomes was studied using a dialysis method adopted from our previous publication (Tonglairoum et al., 2016). In brief, 2 mL of NaFI-loaded liposomes in AU solution was transferred in a Pur-A-Lyzer™ Maxi 3500 dialysis membrane and immersed in 30 mL of AU (pH 6.4) that was then shaken at 80 spm for 24 h at 37 °C. At regular intervals, aliquots (5 mL) were withdrawn from the dialysate and replaced with fresh medium to maintain a constant volume. The released NaFI was determined using fluorescence spectrometer ($\lambda_{excitation}$ = 460 and $\lambda_{emission}$ = 512 nm). Fig 2S (Supplementary Information) shows the calibration curve used in these experiments. All release experiments were conducted in triplicate.

2.11. Statistical analysis

Statistical analysis was performed using GraphPad Prism, v5.0. Mean values ± standard deviations were calculated and assessed for significance using one-way analysis of variance (ANOVA) followed by Bonferoni *post hoc* test, where $p < 0.05$ was fixed as the statistical significance criterion.

3. Results and discussion

3.1. Preparation and characterisation of liposomes

Conventional, PEG-Mal and PEGylated liposomes were produced using standard thin film hydration and sonication method and the amount of NaFI was kept equal in all preparations (Table 1). The average mean diameter of all liposome preparations was ~90 ± 1 nm and the polydispersity index (PDI) was less than 0.23, which indicates the presence of a homogeneous liposomal population with a

narrow size distribution (Figure 1). The PDI is a measure of the size distribution and according to the literature, liposomal formulation is considered to be homogenous if PDI is ≤ 0.30 (Verma et al., 2003).

Vesicles showing their zeta potential of less than -30 mV are believed to have excellent colloidal stability and have the reduced number of bilayer membranes due to the electrostatic repulsion between the charges of the same polarity. Furthermore, liposomal formulation with ≤ -30 mV would have higher entrapment capacity because stronger zeta potential contributes to the increase in the unilamellar vesicles (Sou, 2011; Kandzija and Khutoryanskiy, 2017). The physicochemical characteristics of different liposomes are summarised in Table 2.

Many factors influence the encapsulation efficiency (%EE) and loading capacity (%LC) of liposomes, including partition coefficient of the drug (logP), drug/liposome ratio, lipid composition, bilayer rigidity, presence of charge, method of preparation, etc (Kulkarni et al., 1995; Nii and Ishii, 2005). According to the literature water-soluble drugs have, however, lower encapsulation in the liposomes compared to their lipophilic counterparts (Kandzija and Khutoryanskiy, 2017); this depends on the encapsulated aqueous volume. Since NaFI has a logP = -0.67, we anticipated lower encapsulation levels (Nii and Ishii, 2005).

NaFI was used as a model drug to demonstrate the potential use of liposomes for the application in urinary bladder drug delivery. NaFI was loaded into the liposome formulations using standard thin film method followed by sonication. It was found that conventional liposomes had the highest %EE (53±6 %), whereas PEG-Mal and PEGylated liposomes exhibited lower %EE of 25±2% and 27±2%, respectively (Table 2). It should be noted that %EE values determined in the present study are not fully accurate as it was assumed that all 100 % of lipids used in the formulation were converted into liposomes.

Transmission electron microscopy (TEM) can be used to evaluate the morphology and fine structure of liposomes. The freeze-fracture electron microscopy and/or cryo-electron microscopy are the optimal techniques to study the structure of rapidly frozen biological samples, membranes, proteins, etc. by TEM, but the preparation of the specimens (cryofixation, fracturation, vitrification and the following procedure of shading with evaporated platinum or gold, etc.) is complicated and requires long time (Frederik and Hubert, 2005; Robenek and Severs, 2008; Thompson et al., 2016). In our experience, negative staining is an easier and faster procedure. During negative staining liposomes are treated with an electron dense material achieving reasonable contrast. In this work, we used uranyl acetate that binds the phosphate group of phospholipids and has a limited penetration into the lipidic bilayer (Harris, 1986).

TEM microphotographs of the produced liposomes are shown in Figure 2. TEM analysis revealed the formation of a spherical and small unilamellar membrane for all liposome samples. Also, the images show a population of homogeneous vesicles. It is also possible to see close bilayer structures spaced by free internal structure. Furthermore, the negative staining of these liposomes confirms the results obtained by the DLS analysis (Table 2). This observation is in agreement with the mechanism that the negative charge on the membrane increases the unilamellar vesicles that have high entrapment capacity. In addition, unlike conventional liposomes (Figure 2A), formation of aggregates can be observed in PEG-Mal liposome formulations, which is likely to be due to the hydrophobic nature of maleimide groups in their structure (Figure 2C).

3.2. Mucoadhesion studies

The retention properties of NaFI-loaded conventional, PEG-Mal and PEGylated liposomes on porcine urinary bladder mucosa were assessed using a flow-through method with fluorescent detection using the methodologies described in our previous publications (Irmukhametova et al., 2011; Storha et al., 2013; Mun et al., 2016). Figure 3 shows exemplary fluorescent images of the retention of conventional, PEG-Mal and PEGylated liposomal dispersions as well as two controls (chitosan and dextran) on urinary bladder mucosa, washed with artificial urine (AU). FITC-chitosan and FITC-dextran were used as a positive and negative controls, respectively (Mun et al., 2016; Tonglairoum et al., 2016). However, it should be noted that there is a difference between the retention of FITC-modified polymers and retention of free sodium fluorescein released from liposomes. After analysis of the fluorescent images using ImageJ software, it was established that PEG-Mal liposomes exhibited very good mucoadhesive properties, comparable to the retention of FITC-chitosan (Figure 4). It was found that 32% of PEG-Mal liposomes remained on the bladder mucosa even after 50 min of washing with a total AU volume of 100 mL. Moreover, the percentage retention of PEG-Mal liposomes was found not to be significantly different from FITC-chitosan ($p > 0.05$), confirming that PEG-Mal liposomes can also be adhered well on the bladder mucosa by forming covalent bonds with thiol groups present in mucin layer of the bladder epithelium. Conventional liposomes had a significantly lower retention capability compared to PEG-Mal liposomes ($p < 0.05$). It was found that approximately 18% of conventional liposomes retained on the bladder epithelial mucosa after 100 mL of washing with AU. These results confirm the mucoadhesive properties of maleimide-terminated PEGylated liposomes, which could also be used as a potential mucoadhesive drug carrier. The mechanism of enhanced mucoadhesion of maleimide-functionalised liposomes includes the formation of covalent linkages between maleimide groups and thiols present on mucosal surfaces, as shown in Figure 5.

Mun et al. (2016) have described a novel quantitative method that allows evaluating and comparing the retention efficiency of liquid formulations on mucosal surfaces through the use of Wash Out$_{50}$ (WO_{50}) values, which represent the volume of a biological fluid required to wash out 50% of the test mucoadhesive material from a substrate. In this work, WO_{50} values were calculated by analysing individual wash-off profiles and the results are summarised in Table 2. By comparing these values for different liposomes used in this study, it is clear that the PEG-Mal liposomes have greater retention on bladder mucosa (WO_{50} = 48 mL, R^2=0.9988), compared to conventional liposomes (WO_{50} = 15 mL, R^2=0.9987), PEGylated liposomes (WO_{50} = 24 mL, R^2=0.9985) and non-mucoadhesive FITC-dextran (WO_{50} = 5 mL, R^2=0.9903), but have weaker mucoadhesive ability than FITC-chitosan (WO_{50} = 91 mL, R^2=0.9970).

3.3. Penetration into bladder mucosa

In order to assess the penetration properties of NaFI-loaded conventional, PEG-Mal and PEGylated liposomes through bladder mucosa, fluorescence microscopy was employed. The liposome solutions were pipetted onto freshly excised porcine urinary bladder mucosa and were left in contact with the tissues for 15, 30, 45 and 60 minutes and were then frozen and sectioned. Fluorescent images were then collected and ImageJ software used to evaluate the penetration of liposomes. Figure 6 demonstrates that the PEG liposomes exhibit greater penetration ability ($p < 0.05$) than conventional and PEG-Mal counterparts at all time points. The enhanced permeation performance of PEGylated liposomes into the mucosa, compared to conventional liposomes is in excellent agreement with the studies of PEGylated nanoparticles on different mucosal barriers (Wang et al., 2008; Mun et al., 2014). PEG provides stealth properties to liposomes, making them less interactive with biological tissues that facilitates their deeper penetration. This explains the greater diffusivity of PEGylated liposomes through mucosal epithelium compared to conventional liposomes. The maleimide-functionalised PEG liposomes are more mucoadhesive and will therefore form strong covalent bonds with thiols in mucosal tissue and hence their penetration is slightly retarded (Figure 6). Representative exemplary fluorescent images of the penetration of different liposomes through porcine bladder mucosa can be found in Supplementary Information (Figure S3). Better penetration of PEG liposomes into bladder mucosa could also provide some advantages for intravesical drug delivery; application of penetration enhancers such as dimethylsuphoxide to facilitate deeper anticancer drug penetration has previously been reported (Chen et al, 2003).

3.4. In vitro release from liposomes

The *in vitro* release studies for NaFI from conventional, PEG-Mal and PEGylated liposomes were conducted in AU solution at 37 °C using a dialysis method and the cumulative release profiles are shown in Figure 7. Conventional liposomes exhibited a rapid release of NaFI, which reaches saturation after 2 h. PEGylated and PEG-Mal liposomes demonstrated a prolonged release, which reaches 95-100 % after 4 and 8 h, respectively. This difference is clearly related to the presence of PEG on liposomal surfaces, which makes them more stable. A more prolonged release of a drug from PEG-Mal liposomes provides an advantage as it will ensure better efficiency and will maintain a therapeutically-relevant drug concentration in the bladder over a longer period of time following intravesical administration. A delayed release of NaFI from liposomes could also improve model drug retention on the bladder.

4. Conclusion

Three liposomal formulations were evaluated in this work for their retention in the urinary bladder, penetration into the mucosa and drug release *in vitro*. These formulations were prepared based on conventional liposomes, PEGylated liposomes and liposomes decorated with maleimide-functionalised PEG. The liposomes with maleimide groups exhibited superior *in vitro* retention on the bladder tissue, which is related to their ability to form covalent bonds with thiols present in mucosal tissue. PEGylated liposomes were found to have a greater ability to penetrate deeper into the mucosal tissue due to the stealth character of PEG that facilitates mucus-penetrating properties.

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Appendix A. Supplementary data

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Figures and legends

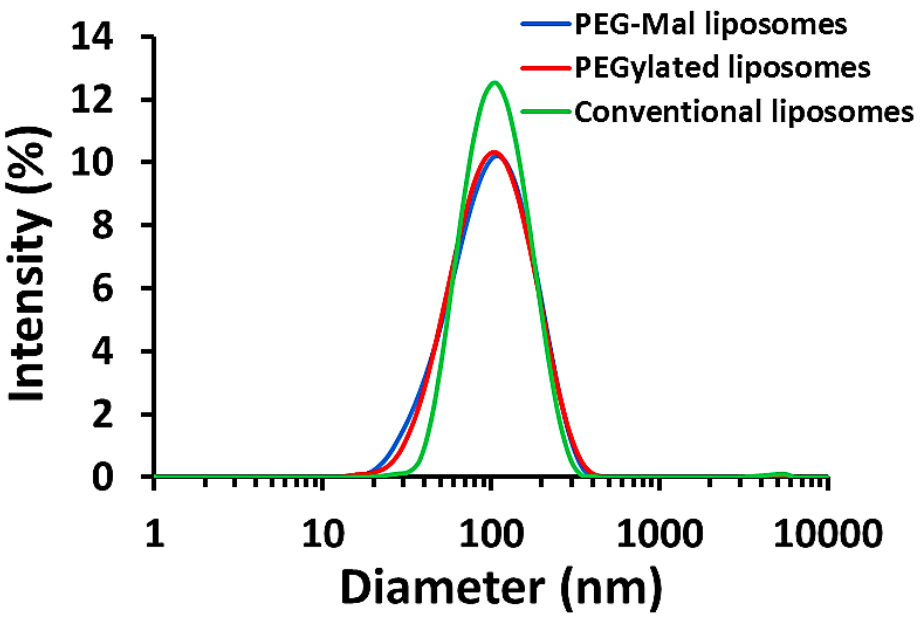
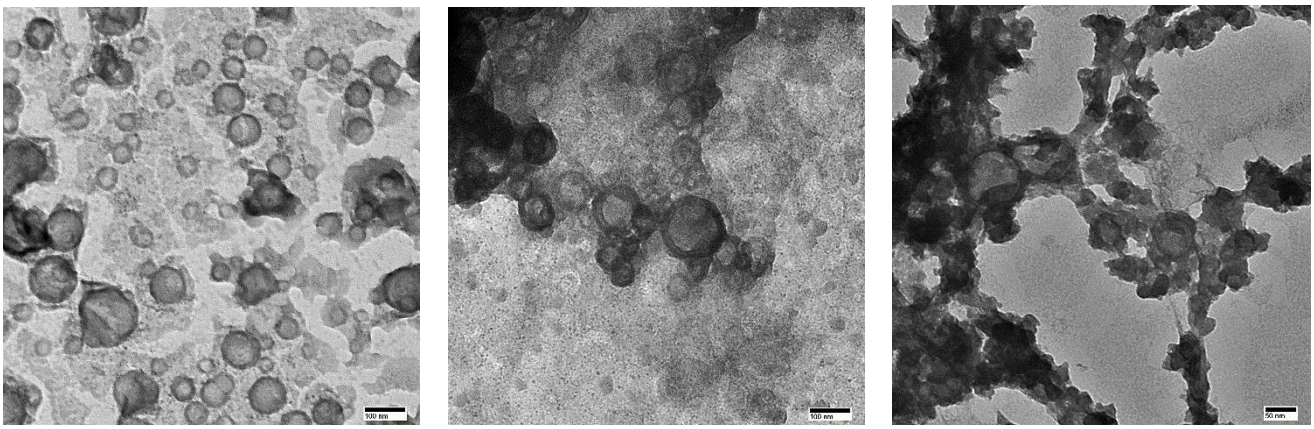


Figure 1



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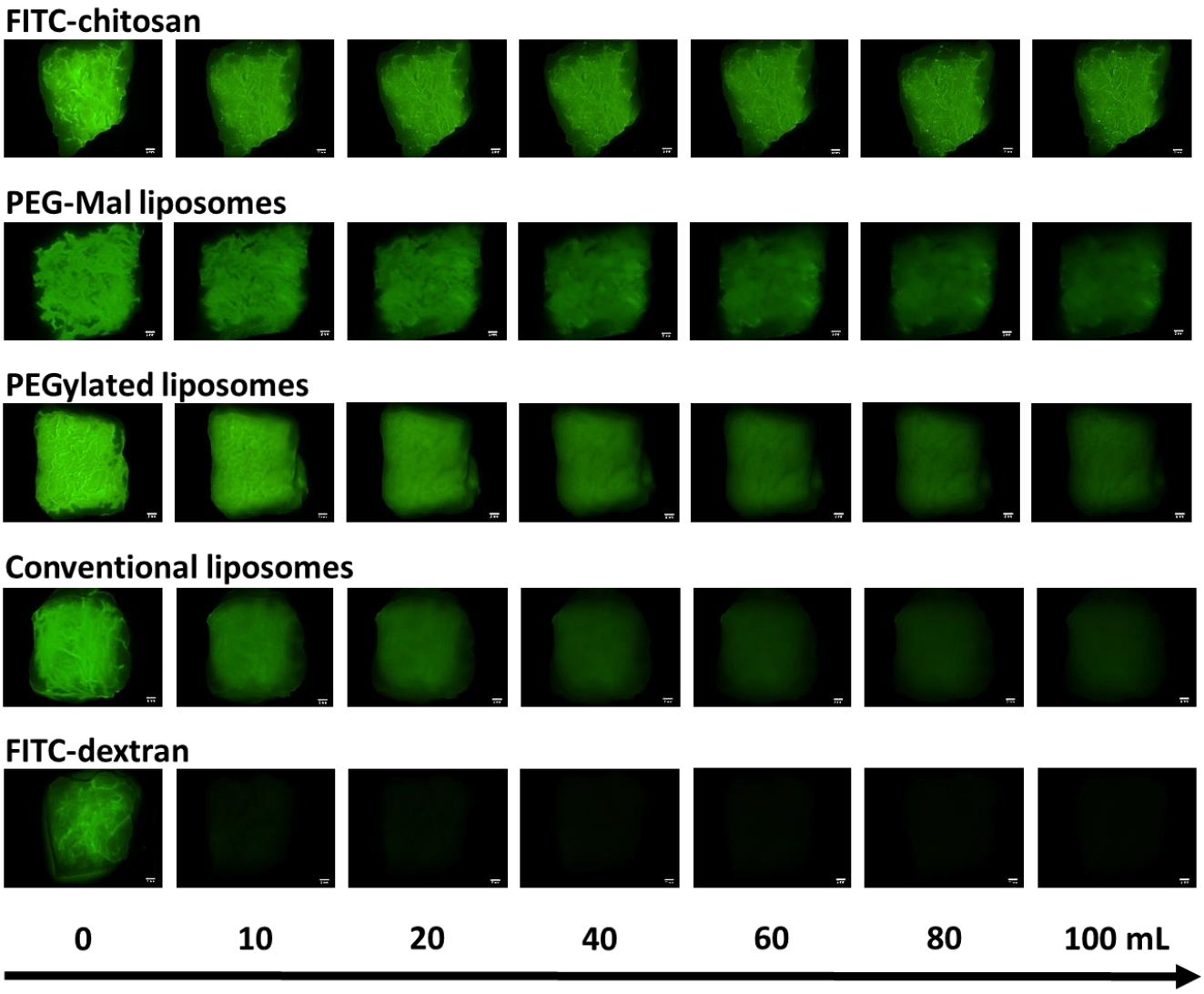

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524 Figure 3

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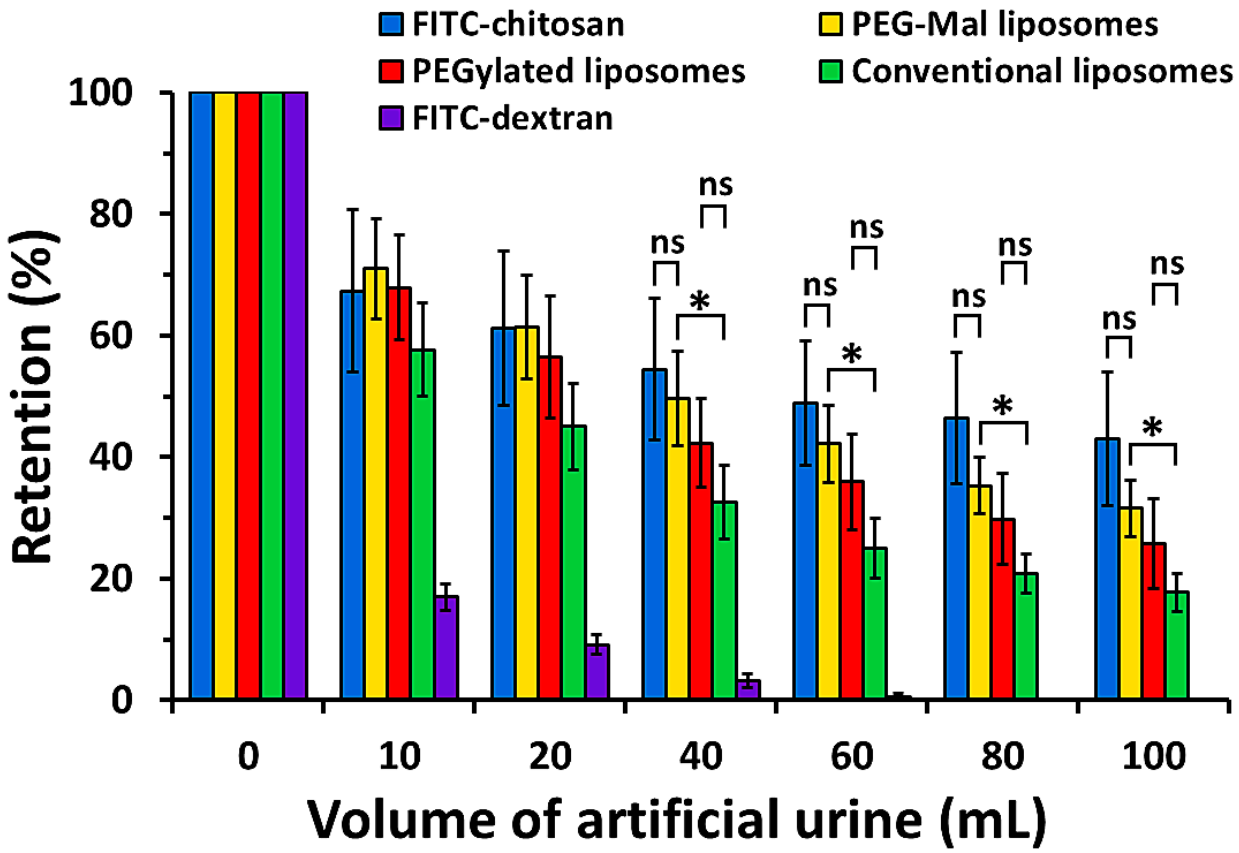

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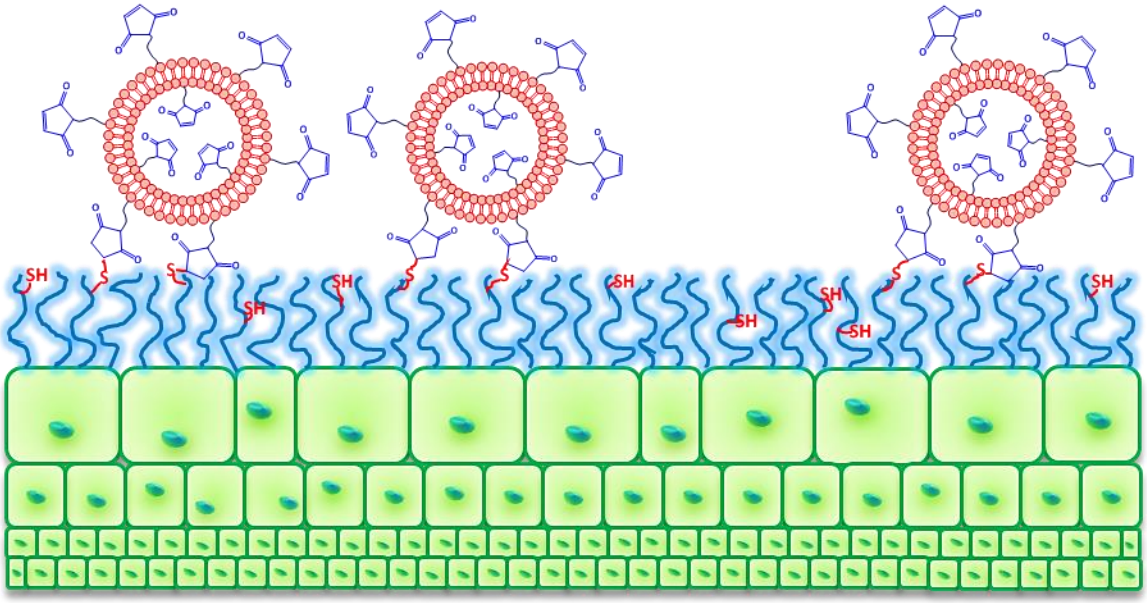
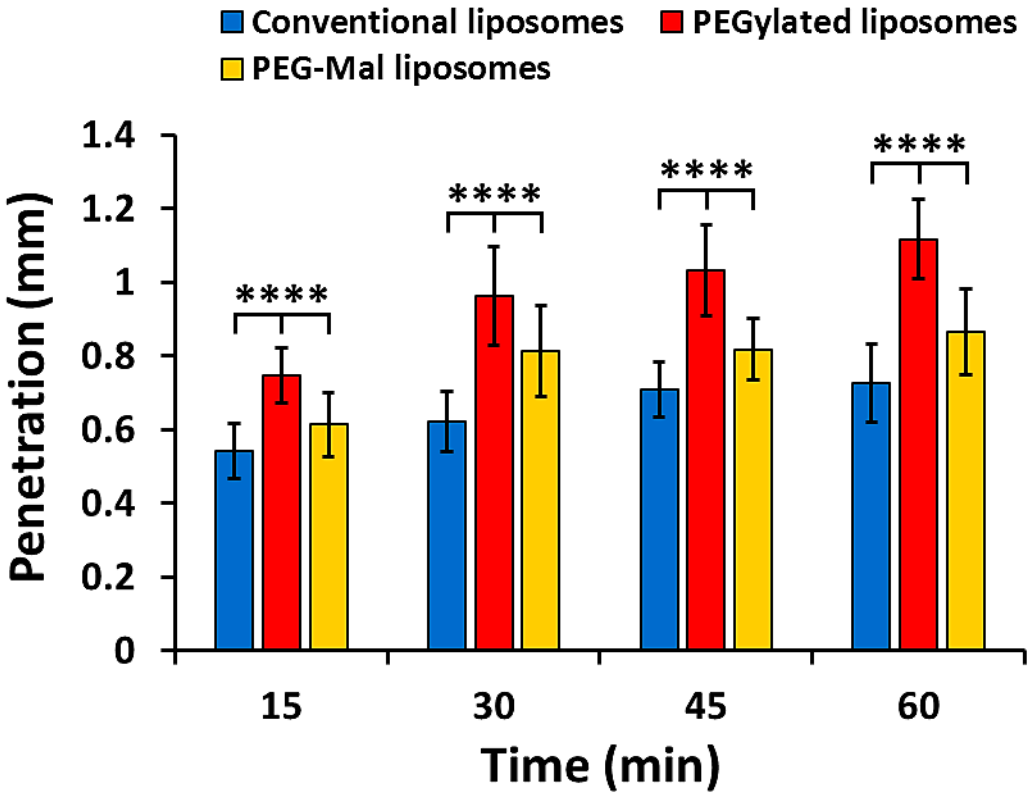


Figure 5



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539 Figure 6
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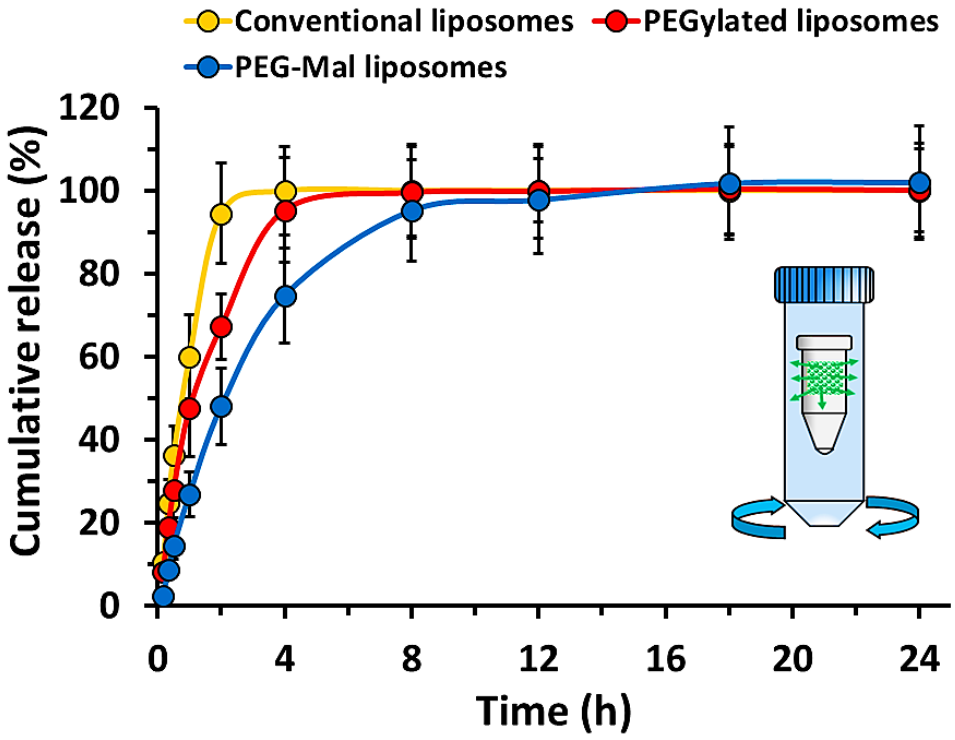

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Figure 1 Size distribution of conventional, PEGylated and PEG-Mal liposomes as determined by DLS

Figure 2 TEM micrographs of conventional (A), PEGylated (B) and PEG-Mal liposomes (C). Scale bars are 100 nm for (A) and (B), and 50 nm for (C)

Figure 3 Exemplar fluorescence images showing retention of FITC-chitosan, PEGylated, PEG-Mal liposomes, conventional liposomes and FITC-dextran on porcine urinary bladder mucosa washed with different volumes of AU. Scale bars are 2 μm

Figure 4 Percentage retention of conventional liposomes, PEGylated, PEG-Mal liposomes, FITC-chitosan and FITC-dextran on porcine urinary bladder mucosa after irrigating with different volumes of AU. Data are expressed as mean ± standard deviation (n = 3). *Statistically significant difference ($p < 0.05$)

Figure 5 Proposed mechanism of bonding between maleimide-functionalised liposomes and mucosal surfaces

Figure 6 Penetration of the conventional, PEGylated, PEG-Mal liposomes over 60 mins. Values represent the mean penetration across 10 separate porcine urinary bladder tissue sections ± standard deviation

Figure 7 Cumulative release profile of fluorescein sodium from liposomal formulations. Data expressed as mean standard deviation (n =3). Insert shows the experimental set-up used in the release studies

572 Table 1 The composition (%) of lipid nanocarrier formulations.

Liposome formulations	PC	CHO	$MPEG_{2000}$-DSPE	PEG_{2000}-DSPE-Mal	NaFI
Conventional	0.773	0.077	-	-	0.2
PEGylated	0.773	0.077	0.075	-	0.2
PEG-Mal	0.773	0.077	-	0.075	0.2

PC – Soybean L-alpha-phosphatidylcholine; CHO – Cholesterol; $MPEG_{2000}$-DSPE – [N-(carbonyl-methoxypolyethylene glycol-2000)-1,2-distearoyl-sn-glycero-3-phosphoethanol-amine, sodium salt]; PEG_{2000}-DSPE-Mal – 1,2-distearoyl-sn-glycero-3-phosphoethanolamine-N-[maleimide(polyethylene glycol)-2000] ammonium salt; NaFI – Fluorescein sodium salt

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576 Table 2 Physicochemical characteristics of conventional, PEGylated and PEG-Mal liposomes.

Liposome formulations	Mean diameter, nm	PDI	Zeta potential, mV	%EE	%LC	WO_{50}, mL
Conventional	97 ± 1	0.145	-53 ± 1	53 ± 6	12 ± 1	15
PEGylated	85 ± 1	0.217	-32 ± 2	27 ± 2	6 ± 1	24
PEG-Mal	86 ± 1	0.224	-37 ± 1	25 ±2	5 ± 1	48

WO_{50}, volume of AU required to wash out 50% of liquid formulation. Results are given as mean ± standard deviation (n = 3)

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