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# Improved seasonal prediction of UK regional precipitation using atmospheric circulation

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## Abstract

The aim of this study is to further our understanding of whether skilful seasonal forecasts of the large-scale atmospheric circulation can be downscaled to provide skilful seasonal forecasts of regional precipitation. A simple multiple linear regression model is developed to describe winter precipitation variability in nine UK regions. The model for each region is a linear combination of two mean sea-level pressure (MSLP)-based indices which are derived from the MSLP correlation patterns for precipitation in north-west Scotland and south-east England. The first index is a pressure dipole, similar to the North Atlantic Oscillation but shifted to the east; the second index is the MSLP anomaly centred over the UK. The multiple linear regression model describes up to 76% of the observed precipitation variability in each region, and gives higher correlations with precipitation than using either of the two indices alone. The Met Office’s seasonal forecast system (GloSea5) is found to have significant skill in forecasting the two MSLP indices for the winter season, in forecasts initialised around the start of November. Applying the multiple linear regression model to the GloSea5 hindcasts is shown to give improved skill over the precipitation forecast by the GloSea5, with the largest improvement in Scotland.

## 1 Introduction

In recent years, the UK has experienced several extreme seasonal precipitation events, with instances of heavy rain leading to flooding in some regions (e.g. winter 2013–2014; [Huntingford \*et al.\*, 2014](#); [Kendon and McCarthy, 2015](#); [Muchan \*et al.\*, 2015](#); [Sibley \*et al.\*, 2015](#)), and periods of low precipitation leading to drought in others (e.g. the 2010–2012 drought; [Kendon \*et al.\*, 2013](#); [Parry \*et al.\*, 2013](#)). The ability to forecast the risk of such events on seasonal timescales enables forward planning and the implementation of measures to mitigate the effects of these events on society.

There have been recent advances in the capability of seasonal forecasting for the North Atlantic and Europe. For example, [Scaife \*et al.\* \(2014\)](#) demonstrated that the GloSea5 system was able to skilfully forecast the wintertime North Atlantic Oscillation (NAO) from forecasts initialised around the start of November. However, it still remains extremely challenging to skilfully forecast the details of European weather on seasonal timescales.

One way to address this challenge is to utilise the observed relationships between the NAO and European weather. The NAO is often defined as the mean sea-level pressure (MSLP) difference between the Azores High and the Icelandic Low (e.g. [Hurrell \*et al.\*, 2003](#)) and is a well-known driver of the weather in the UK and Northern Europe. When the NAO is positive, the North Atlantic jet is stronger, the UK and Northern Europe experience milder temperatures, stronger westerly winds, and more frequent passage of extratropical storms with associated precipitation. When the NAO is negative, the UK and Northern Europe experiences colder temperatures, with more frequent episodes of anticyclonic blocking, weaker winds and generally drier conditions.

This approach was adopted by [Scaife \*et al.\* \(2014\)](#), who showed that higher correlation skill scores are obtained for observed winter storminess, temperature and windspeed over much of Northern Europe when using the GloSea5 prediction of the NAO rather than the direct GloSea5 predictions of these weather

49 variables. Similarly, [Svensson \*et al.\* \(2015\)](#) made use of the GloSea5 NAO fore-  
50 cast skill by including the NAO index as an input to a river flow model. They  
51 showed that using the NAO index from GloSea5 seasonal forecasts improved the  
52 skill of winter river flow forecasts for the UK. [Palin \*et al.\* \(2015\)](#) demonstrated  
53 that the GloSea5 winter NAO forecasts can be used to provide skilful forecasts  
54 of winter impacts on UK transport. [Karpechko \*et al.\* \(2015\)](#) found that skil-  
55 ful forecasts of Baltic Sea maximum ice extent could be obtained by using the  
56 GloSea5 winter NAO forecasts, which were more skilful than using explicit sea  
57 ice forecasts.

58 One key question is whether regional winter precipitation over the UK is pri-  
59 marily driven by the NAO or whether other patterns of atmospheric circulation,  
60 such as the East Atlantic Pattern (EAP), are also important. The EAP is char-  
61 acterised by a MSLP anomaly centred to the east of the central North Atlantic  
62 ([Barnston and Livezey, 1987](#)) and can affect the position of the North Atlantic  
63 jet ([Woollings \*et al.\*, 2010](#)). The positive phase of the EAP is associated with a  
64 low pressure anomaly in the North Atlantic, with warmer temperatures in west-  
65 ern Europe and increased precipitation to the south of, and collocated with,  
66 the low pressure centre. In the negative phase of the EAP, the high pressure  
67 anomaly in the North Atlantic is associated with a northward displacement of  
68 the jet and increased anticyclonic blocking in southwestern Europe.

69 The summer counterpart to the NAO, the summer NAO (SNAO) has a  
70 more northward position and smaller spatial extent, with MSLP centres ap-  
71 proximately over Greenland and the UK ([Folland \*et al.\*, 2009](#)). The positive  
72 phase of the SNAO is associated with high pressure over the UK and a stronger  
73 jet to the north, with the UK experiencing warmer, generally drier conditions;  
74 the negative phase has lower pressure over the UK and a weaker jet to the north,  
75 with the UK experiencing cooler, generally wetter conditions. In summer, the  
76 EAP pressure anomaly is weaker than in winter and is located further east, just  
77 to the west of the UK.

78 The relationship between regional precipitation and atmospheric circulation  
79 was investigated by [Wilby \*et al.\* \(1997\)](#), who showed that for winters with a  
80 strong positive NAO index, the west of Scotland had the strongest positive  
81 rainfall anomalies, while eastern England had negative rainfall anomalies. In  
82 contrast, in years with a strong negative NAO index, eastern England had posi-  
83 tive rainfall anomalies while the west of Scotland had negative rainfall anoma-  
84 lies. [Murphy and Washington \(2001\)](#) found that in winter an index similar  
85 to the NAO (with slightly shifted centres) controlled the north-west/south-east  
86 precipitation gradient, while a second mode of atmospheric variability, with cen-  
87 tres over Scotland and Madeira, controlled the precipitation amount over the  
88 UK. In summer a MSLP index with centres over Scotland and Greenland con-  
89 trolled the precipitation over the whole UK, but not the north-west/south-east  
90 gradient. [Lavers \*et al.\* \(2010\)](#) looked at the relationship between precipitation  
91 and river flow at ten observation stations across the UK, and different atmo-  
92 spheric fields. They found that the relative importance of the different quantities  
93 varied spatially and temporally. For stations in the north-western UK, winter  
94 precipitation is correlated with westerly winds and a MSLP dipole similar to  
95 the NAO. For stations in the south-east of England, winter precipitation is cor-  
96 related with negative MSLP anomalies centred over the UK and westerly winds  
97 to the south. Similarly [Folland and Woodcock \(1986\)](#) used MSLP patterns to  
98 forecast half-monthly rainfall in different UK regions, and show a correlation

99 of -0.80 between MSLP and precipitation in South-West England and South  
100 Wales in the first half of January. [Folland \*et al.\* \(2015\)](#) found a similarly strong  
101 correlation of -0.78 between the English Lowlands (the south-east of England)  
102 rainfall and MSLP anomalies centred over this region for the winter half-year.

103 Other studies used Lamb Weather Types (LWTs, [Lamb, 1950](#)) to cate-  
104 gorise atmospheric circulation patterns and linked them with UK weather.  
105 [Jones \*et al.\* \(2014\)](#) studied relationships between UK precipitation and objec-  
106 tively defined LWTs ([Jones \*et al.\*, 2013](#)). They found significant positive (neg-  
107 ative) correlations between England and Wales total seasonal precipitation and  
108 the cyclonic (anticyclonic) LWTs in all four seasons. The LWTs can also  
109 be expressed in terms of the mean flow direction and strength and vorticity  
110 ([Jenkinson and Collison, 1977](#)). [Osborn \*et al.\* \(1999\)](#), [Turnpenny \*et al.\* \(2002\)](#)  
111 and [Jones \*et al.\* \(2013\)](#) looked at the relationship between regional precipita-  
112 tion and these circulation measures. They found that in south-east England the  
113 vorticity had the strongest link with the precipitation amount in all seasons,  
114 with high vorticity and cyclonic conditions generally leading to more precipi-  
115 tation. In north-west England and western Scotland the precipitation amount  
116 was most strongly influenced by flow strength, with stronger flows resulting in  
117 more precipitation.

118 The aim of this study is to further our understanding of whether skilful  
119 seasonal forecasts of the large-scale atmospheric circulation can be statistically  
120 downscaled to provide skilful seasonal forecasts of regional precipitation. This  
121 will be addressed by:

- 122 1. investigating the atmospheric circulation patterns associated with winter  
123 precipitation in different UK regions;
- 124 2. using these circulation patterns to produce a simple statistical downscaling  
125 method to describe UK regional precipitation variability and;
- 126 3. applying this downscaling methodology to the GloSea5 seasonal forecast  
127 data to provide improved seasonal forecasts of UK regional precipitation.

128 Section 2 describes the datasets used. In Section 3 the relationship between  
129 precipitation in different UK regions, and the relationship between regional  
130 precipitation and MSLP, are discussed. In Section 4 a multiple linear regres-  
131 sion model is developed for UK regional precipitation, which is then applied to  
132 seasonal forecast data in Section 5 to test its capability at providing regional  
133 precipitation forecasts. Finally, Section 6 gives a summary of the results and a  
134 discussion of applications of this methodology.

## 135 2 Methodology and data

136 The precipitation observation data used in this study is the HadUKP UK re-  
137 gional precipitation series ([Alexander and Jones, 2000](#)). Data is available for 9  
138 regions of coherent precipitation variability (as defined by [Gregory \*et al.\* \(1991\)](#);  
139 see maps in Fig. 1), for the period 1931 to present for Scotland and Northern  
140 Ireland, and the period 1873 to present for England and Wales. Only data  
141 between 1931 and 2012 is used in this study, for consistency between regions.  
142 The long period over which this data is available, and the fact that it is divided  
143 into predetermined coherent regions, makes it a suitable choice for this study.

144 The precipitation data is derived from observed daily precipitation data from  
145 a selection of quality-controlled rainfall stations within each region, which are  
146 combined to give area average daily and monthly precipitation values for each  
147 region. Monthly means are used here, since daily data has been found to be too  
148 noisy in similar studies (Lavers *et al.*, 2010, 2013). In addition to this regional  
149 precipitation dataset, the Met Office’s UKCP09 gridded precipitation dataset  
150 (Met Office *et al.*, 2017) is also used. This includes monthly mean precipitation  
151 observations on a high-resolution 5km  $\times$  5km grid over the UK, and is available  
152 from January 1910 to December 2014.

153 The MSLP observation dataset used is HadSLP2r (Allan and Ansell, 2006).  
154 This is a gridded dataset created using marine and land observations, which are  
155 blended and interpolated onto a 5°  $\times$  5° regular grid. The HadSLP2r dataset  
156 extends back to the year 1850, and therefore covers the period studied in this  
157 paper.

158 The seasonal hindcast data is from the Met Office Global Seasonal forecast  
159 system, GloSea5 (MacLachlan *et al.*, 2015). This is a global ensemble forecast  
160 system with 24 ensemble members. The hindcast set covers the period winter  
161 1992–1993 to winter 2011–2012, and is the same hindcast dataset as used by  
162 Scaife *et al.* (2014). Hindcasts were initialised on 25 October, 1 November and  
163 9 November in each year, with eight members for each start date; members from  
164 the same start date differ from each other by applying a stochastic physics pa-  
165 rameterisation. The model has a resolution of 0.83° longitude by 0.55° latitude,  
166 85 levels in the vertical, with model top at 85km, and a relatively high-resolution  
167 ocean ( $\sim$  0.25° horizontally, 75 vertical levels) with interactive sea-ice. For con-  
168 sistency with observed MSLP, the model MSLP fields have been regridded to  
169 the HadSLP2 5°  $\times$  5° grid. For comparison between GloSea5 precipitation and  
170 the UKCP09 observed precipitation, the UKCP09 is regridded to the GloSea5  
171 grid and a land-sea mask applied to remove points where at least 50% of the  
172 gridbox is ocean.

173 Throughout this paper ‘winter’ is defined as the average of December, Jan-  
174 uary and February, and referred to as DJF, and ‘summer’ is defined as the  
175 average of June, July and August, and referred to as JJA. Individual winters  
176 are referred to by the year corresponding to the December at the start of the  
177 season (e.g. winter 2011–12 is referred to as winter 2011).

### 178 3 Regional precipitation variability in the UK

179 The aim of this section is to explore the relationships between precipitation  
180 in each UK region, and the associated atmospheric circulation patterns. The  
181 seasonal precipitation for winter and summer for each of the HadUKP regions is  
182 shown in Fig. 1 and Table 1. In both seasons, there is a clear north-west/south-  
183 east gradient in precipitation, with more precipitation received in the north-  
184 western regions than the south-eastern regions. The Northern and Southern  
185 Scotland regions (NS and SS respectively) receive the most precipitation in  
186 both summer and winter, with more than double the amount in winter than  
187 received by South-East and Central England (SEE and CE respectively). South-  
188 West England (SWE) receives a large amount of precipitation in winter, but  
189 considerably less in summer. East Scotland (ES) is substantially drier than  
190 NS, despite their close locations. Regions in the east have similar precipitation

191 totals in summer and winter, while regions in the west have more precipitation  
192 in winter.

193 To investigate the north-west/south-east gradient further, Figs. 2(a,c) show  
194 the winter and summer correlations between precipitation in NS and precipita-  
195 tion in each region, while Figs. 2(b,d) show correlations between precipitation  
196 in SEE and precipitation in each region; the correlations are given in detail in  
197 Table 1. These two regions were chosen since they are at opposite ends of the  
198 domain, and because the timeseries of precipitation in each of these regions are  
199 not significantly correlated in either season. NS is strongly correlated with SS  
200 in both seasons (Figures 2a and c), but the correlation rapidly weakens further  
201 to the south. NS also has a relatively low correlation with ES in both sea-  
202 sons, despite ES being directly to the east of NS. This is due to the so-called  
203 ‘rain shadow’ effect (Weston and Roy, 1994; Fowler *et al.*, 2005; Svensson *et al.*,  
204 2015), whereby regions to the east of mountain ranges receive considerably less  
205 precipitation under westerly flow than occurs to the west. Correlations with  
206 SEE are generally stronger and more widespread than for NS (Figures 2b,d).  
207 The strongest correlations with SEE are seen in the two bordering regions (SWE  
208 and CE) while the weakest SEE correlations are with NS and SS. The summer  
209 correlations between regions are similar to the winter correlations. However,  
210 in summer there is more spatial coherence across the country than in winter,  
211 with stronger correlations seen in summer between more remote regions than in  
212 winter. The low correlations between regions at opposite ends of the UK might  
213 indicate that precipitation in each region has different atmospheric drivers.

214 Figure 3 shows correlation maps of winter mean MSLP with precipitation in  
215 each UK region. There are substantial differences in spatial patterns between  
216 north-western and south-eastern regions of the UK. The NS correlation pattern  
217 (Fig. 3a) has a north-south pressure dipole, and resembles the positive phase  
218 of the NAO but with centres shifted to the east. Over the UK, there is a  
219 strong meridional pressure gradient, corresponding to westerly wind anomalies.  
220 Periods with positive precipitation anomalies in NS are therefore associated  
221 with a stronger North Atlantic jet stream, stronger westerlies and the passage of  
222 more low pressure systems and associated fronts across the norther UK. Periods  
223 with negative precipitation anomalies in NS are associated with easterly wind  
224 anomalies over the UK, corresponding to a weaker or meandering North Atlantic  
225 jet stream, and typically associated with more frequent atmospheric blocking  
226 patterns. SS shows a similar correlation pattern to that of NS but with slightly  
227 weaker magnitude (Fig. 3b).

228 In contrast, the SEE correlation pattern (Fig. 3i) has a region of negative  
229 correlations, corresponding to a low pressure anomaly, centred over the UK. This  
230 resembles the EA pattern (Barnston and Livezey, 1987) but with the area of  
231 strongest correlation centred further to the east, over the UK. High precipitation  
232 anomalies in SEE therefore occur when there is a low pressure anomaly centred  
233 over the UK, with the jet passing roughly across the centre of the UK. Low  
234 precipitation anomalies in SEE are associated with a blocking pattern over the  
235 UK and western Europe. North-East England (NEE) and CE show similar  
236 correlation patterns to SEE (Figs. 3f and h), although the correlations are  
237 slightly weaker. The correlation patterns for Northern Ireland (NI) and North-  
238 West England (NWE) (Figs. 3d and e) have a north-south pressure dipole like  
239 NS, but shifted further south, meaning that the low pressure part sits partly  
240 over the UK, and the westerly wind anomalies are located over northern Spain.



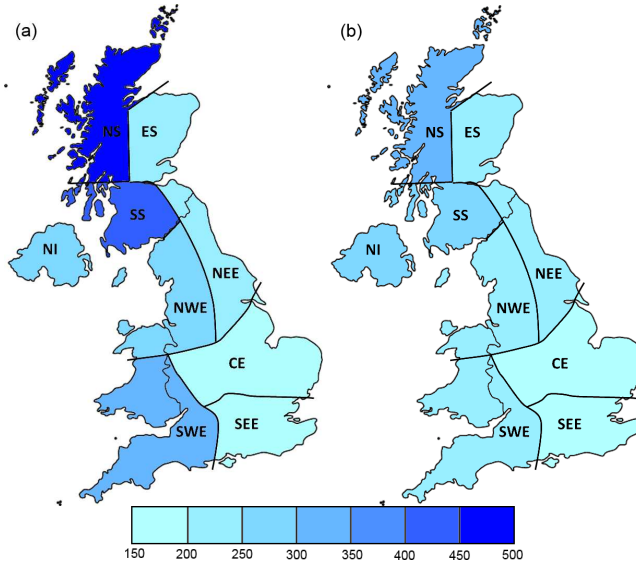


Figure 1: Maps of HadUKP observed regional precipitation, showing average total precipitation (in mm) in each region in (a) winter and (b) summer, for the period 1931–2011.

241 Therefore NI and NWE have elements of both the NS and SEE correlation  
 242 patterns. SWE has a similar correlation pattern to SEE (Fig. 3g) but with  
 243 the low pressure centred a little further north, while ES (Fig. 3c) has generally  
 244 weaker correlations, and the low centre further to the north-east.

245 Inspection of composites of the ten wettest and driest years for each region  
 246 (not shown) show that these MSLP patterns are roughly symmetric for the wet  
 247 and dry cases, with only small variations in the locations of high and low MSLP  
 248 anomaly centres.

249 Equivalent correlation maps are shown for summer in Fig. 4. NS shows a  
 250 region of low pressure centred to the north of the UK and west of Norway (Fig.  
 251 4a). All other regions show a MSLP dipole with high positive correlations over  
 252 Greenland and negative correlations centred just to the east of the UK; this  
 253 pattern resembles the SNAO (Folland *et al.*, 2009).

254 The above results show that in both winter and summer, the seasonal-mean  
 255 precipitation in regions in the north-west and south-east of the UK are not  
 256 significantly correlated, and that they are associated with different atmospheric  
 257 circulation patterns.

## 258 4 Downscaling atmospheric drivers to estimate 259 UK regional precipitation

260 In this section the links between precipitation and MSLP circulation patterns  
 261 discussed in Section 3 are used to derive a simple multiple linear regression model  
 262 to estimate winter precipitation in each region based on historical observations.  
 263 Only winter is considered here, since the aim is to derive a model that can be

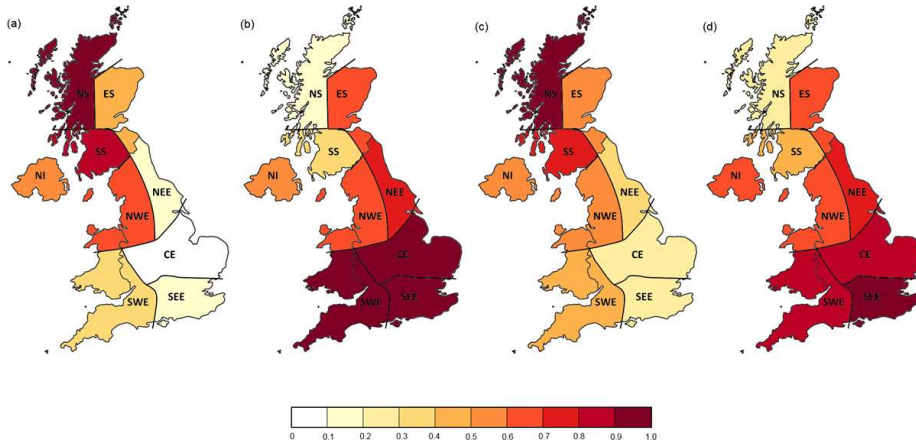


Figure 2: Maps showing seasonal correlations of HadUKP observed regional precipitation, for the period 1931–2011. Panels show correlations between each region and (a,c) NS, (b,d) SEE, in (a,b) DJF and (c,d) JJA.

264 developed for seasonal prediction, and currently the known skill of GloSea5 for  
 265 the North Atlantic region is only in winter. The potential to develop a similar  
 266 methodology for summer is discussed in Section 6.

267 Using the correlations discussed in Section 3, it is possible to derive a simple  
 268 multiple linear regression model to estimate the winter precipitation in each UK  
 269 region, making use of the fact that NS and SEE precipitation are uncorrelated  
 270 and driven by different atmospheric patterns of variability. Informed by the  
 271 MSLP correlation maps in Figs. 3a and i, two MSLP indices are constructed  
 272 that represent these atmospheric patterns. For NS precipitation, the maximum  
 273 correlation value is located in North Africa, at  $35^{\circ}\text{N}$ ,  $5^{\circ}\text{W}$ , and the minimum is  
 274 over the ocean to the north of the UK, at  $70^{\circ}\text{N}$ ,  $5^{\circ}\text{W}$ . We construct the index  
 275  $\text{MSLP}_{\text{NSI}}$ , defined as the standardised (i.e. centred about the time-mean value  
 276 and divided by the standard deviation over the timeseries) MSLP difference  
 277 between the southern point and the northern point (i.e. similar to the NAO  
 278 index). For SEE, there is a strong negative correlation centred over the UK.  
 279 We therefore construct a MSLP index based only on MSLP at this point. We  
 280 define the index  $\text{MSLP}_{\text{UK}}$  as the standardised mean MSLP anomaly in a box  
 281 centred over the UK ( $50^{\circ}\text{N}$ – $60^{\circ}\text{N}$ ,  $10^{\circ}\text{W}$ – $5^{\circ}\text{E}$ ). The correlation between the two  
 282 indices  $\text{MSLP}_{\text{NSI}}$  and  $\text{MSLP}_{\text{UK}}$  in the period 1931–2011 is very small and not  
 283 significant (-0.06).

284 To construct the multiple linear regression model, a training period (1931–  
 285 1991) is used, and a later period (1992–2011) is used to evaluate the model.  
 286 Figure 5a shows the correlation between winter precipitation in each region and  
 287  $\text{MSLP}_{\text{NSI}}$  and  $\text{MSLP}_{\text{UK}}$  in the training period. Precipitation in NS, SS, NI  
 288 and NWE is significantly correlated with  $\text{MSLP}_{\text{NSI}}$  (blue bars), while precipita-  
 289 tion in all regions except for NS is significantly correlated with  $\text{MSLP}_{\text{UK}}$  (green  
 290 bars). The geographical distribution of these correlations is shown in Fig. 6.  
 291 The four regions where precipitation is significantly correlated with  $\text{MSLP}_{\text{NSI}}$   
 292 are in the north-west of the UK, with the highest correlation in NS (Fig 6a).  
 293 Correlations between precipitation and  $\text{MSLP}_{\text{UK}}$  are larger in the south of the

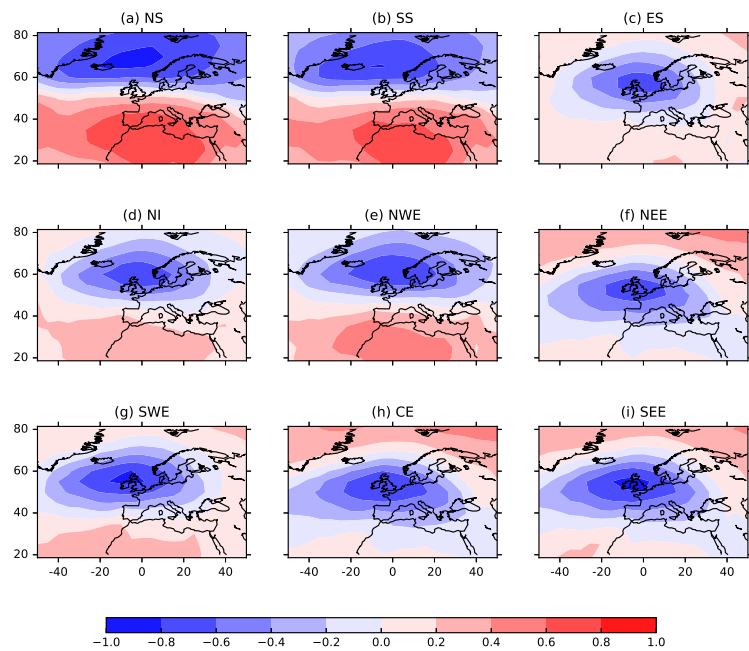


Figure 3: Maps of observed correlation between winter MSLP and winter precipitation in each of the HadUKP regions, for the period 1931–2011.

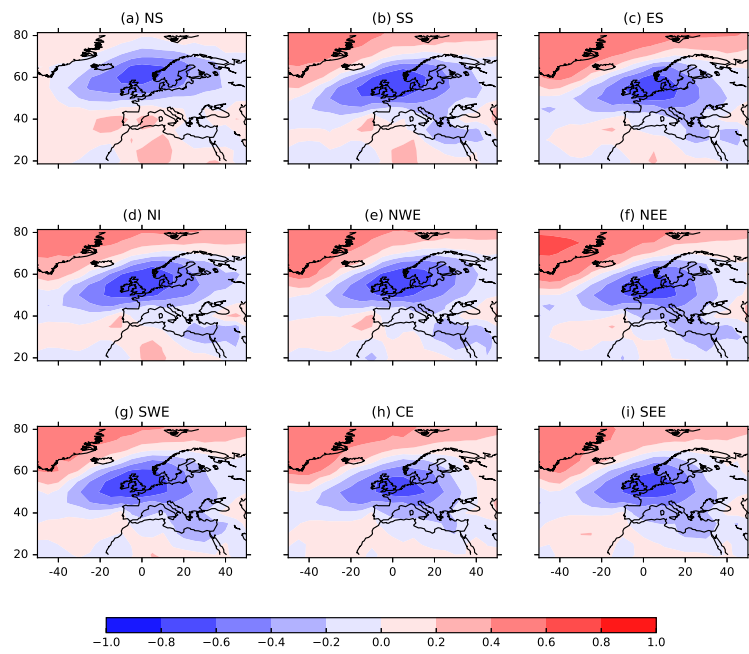


Figure 4: Maps of observed correlation between summer MSLP and precipitation in each of the HadUKP regions, for the period 1931–2011.

294 UK, with the highest correlations in SEE and SWE. In all regions, the precipi-  
 295 tation is significantly correlated with at least one of the two MSLP indices, and  
 296 in three regions the precipitation is significantly correlated with both indices.

297 A multiple linear regression model for the estimated precipitation,  $P_{\text{lin}i}$ , in  
 298 each region  $i$  is constructed using  $\text{MSLP}_{\text{UK}}$  and  $\text{MSLP}_{\text{NSI}}$  as predictors. Thus  
 299 for region  $i$ :

$$P_{\text{lin}i} = \alpha_i \text{MSLP}_{\text{UK}} + \beta_i \text{MSLP}_{\text{NSI}} + c_i. \quad (1)$$

300 Each region  $i$  has a different set of regression coefficients  $\alpha_i$ ,  $\beta_i$  and  $c_i$  which  
 301 represent the relative importance of  $\text{MSLP}_{\text{UK}}$  and  $\text{MSLP}_{\text{NSI}}$  as atmospheric  
 302 drivers of precipitation in that region. The forward selection stepwise linear re-  
 303 gression method is used. A significance criterion of  $p < 0.1$  is used for inclusion  
 304 in the regression model: if  $p > 0.1$  for one of the MSLP indices then the corre-  
 305 sponding regression coefficient is 0. The regression coefficients for each region  
 306 are shown in Table 2. Here the standardised MSLP indices are used; that is,  
 307 anomalies are computed which are normalised by the standard deviation of the  
 308 index over the training period.  $P_{\text{lin}i}$  is therefore an estimate of the standard-  
 309 ised precipitation anomaly, which can be scaled by the standard deviation of  
 310 the observed precipitation timeseries for each region, and recentred about the  
 311 mean, to give an actual precipitation estimate. Since the coefficients are for the  
 312 precipitation anomaly, the term  $c_i = 0$ . For correlation scores this choice of  
 313 standardisation makes no difference. The impact of detrending the  $\text{MSLP}_{\text{NSI}}$ ,  
 314  $\text{MSLP}_{\text{UK}}$  and precipitation timeseries was found to make almost no difference  
 315 to the results (correlations within 0.01), so the non-detrended values are used.

316 For each region the correlation between  $P_{\text{lin}i}$  and the observed precipitation  
 317 is shown in Fig. 5a (purple bars). To evaluate the derived precipitation against  
 318 observed precipitation, the Spearman rank correlation is used in preference to  
 319 the Pearson correlation, as this avoids making assumptions about linearity, and  
 320 deals better with outliers (Wilks, 1995). Using the Pearson correlation gives  
 321 generally similar results. The correlations between  $P_{\text{lin}i}$  and observed precipi-  
 322 tation are significant in all regions. The highest correlations are in SEE and  
 323 SWE, with the lowest correlations in ES and NEE. In all regions apart from ES  
 324 and NEE, this method explains more than 50% of the precipitation variance (i.e.  
 325 the correlation  $r \geq 0.71$ ), while in SEE more than 75% of variance is explained  
 326 ( $r \geq 0.87$ ). Fig. 6c shows that the highest correlations are obtained for regions  
 327 in the north-west and south of the country, with north-eastern regions having  
 328 the lowest correlations.

329 To evaluate the simple multiple linear regression model, the coefficients de-  
 330 rived for the 1931–1991 training period were applied to observed MSLP data for  
 331 the test period 1992–2011, and the results evaluated against regional precipita-  
 332 tion for this later period. Timeseries of the observed and derived precipitation  
 333 for three sample regions are shown in Fig. 7. In NS (Fig. 7a) there is very  
 334 good agreement between observed and derived precipitation, and in particu-  
 335 lar the precipitation extremes are well captured. In NWE (Fig. 7b), where  
 336 precipitation is controlled by both pressure indices relatively equally, the ex-  
 337 tremes are again well captured, but there are a few years where the derived  
 338 precipitation does not match the observed precipitation. A similarly good cor-  
 339 respondence between observed and derived precipitation is seen for CE (Fig.  
 340 7c), but again there are a few years where the derived precipitation does not  
 341 match the observed. The years with poor correspondence between derived and

342 observed precipitation tend to be those where the precipitation is close to the  
343 mean value, which suggests that the model may not perform so well when the  
344 driving circulation patterns are weak. The correlations for the test period are  
345 shown in Fig. 5b. These are similar to the correlations for the training period  
346 (Fig. 5a). The good agreement between the downscaled and observed precip-  
347 itation for the independent evaluation period suggest that the multiple linear  
348 regression model is robust, and is not over-fitted to the training dataset. Repeat-  
349 ing the evaluation of the multiple regression model on other 20-year sub-periods  
350 (1932–1951, 1952–1971 and 1972–1991) also give similar correlations to those  
351 for the full training period. In regions NI and NWE, there is a difference in  
352 the relative importance of the two pressure indices between the training period  
353 and the test period: in the training period precipitation in these regions has a  
354 higher correlation with  $\text{MSLP}_{\text{UK}}$  than  $\text{MSLP}_{\text{NSI}}$ , while in the test period the  
355 correlation with  $\text{MSLP}_{\text{NSI}}$  is higher (compare Fig. 5a and b). This emphasizes  
356 the need for a long training period that is independent from the test period.

357 The same methodology can be applied to the UKCP09 gridded precipitation  
358 data. A multiple linear regression model based on the two pressure indices  
359 can be derived for each grid point, over the training period 1931–1991. As  
360 for the regional precipitation, this leads to the strongest correlations between  
361 observed and derived precipitation in the south of England and the north-west  
362 of Scotland, with slightly lower correlations in the north-east of the country (not  
363 shown). The observed MSLP-precipitation relationships derived for each grid  
364 point are used in Section 5.2 to derive forecasts of precipitation on these scales.

## 365 5 Seasonal precipitation forecasts using the mul- 366 tiple linear regression model

367 The aim of this section is to evaluate seasonal hindcasts of UK regional precip-  
368 itation obtained by applying the multiple linear regression model developed in  
369 Section 4 to GloSea5 hindcasts of MSLP.

### 370 5.1 Evaluation of GloSea5

371 The current GloSea5 system has been shown to have good skill in forecasting  
372 the wintertime NAO from forecasts initialised around the start of November,  
373 with a correlation skill score of 0.62 for the period 1992–2011 (Scaife *et al.*,  
374 2014). Less has been said about the skill in forecasting precipitation, although  
375 MacLachlan *et al.* (2015) showed that there was little skill in raw model output  
376 for Northern Europe for DJF upper and lower terciles of precipitation (their  
377 Figure 13). Figure 8(a) shows a map of the correlation skill for the ensemble  
378 mean precipitation from GloSea5 evaluated against the UKCP09 gridded pre-  
379 cipitation observations (regridded first to the GloSea5 grid). There are a few  
380 gridboxes with high skill (correlations exceeding 0.5), mostly in south Wales  
381 and moderate (but not significant) skill in some gridboxes in western Scotland.  
382 In general the grid-point skill within the HadUKP regions is coherent, although  
383 in the SWE region this is not true, as South Wales has higher skill than further  
384 south. Most of the eastern parts of the UK have low or no skill (correlations less  
385 than 0 in some places). These results should, however be taken with caution

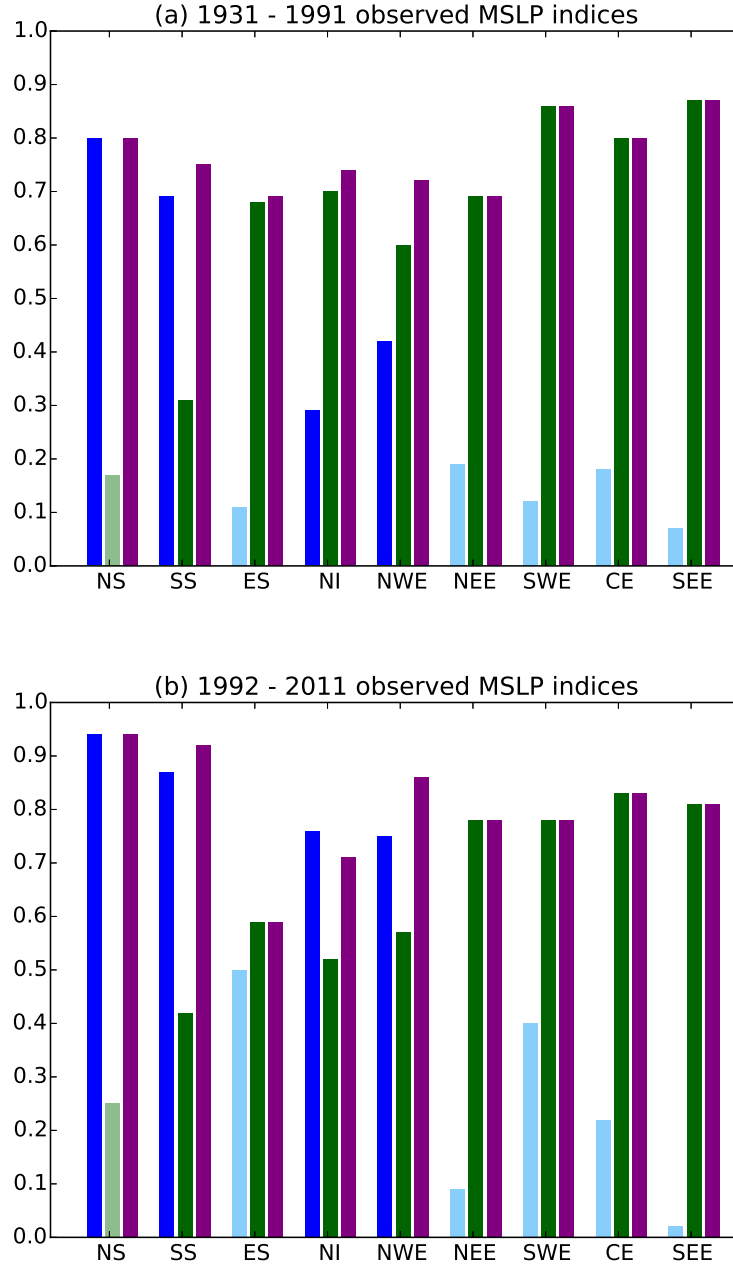


Figure 5: Absolute value of Spearman rank correlations between observed winter regional precipitation and the two pressure indices  $MSLP_{NSI}$  (blue),  $MSLP_{UK}$  (green) and derived precipitation  $P_{lin}$  (purple) for (a) the training period (1931–1991) and (b) the test period (1992–2011). Correlations that are not significant ( $p > 0.1$ ) in the training period (and therefore correspond to indices not used in the construction of  $P_{lin}$ ) are shown in pale blue/green.

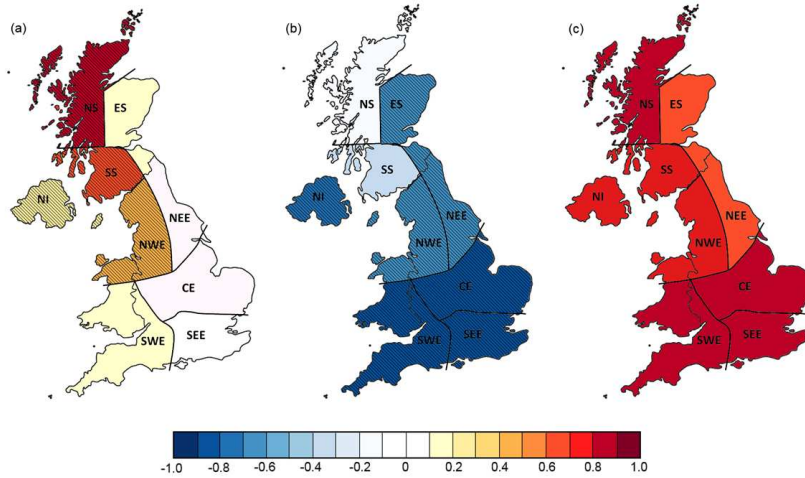


Figure 6: Correlation between winter regional precipitation and (a)  $MSLP_{NSI}$ , (b)  $MSLP_{UK}$ , and (c)  $P_{in}$  for observations in the training period (1931–1991). In (a,b) correlations that are significant at the 90% level are overlaid with hatched lines; in (c) all correlations are significant so hatching is omitted for clarity.

386 since data output from models such as seasonal forecast models is not designed  
 387 to be evaluated on the grid-point scale (e.g. Lander and Hoskins, 1997).

388 Figure 9 shows a spatial map of the skill of the GloSea5 ensemble mean in directly  
 389 forecasting DJF MSLP, as compared to the HadSLP2 observation dataset, over a domain  
 390 covering the North Atlantic and Europe. Regions over the UK and to the north and south,  
 391 including the  $MSLP_{NSI}$  centres, have reasonable skill, with correlation values between  
 392 0.4 and 0.6. The model correlation skill scores for the two indices defined in Section 4  
 393 are 0.56 for  $MSLP_{NSI}$ , and 0.50 for  $MSLP_{UK}$ . These are both significant at the 95%  
 394 level. The skill of GloSea5 in forecasting DJF atmospheric circulation variability in the  
 395 North Atlantic is therefore not restricted to the NAO, but also includes other modes of  
 396 variability.

397 It is also important to understand whether the GloSea5 forecast system  
 398 can spatially represent the atmospheric drivers of UK regional precipitation. Correlation  
 399 maps of MSLP against  $MSLP_{NSI}$  and  $MSLP_{UK}$  are shown in Fig. 10, both for the  
 400 observations for the full period 1931–2011 and for GloSea5 for the period 1992–2011.  
 401 As expected, the observed correlation pattern for  $MSLP_{NSI}$  (Fig. 10a) shows a dipole  
 402 structure, and looks almost identical to the NS precipitation correlation pattern (Fig. 3a).  
 403 The equivalent correlation map for GloSea5 is very similar (Fig. 3b), although the  
 404 southern centre of the dipole is slightly weaker in GloSea5 than the observations. The  
 405 observed correlation pattern for  $MSLP_{UK}$  (Fig. 10c) looks much like the SEE  
 406 correlation pattern (Fig. 3i) with the signs reversed. The equivalent correlation map  
 407 for GloSea5 again strongly resembles the observed pattern (Fig. 10d). The fact that  
 408 these correlation maps are similar for GloSea5 and for the observations indicates that  
 409 these MSLP indices correspond to the same atmospheric circulation patterns.  
 410



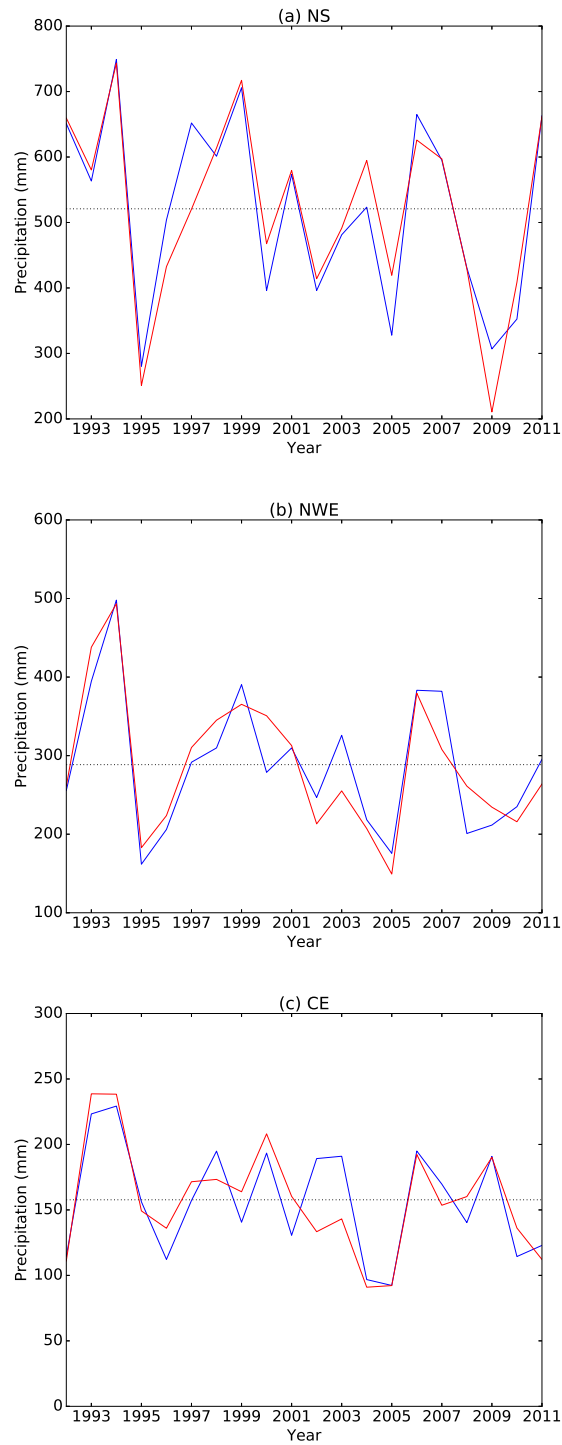


Figure 7: Time series of DJF observed precipitation (blue lines) and precipitation derived using the multiple linear regression model applied to HadSLP2 observed pressure indices (red lines), for the period 1992–2011. Panels show precipitation in (a) Northern Scotland, (b) North-West England and (c) Central England. The dotted black line marks the time-mean observed precipitation.

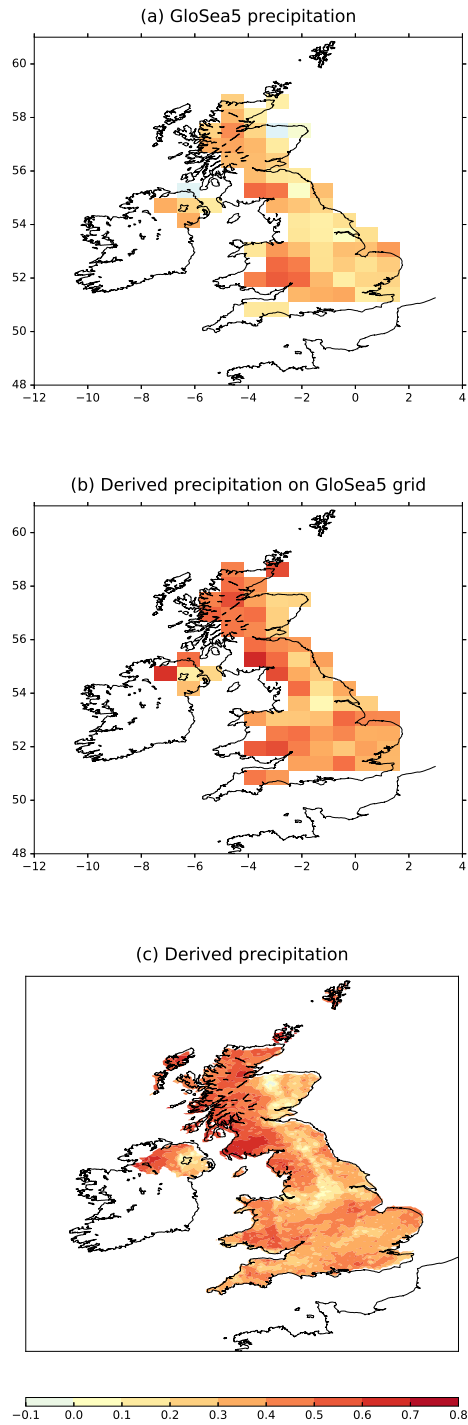


Figure 8: Spearman rank correlation scores for winter precipitation for the period 1992–2011. (a) Correlation skill for ensemble mean precipitation from GloSea5 at each grid-box compared with the UKCP09 observed precipitation regridded to the GloSea5 model grid. (b,c) Correlation skill for ensemble mean precipitation derived from GloSea5 MSLP indices using the multiple linear regression model compared with the UKCP09 observed precipitation. In (b) the correlation map is regridded to the GloSea5 grid for comparison with (a); (c) is on the native UKCP09 5km grid.

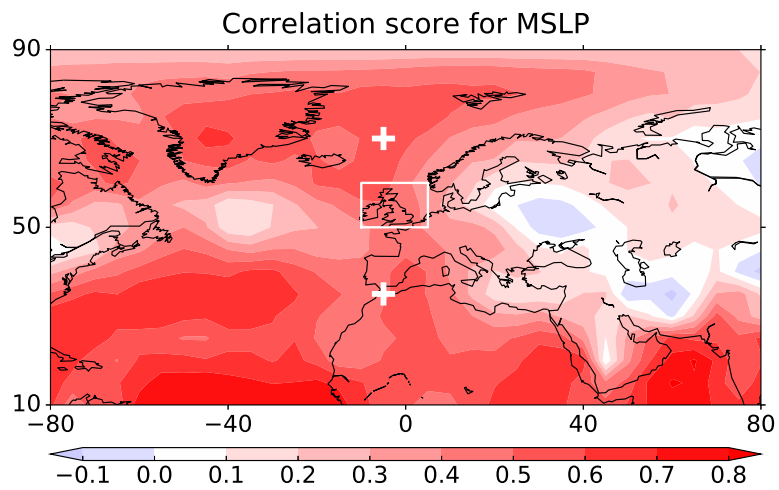


Figure 9: Correlation skill score between GloSea5 ensemble mean MSLP and observed MSLP for the hindcast period 1992–2011. ‘+’ symbols indicate the locations of the  $\text{MSLP}_{\text{NSI}}$  centres, while the rectangular box indicates the averaging area for  $\text{MSLP}_{\text{UK}}$ .

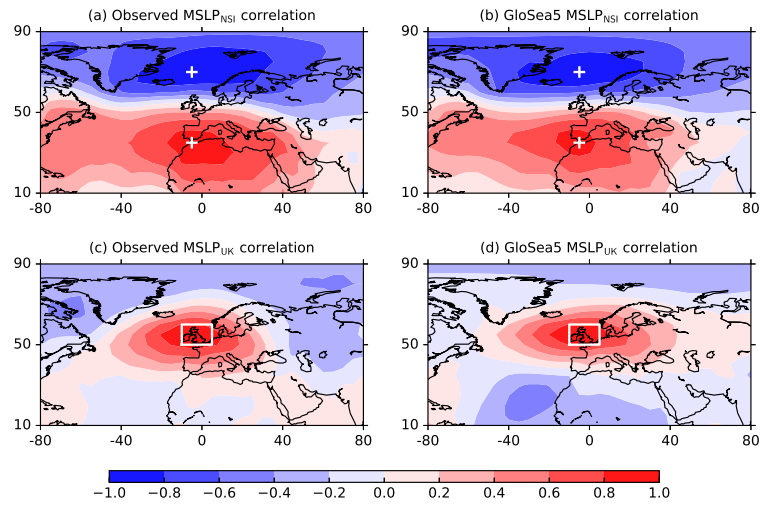


Figure 10: Point-based correlation between MSLP fields and (a, b)  $\text{MSLP}_{\text{NSI}}$  and (c, d) UK MSLP, for (a, c) observations for the period 1931–2011 and (b, d) GloSea5 for the period 1992–2011. In (b,d) the map shows the mean of the individual ensemble members' correlations between MSLP and the respective indices. '+' symbols in (a,b) indicate the  $\text{MSLP}_{\text{NSI}}$  centres, while the rectangle in (c,d) indicates the averaging area for  $\text{MSLP}_{\text{UK}}$ .

## 411 5.2 Forecasting precipitation using the multiple linear re- 412 gression model based on observations

413 The multiple linear regression model was applied to the GloSea5 hindcasts of  
414 the two pressure indices. The model was applied to each ensemble member  
415 individually. In this section the skill for the ensemble mean is discussed. In Section  
416 5.3 a discussion of how this method can be used to produce a probabilistic  
417 forecast is given.

418 Figure 11 shows the skill obtained in forecasting precipitation for each re-  
419 gion by applying the multiple linear regression model to the  $MSLP_{NSI}$  and  
420  $MSLP_{UK}$  indices obtained from the GloSea5 hindcast data for DJF, from fore-  
421 casts initialised around the start of November. The highest skill is obtained  
422 for NS, which has a correlation skill score of 0.64. CE and SS also have high  
423 correlation scores above 0.5. NI and NWE have reasonable correlation scores  
424 above 0.4, which are significant at the 90% level. The remaining three regions  
425 have lower skill, with the lowest correlation skill score seen in SWE.

426 The high skill in forecasting NS and SS precipitation is due to the model's  
427 relatively high skill in forecasting the  $MSLP_{NSI}$ , and the high correlation be-  
428 tween this pressure index and precipitation in these regions (Fig. 12). The fact  
429 that good skill is obtained in the north-west of the UK is consistent with the  
430 findings of Svensson *et al.* (2015) that this region is strongly influenced by the  
431 NAO, which is a similar MSLP dipole index to  $MSLP_{NSI}$ .

432 In regions NI and NWE, significant skill in forecasting precipitation is also  
433 obtained (Fig. 11). It can be seen from Fig. 12, however, that in these regions,  
434 the correlation between GloSea5 forecast  $MSLP_{NSI}$  and observed precipitation  
435 is higher than the correlation between the estimated precipitation  $P_{lin}$  and ob-  
436 served precipitation. This is related to the fact that, in these two regions, in  
437 the test period the observed precipitation is more strongly related to observed  
438  $MSLP_{NSI}$  while in the training period  $MSLP_{UK}$  is more important (as dis-  
439 cussed at the end of Section 4). For more general periods it would therefore  
440 be advisable to use  $P_{lin}$  rather than only  $MSLP_{NSI}$  to forecast precipitation in  
441 these regions.

442 The remaining regions are those where precipitation is driven by  $MSLP_{UK}$ .  
443 CE has relatively high skill (0.51) compared to the remaining four regions. ES  
444 and NEE are the two regions with the lowest correlations in the observations in  
445 the training period, so this is not unexpected. In contrast, SEE and SWE have  
446 relatively low correlation skill scores, but have the highest correlations in the ob-  
447 servations between the actual precipitation and predicted precipitation  $P_{lin}$ , and  
448 therefore high potential predictability. This is partly due to the lower skill in the  
449 model forecast of  $MSLP_{UK}$  compared with the skill for  $MSLP_{NSI}$ . Therefore  
450 future improvements in GloSea5's ability to represent variability in  $MSLP_{UK}$   
451 would lead to improvements in precipitation forecasts using this method.

452 Using relationships derived for the UKCP09 gridded precipitation data, it  
453 is possible to apply this methodology to generate high-resolution gridded pre-  
454 cipitation forecasts. Figure 8c shows the correlation scores obtained using this  
455 method to forecast precipitation at each grid point in the UK. This shows a  
456 similar pattern of skill to that for regional precipitation, with the highest skill  
457 seen in the north-west of the UK. In this case Southern Scotland has areas with  
458 the highest correlation skill. There are some differences in detail; in particular  
459 there is a narrow band of regions with lower skill extending southwards from

460 north-east Scotland; this is collocated with high orography, and may be a result  
461 of limited or less reliable observations in these regions. These results are also  
462 shown regridded to the GloSea5 grid in Fig. 8b, for comparison with the GloSea5  
463 direct precipitation output. This downscaling method gives an improvement in  
464 skill over the GloSea5 direct precipitation output in most gridboxes. There are  
465 a few gridboxes, in Northern Ireland and the West of England where the derived  
466 precipitation gives slightly worse results than GloSea5 direct precipitation out-  
467 put. However, it should be noted that the 5km precipitation forecast obtained  
468 using this method are potentially much more useful for streamflow modelling, as  
469 it will allow distinction between river basins not possible with the much coarser  
470 resolution GloSea5 precipitation forecast.

### 471 5.3 Generating a probabilistic forecast for regional pre- 472 cipitation

473 We have focussed on correlation skill so far because unlike probabilistic mea-  
474 sures like reliability, the correlation is robust to post-processing changes to the  
475 ensemble spread. Nevertheless, probabilistic forecasts are useful to represent  
476 uncertainty and so in this section we demonstrate how a well calibrated prob-  
477 abilistic forecast for UK regional precipitation can be produced. *Scaife et al.*  
478 (2014) noted that, while the winter NAO prediction skill is high, the magni-  
479 tude of the signal in the ensemble mean is much smaller than the interannual  
480 variability of the observations. Furthermore, the forecast skill is higher than  
481 would be expected given the size of the ensemble mean signal and the ensem-  
482 ble spread. To address this issue, *Eade et al. (2014)* defined a quantity, which  
483 they termed the ratio of predictable components (RPC), to give an estimate  
484 of the ratio of the ‘predictability of the real world’ to the ‘predictability of  
485 the model’. The ‘predictability of the real world’ is estimated by the ensem-  
486 ble mean correlation coefficient with the observations, while the ‘predictability  
487 of the model’ is estimated from the standard deviation of the ensemble mean  
488 divided by the standard deviation of ensemble members. This quantity should  
489 be 1 for a perfect forecast system. *Eade et al. (2014)* developed a method to  
490 correct the ensemble mean signal and ensemble members accordingly, to make  
491 RPC equal to unity. This method alters the ensemble mean variance according  
492 to the correlation skill, and adjusts the ensemble members such that the ensem-  
493 ble variance about the ensemble mean is equal to the unpredictable noise of the  
494 observations. The correction does not affect correlation skill and is described  
495 in full in *Eade et al. (2014)*. The correction method can be applied in real-time  
496 using ensemble information from a hindcast period. The RPC and the correc-  
497 tion method are described in more detail in Appendix B. Here we show results  
498 both with and without this correction by applying it to the GloSea5 predictions  
499 of  $\text{MSLP}_{\text{NSI}}$  and  $\text{MSLP}_{\text{UK}}$  before they are used to infer rainfall. The RPC  
500 values for  $\text{MSLP}_{\text{NSI}}$  and  $\text{MSLP}_{\text{UK}}$  are 2.07 and 1.48, respectively.

501 The observed and estimated precipitation timeseries for two regions (NS and  
502 CE) obtained for the 20-year test period are shown in Figure 13. Although the  
503 correlation skill is high for NS precipitation (0.64, Fig. 11), Fig. 13a shows that  
504 the magnitude of the signal in the ensemble mean predicted precipitation is much  
505 smaller than that of the observed precipitation variability, by a factor of 5. The  
506 ensemble is also overdispersed; the ensemble spread is larger than the observed  
507 extreme precipitation values in the timeseries. Similarly the magnitude of the

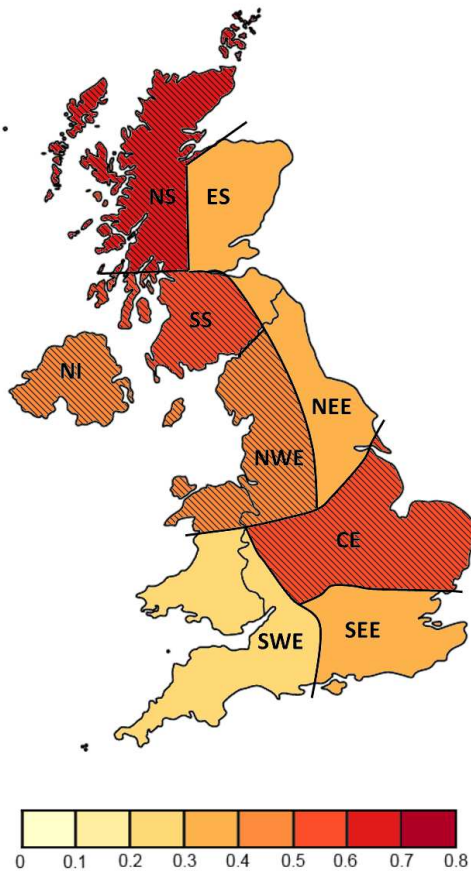


Figure 11: Spearman rank correlation skill for predicting winter precipitation in each of the HadUKP regions using the multiple linear regression model applied to GloSea5 MSLP fields for the period 1992–2011. Correlations that are significant at the 90% level are overlaid with hatched lines.

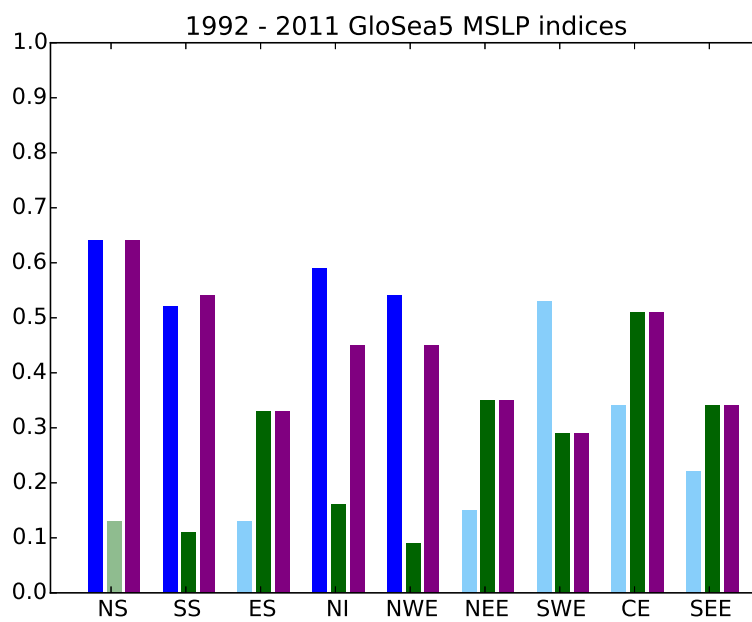


Figure 12: Absolute value of Spearman rank correlations between observed winter regional precipitation and the two pressure indices  $MSLP_{NSI}$  (blue),  $MSLP_{UK}$  (green) and derived precipitation  $P_{lin}$  (purple) from GloSea5 hindcasts, over the period 1992–2011. Correlations that are not significant ( $p > 0.1$ ) in the training period (and therefore correspond to indices not used in the construction of  $P_{lin}$ ) are shown in pale blue/green.



508 signal of the CE ensemble mean precipitation estimates (Fig. 13b) is a factor  
 509 of 3 smaller than the observed precipitation variability in this region, and the  
 510 ensemble spread is again large. Similar features are also seen for precipitation in  
 511 the remaining seven regions (not shown). Equivalent series produced using the  
 512 RPC-corrected pressure indices are shown in Figures 13c and d. For NS (Fig.  
 513 13c) using the RPC correction gives an ensemble mean signal magnitude around  
 514 double that obtained using the uncorrected values (Fig. 13a). The ensemble  
 515 spread is also smaller in this case. In particular, in winters 1994 and 2011, the  
 516 ensemble forecast confidently predicts the high precipitation anomalies observed.  
 517 The RPC correction has less effect on CE precipitation predictions (Fig. 13d)  
 518 and other regions where precipitation is driven mainly by  $\text{MSLP}_{\text{UK}}$ . This is  
 519 due to the lower correlation skill for  $\text{MSLP}_{\text{UK}}$ , which means that the inflation  
 520 of the ensemble mean signal is smaller. Nevertheless, the ensemble mean signal  
 521 for CE precipitation is increased by a factor of 1.5 by the RPC correction, and  
 522 gives smaller ensemble variance than obtained using the uncorrected values (Fig.  
 523 13b). Finally, it is interesting to note that in winter 2011, both the observations  
 524 and ensemble mean show a relatively large positive precipitation anomaly in NS  
 525 (Figs. 13a and c) and a relatively large negative precipitation anomaly in CE  
 526 (Figs. 13b and d). This is an example of how this method can predict regional  
 527 differences in precipitation.

528 To give a probabilistic evaluation of the ensemble forecasts' ability to predict  
 529 higher or lower than average precipitation, the Brier skill score is used (see  
 530 Appendix A for more details). Brier skill scores for each region are shown in  
 531 Table 3, for both the uncorrected and RPC-corrected ensembles. In all regions  
 532 except for ES the BSS is greater than zero, indicating that the ensemble forecast  
 533 has more skill than climatology. In general the RPC-corrected ensemble gives  
 534 better Brier skill scores than the uncorrected ensemble. However, in the regions  
 535 with low skill (ES and SWE) the RPC correction does not improve the Brier  
 536 skill scores. The five regions with significant correlation skill (Fig. 11) have  
 537 high Brier skill scores, while those with lowest correlation skill have lower Brier  
 538 skill scores.

## 539 6 Discussion and conclusions

540 The aim of this study was to determine whether skilful seasonal forecasts of the  
 541 large-scale atmospheric circulation can be downscaled to provide skilful seasonal  
 542 forecasts of UK regional precipitation.

543 Precipitation in the UK has a north-west/south-east gradient, in terms of  
 544 both the total amount of precipitation and the main atmospheric drivers of pre-  
 545 cipitation. This gradient is stronger in winter than in summer. In winter, there  
 546 are two distinct atmospheric circulation patterns associated with precipitation  
 547 variability in the north-west regions and in the south-east regions. Precipita-  
 548 tion in the north-west is associated with a MSLP dipole with centres to the  
 549 north and south of the UK (which we refer to as the  $\text{MSLP}_{\text{NSI}}$  index); precip-  
 550 itation in the south-east is associated with a MSLP anomaly centred over the  
 551 UK (which we refer to as the  $\text{MSLP}_{\text{UK}}$  index). These modes of variability re-  
 552 semble eastward-shifted versions of the NAO and the EA Pattern, respectively.  
 553 GloSea5 seasonal hindcasts were found to skilfully represent both these modes  
 554 of variability in winter in forecasts initialised around the start of November.

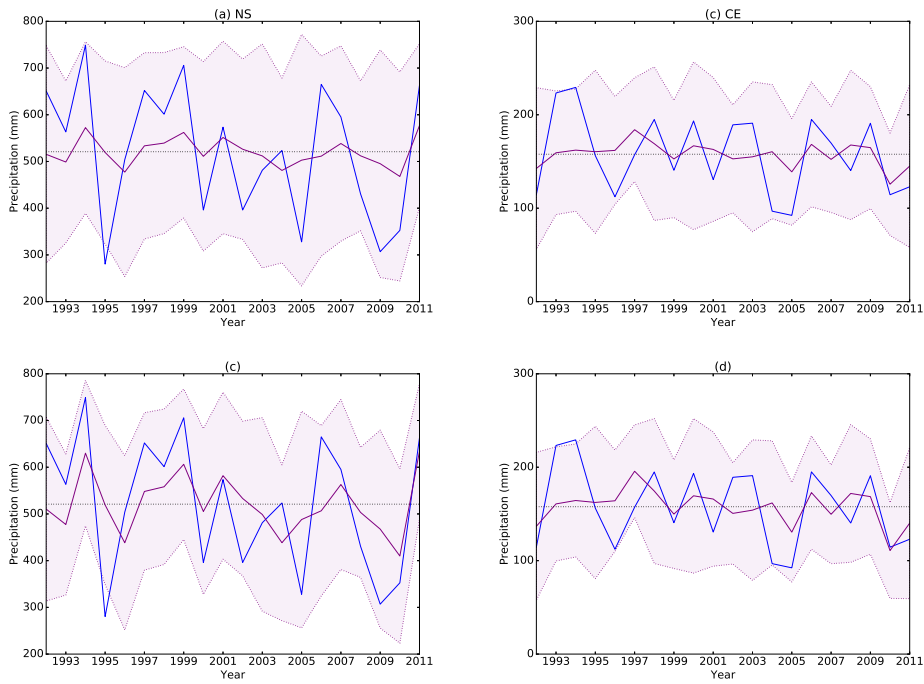


Figure 13: Timeseries of observed and estimated winter precipitation (in mm) in regions (a,c) Northern Scotland and (b,d) Central England. Blue lines show the observed precipitation, purple lines show the ensemble mean estimate precipitation, with shading and dotted purple lines indicating plus and minus two standard deviations of the ensemble member estimates. The dotted black line marks the time-mean observed precipitation. (a) and (b) show timeseries obtained using the unadjusted ensemble forecasts of  $\text{MSLP}_{\text{NSI}}$  and  $\text{MSLP}_{\text{UK}}$ ; (c) and (d) show timeseries obtained using the RPC-corrected ensemble forecasts of  $\text{MSLP}_{\text{NSI}}$  and  $\text{MSLP}_{\text{UK}}$ .

555 The skill of GloSea5 in winter is therefore not restricted to the NAO, but also  
556 extends to MSLP variability centred over the UK.

557 A simple multiple linear regression model has been developed to describe  
558 the variability of winter precipitation in each UK region, using indices based  
559 on these two circulation patterns. This multiple linear regression model de-  
560 scribes between 50 and 76% of observed precipitation variability in each region.  
561 Applying this multiple linear regression model to GloSea5 seasonal hindcasts  
562 of winter MSLP leads to more skilful forecasts than simply using precipitation  
563 forecasts directly from GloSea5. The correlation skill is particularly high for  
564 north-western regions of the UK (0.64), in which precipitation is driven primar-  
565 ily by the  $\text{MSLP}_{\text{NSI}}$  dipole-based index. In general lower skill is obtained for  
566 south-eastern regions, which are more strongly influenced by the  $\text{MSLP}_{\text{UK}}$  in-  
567 dex, although Central England shows promising forecast correlation skill (0.51).  
568 The generally lower skill in England than in Scotland may be because GloSea5  
569 has lower skill for  $\text{MSLP}_{\text{UK}}$  than for  $\text{MSLP}_{\text{NSI}}$ , therefore improvements in  
570 forecasting MSLP over the UK could lead to skilful seasonal forecasts of winter  
571 precipitation for all UK regions.

572 The downscaling methodology developed in this study has also be applied  
573 to the UKCP09 5km gridded precipitation data, which gives broadly similar  
574 results to the regional analysis. Comparison between the derived precipitation  
575 and GloSea5 direct precipitation output showed that this downscaling technique  
576 gives better correlation skill than simply using the direct GloSea5 precipitation  
577 output. In addition, the 5km gridded precipitation forecast produced using this  
578 method are potentially useful for streamflow modelling, as they allow distinction  
579 between river basins not possible with the much coarser resolution GloSea5  
580 precipitation forecasts. Due to the constraints of computational cost, seasonal  
581 forecast models cannot currently be run at higher resolution, and certainly they  
582 will not be run operationally at horizontal resolutions close to 5km in the near  
583 future. Even if run at kilometre-scale resolutions, biases in the model mean state  
584 such as positioning of the North Atlantic jet would make it difficult to use direct  
585 precipitation output from these models on seasonal timescales, so downscaling  
586 methods such as the one used in this paper would still be useful.

587 A probabilistic ensemble forecast for regional UK precipitation can be made  
588 using this methodology by applying the multiple linear regression model to  
589  $\text{MSLP}_{\text{UK}}$  than for  $\text{MSLP}_{\text{NSI}}$  forecast by individual GloSea5 ensemble member.  
590 However, post-processing of the ensemble forecasts must be performed in order  
591 to correct for the low signal-to-noise ratio of the ensemble. The RPC correction  
592 used here is one such post-processing technique. Applying this correction to  
593 the forecast pressure indices gives a larger signal in the ensemble mean regional  
594 precipitation forecasts, and smaller ensemble spread, or more confident forecasts.  
595 Brier skill scores show that the ensemble of derived precipitation forecasts using  
596 this method has skill higher than climatology in most regions.

597 This multiple linear regression approach could also be applicable to decadal  
598 forecasting and future climate projections. In these lower-resolution models,  
599 regions with different precipitation drivers could well be contained within one  
600 gridbox. The sub-grid-scale or near-grid-scale variability means that it is dif-  
601 ficult to use precipitation directly from these models to provide forecasts or  
602 to draw conclusions about future changes in precipitation. In particular, the  
603 larger interannual variability of precipitation received by north-western UK re-  
604 gions compared to those in the south-east means that variability in precipitation

605 in the north-western regions dominate variability in the UK total precipitation.  
606 As shown in this study, precipitation in the south-east and north-west regions is  
607 uncorrelated. Therefore any forecast or projection based on a UK-average pre-  
608 cipitation contains little information about precipitation in south-eastern UK  
609 regions. This has implications for forecasts or future projections of drought,  
610 to which the south-east is more vulnerable than the north-west (Folland *et al.*,  
611 2015). Using the multiple linear regression model, however, provides informa-  
612 tion about each region separately. One consideration for using this method in  
613 this context would be how much the relationship between atmospheric circu-  
614 lation and regional precipitation can be assumed to be stationary over longer  
615 timescales.

616 The method used in this study was designed to utilise known skill of the  
617 GloSea5 model at forecasting the wintertime NAO and circulation described by  
618 MSLP. If other fields such as vorticity, wind strength and wind direction can  
619 be forecast with similar levels of skill, then a similar method could be devel-  
620 oped based on the Jenkinson indices (Jenkinson and Collison, 1977), utilising  
621 the relationships between these and regional precipitation found by Jones *et al.*  
622 (2014). Future model developments will lead to further increases in forecasting  
623 skill for atmospheric circulation patterns, both due to higher model resolution  
624 and larger ensemble sizes. This increased skill could be utilised in more complex  
625 downscaling methods, perhaps using the above-mentioned fields in addition to  
626 MSLP. In addition, furthering our understanding of the processes that underlie  
627 modes of atmospheric variability such as the NAO is essential for improving  
628 seasonal predictions and capturing the relationships with patterns of precip-  
629 itation. This includes external processes such as ocean-atmosphere coupling  
630 (e.g. Kushnir, 1994) and internal atmospheric processes such as eddy-mean flow  
631 interactions (e.g. Wallace and Lau, 1985).

632 This study has focused on winter only for building the multiple linear regres-  
633 sion model. However a similar approach can also be used for summer. Based on  
634 the correlation patterns in Fig. 4, two MSLP indices can be identified to model  
635 regional summer precipitation variability: the first index is a representation  
636 of the SNAO, defined using the pressure difference between a Greenland box  
637 ( $70^{\circ}\text{W}$ – $45^{\circ}\text{W}$ ,  $70^{\circ}\text{N}$ – $85^{\circ}\text{N}$ ) and a UK box (defined as for winter); the second  
638 index is the pressure at ( $5^{\circ}\text{W}$ ,  $60^{\circ}\text{N}$ ). Constructing a multiple linear regression  
639 model with observations of these two indices gives correlations with observed re-  
640 gional summer precipitation of between 0.7 and 0.8, so this model explains more  
641 than about 50% of the precipitation variability in each region. In future sea-  
642 sonal forecast models with more skilful representation of summer atmospheric  
643 circulation, this method could be useful in forecasting summer precipitation as  
644 well as winter.

## 645 Acknowledgements

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649 viding helpful comments and suggestions on the manuscript.

## 650 A The Brier skill score

651 In Section 5.3 the Brier skill score is used to evaluate the probabilistic skill of the  
 652 forecasts at forecasting higher or lower than average precipitation. Following  
 653 (Jolliffe and Stephenson, 2003), the Brier skill score is defined as

$$\text{BSS} = 1 - \frac{B}{B_{\text{ref}}}, \quad (2)$$

654 where  $B$  is Brier score  $B$ , defined as

$$B = \frac{1}{n} \sum_{j=1}^n f_j - o_j, \quad (3)$$

655  $n$  is the number of years,  $f_j$  is the forecast probability of the event in year  
 656  $j$ , and  $o_j$  is equal to 1 if the event occurred and 0 if not. In this case the  
 657 event is the occurrence of higher (or lower) than average precipitation in a  
 658 given region. The forecast probability  $f_j$  is calculated by taking the average of  
 659 all ensemble members' forecasts of the event occurring (either 1 or 0 for each  
 660 ensemble member).  $B_{\text{ref}}$  is the climatology, in this case 0.5 since higher (lower)  
 661 than average precipitation occurs 50% of the time.

662 Brier skill score values greater than 0 indicate that the ensemble system is  
 663 more skilful than climatology; negative values indicate poorer skill than clima-  
 664 tology.

## 665 B The ratio of predictable components (RPC) 666 and RPC correction

667 In Section 5.3 the RPC correction is used. The RPC gives an estimate of the  
 668 ratio of the 'predictability of the real world' to the 'predictability of the model'  
 669 (Eade *et al.*, 2014). The predictable component of the observations ( $\text{PC}_{\text{obs}}$ ) is  
 670 defined as the correlation  $r$  between the ensemble mean and observations, given  
 671 by

$$\text{PC}_{\text{obs}} = r = \frac{\sum_{j=1}^n (\bar{x}_j - \hat{x})(y_j - \hat{y})}{\sqrt{\sum_{j=1}^n (\bar{x}_j - \hat{x})^2 \sum_{j=1}^n (y_j - \hat{y})^2}}, \quad (4)$$

672 where  $\bar{x}_j$  and  $y_j$  are the ensemble mean and observation (respectively) in year  $j$ ,  
 673 and  $\hat{x}$  and  $\hat{y}$  are the time-means of these quantities over  $n$  years. The predictable  
 674 component of the model ( $\text{PC}_{\text{mod}}$ ) is defined as the ratio of the ensemble mean  
 675 standard deviation to the average ensemble member standard deviation, given  
 676 by

$$\text{PC}_{\text{mod}} = \sqrt{\frac{\sigma_{\bar{x}}^2}{\frac{1}{m} \sum_{i=1}^m \sigma_{x_i}^2}}, \quad (5)$$

677 where  $m$  is the number of ensemble members,  $x_i$  is ensemble member  $i$  and  $\sigma_x$   
 678 represents the standard deviation over time of a quantity  $x$ . The RPC is then  
 679 defined as the ratio

$$\text{RPC} = \frac{\text{PC}_{\text{obs}}}{\text{PC}_{\text{mod}}}. \quad (6)$$

680 RPC can have any value, but if the model predictability accurately reflects the  
 681 observed predictability then  $\text{RPC}=1$ . Values of RPC greater than one indicate  
 682 an overdispersive system; positive values lower than one indicate underdispers-  
 683 sion; and negative values indicate that there is no skill.

684 The RPC correction developed by Eade *et al.* (2014) adjusts the ensemble  
 685 mean and ensemble members such that the  $\text{RPC}=1$ . The ensemble mean is  
 686 adjusted so that its variance is equal to the predictable part of the observed  
 687 variance:  $\text{PC}_{\text{obs}}^2 = r^2\sigma_y^2$ . The adjusted ensemble mean  $\bar{x}_j'$  in year  $j$  is given by

$$\bar{x}_j' = (\bar{x}_j - \hat{x}) \frac{\sigma_y r}{\sigma_x} + \hat{x}, \quad (7)$$

688 where  $\sigma_y$  is the standard deviation of the observations. The ensemble members  
 689 are then recentred about the adjusted mean and their variance adjusted to  
 690 be equal to the variance of the unpredictable noise part of the observations:  
 691  $(1 - r^2)\sigma_y^2$ . The adjusted ensemble member  $i$  at time  $j$ ,  $x'_{ij}$ , is given by

$$x'_{ij} = (x_{ij} - \hat{x}) \frac{\sigma_y \sqrt{(1 - r^2)}}{\sigma_{\text{mem}j}} + \bar{x}_j' \quad (8)$$

692 where  $\sigma_{\text{mem}j}$  is the standard deviation of the ensemble members about the  
 693 ensemble mean at time  $j$ . Full details can be found in Eade *et al.* (2014).

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Table 1: Average total precipitation (mm) in winter and summer seasons, along with regional correlation with NS and SEE regional precipitation in the two seasons, for HadUKP regions in years 1931–2012. Correlations in bold are significant at the 95% level, based on a two-tailed t-test.

Region	DJF precipitation	NS DJF correlation	SEE DJF correlation	JJA precipitation	NS JJA correlation	SEE JJA correlation
NS	497.3	<b>1</b>	0.13	327.3	<b>1</b>	0.21
SS	410.6	<b>0.88</b>	<b>0.32</b>	299.3	<b>0.75</b>	<b>0.48</b>
ES	200.8	<b>0.44</b>	<b>0.65</b>	204.2	<b>0.50</b>	<b>0.65</b>
NI	286.9	<b>0.52</b>	<b>0.57</b>	251.3	<b>0.56</b>	<b>0.62</b>
NWE	278.0	<b>0.67</b>	<b>0.61</b>	245.6	<b>0.50</b>	<b>0.67</b>
NEE	207.6	0.11	<b>0.79</b>	200.4	<b>0.31</b>	<b>0.71</b>
SWE	314.5	<b>0.34</b>	<b>0.91</b>	212.8	<b>0.43</b>	<b>0.81</b>
CE	158.9	0.05	<b>0.90</b>	175.6	0.20	<b>0.89</b>
SEE	198.0	0.13	<b>1</b>	168.4	0.21	<b>1</b>

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Table 2: Regression coefficients for the estimated precipitation anomaly in each region, as given by equation 1. Values in italics are those that fail the significance testing ( $p > 0.1$ ) so are set to zero in the regression equation.

Region	$\alpha$	$\beta$
NS	<i>-21.31</i>	106.32
SS	-26.73	70.81
ES	-31.40	<i>6.45</i>
NI	-34.69	14.80
NWE	-42.74	31.27
NEE	-38.33	<i>-8.00</i>
SWE	-71.87	<i>16.41</i>
CE	-37.08	<i>-6.04</i>
SEE	-56.11	<i>0.60</i>

Table 3: Brier skill scores for precipitation in each HadUKP region obtained from GloSea5 hindcasts of MSLP using the linear regression method, for the period 1992–2011. The two columns show the unadjusted and RPC-adjusted forecasts.

Region	Uncorrected	RPC-corrected
NS	0.21	0.36
SS	0.14	0.28
ES	-0.04	-0.16
NI	0.14	0.25
NWE	0.21	0.33
NEE	0.13	0.14
SWE	0.05	-0.04
CE	0.13	0.19
SEE	0.13	0.09