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A Multiscale Asymptotic Theory of Extratropical Wave–Mean Flow Interaction

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ABSTRACT

Multiscale asymptotic methods are used to derive wave activity equations for planetary- and synoptic-scale eddies and their interactions with a zonal mean flow. The eddies are assumed to be of small amplitude, and the synoptic-scale zonal and meridional length scales are taken to be equal. Under these assumptions, the zonal-mean and planetary-scale dynamics are planetary geostrophic (i.e., dominated by vortex stretching), and the interaction between planetary- and synoptic-scale eddies occurs only through the zonal mean flow or through diabatic processes. Planetary-scale heat fluxes are shown to enter the angular momentum budget through meridional mass redistribution. After averaging over synoptic length and time scales, momentum fluxes disappear from the synoptic-scale wave activity equation while synoptic-scale heat fluxes disappear from the baroclinicity equation, leaving planetary-scale heat fluxes as the only adiabatic term coupling the baroclinic and barotropic components of the zonal mean flow. In the special case of weak planetary waves, the decoupling between the baroclinic and barotropic parts of the flow is complete with momentum fluxes driving the barotropic zonal mean flow, heat fluxes driving the wave activity, and diabatic processes driving baroclinicity. These results help explain the apparent decoupling between the baroclinic and barotropic components of flow variability recently identified in observations and may provide a means of better understanding the link between thermodynamic and dynamic aspects of climate variability and change.

1. Introduction

The interaction between jet variability and eddies is a long-studied topic, but the interaction is not yet understood well enough to identify causal mechanisms for variability or sources of systematic errors in models. There are well-developed theoretical frameworks for the zonally homogeneous case (e.g., annular-mode variability); however, zonally asymmetric analyses including planetary-scale interactions are more complicated, and only partial theories for this case exist (Hoskins et al. 1983; Plumb 1985, 1986). Yet longitudinal variations and synoptic–planetary-scale interactions are important for the location and strength of the storm tracks and blocking episodes (Hoskins et al. 1983; Luo 2005; Simpson et al. 2014). These phenomena strongly affect the regional climate and its climate change. As the dynamical aspects of climate are not yet well understood, there is low confidence in circulation patterns simulated by global and regional models and their response to climate change (Shepherd 2014).

An important aspect of wave–mean flow interaction concerns barotropic and baroclinic processes and their links through eddy momentum and heat fluxes. It has recently been shown from observations for the southern and northern annular modes in Thompson and Woodworth (2014) and Thompson and Li (2015) that the zonal mean flow is affected only by momentum fluxes and not by heat fluxes, while the opposite is true for a so-called baroclinic annular mode (BAM) that is based on eddy kinetic energy (EKE). This decoupling goes against the usual transformed Eulerian mean (TEM) perspective, first introduced by Andrews and McIntyre (1976), within which both heat and momentum fluxes affect the zonal-mean-flow tendency through the Eliassen–Palm (EP) flux divergence. The decoupling was further investigated in Thompson and Barnes (2014), who found an oscillating relationship between EKE and heat flux with time periods of 20–30 days. A similar relationship was found between wave activity and heat flux in Wang and Nakamura (2015, 2016).

To derive a theoretical framework for understanding planetary–synoptic-scale interactions and the apparent decoupling of the baroclinic and barotropic parts of the flow, we use multiscale asymptotic methods as introduced in Dolaptchiev and Klein (2009, 2013, hereafter DK09 and DK13, respectively). This approach is taken as such methods provide a self-consistent (albeit idealized) framework for...
studiying interactions between processes on different length and time scales, starting from a minimal set of assumptions. While the derived theory using these methods may not be quantitatively accurate for the atmosphere, it can still provide qualitative value, especially when trying to determine the causal relationships that are so elusive in standard budget calculations. This is analogous to the use of the quasigeostrophic approximation, which provides a clear qualitative picture of the large-scale flow and both planetary- and synoptic-scale eddies; however, for accurate representation of the flow (e.g., in weather prediction), the primitive equations are used. Therefore, the aim of this work is to find a theoretical framework by which to better understand the emergent properties of observations and model behavior rather than developing a predictive theory.

DK13 used a separation of length scales in the meridional and zonal directions, with an isotropic scaling for the synoptic scales, as well as a temporal scale separation between the synoptic and planetary waves. Isotropic scaling for the synoptic scales is standard in quasigeostrophic (QG) theory (Pedlosky 1987), and a meridional scale separation has been argued to be a useful and physically realizable idealization of baroclinic instability (Haidvogel and Held 1980). These assumptions allowed DK13 to study planetary- and synoptic-scale interactions. However, they did not derive a wave activity equation or develop explicit equations for the interaction with a zonal mean flow. These aspects are the focus of this paper. For simplicity, we derive the asymptotic equations for the case of small-amplitude eddies evolving in the presence of a zonal mean flow, which is an important special case of the DK13 framework. As well as giving a theoretical description for the interaction of a zonal mean flow with planetary- and synoptic-scale waves, this setting also allows a study of the link between baroclinic and barotropic processes and the relative importance of planetary- and synoptic-scale waves for these processes.

The outline of the paper is as follows. Section 2 gives the equations and assumptions used to derive the potential vorticity (section 3), wave activity and mean-flow equations (section 4), and the angular momentum budget for the zonal mean flow (section 5). The momentum, continuity, thermodynamic, and vorticity equations at different asymptotic orders, which are needed for the derivations, are given in Appendix A. Further details on the derivations of the mean-flow and angular momentum equations and the nonacceleration theorem are given in appendices B–D. Thezally homogeneous case with weak planetary-scale waves is discussed in section 6, and conclusions are given in section 7.

2. The multiscale asymptotic model

a. Nondimensional compressible flow equations

The asymptotic system of equations is derived starting from the nondimensionalized compressible flow equations in spherical coordinates with a small parameter \( \varepsilon \) (DK09). To obtain the nondimensional equations, the DK09 and DK13 scaling parameters are used, based on the assumption that the waves are not propagating faster than the speed of sound. In this process, the following nondimensional numbers appear (DK09): Rossby (RoQG = \( u_{ref}/2L_{QG} \) with \( L_{QG} = e^{-2}h_{ref} \)), Mach (Ma = \( u_{ref}/\sqrt{\rho_{ref}/\rho_{atm}} \), Froude (Fr = \( u_{ref}/\sqrt{gh_{ref}} \)), and the ratio of density and potential temperature scale heights \( \sqrt{h_{ref}/H_{\beta}} \). These are related to the small parameter \( \varepsilon \) according to \( \sqrt{Ma} \approx \sqrt{Fr} \approx \varepsilon \). This procedure yields the system (the full derivation is given in DK09):

\[
\frac{Du}{Dt} - \varepsilon^3 \left( \frac{uv\tan\phi}{R} - \frac{uw}{R} \right) + \varepsilon (w \cos\phi - v \sin\phi) = -\varepsilon^{-1} \frac{\partial p}{\rho \cos\phi \partial\lambda} + S_u,
\]

\[
\frac{Du}{Dt} + \varepsilon^3 \left( \frac{u^2 \tan\phi}{R} + \frac{uw}{R} \right) + \varepsilon u \sin\phi = -\varepsilon^{-1} \frac{\partial p}{\rho \sin\phi \partial\lambda} + S_v,
\]

\[
\frac{Dw}{Dt} - \varepsilon^3 \left( \frac{u^2}{R} + \frac{v^2}{R} \right) - \varepsilon u \cos\phi = -\varepsilon^{-3} \frac{\partial p}{\rho \partial\lambda} - \varepsilon^{-4} + S_w,
\]

\[
\frac{D\theta}{Dt} = S_\theta,
\]

\[
\frac{D\rho}{Dt} + \varepsilon^3 \rho \left( \frac{\partial u}{\partial\lambda} + \frac{\partial (v \cos\phi)}{\partial\lambda} \right) + \rho \frac{\partial w}{\partial\lambda} + \varepsilon^2 \lambda w \rho = 0,
\]

where \( S \) denotes source–sink terms (\( S_{uw,w} \) are the frictional terms, while \( S_\theta \) represents diabatic effects), \( \sinh = f \) is the nondimensional Coriolis parameter, \( p \) is nondimensional pressure, \( \theta \) is nondimensional potential temperature, \( \rho \)

\( \rho \) is the density, and \( \theta \) is the potential temperature. The variable \( \varepsilon \) is defined as \( (a^2 \Omega^2 g^{-1})^{1/3} \) (global atmospheric aspect ratio), where \( \Omega \) is Earth’s rotation rate, \( a^2 \) is Earth’s radius, and \( g \) is Earth’s gravitational acceleration; \( \varepsilon \) is a constant in the range 0 to 0.5.

We set pressure \( p_{ref} = 10^5 \) Pa, air density \( \rho_{ref} = 1.25 \) kg m\(^{-3}\), characteristic flow velocity \( u_{ref} = 10^3 \) m s\(^{-1}\), scale height \( h_{ref} = p_{ref}/\rho_{ref} \approx 10 \) km, gravitational acceleration \( g \approx 10 \) m s\(^{-2}\), and time scale \( t_{ref} = h_{ref}/u_{ref} \approx 20 \) min.

Note that the Rossby number (Ro) used in DK09 and DK13 is \( \varepsilon^{-2} \) RoQG as they used the vertical instead of the horizontal length scale to define it.

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\[3 \] Note that the Rossby number (Ro) used in DK09 and DK13 is \( \varepsilon^{-2} \) RoQG as they used the vertical instead of the horizontal length scale to define it.
is nondimensional density, \((u, v, w)\) represent the non-
dimensional 3D velocity field, \(R = \varepsilon^r\), \(r = \varepsilon^{-2} a + z\),
where \(z\) is altitude from the ground, \(a = a^z h_{ac}\) is non-
dimensional Earth’s radius, \(\phi\) is latitude, \(\lambda\) is longitude, \(t\) is
time, all parameters are nondimensional, and

\[
D \frac{\partial}{\partial t} + \varepsilon^3 u \frac{\partial}{\partial \lambda} + \varepsilon^3 v \frac{\partial}{\partial \phi} + w \frac{\partial}{\partial z} = 0. \tag{2}
\]

Note that the shallow-atmosphere limit \(R \to a\) is used
here unless otherwise stated (this approximation is used
in all terms except those arising from advection).
Expanding \(R\), the material derivative, (2), involves horizontal advection terms
\(-a^{-1} \varepsilon^3 z \left[ \alpha (\alpha \cos \phi_p)^{-1} \partial / \partial \lambda + \alpha^{-1} \partial / \partial \phi \right]\) that
become relevant at fifth and higher orders.

**b. Assumptions for multiscale asymptotic methods**

To derive the multiscale asymptotic version of the
equations, some assumptions must be made. In particu-
lar, we assume small-amplitude eddies in the presence
of a zonal mean flow. This approximation is made in
order to gain qualitative insight into the behavior of the
flow on planetary scales (those of order \(1000 \text{ km}\)), and the time scales are well separated be-
tween the mean flow and planetary- and synoptic-scale
scales. Here,

\[
\cos \lambda = \cos \lambda_m, \quad \sin \lambda = \sin \lambda_m, \quad \sin \phi = \sin \phi_m,
\]

Note that the shallow-atmosphere limit \(R \to a\) is used
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tween the mean flow and planetary- and synoptic-scale
scales. Here, \(\lambda_m\) is not considered as the zonal mean flow
is uniform in longitude, \(\lambda_p\) and \(\phi_p\) represent variations of the
flow on planetary scales (those of order \(\varepsilon\)), \(\lambda_s\) and \(\phi_s\) represent variations on synoptic scales (of order
1000 km), and the time scales are well separated be-
tween the mean flow and planetary- and synoptic-scale
eddies, where \(t_s\) is of order 1 day, \(t_p\) is of order 1 week,
and \(t_m\) is a seasonal time scale. The time scales emerge
naturally from the equations; \(t_m\) is \(\varepsilon^2\) slower than \(t_p\) be-
cause the eddy fluxes driving the zonal-mean-flow
changes are quadratic in eddy amplitude. (In the finite-
amplitude theory of DK13, there is no distinction
between the two time scales.) As this is the small-
amplitude limit of the system, we expect that, in prac-
tice, the zonal-mean-flow time scale would be shorter.
Note that from the above assumptions, we see that there
is a separation of scales in the meridional direction,
which has implications for the final results (see further
discussion in sections 3, 4, and 6).

| Table 1. The assumptions for the scale separations between
| planetary \((\rho)\), synoptic \((s)\), and zonal mean flow \((m)\). |
| --- | --- | --- | --- |
| Lon | Lat | Height | Time |
| Planetary | \(\lambda_p\) | \(\phi_p\) | \(\lambda_m\) | \(\phi_m\) |
| Synoptic | \(\lambda_s\) | \(\phi_s\) | \(\lambda_m\) | \(\phi_m\) |
| Mean | \(\lambda_m\) | \(\phi_m\) | \(\lambda_m\) | \(\phi_m\) |

Using these scales, we can write asymptotic series for all
variables; an example for potential temperature (which
provides stratification) is (following DK09 and DK13)

\[
\theta(\lambda, \phi, z, t) = 1 + \varepsilon^2 \theta(2)(\phi_p, t_m, z) + \varepsilon^3 \theta(3)(X, z) + \varepsilon^4 \theta(4)(X, z) + \cdots,
\]

where the number in parentheses in superscript repres-
ents the order of the variable, \(X_p = (\lambda_p, \phi_p, t_p)\), and
\(X_m = (\lambda_m, \phi_m, t_m)\). Here, the first-order term has been
omitted as \(h_{ac}/H_{ac} \gg \Delta h = \varepsilon^2\); to make this \(\theta(\varepsilon)\) lead to stronger wind variations (of order 70 m s\(^{-1}\);
DK09), which would require a different treatment. Note
that here the leading-order variation in potential tem-
perature \(\theta(0)\) depends on \(\phi_p\) and \(z\) not only on \(z\), which is
the case for the static stability parameter in QG theory.

To have a well-defined asymptotic expansion, (3), the
sublinear growth condition (DK13) is required. This
means that variables at any order grow more slowly than
linearly in any of the synoptic coordinates, which effec-
tively means that any averaging over the synoptic
scales \(X_s\) sets the derivatives over synoptic scales to zero
(for more details, see DK13).

The full set of equations at different asymptotic
orders using the assumptions from this section is given in
appendix A. This includes the momentum, thermodynamic,
and continuity equations, thermal wind, hydrostatic balance, and the vorticity equation.

These equations are used in the following sections to
derive potential vorticity, wave activity, and mean-
flow equations.

### 3. Potential vorticity equation

To derive the potential vorticity (PV) equation, a
vorticity equation has to be derived first. To do so (see
appendix A for the full derivation), take \(\nabla_s \times \mathcal{C}(\varepsilon^2)\)
[momentum equation, (A6)] and use the \(\mathcal{C}^{(3)}\) con-
stitutive equation, (A15), which yields

\[
\frac{\partial \varepsilon^{(1)}}{\partial t^f} + u^{(0)} \cdot \nabla_s \varepsilon^{(1)} - \frac{1}{\rho^{(0)}} \frac{\partial}{\partial z} (\rho^{(0)} w^{(1)}) + \beta \varepsilon^{(1)} = S_{\nabla_s},
\]

where \(\nabla_s = \left[ \alpha \cos \phi_p^{-1} \partial / \partial \lambda_s, \ \alpha^{-1} \partial / \partial \phi_s \right]\), \(u^{(0)} = u^{(0)} e^0\),
is horizontal velocity of the mean flow, \(\beta = a^{-1} \partial v / \partial \phi_p\),
and \(S_{\nabla_s}\) is source term due to
the \(\mathcal{C}^{(3)}\) continuity equation, (A15), which yields
\[
\frac{\partial \varepsilon^{(1)}}{\partial t^f} + u^{(0)} \cdot \nabla_s \varepsilon^{(1)} - \frac{1}{\rho^{(0)}} \frac{\partial}{\partial z} (\rho^{(0)} w^{(1)}) + \beta \varepsilon^{(1)} = S_{\nabla_s},
\]
\( \zeta^{(1)} = \mathbf{e}_r \cdot \nabla_x \times \mathbf{u}^{(1)} \) is relative vorticity, \( \mathbf{u}^{(1)} = (u^{(1)}, v^{(1)}) \) is horizontal velocity at first order, \( S_z = \mathbf{e}_r \cdot \nabla_x \times S^{(3)} \), and \( w^{(4)} \) is known from the \( \mathcal{O}(\varepsilon^4) \) thermodynamic equation, (A11):

\[
w^{(4)} = -\frac{1}{\partial \theta^{(2)}/\partial z} \left( \frac{\partial \theta^{(4)}}{\partial t_p} + \frac{\partial \theta^{(4)}}{\partial t_s} + u^{(0)} \cdot \nabla \theta^{(4)} + \mathbf{u}^{(0)} \cdot \nabla \theta^{(4)} + u^{(1)} \cdot \nabla \theta^{(2)} - S^6_\theta \right),
\]

where \( \nabla_p = [(a \cos \phi)^{-1} \partial / \partial \lambda_p, a^{-1} \partial / \partial \phi_p] \). Substituting (5) into (4) gives

\[
\frac{f}{\rho^{(0)}} \frac{\partial}{\partial z} \left[ \rho^{(0)} \frac{\partial \theta^{(3)}}{\partial \theta^{(2)}/\partial z} \left( \frac{\partial \theta^{(3)}}{\partial t_p} + \frac{\partial \theta^{(4)}}{\partial t_s} + u^{(0)} \cdot \nabla \theta^{(4)} + \mathbf{u}^{(0)} \cdot \nabla \theta^{(4)} + u^{(1)} \cdot \nabla \theta^{(2)} - S^6_\theta \right) \right] + \frac{\partial}{\partial t_s} \theta^{(1)} + u^{(0)} \cdot \nabla \theta^{(1)} + \beta \phi^{(1)} = S_z,
\]

The first term in brackets on the left-hand side of (6) can be simplified. First, notice that \( \rho^{(0)}, \theta^{(2)}, \) and \( f \) do not depend on \( t_s \); thus, \( \partial / \partial t_s \) can be brought outside the brackets. The other terms in the first term can be simplified using thermal wind balance, (A9a) and (A9b).

This leads to cancellation of terms with \( \partial u^{(0)}/\partial z, \partial \mathbf{u}^{(1)}/\partial z, \) or \( \partial u^{(1)}/\partial \phi \) (with \( u^{(0)} \) and \( \mathbf{u}^{(1)} \) as the horizontal velocities for planetary and synoptic scales, respectively), which means that velocities can be taken out of the \( \partial / \partial z \) derivative. This yields the potential vorticity equation

\[
\left( \frac{\partial}{\partial t_i} + u^{(0)} \frac{1}{a \cos \phi} \frac{\partial}{\partial \lambda_j} \right) q^{(4)}_s + \left( \frac{\partial}{\partial t_p} + u^{(0)} \frac{1}{a \cos \phi} \frac{\partial}{\partial \lambda_p} \right) q^{(3)}_p + (u^{(1)} + v^{(1)}) \beta = S^{PV},
\]

where

\[
q^{(4)}_s(X_p, X_s, z) = \frac{1}{f} \nabla^2 \pi^{(4)} + \frac{f}{\rho^{(0)}} \frac{\partial}{\partial z} \left( \frac{\rho^{(0)} \theta^{(4)}}{\partial \theta^{(2)}/\partial z} \right), \tag{8a}
\]

\[
q^{(3)}_p(X_p, z) = \frac{f}{\rho^{(0)}} \frac{\partial}{\partial z} \left( \frac{\rho^{(0)} \theta^{(3)}}{\partial \theta^{(2)}/\partial z} \right), \tag{8b}
\]

\[
\dot{\beta}(\phi^{(1)}, t_m, z) = \beta + \frac{f}{\rho^{(0)}} \frac{\partial}{\partial z} \left( \frac{\partial \alpha \partial \phi \chi^{(0)}(\rho^{(0)} \phi^{(2)})}{\partial \theta^{(2)}/\partial z} \right), \tag{8c}
\]

\[
S^{PV}_p = \frac{f}{\rho^{(0)}} \frac{\partial}{\partial z} \left( \frac{\rho^{(0)} \phi^{(0)} \phi^{5,4,0,\gamma}}{\partial \theta^{(2)}/\partial z} \right), \tag{8d}
\]

\[
S^{PV}_s = \mathbf{e}_r \cdot \nabla_x \times S^{(3)} + \frac{f}{\rho^{(0)}} \frac{\partial}{\partial z} \left( \frac{\rho^{(0)} \left( S^{(6)} - \phi^{(0)} \phi^{5,4,0,\gamma} \right)}{\partial \theta^{(2)}/\partial z} \right), \tag{8e}
\]

This effective background PV gradient, \( \zeta^{(1)} = f^{-1} \nabla^2 \pi^{(4)} \) is relative vorticity on the synoptic scale, and \( S^{PV}, S^{PV}_p, \) and \( S^{PV}_p \) represent the source–sink terms for the full PV, synoptic-scale PV, and planetary-scale PV, respectively. A similar equation to (7) can be obtained by linearizing (A5) in DK13 though without the planetary-scale PV as it is then absorbed in the background PV gradient as the zonal mean flow. Similarly, (9) below can be linked to (44) in DK13.

Equation (7) can then be split into planetary and synoptic PV equations by averaging over synoptic scales: only the planetary-scale terms remain, and the residual represents the synoptic-scale equation (DK13). This yields

\[
\left( \frac{\partial}{\partial t_i} + u^{(0)} \frac{1}{a \cos \phi} \frac{\partial}{\partial \lambda_j} \right) q^{(4)}_s + u^{(1)} \beta = S^{PV}_s, \tag{9}
\]

for synoptic scales and

\[
\left( \frac{\partial}{\partial t_p} + u^{(0)} \frac{1}{a \cos \phi} \frac{\partial}{\partial \lambda_p} \right) q^{(3)}_p + u^{(1)} \beta = S^{PV}_p \tag{10}
\]

for planetary scales. The synoptic-scale PV equation, (9), closely resembles the QG PV equation, with the main differences arising in the background PV gradient.
The background PV gradient $\beta$ resembles the background PV gradient used in Charney’s baroclinic instability model (e.g., Hoskins and James 2014). However, in Charney’s model (and also in the QG model), there is no dependence of the static stability $N^2$ (linked to background potential temperature) on latitude $\phi_p$, as there is here since $\theta^{(2)} = \theta^{(2)}(\phi_p, \theta_m, z)$. The QG background PV gradient, on the other hand, includes the mean-flow relative vorticity gradient $(-\partial^2 u_m^{(0)} / \partial \phi_p^2)$, which is not present here because of the planetary scaling. This means that $\beta$ represents planetary geostrophy (e.g., Phillips 1963; DK09), but it is more realistic than in QG because of the dependence of background PV gradient on latitude.

The planetary-scale PV equation, (10), also resembles the QG PV equation; however, the planetary-scale PV, \( (8b) \), only includes the stretching term (again because of the planetary scaling). This means that $\beta$ represents the synoptic-scale PV, whereas (7) only has the mean-flow PV, whereas (10) only includes horizontal advection. Notice that in (11), the planetary and synoptic-scale PV equations are independent of each other in this small-amplitude limit, which implies no direct interaction between planetary and synoptic scales—their interaction only occurs via source–sink terms, the mean flow, or at higher order. This independence is not present in DK13’s finite-amplitude theory where the synoptic- and planetary-scale waves interact at leading order.

This analysis suggests that the QG approximation can be used locally for both planetary- and synoptic-scale PV. Note, however, that this is only true in this small-amplitude case (in the finite-amplitude theory of DK13, this approach is not applicable for the planetary scales). The potential vorticity equation can be written in a different form (the one used in DK13 for the planetary scale), with a vertical advection term in the PV equation, starting from (6). Following the derivations in DK09 and DK13, we get

\[
\frac{\partial q_m^{(k)}}{\partial \theta^{(2)}} \frac{\partial \theta^{(2)}}{\partial z} + \frac{\partial q_m^{(k)}}{\partial p} \frac{\partial \theta^{(2)}}{\partial p} = S_{p,2}^{PV^2},
\]

where

\[
q_m^{(4)} = \frac{\partial^2 q_m^{(2)}}{\partial \theta^{(2)}} + \frac{\partial^2 q_m^{(2)}}{\partial \theta^{(2)}} \frac{\partial \theta^{(2)}}{\partial \theta^{(2)}} + \frac{\partial q_m^{(2)}}{\partial p} \frac{\partial \theta^{(2)}}{\partial p},
\]

\[
q_m^{(3)} = \frac{\partial q_m^{(2)}}{\partial p},
\]

\[
q_m^{(2)} = \frac{\partial q_m^{(2)}}{\partial p}.
\]

Here, $q_m^{(4)}$, $q_p^{(3)}$, $q_m^{(2)}$, and $S_{p,2}^{PV^2}$ are the DK synoptic, planetary, and mean-flow PVs and the corresponding PV source term, respectively.

The PV equation in (11) is closely related to the Ertel PV equation. However, it includes vertical advection, which is problematic with respect to obtaining a QG wave activity equation. As shown in (7), we can eliminate the vertical advection term by including it in the stretching term of the synoptic- or planetary-scale PV. This is similar to the classical QG approximation of Charney and Stern (1962), in which they point out that the QG PV equation is the QG approximation to the PV equation; however, the QG PV is not the QG approximation to the Ertel PV (because the QG PV equation only includes horizontal advection). Notice that in (11), there is also the mean-flow PV, whereas (7) only has the background PV gradient that came from this

mean-flow PV (but not via the direct meridional derivative of $q_m^{(2)}$, i.e., $\beta = \partial q_m^{(2)} / \partial \phi_p$). This means that the QG approximation of PV would not work for the zonal mean flow, which is consistent with the arguments above on the relation between the QG PV and the Ertel PV.

4. Wave activity equation and the equations for the mean flow

a. Wave activity equation

Wave activity is a quantity that is quadratic in amplitude and is conserved in the absence of forcing and dissipation (e.g., Vallis 2006). To derive an equation for wave activity, known as the EP relation, we multiply the PV equations, (9) and (10), by $q_s^{(4)}$ and $q_p^{(3)}$, respectively, and divide them by $\beta$ [as done in, e.g., Plumb (1985)]. This yields

\[
\frac{\partial S_s}{\partial t_s} + \nabla_{3D} \cdot F_s = S_{s,wa},
\]

\[
\frac{\partial S_p}{\partial t_p} + \nabla_{3D} \cdot F_p = S_{p,wa},
\]

where

\[
A_s = \frac{\theta^{(0)} q_s^{(4)}}{2\beta}
\]

and

\[
A_p = \frac{\theta^{(0)} q_p^{(3)}}{2\beta}.
\]
are synoptic- and planetary-scale wave activities, respectively, $S_{w}^{a} = S_{a}^{i p} \rho^{(0)} q_{a}^{(1)} / \beta$ and $S_{w}^{p} = S_{p}^{i p} \rho^{(0)} q_{p}^{(1)} / \beta$ are wave activity source–sink terms,

$$
F_{s} = \left[ u_{m}^{(0) i} + \rho^{(0) f} \left( u_{z}^{(1)} - u_{z}^{(1)} \right) - \frac{\rho^{(0) f} v_{z}^{(1) \beta^{(0)}}}{\beta^{(0) i}} \right],
$$

$$
F_{p} = \left[ u_{m}^{(0) f} - \rho^{(0) f} v_{z}^{(1) \beta^{(0)}} - 0, \rho^{(0) f} v_{z}^{(1) \beta^{(0)}} \right],
$$

are synoptic and planetary EP fluxes, respectively, and $\nabla^{3D}$ means that the divergence includes the vertical derivative.

Note how the planetary-scale EP flux does not have a meridional component (no momentum flux) and that the synoptic-scale EP flux closely resembles Plumb’s total flux $B^{(T)}$ with the main difference, again, arising in $\beta$. Also, $u_{i}^{(1)}$ is actually composed of $u_{i}^{(1)} = [u_{i}^{(1)} + u_{i}^{(1) \beta^{(0)}}]$ (with the square brackets indicating a zonal mean and the asterisk indicating a perturbation from the zonal mean), which is another difference to Plumb’s $B^{(T)}$ flux.

We can also relate these expressions to Hoskins et al. (1983)’s $E$ vector, where the difference is in the zonal component of the $E$ vector, which lacks the wave activity advection ($\lbrack \bar{u}, \beta \rbrack$) and potential temperature ($\approx -\theta^{(0) i}$) terms.

Nonetheless, the synoptic-scale EP flux is similar to the OG form of EP flux (e.g., Edmon et al. 1980), especially if zonally averaged. The planetary-scale wave activity implies that the momentum fluxes and hence barotropic processes at those scales are less important than heat fluxes and baroclinic processes. Also, this emphasizes the fact that planetary and synoptic scales do not interact directly but rather through other processes (source–sink terms or the mean flow) as the two wave activity equations are at different orders and have no “cross” terms. The wave activity equations are at different orders as the planetary and synoptic PV equations, (10) and (9), are multiplied by $q_{p}^{(0)}$ and $q_{s}^{(0)}$, respectively, which are of different orders. This is because they have different horizontal derivatives associated with them ($q_{s}$ has synoptic and $q_{p}$ has planetary).

Averaging over synoptic scales ($\lambda_{s}, \phi_{s}, t_{s}$; denoted by the overline and s) in (12) and over planetary scales ($\lambda_{p}, t_{p}$; denoted by an overline and p) in (13) gives

$$
\frac{\partial}{\partial z} \left( \rho^{(0) f} \bar{v}_{p}^{(1) \theta^{(0) i}} \frac{\partial}{\partial z} \frac{\theta^{(1) \beta^{(0)}}}{\bar{\theta}^{(0) i}} \right) = S_{w}^{p} \approx -r_{p} / g_{p},
$$

where $r_{p}$ represents effective damping coefficients. Note that the approximation $S_{w}^{p} \approx -r_{p} / g_{p}$ does not follow from the equations themselves but is a heuristic relation used as a device to help us better understand the physical interpretation of the equations. These equations imply that under these averages both synoptic- and planetary-scale wave activities change via heat flux terms on time scales longer than $t_{s}$ or $t_{p}$ (as we averaged over those)—for example, time scale $s^{(t)}$ (between $t_{s}$ and $t_{p}$) or $t_{m}$. Averaging only over the zonal and time dimensions, the synoptic-scale wave activity would still be influenced by the synoptic-scale momentum fluxes.

b. Barotropic equation

As the wave activity equation represents the equation for the eddies, we need additional equations for the mean flow to get the influence from the eddies on the mean flow. The barotropic pressure equation is derived (following DK13) from the $\ell^{(0)}(e^{3})$ momentum equation, (A8), using the relevant thermodynamic, hydrostatic, thermal wind, momentum, and continuity equations averaged not only over $t_{s}$, $\lambda_{s}$, $\phi_{s}$, $t_{p}$, and $\lambda_{p}$ but also over $z$ (denoted by the overline and z). This yields the momentum equation in (B6) (see appendix B for more details), which can be used to derive the barotropic pressure equation, taking $\partial / \partial \bar{y}_{p}$ of (B6), eliminating the term $\partial / \partial \bar{y}_{p}$ of (B6), eliminating the term $\partial / \partial \bar{y}_{p}$ via (B5), multiplying it by $f$, and recalling (A4):

$$
\frac{\partial}{\partial t_{m}} \left( \frac{\partial}{\partial \bar{y}_{p}} \frac{\partial}{\partial \bar{y}_{p}} \rho^{(2) \phi^{(2)} \psi^{(2)}} - \beta \frac{\partial}{\partial \bar{y}_{p}} \rho^{(2) \phi^{(2)} \psi^{(2)}} - \frac{\rho}{f} \rho^{(2) \phi^{(2)} \psi^{(2)}} \right) - \frac{\partial}{\partial \bar{y}_{p}} \bar{N}_{1} + \frac{\beta}{f} \bar{N}_{1} = -S_{\text{barotropic}},
$$

with

$$
S_{1} = \frac{\partial}{\partial \bar{y}_{p}} \left( \rho^{(0) f} \bar{v}_{p}^{(1) \theta^{(0) i}} + \rho^{(0) f} \bar{v}_{p}^{(1) \theta^{(0) i}} \right),
$$

$$
S_{2} = \frac{\partial}{\partial \bar{y}_{p}} \left( \rho^{(0) f} \bar{v}_{p}^{(1) \theta^{(0) i}} \right),
$$

where $r_{p}$ represents effective damping coefficients. Note that the approximation $S_{w}^{p} \approx -r_{p} / g_{p}$ does not follow from the equations themselves but is a heuristic relation used as a device to help us better understand the physical interpretation of the equations. These equations imply that under these averages both synoptic- and planetary-scale wave activities change via heat flux terms on time scales longer than $t_{s}$ or $t_{p}$ (as we averaged over those)—for example, time scale $s^{(t)}$ (between $t_{s}$ and $t_{p}$) or $t_{m}$. Averaging only over the zonal and time dimensions, the synoptic-scale wave activity would still be influenced by the synoptic-scale momentum fluxes.

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$$
\frac{\partial}{\partial t_{m}} \left( \frac{\partial}{\partial \bar{y}_{p}} \frac{\partial}{\partial \bar{y}_{p}} \rho^{(2) \phi^{(2)} \psi^{(2)}} - \beta \frac{\partial}{\partial \bar{y}_{p}} \rho^{(2) \phi^{(2)} \psi^{(2)}} - \frac{\rho}{f} \rho^{(2) \phi^{(2)} \psi^{(2)}} \right) - \frac{\partial}{\partial \bar{y}_{p}} \bar{N}_{1} + \frac{\beta}{f} \bar{N}_{1} = -S_{\text{barotropic}},
$$

with

$$
S_{1} = \frac{\partial}{\partial \bar{y}_{p}} \left( \rho^{(0) f} \bar{v}_{p}^{(1) \theta^{(0) i}} + \rho^{(0) f} \bar{v}_{p}^{(1) \theta^{(0) i}} \right),
$$

$$
S_{2} = \frac{\partial}{\partial \bar{y}_{p}} \left( \rho^{(0) f} \bar{v}_{p}^{(1) \theta^{(0) i}} \right).
\[
S_{\text{barotropic}} = f\rho^{(0)}S^u_{\text{barotropic}}^{(3),p-z} + f\frac{\partial}{\partial y_p} \left[ (\rho^{(2)} + \rho^{(0)}\theta^{(2)})S^u_{\text{barotropic}}^{(3),p-z} \right] + \left( \frac{\partial}{\partial y_p} - \frac{\beta}{f} \right) \frac{\rho^{(0)}S^u_{\text{barotropic}}^{(3),p-z}}{\rho^{(0)}S^u_{\text{barotropic}}^{(3),p-z}} + \left( \frac{\partial}{\partial y_p} - \tan \phi_p \right) \frac{\rho^{(0)}S^u_{\text{barotropic}}^{(3),p-z}}{\rho^{(0)}S^u_{\text{barotropic}}^{(3),p-z}}
\]

\[
\times \left( \frac{S^u_{\text{barotropic}}^{(3),p-z}}{f} \right) - \frac{\rho^{(0)}S^u_{\text{barotropic}}^{(3),p-z}}{f\partial \theta^{(2)}/\partial z},
\]

where the double-underlined terms represent eddy forcing of the mean flow, \( \partial/\partial y_p = (a \cos \phi_p)^{-1} \partial \cos \phi_p/\partial \phi_p \), and \( \beta/\partial y_p = a^{-1} \partial \beta/\partial \phi_p \). This evolution equation for \( \rho^{(2)} \) on the \( t_m \) scale, (16), is similar to DK13's \( \rho^{(2)} \) evolution on the \( f_p \) scale when no source terms are considered. Using geostrophic balance for \( u^{(0)} \), (16) can be rewritten as

\[
\left( \frac{\partial}{\partial y_p} - \frac{\beta}{f} \right) \frac{\partial \rho^{(0)}u^{(0),p-z}}{\partial t_m} + f \frac{\partial \rho^{(2),p-z}}{\partial t_m} + N_1 + fN_2 = S_{\text{barotropic}}.
\]

This equation implies that although both the synoptic and planetary-scale momentum fluxes affect the barotropic part of the mean flow, only the planetary-scale heat fluxes \( N_2 \) are relevant.

The zonal-mean-flow equations at different orders can be further written in TEM form (Andrews and McIntyre 1976; Edmon et al. 1980), from which a non-acceleration theorem can be derived using the wave activity equations. This is addressed in appendix D. Note that an evolution equation for \( \rho^{(3)} \) can also be derived; however, under the \( \lambda_p \), \( \lambda_s \), \( t_f \), \( \phi_s \), \( z \) average, it only evolves through diabatic and frictional processes, (D9).

c. Baroclinic equation

The barotropic equation, (17), shows how barotropic processes affect the zonal mean flow; however, we are also interested in the baroclinic processes. Therefore, a baroclinic equation for the zonal mean flow (i.e., equation for baroclinicity \( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \)) is derived from the \( \rho^{(3)} \) thermodynamic equation, (A12), using the relevant continuity and momentum equations averaged over \( t_s \), \( \lambda_s \), \( t_f \), and \( \lambda_p \) (denoted with an overline) and taking \( \partial/\partial y_p \) of the resulting equation, (B7b). The relevant equations (and their derivations) are given in appendix B; hence, using (B10)–(B14) yields

\[
-\frac{\partial}{\partial t} \left( f\rho^{(0)}u^{(0)}/\partial z \right) + \frac{\partial}{\partial y} \left( \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) \right) + \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) = S_{\text{baroclinic}},
\]

with

\[
S_{\text{baroclinic}} = \frac{\partial}{\partial y} \left[ \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) \right] - \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) - \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) + \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right)
\]

\[
\frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) = \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) + \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) + \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right)
\]

\[
S_{\text{baroclinic}} = \int_0^{\infty} \left[ \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) - \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) + \frac{\partial}{\partial y} \left( \frac{\partial}{\partial z} \rho^{(0)}u^{(0)}/\partial z \right) \right] \partial z,
\]

where the terms with \( z/\alpha \) come from corrections to the shallow-atmosphere approximation of the thermodynamic and continuity equations. Averaging (18) over the synoptic meridional scale \( \phi_s \) gives
which implies that baroclinicity is not affected by the synoptic-scale heat fluxes \((\rho(0)^{(1)}u_y(0))\) but only by baroclinic source terms \(\delta_{\text{baroclinic}}\) and planetary-scale heat fluxes \((\rho(0)^{(1)}u_y(0))\). The absence of a synoptic-scale heat flux contribution to the baroclinicity tendency is discussed in section 6.

5. Angular momentum conservation

Apart from the mean-flow equations (baroclinic and barotropic) and the eddy equations (wave activity), angular momentum conservation provides additional information about the transfer of angular momentum between Earth and the atmosphere, which has implications for the surface easterlies in the tropics and westerlies in the midlatitudes (e.g., Holton 2004). Hence, it is important to show that such a budget can be found also in the asymptotic model.

Generally, the angular momentum for the hydrostatic primitive equations takes the form (e.g., Holton 2004)

\[ M = au \cos \phi + a^2 \Omega \cos^2 \phi, \quad (20) \]

where \(a\) is the radius of Earth, \(\Omega\) is Earth’s rotation rate, \(\phi\) is meridional coordinate, \(u\) is zonal velocity, and \(M\) is angular momentum per unit mass.

In the asymptotic regime, a nondimensional version of angular momentum must be used. To derive the nondimensional version of (20), define nondimensional terms (similarly as in section 2): \(u = u^*u_{\text{ref}}, \quad a = a^*e^{-3}h_{sc}, \quad \Omega = (1/2)\Omega^*(2\Omega_{\text{ref}}), \) and \(M = M^*u_{\text{ref}}h_{sc}e^{-3}\), where \(u_{\text{ref}}\) and \(h_{sc}\) were defined in section 2, \(\Omega_{\text{ref}}\) is Earth’s rotation rate (previously denoted \(\Omega\)), \(M \approx e^{-3}\) as it needs to be of the same order as other terms, and the asterisk denotes nondimensional parameters. Now divide (20) by \(u_{\text{ref}}h_{sc}\) to get nondimensional angular momentum

\[ e^{-3}M^* = a^*e^{-3}au^*u_{\text{ref}}h_{sc}^* \cos \phi \]

\[ + (e^{-3})^2 (a^*)^2 \Omega^* \frac{h_{sc}^*}{h_{sc}}^{2\Omega_{\text{ref}}^*} \cos^2 \phi. \quad (21) \]

Cancelling out a few terms, setting \(\Omega^*\) to unity, recognizing that \(^4 h_{sc}2\Omega_{\text{ref}}h_{\text{ref}} = \text{Ro}^{-1} \approx e, \) and omitting asterisks for simplicity yields the nondimensional angular momentum

\[ e^{-3}M = e^{-3}au \cos \phi + e^{-3}e^{-2}a^2 \cos^2 \phi. \quad (22) \]

Taking the material derivative, (2), of \(M\) in (22) gives the nondimensional angular momentum equation

\[ \frac{dM}{dt} = e^{-3}a \cos \phi \frac{Du}{Dt} - uv \sin \phi - e^{-2}afv \cos \phi, \quad (23) \]

using \(\partial / \partial t = e^{-3} \partial / \partial t_{\text{ref}}\) and \(w^{(0)} = w^{(1)} = w^{(2)} = w^{(3)} = 0\) (as derived in appendix A), and all parameters are nondimensional. Notice that

\[ \frac{\partial \cos^2 \phi}{\partial \phi} = -2 \cos \phi \sin \phi, \]

which means that the factor 2 from this equation cancels out the factor 1/2 in \(M\), (22). Here,

\[ v = e^{-3}a \frac{D\phi}{Dt} = e^3v^{(1)} + e^3v^{(2)} + \cdots, \]

\[ u = u^{(0)} + e^3u^{(1)} + e^3u^{(2)} + \cdots. \]

The angular momentum equation and its conservation for the zonal mean flow \((u^{(0)})\) are derived in appendix C. The second-order angular momentum equation is

\[ \frac{\rho}{\rho(0)^{M_{\text{ref}}}} = a \cos \phi \rho(0)^{D\phi_{\text{ref}}} - (\rho(0)^{u^{(1)}u^{(1)}}) + (\rho(0)^{u^{(0)}u^{(2)}}) \sin \phi - f(\rho(0)^{u^{(4)}}) + (\rho^{(2)}u^{(2)} + \rho^{(3)}u^{(1)})a \cos \phi, \quad (24) \]

from which it is shown (appendix C) that \(M\) is conserved [using the fifth-order momentum equation, (A8)] in the absence of source–sink terms and orography, yielding

\[ \iint \int \frac{\partial (\rho M_{\text{ref}})^{2}}{\partial t_{\text{ref}}} - dV_{\rho} = 0, \quad (25) \]

where \(V_{\rho}\) is volume on planetary scales \((\lambda_{\rho}, \phi_{\rho}, z)\).

The barotropic pressure equation, (17), can now be rewritten using the angular momentum equation (appendix C) as

---

\(^4\) Here, the Rossby number used is the same as the one defined in DK09 and DK13: \(\text{Ro}^{-1} \approx \text{Ro}_{\text{ref}} \approx e.\)
\[
\left( \frac{\partial}{\partial \tilde{y}_p} - \frac{\beta}{f} \right) \left( \frac{\rho}{a \cos \phi_p} \frac{D M^{p,z}}{D t_m} \right) - f \frac{\partial p^{(1)}_{\nu,z}}{\partial t_m} = 0,
\]

where the overbar denotes an average over \( t_s, t_p, \lambda_s, \lambda_p, \phi_s, \) and \( z \). This shows that the two quantities are directly linked.

Note that the surface pressure tendency \( \frac{\partial p^{(2)}_{\nu,z}}{\partial t_m} \) in (17) and (26) reflects the response of planetary angular momentum to an imposed torque, via mass redistribution, and is an essential component of the angular momentum equation at planetary scales (Haynes and Shepherd 1989). The present analysis has shown further that the planetary-scale meridional heat flux contributes to this meridional mass redistribution. That the synoptic-scale heat flux does not so contribute can be anticipated from the scaling arguments of Haynes and Shepherd (1989).

6. The zonally homogeneous case

If there are no forced planetary-scale waves in the system, then there is no justification for separate \( \lambda_s \) and \( t_p \) scales. If the zonal and synoptic-scale (including \( \phi_s \)) average is taken in such a case, then the wave activity, barotropic, and baroclinic equations become

\[
\frac{\partial}{\partial z} \left( \rho^{(0)} f \frac{u^{(1)}_{\nu,z}}{\partial \phi_p} \right) = -\frac{\beta}{f} \frac{\partial p^{(1)}_{\nu,z}}{\partial t_m} + f \frac{\partial p^{(1)}_{\nu,z}}{\partial t_m} - f \frac{\partial p^{(2)}_{\nu,z}}{\partial t_m} = \frac{\beta}{f} \frac{\partial p^{(2)}_{\nu,z}}{\partial t_m} = 0.
\]

These findings may help explain the empirical results of Thompson and Woodworth (2014), who found that the barotropic and baroclinic parts of the Southern Hemisphere (SH) flow variability were decoupled, with the barotropic part of the flow [characterized by the southern annular mode (SAM), based on zonal-mean zonal wind] being only affected by the momentum fluxes and the baroclinic part of the flow (characterized by the BAM, based on EKE) being only affected by the heat fluxes. We assume here that the wave activity is closely linked to EKE. Indeed, Wang and Nakamura (2015, 2016) found that wave activity during the SH summer is only affected by the heat fluxes under an average over a few latitudinal bands (approximately \( 10^\circ \)), giving an equation similar to (27a). Here, we put this view into a self-consistent mathematical perspective.

In a separate study, Thompson and Barnes (2014) found an oscillating relationship between the baroclinicity and the heat fluxes with a time scale of 20–30 days. In their model, baroclinicity is affected by synoptic-scale heat fluxes through the assumption that

\[
\frac{\partial^2 [u^\nu T^\nu]}{\partial y_2} = -f \frac{\partial^2 [u^\nu T^\nu]}{\partial z^2},
\]

where \( l \) is meridional wavenumber, \( T \) is temperature, the square brackets represent the zonal mean, and the asterisk represents perturbations therefrom. This relation is not present here because of the chosen scaling and the averaging over synoptic scales. Equation (18) does in fact have the heat fluxes, acting on synoptic scales, which because of the sublinear growth condition (DK13) disappear in (27c), as mentioned above.

Pfeffer (1987, 1992) argued that heat fluxes (vertical EP fluxes) grow in the part of the domain with low stratification parameter \( S \). Pfeffer’s \( S \) can be related to \( e \) as \( S = (L_R/a^*)^2 = e^2 \), where \( L_R \approx a^* \) is Rossby deformation radius (a typical synoptic scale) and \( a^* \) is Earth’s radius (a typical planetary scale). Since here we consider the case with \( e \ll 1 \), we are then in a regime where \( S \ll 1 \), and hence, the heat fluxes act to drive the residual meridional circulation rather than the zonal mean flow, and the vertical derivative of the zonal mean flow (i.e., baroclinicity) is not related to EP flux divergence to leading order [see (6)–(9) in Pfeffer (1992)]. This suggests a barotropic response of the zonal mean flow to eddy fluxes after averaging over synoptic scales, which is consistent with (27b) and (27c).

Zurita-Gotor (2017) showed further that there is a low-frequency suppression of heat fluxes (at periods longer than 20–30 days) and concluded that, at longer time scales (considered here), the meridional circulation and diabatic processes are more important for the baroclinicity than the synoptic-scale heat fluxes [consistent with (27c)].
7. Conclusions

In this paper, we have provided a theoretical framework for planetary–synoptic zonal-mean-flow interactions in the small-amplitude limit with a scale separation in the meridional direction, as well as in the zonal direction, between planetary and synoptic scales. Thus, the synoptic-scale eddies are assumed to be isotropic (which is the case also in QG theory). These assumptions allow us to derive strong results, for example, a lack of direct interaction between the planetary and synoptic waves and a lack of a direct link between the baroclinic and barotropic components of the flow when only synoptic-scale fluxes are considered.

We derived planetary- and synoptic-scale PV equations, (10) and (9), and equations for the eddies [wave activity equations, (14) and (15)]; the barotropic part of the zonal mean flow, (17); and the baroclinic part of the zonal mean flow, (19). A crucial step in deriving these equations was finding a form of the PV equation that eliminated the effect of vertical advection. The synoptic-scale PV then resembled QG PV, and the planetary PV resembled that of planetary geostrophy, that is, with only stretching vorticity representing PV on planetary scales (e.g., Phillips 1963). These equations provide an alternative view to the conventional transformed Eulerian mean (TEM) framework [first introduced in Andrews and McIntyre (1976)], which combines all components into two equations that are linked through the Eliassen–Palm flux.

The background PV gradient, (8c), that emerged from the equations lacks the relative vorticity term as in planetary geostrophy (Phillips 1963), implying the dominance of baroclinic processes for eddy generation. Thus, this PV gradient resembles that of Charney’s baroclinic instability model (e.g., Hoskins and James 2014) but is more general as it includes variations in static stability in both the vertical and meridional directions. The latter should be stressed, as this is the main difference to QG dynamics in this model.

In terms of the baroclinic life cycle (Simmons and Hoskins 1978), the barotropic pressure equation, (17), would be relevant in the breaking region of the storm track, and the baroclinic equation, (19), would be more relevant in the source region. We also showed that only the planetary-scale heat fluxes affect the baroclinicity, (19); that both planetary and synoptic-scale momentum fluxes, as well as planetary-scale heat fluxes, affect the barotropic zonal mean flow, (17); and that the planetary waves and synoptic-scale eddies only interact via the zonal mean flow or the source–sink terms or at higher-order approximations. Since both the barotropic ([17]) and baroclinic ([19]) parts of the zonal mean flow are affected by the planetary-scale heat fluxes, the latter could provide a link between upstream and downstream development of storm tracks. The barotropic equation, (17), was also directly linked to the angular momentum equation, (26), which has not been noted in previous work. This linkage revealed the importance of planetary-scale heat fluxes (via meridional mass transport) for the angular momentum budget (Haynes and Shepherd 1989).

The importance of planetary-scale waves was also noted in Kaspi and Schneider (2011, 2013), who found that the termination of storm tracks downstream is related to stationary waves and the baroclinicity associated with them. Stationary waves are especially important locally in contributing to heat fluxes, which enhance temperature gradients upstream and reduce them downstream.

When considering only the synoptic-scale eddies (when planetary-scale eddies are weak, as, for example, in aquaplanet simulations or in the Southern Hemisphere), we find that under synoptic-scale averaging the barotropic zonal mean flow, (27b), is only affected by the momentum fluxes, the baroclinicity, (27c), is only affected by the source–sink terms, and wave activity, (27a), is only related to heat fluxes (as in Thompson and Woodworth 2014). This suggests that the baroclinicity is primarily diabatically driven. Understanding the decoupling of the baroclinic and barotropic parts of the flow (in the case of weak planetary-scale waves) is addressed in a companion study (Boljka et al. 2018), where it is shown that at time scales longer than synoptic the EKE is only affected by the heat fluxes and not momentum fluxes, confirming relation (27a).

Along with helping to understand a variety of previous results in the literature, one potential use of the theory presented here is to help understand the barotropic response to climate change, which is fundamentally thermally driven. In general, we need a better understanding of the interaction between the baroclinic and barotropic parts of the flow, where planetary-scale heat fluxes and diabatic processes may play an important role.

This theoretical framework could be extended by allowing finite-amplitude eddies (as in DK13) and by relaxing the assumption of a separation of scales in latitude (e.g., Dolaptchiev 2008).

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APPENDIX A

The Multiscale Asymptotic Version of the Primitive Equations

Using the assumptions from section 2b, the momentum, thermodynamic, continuity, hydrostatic, and thermal wind balance equations at different orders \( C(i) \) can be derived following DK09 and DK13.

a. Hydrostatic balance

Up to fourth order, \( \rho^{(i)} = -\frac{\partial \rho^{(i)}(\theta^{(i)} \cdot z, \omega^{(i)} \cdot z)}{\partial z}, i = 0, \ldots, 4 \).

(A1)

There is also a relationship between \( \rho \) and \( \theta \) as defined in (47) in (DK09):

\[
\frac{\partial \pi^{(i)}}{\partial z} = \theta^{(i)}, \quad i = 2, 3, 4,
\]

(A2)

where \( \pi^{(i)} = \rho^{(i)} / \rho^{(0)} \). This identity at the fourth order only holds if \( \partial / \partial \theta \) of \( \theta \) is taken (and this relationship will only be used in this case).

Using (A2) and (A1), one gets a relationship between \( \rho, \rho, \) and \( \theta \):

\[
\rho^{(i)} = \rho^{(i)} - \rho^{(0)} \theta^{(i)}, \quad i = 2, 3,
\]

where an assumption is made that \( \theta^{(0)} = \exp(-z) \).

(A3)

b. Momentum equations

Below is the list of all momentum equations up to fifth order. Note that we derive the PV and wave activity equations from the third-order momentum equation and we obtain a barotropic equation for the mean flow from the fifth-order momentum equation.

\( C(1^1) \): Geostrophic balance for zonal mean wind:

\[
f \mathbf{e}_z \times \mathbf{u}^{(0)} = f \mathbf{e}_z \times \mathbf{u}^{(0)} = -\nabla \rho^{(1)} \pi^{(2)} = -\frac{\partial}{\partial y} \pi^{(2)} \mathbf{e}_\phi.
\]

(A4)

The subscript \( m \) refers to the mean flow, and \( \mathbf{u}^{(0)} \) is related to the zonal-mean zonal velocity. Note that \( \mathbf{u}^{(0)} = 0 \).

\( C(1^2) \): Geostrophic balance for first-order wind (planetary- and synoptic-scale perturbations to the zonal mean):

\[
f \mathbf{e}_z \times \mathbf{u}^{(1)} = -(\nabla \rho^{(1)} \pi^{(3)} + \nabla \rho^{(1)} \pi^{(4)}).
\]

(A5)

Here, \( \mathbf{u}^{(1)} = \mathbf{u}^{(1) \rho} + \mathbf{u}^{(1) s} \) (with subscripts \( \rho \) and \( s \) referring to planetary and synoptic waves, respectively), such that \( f \mathbf{e}_z \times \mathbf{u}^{(1) \rho} = -\nabla \rho \pi^{(3)} \) and \( f \mathbf{e}_z \times \mathbf{u}^{(1) s} = -\nabla \rho \pi^{(4)} \).

\( C(1^3) \): First nontrivial order, used to derive PV equations:

\[
\frac{\partial \mathbf{u}^{(1)}}{\partial t} + \mathbf{u}^{(0)} \cdot \nabla \mathbf{u}^{(1)} + f \mathbf{e}_z \times \mathbf{u}^{(1)} + \mathbf{e}_\phi \mathbf{u}^{(0)} \tan \phi \mathbf{e}_\phi = -\nabla \rho^{(1)} \pi^{(3)} + \nabla \rho^{(1)} \pi^{(4)} + S_u^{(3)}.
\]

(A6)

\( C(1^4) \): We require only the \( u \)-momentum equation:

\[
\frac{\partial \mathbf{u}^{(2)}}{\partial t} + \frac{\partial \mathbf{u}^{(1)}}{\partial t} + \mathbf{u}^{(1)} \cdot \nabla \mathbf{u}^{(2)} + \mathbf{u}^{(1)} \cdot \nabla \mathbf{u}^{(1)} + \frac{\partial}{\partial x} \left( \mathbf{u}^{(0)} \mathbf{u}^{(2)} \right) + \frac{\partial}{\partial x} \left( \mathbf{u}^{(0)} \mathbf{u}^{(1)} \right) + \frac{\partial}{\partial y} \mathbf{u}^{(1)} + \frac{\rho^{(2)}}{\rho^{(0)}} \mathbf{e}_\phi = -\nabla \rho^{(2)} \pi^{(3)} + \nabla \rho^{(2)} \pi^{(4)} + S_u^{(4)}.
\]

(A7)

\( C(1^5) \): Again we require only the \( u \)-momentum equation, used to derive the barotropic pressure equation (equation for the zonal-mean zonal flow):

\[
\frac{\partial \mathbf{u}^{(0)}}{\partial t} + \frac{\partial \mathbf{u}^{(0)}}{\partial t} + \frac{\partial \mathbf{u}^{(1)}}{\partial t} + \frac{\partial \mathbf{u}^{(2)}}{\partial t} + \frac{\partial \mathbf{u}^{(3)}}{\partial t} + \frac{\partial \mathbf{u}^{(4)}}{\partial t} + \frac{\partial \mathbf{u}^{(5)}}{\partial t} + \mathbf{u}^{(1)} \cdot \nabla \mathbf{u}^{(2)} + \mathbf{u}^{(1)} \cdot \nabla \mathbf{u}^{(1)} + \frac{\partial}{\partial x} \left( \mathbf{u}^{(0)} \mathbf{u}^{(2)} \right) + \frac{\partial}{\partial x} \left( \mathbf{u}^{(0)} \mathbf{u}^{(1)} \right) + \frac{\partial}{\partial y} \mathbf{u}^{(1)} + \frac{\rho^{(2)}}{\rho^{(0)}} \mathbf{e}_\phi = -\nabla \rho^{(2)} \pi^{(3)} + \nabla \rho^{(2)} \pi^{(4)} + \frac{\rho^{(3)}}{\rho^{(0)}} \pi^{(3)} + \frac{\rho^{(4)}}{\rho^{(0)}} \pi^{(4)} + S_u^{(5)}.
\]

(A8)
In all equations \( \frac{\partial}{\partial y_{m}} = (1/a)(\partial/\partial \phi_{m}) \), \( \frac{\partial}{\partial y_{p}} = [1/(\cos \phi_{p})](\partial \cos \phi_{p}/\partial \phi_{p}) \), \( \frac{\partial}{\partial x_{p}} = \frac{\partial}{\partial x_{p}} = (1/\cos \phi_{p}) \) (\( \partial / \partial \lambda_{p} \)), \( \nabla_{p} \) and \( \nabla_{s} \) are the horizontal gradients in a spherical coordinate system (with the above \( x \) and \( y \) coordinates, the tilde is used when \( V \) is used as curl or divergence), and \( \mathbf{e}_{\phi} \) and \( \mathbf{e}_{r} \) are the unit vectors in the latitudinal and vertical directions, respectively.

c. Thermal wind balance

Using (A5) and (A2),
\[
\frac{\partial}{\partial z} u^{(0)} = -\frac{1}{f} \frac{\partial \theta^{(2)}}{\partial y_{p}},
\]
(A9a)
\[
\frac{\partial}{\partial z} u^{(1)} = \frac{1}{f} \mathbf{e}_{s} \times (\nabla_{s} \theta^{(3)} + \nabla_{s} \theta^{(4)}).
\]
(A9b)

d. Thermodynamic (\( \theta \)) equations

Below is the list of all needed thermodynamic equations. Note that all orders below \( \theta^{(5)} \) give nothing; thus, the first order that appears below is \( \theta^{(3)} \).

\( \theta^{(3)} \):
\[
w^{(3)} = \frac{S^{(5)}_{\theta}}{\partial \theta^{(3)} / \partial z} = 0.
\]
(A10)

\( \theta^{(5)} \):
\[
\frac{\partial \theta^{(3)}}{\partial t_{p}} + \frac{\partial \theta^{(4)}}{\partial t_{s}} + \frac{\partial}{\partial x_{p}} (u^{(0)} \theta^{(3)}) + \frac{\partial}{\partial x_{s}} (u^{(0)} \theta^{(4)}) + u^{(1)} \cdot \nabla_{s} \theta^{(3)} + u^{(2)} \frac{\partial \theta^{(2)}}{\partial y_{p}} + w^{(4)} \frac{\partial \theta^{(3)}}{\partial z} + w^{(5)} \frac{\partial \theta^{(2)}}{\partial z} = S^{(7)}_{\theta}.
\]
(A11)

e. Continuity equations

This is the set of all continuity equations (also the trivial ones as they give us information about vertical velocities).

\( \theta^{(3)} \) [here, note that \( w^{(3)} = 0 \) from the thermodynamic equation, (A10), and that \( \nabla_{s} \cdot \mathbf{u}^{(1)} = 0 \) by definition]:
\[
\nabla_{p} \cdot \mathbf{u}^{(0)} = 0.
\]
(A14)

\( \theta^{(4)} \):
\[
\nabla_{p} \cdot (\mathbf{u}^{(1)} \rho^{(0)}) + \nabla_{s} \cdot (\mathbf{u}^{(2)} \rho^{(0)}) + \frac{\partial}{\partial z} (w^{(4)} \rho^{(0)}) = 0.
\]
(A15)

\( \theta^{(5)} \):
\[
\nabla_{p} \cdot (\mathbf{u}^{(2)} \rho^{(0)}) + \nabla_{s} \cdot (\mathbf{u}^{(3)} \rho^{(0)}) + \frac{\partial}{\partial z} (w^{(5)} \rho^{(0)}) = 0.
\]
(A16)

\( \theta^{(6)} \):
\[
\nabla_{p} \cdot (\mathbf{u}^{(3)} \rho^{(0)}) + \nabla_{s} \cdot (\mathbf{u}^{(4)} \rho^{(0)} - \mathbf{u}^{(1)} \rho^{(2)} + \mathbf{u}^{(0)} \rho^{(3)}) + \nabla_{s} \cdot \left( \frac{\mathbf{u}^{(4)} \rho^{(0)} + \mathbf{u}^{(2)} \rho^{(2)} + \mathbf{u}^{(0)} \rho^{(4)} - \mathbf{u}^{(1)} \rho^{(0)} z}{a} \right)
\]
\[
+ \frac{\partial}{\partial z} (w^{(6)} \rho^{(0)}) = 0.
\]
(A17)
The terms with $z/a$ come from corrections to the shallow-atmosphere approximation at higher orders. Note that these terms vanish in the zonal mean and/or synoptic-scale average.

### f. Vorticity equation

To derive the vorticity equation, take $\nabla \times e \mathcal{C}(e^4)$ [momentum equation, (A6)], and note that terms with $\nabla \times \nabla\times$ and synoptic-scale derivatives of terms $(\pi, \rho, \theta)$ that do not depend on synoptic scales (up to third order) are zero. This yields (following DK13)

$$\frac{\partial}{\partial t} \mathbf{u}^{(1)} + \nabla \times \left( \mathbf{u}^{(0)} \cdot \nabla \mathbf{u}^{(1)} \right) + \nabla \times (f \mathbf{e} \times \mathbf{u}^{(2)}) = -\nabla\cdot \mathbf{u}^{(4)} + \nabla\times \mathbf{S}^{(3)}_u,$$  \hspace{1cm} (A19)

where $\nabla\times \mathbf{v}_p^{(1)} = (1) \cos \phi_p a \mathbf{e}_\phi$, where $\mathbf{e}_\phi$ represents frictional processes. Note that $\nabla\times \mathbf{v}_p^{(1)} = [0, 0, \mathbf{v}_p \cdot (f \mathbf{u}^{(1)})]$. Taking $\mathbf{e}_\phi$ of (A19) and applying the vector identities as in DK09 and DK13, we get

$$\frac{\partial}{\partial t} \mathbf{u}^{(1)} + \mathbf{u}^{(0)} \cdot \nabla \mathbf{u}^{(1)} + f \nabla \times \mathbf{u}^{(2)} = -\nabla\cdot \mathbf{u}^{(4)} + \nabla\times \mathbf{S}^{(3)}_u,$$  \hspace{1cm} (A20)

where $\mathbf{S}^{(3)}_u = \mathbf{e}_\phi \cdot \nabla \times \mathbf{S}^{(3)}_u$ and $\mathbf{u}_p \cdot (f \mathbf{u}^{(1)}) = f \mathbf{u}_p \cdot \mathbf{u}^{(1)} + (1) \cos \phi_p a \mathbf{e}_\phi$. Since $\mathbf{u}^{(2)}$ is not known, we use the $\mathcal{C}(e^3)$ continuity equation, (A15), to obtain the vorticity equation:

$$\frac{\partial}{\partial t} \frac{\partial}{\partial t} \mathbf{u}^{(1)} + \mathbf{u}^{(0)} \cdot \nabla \mathbf{u}^{(1)} - \frac{f}{\rho^{(0)}} \frac{\partial}{\partial z} (\rho^{(0)} w^{(4)})$$

$$+ \beta u^{(1)} = \mathbf{S}_u,$$  \hspace{1cm} (A21)

where $w^{(4)}$ is known from the $\mathcal{C}(e^6)$ thermodynamic equation, (A11), which can be used to derive the potential vorticity equation. This vorticity equation resembles the QG vorticity equation (e.g., Holton 2004), but now there are different scales represented in the equation.

### APPENDIX B

**Derivation of the Mean-Flow Equations**

#### a. Barotropic equation

This section shows the steps in deriving the barotropic pressure equation—combining the correct thermodynamic, hydrostatic, thermal wind, momentum, and continuity equations (see appendix A) with the $\mathcal{C}(e^5)$ momentum equation, (A8), averaged over $t$, $\lambda$, $\phi$, $t$, $\lambda$, and $z$ (denoted with an overline). Note that the vertical mean assumes $w = 0$ at the top and bottom boundaries. This section modifies the momentum [(A5)] and thermodynamic [A(A12)] equations, which can then be used to derive the barotropic equations in section 4b (following DK13).

First, average the flux forms of all equations mentioned. For momentum equations at $\mathcal{C}(e^3)$, $\mathcal{C}(e^4)$, $\mathcal{C}(e^5)$,

$$\frac{\partial}{\partial t} \rho^{(2)} = \rho^{(0)} \frac{\partial}{\partial t} \theta^{(2)} = 0,$$  \hspace{1cm} (B1a)

$$\frac{\partial}{\partial t} \mathbf{u}^{(2)} = \frac{\mathbf{S}^{(3)}_u}{f},$$  \hspace{1cm} (B1b)

$$\tan \phi_p = \frac{\rho^{(0)} \theta^{(4)} p^{(0)} \theta^{(4)p,z}}{\mu^{(0)} (\mathbf{u}^{(1)} \mathbf{u}^{(1)} p^{(0)p,z} + \mathbf{u}^{(2)} \mathbf{u}^{(2)} p^{(0)p,z})} + \frac{\rho^{(0)} p^{(0)} \theta^{(4)p,z}}{\rho^{(0)} \mathbf{u}^{(1)}^{(1)} \mu^{(0)} \mathbf{u}^{(1)}^{(1)} p^{(0)p,z} + \rho^{(0)} \mathbf{u}^{(2)} \mathbf{u}^{(2)} p^{(0)p,z}}.$$  \hspace{1cm} (B1c)

For continuity equations at $\mathcal{C}(e^4)$, $\mathcal{C}(e^5)$, $\mathcal{C}(e^6)$, $\mathcal{C}(e^7)$,

$$\frac{\partial}{\partial t} \frac{\partial}{\partial t} \rho^{(2)} = 0,$$  \hspace{1cm} (B2a)

$$\frac{\partial}{\partial t} \frac{\partial}{\partial t} \theta^{(2)} = 0,$$  \hspace{1cm} (B2b)

$$\frac{\partial}{\partial t} \frac{\partial}{\partial t} \mathbf{u}^{(2)} = 0,$$  \hspace{1cm} (B2c)

$$\frac{\partial}{\partial t} \frac{\partial}{\partial t} \mathbf{u}^{(2)} = 0.$$  \hspace{1cm} (B2d)

For thermodynamic equations at $\mathcal{C}(e^6)$, $\mathcal{C}(e^7)$,

$$\frac{\partial}{\partial t} \frac{\partial}{\partial t} \mathbf{u}^{(2)} = \frac{\rho^{(0)} \mathbf{u}^{(1)} \mu^{(0)} \mathbf{u}^{(1)} p^{(0)p,z} + \rho^{(0)} \mathbf{u}^{(2)} \mu^{(0)} \mathbf{u}^{(2)} p^{(0)p,z}}{\rho^{(0)} \mathbf{u}^{(1)} \mu^{(0)} \mathbf{u}^{(1)} p^{(0)p,z} + \rho^{(0)} \mathbf{u}^{(2)} \mu^{(0)} \mathbf{u}^{(2)} p^{(0)p,z}}.$$  \hspace{1cm} (B3a)

$$\frac{\partial}{\partial t} \frac{\partial}{\partial t} \rho^{(2)} = \rho^{(0)} \theta^{(4)p,z} + \rho^{(2)} p^{(0)p,z}.$$  \hspace{1cm} (B3b)

For hydrostatic balance at $\mathcal{C}(e^5)$,

$$\rho^{(2)} p^{(0)p,z} = -\rho^{(0)} \theta^{(4)p,z} + \rho^{(2)} p^{(2)p,z}.$$  \hspace{1cm} (B4)
Equations (B1a) and (B1b) show that \( u^{(3)}_{\theta,\varphi} \) and \( u^{(5)}_{\theta,\varphi} \) are related to source-sink terms; thus, in the equations below they will be replaced by them. Note that \( \rho^{(3)} \partial \theta^{(3)} / \partial \varphi = f \rho^{(3)} u^{(1)}_\varphi \) [via (A5)]. Using the shallow-atmosphere approximation, \( (4) \) and momentum equations averaged over \( \partial \varphi / \partial \varphi \) term in the thermodynamic equation, (B3b), yields

\[
\frac{\partial \rho^{(2)}_{\theta,\varphi}}{\partial \varphi} = \frac{\partial}{\partial \varphi} \left( \nu^{(1)}_\varphi \rho^{(1)}_{\theta,\varphi} + \nu^{(1)}_\theta \rho^{(1)}_{\varphi,\theta} + \nu^{(3)}_{\theta,\varphi} \rho^{(3)}_{\theta,\varphi} \right) = \frac{\partial}{\partial \varphi} \left[ \left( \rho^{(2)} + \rho^{(0)} \theta^{(2)} \right) \frac{S^{(2)}_{\theta,\varphi}}{f} \right]. \tag{B5}
\]

Rewriting the momentum equation then gives

\[
\frac{1}{f} \frac{\partial \rho^{(0)}_{\theta,\varphi}}{\partial \varphi} - \frac{1}{f} \frac{\partial \rho^{(4)}_{\theta,\varphi}}{\partial \varphi} - \frac{1}{f} \frac{\partial \rho^{(3)}_{\theta,\varphi}}{\partial \varphi} \cos \varphi = \frac{1}{f} \frac{\partial}{\partial \varphi} \left( \frac{S^{(3)}_{\theta,\varphi}}{f} \rho^{(0)}_{\theta,\varphi} \right) \tag{B6}
\]

The latter two equations are then used in section 4b to derive the barotropic pressure equation in (16) or (17).

b. Baroclinic equation

This section shows the steps in deriving the baroclinic mean-flow equation, which is derived through the \( \mathcal{C}(e^5) \) thermodynamic equation, (A12), using the continuity and momentum equations averaged over \( \tau, \lambda, \)

\[
\frac{\partial \rho^{(0)}_{\theta,\varphi}}{\partial \varphi} = \frac{S^{(0)}_{\theta,\varphi}}{\partial \theta^{(2)} / \partial \varphi} \tag{B7a}
\]

where terms with \( z/a \) come from corrections to the shallow-atmosphere approximation.

Continuity equations at \( \mathcal{C}(e^4), \mathcal{C}(e^5) \):

\[
\frac{\partial}{\partial \varphi} \left( \nu^{(2)}_{\theta,\varphi} \rho^{(0)}_{\theta,\varphi} \right) + \frac{\partial}{\partial \varphi} \left( \nu^{(2)}_{\theta,\varphi} \rho^{(0)}_{\theta,\varphi} \right) = 0, \tag{B8a}
\]

\[
\frac{\partial}{\partial \varphi} \left( \nu^{(2)}_{\theta,\varphi} \rho^{(0)}_{\theta,\varphi} \right) + \frac{\partial}{\partial \varphi} \left( \nu^{(2)}_{\theta,\varphi} \rho^{(0)}_{\theta,\varphi} \right) = 0. \tag{B8b}
\]

Momentum equations at \( \mathcal{C}(e^4), \mathcal{C}(e^5) \):

\[
\nu^{(2)}_{\theta,\varphi} = \frac{S^{(3)}_{\theta,\varphi}}{f} \tag{B9a}
\]

\[
\nu^{(3)}_{\theta,\varphi} = \frac{S^{(4)}_{\theta,\varphi}}{f} + \frac{\partial}{\partial \varphi} \left( \nu^{(1)}_{\theta,\varphi} \right). \tag{B9b}
\]

Here, note that terms with \( \nu^{(1)}_{\theta,\varphi} \) or \( \nu^{(4)}_{\theta,\varphi} \) and \( \nu^{(1)}_{\varphi} \), and \( \nu^{(4)}_{\varphi} \) cannot simply be averaged over \( \lambda, \varphi \); we need to average \( \nu^{(1)}_{\varphi} \) or \( \nu^{(4)}_{\varphi} \) together as \( \theta^{(3)} \) also depends.
on planetary scales. This means that, in order to replace the \( \nu^{(4)} \) and \( \nu^{(1)} \) terms in (B7b), the \( \mathcal{C}(\varepsilon^5) \) thermodynamic equation and \( \mathcal{C}(\varepsilon^3) \) momentum equation have to first be multiplied by \( \theta^{(3)} \) and then averaged over \( \lambda_s, \nu, \lambda_p, \nu_p \). For the \( \mathcal{C}(\varepsilon^3) \) momentum equation, this gives

\[
\frac{\partial}{\partial \nu^{(3)}} \mathcal{D}_{\nu^{(3)}} C_\lambda \nu = -\frac{\theta^{(3)} S_{\nu^{(3)}} C_\lambda}{f} + \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}}.
\]  

(B10)

Multiplying (B10) by \( \rho^{(0)} \) and taking \( \partial / \partial \nu \) of it yields

\[
\frac{\partial}{\partial \nu^{(3)}} \left( \rho^{(0)} \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} \right) = -\frac{\partial}{\partial \nu^{(3)}} \left( \rho^{(0)} \frac{\theta^{(3)} S_{\nu^{(3)}} C_\lambda}{f} \right) + \rho^{(0)} \frac{\theta^{(3)}}{\partial \nu^{(3)}} \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}}.
\]  

(B11)

where \( \nu^{(1)} = -f^{-1} \partial \theta^{(4)} / \partial \nu \) was used. However, it is more complicated for the thermodynamic equation. Here is a short derivation. First, multiply (A11) by \( \theta^{(3)} \),

\[
\frac{1}{2} \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} + \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} + \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} + \frac{\partial \nu^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} = \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}}\theta^{(3)} S_{\theta^{(3)}} C_\lambda \nu,
\]  

(B12)

then average it over \( \lambda_s, \nu, \lambda_p, \nu_p \),

\[
\frac{\theta^{(3)} C_\lambda \nu}{\theta^{(3)} S_{\nu^{(3)}} C_\lambda \nu} = -\frac{\theta^{(3)} C_\lambda \nu}{\theta^{(3)} S_{\nu^{(3)}} C_\lambda \nu} \frac{\nu^{(1)}}{\partial \nu^{(3)}} + \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}}
\]  

(B13)

We can derive an equation for \( \mathcal{D}_{\nu^{(3)}} C_\lambda \nu \) by integrating (B8b) over \( \nu \) and using (B9a) and (B9b). This yields

\[
\frac{\mathcal{D}_{\nu^{(3)}} C_\lambda \nu}{f} = -\int_0^{\nu_{\text{max}}} \rho^{(0)} \theta^{(3)} C_\lambda \nu \left( \frac{\nu^{(1)}}{f} \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} - \frac{\theta^{(3)} C_\lambda \nu}{f} \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} \right) \, d\nu.
\]  

(B14)

with

\[
S_{\nu^{(3)}} = -\int_0^{\nu_{\text{max}}} \left\{ \frac{\partial}{\partial \nu^{(3)}} \left( \rho^{(0)} \frac{\theta^{(3)} C_\lambda \nu}{f} \frac{\nu^{(1)}}{\partial \nu^{(3)}} - \frac{\theta^{(3)} C_\lambda \nu}{f} \frac{\partial \theta^{(3)} C_\lambda \nu}{\partial \nu^{(3)}} \right) \right\} d\nu.
\]

These equations are then used in section 4c to derive the final baroclinic equation for the mean flow, (18) and (19).

APPENDIX C

Derivation of the Angular Momentum Equation

This appendix shows the derivation of angular momentum conservation for the zonal-mean-flow \( \mathcal{D}u^{(0)} \) equation, following from the \( \mathcal{C}(\varepsilon^3) \) momentum equation, (A8). Note that similar systems can be derived for higher-order velocities as well and at all asymptotic orders but are omitted for brevity.

Deriving an angular momentum equation for the mean flow means that something that corresponds to the fifth-order momentum equation, (A8), must be used. This means that, for example, \( Du/\nu_m \) has to be fifth order, which overall makes the angular momentum equation, (23), a second-order equation; thus, the rest of the terms in the equation must follow that pattern.

Using these statements and noting that \( \phi = \phi_p \), the angular momentum equation, (23), becomes

\[
\varepsilon^{-3} \varepsilon^2 \frac{DM}{\nu_m} = \varepsilon^{-3} a \cos \phi_p \frac{Du^{(0)}}{\nu_m} = \nu^{(0)} + \nu^{(1)} + \nu^{(2)} + \cdots \nu^{(0)} + \nu^{(1)} + \nu^{(2)} + \cdots a \cos \phi_p,
\]  

(C1)

where \( \nu^{(0)} = 0 \) because the zonal mean flow is geostrophic to leading order, (A4). In this form, angular momentum is not conserved. To get a conservative form of this equation, multiply (C1) by \( \rho = \rho^{(0)} + \varepsilon^2 \rho^{(2)} + \cdots \),

\[
\varepsilon^2 \rho \frac{DM}{\nu_m} = \rho^{(0)} + \varepsilon^2 \rho^{(2)} + \cdots \frac{Du^{(0)}}{\nu_m} - (\rho^{(0)} + \varepsilon^2 \rho^{(2)} + \cdots) (\nu^{(0)} + \nu^{(1)} + \nu^{(2)} + \cdots a \cos \phi_p,
\]  

(C2)
and taking the same orders together yields the second-order angular momentum equation (omit $\epsilon$ everywhere):

\[
\frac{\rho M}{D\tau_m} = a \cos\phi_p \rho \frac{D\mathbf{u}^{(0)}}{D\tau_m} - (\rho^{(0)}u^{(1)}v^{(1)} + \rho^{(0)}u^{(2)}v^{(2)}) \sin\phi_p
- f(\rho^{(0)}u^{(4)} + \rho^{(2)}u^{(2)} + \rho^{(3)}u^{(1)})a \cos\phi_p.
\] (C3)

Note that since an angular momentum equation for the mean flow is derived, (C3) can be averaged over synoptic scales ($t_s$, $\lambda_s$, $\phi_s$) and planetary time scale $t_p$, which simplifies it. To get the angular momentum conservation equation, the continuity equations, (A14)–(A16), are needed, which can be written together as

\[
\nabla_p \cdot \left( \overline{\rho^{(0)} \mathbf{u}_p^{(i)}}^{(i)} \right) = 0
\] (C4)

where the overline denotes an average over $t_s$, $t_p$, $\lambda_s$, $\phi_s$, and $i = 0, 1, 2$ (where for $i = 0$, $w^{(3)} = 0$). This equation can then be written in a shorter form as

\[
\nabla_p^{3D} \cdot \left( \overline{\rho^{(0)} \mathbf{u}_p^{(i)}}^{(i)} \right) = 0,
\] (C5)

where

\[
\frac{\partial (\rho M)^{ijp}}{\partial \tau_m} + \nabla_p^{3D} \cdot (\rho M \mathbf{u}_p^{(i)})^{ijp} = a \cos\phi_p \frac{\partial (\rho^{(0)} \mathbf{u}_p^{(i)})^{ijp}}{\partial \tau_m} + a \cos\phi_p \nabla_p^{3D} \cdot \left( \overline{u^{(2)} \rho^{(0)} \mathbf{u}_p^{(i)}}^{(i)} + \overline{u^{(1)} \rho^{(0)} \mathbf{u}_p^{(i)}}^{(i)} + \overline{u^{(0)} \rho^{(0)} \mathbf{u}_p^{(i)}}^{(i)} \right)
- \left( \rho^{(0)}u^{(1)}v^{(1)} + \rho^{(0)}u^{(2)}v^{(2)} + \rho^{(3)}u^{(1)}v^{(2)} \right) \sin\phi_p - f(\rho^{(0)}u^{(4)} + \rho^{(2)}u^{(2)} + \rho^{(3)}u^{(1)})a \cos\phi_p.
\] (C7)

Note that the orders of separate terms on the right-hand side are not given as they do not play an important role in the further derivation (for simplicity); however, note that overall $\rho M^{ijp}$ and $\rho M \mathbf{u}_p^{(i)j}$ are of the second order.

From (A8) multiplied by $\rho^{(0)}$, it follows that

\[
\frac{\rho(0)D\mathbf{u}^{(i)}}{D\tau_m} = f \left( \overline{u^{(4)} \rho^{(0)}}^{(i)} + \overline{u^{(1)} \rho^{(3)}}^{(i)} + \overline{u^{(2)} \rho^{(2)}}^{(i)} \right)
+ \frac{\tan\theta}{a} \left( \overline{u^{(2)} \rho^{(0)}}^{(i)} + \overline{u^{(1)} \rho^{(0)}}^{(i)} \right) + \frac{\rho^{(0)} S^{(5)} u^{(i)}}{\overline{\rho^{(0)}}^{(i)}} - \frac{\partial}{\partial \lambda_p} \left( \pi^{(0)} \rho^{(0)} \right)
- \frac{\cos\phi_p}{\partial \theta^{(2)}/\partial z} \left( \overline{\rho^{(0)} \theta^{(3)}}^{(i)} + \frac{\partial}{\partial \lambda_p} \left[ \cos\phi_p \left( \frac{\overline{u^{(0)} \theta^{(3)}}^{(i)}}{\overline{\rho^{(0)}}^{(i)}} + \frac{\rho^{(0)} \overline{\rho^{(3)}}}{f} \frac{\partial \theta^{(2)}}{\partial y_p} \right) \right] \right),
\] (C8)
where the last two terms come from the \( u^{(2)} \cos \phi_p \) term using the thermodynamic equation, (A11), averaged over synoptic scales and \( t_p, f u^{(1)} \rho^{(3)} = \rho^{(3)} \partial \pi^{(3)} / \partial x_p \) [via (A5)], and \( f u^{(2)} \rho^{(3)} \) = \( \pi^{(4)} \rho^{(3)} \alpha^{(4)}+\rho^{(2)} S^{(3)} \) [via (A6)]. Notice that the first two terms on the right-hand side of (C8) resemble the terms involving \( \sin \phi_p \) and \( f t \cos \phi_p \) in (C7) and lead to a cancellation after combining (C7) and (C8). The terms that remain in the equation can all be integrated over a volume \( V_p, (\lambda_p, \phi_p, z) \). Following Gauss’s theorem,\(^{C1}\) assuming no source–sink terms and assuming there is no orography (for simplicity) yields angular momentum conservation

\[
\iint_V \left( \frac{\partial (\rho M)}{\partial t_m} \right)_{t_p} dV_p = 0. \tag{C9}
\]

The angular momentum equation can be linked to the barotropic pressure equation, (17), using (C7), dividing it first by \( a \cos \phi_p \), and then integrating it over a longitude–height slice (over area \( A_p \), which effectively gives additional averaging over \( \lambda_p \) and \( z \)) and using Gauss’s theorem again, which gives

\[
\frac{1}{a \cos \phi_p} \left[ \frac{\partial \rho M^{(p,z)}}{\partial t_m} + \frac{\partial}{\partial y_p} (M \rho v^{(p,z)}) \right] = \frac{\partial \rho (u^{(0)} u^{(1)})^{(p,z)}}{\partial t_m} + \frac{\partial}{\partial y_p} \left( u^{(1)} \rho (u^{(1)})^{(p,z)} \right)
\]

\[
- \left( \rho^{(0)} (u^{(1)})^{(p,z)} + \rho^{(0)} (u^{(2)})^{(p,z)} \right) \tan \phi_p
\]

\[
- f \left( \rho^{(0)} u^{(4)} + \rho^{(2)} u^{(4)} + \rho^{(3)} u^{(4)} \right). \tag{C10}
\]

Here, the overbar denotes an average over \( t_s, t_p, \lambda_p, \phi_p, z \), and note that \( u^{(2)} \) is proportional to a source term under such an average, (B1a). Now divide (C10) by \( f \), take \( \partial \partial y_p \) of it, and finally multiply it by \( f \). This yields

\[
\tilde{\mathcal{D}} \left\{ \frac{1}{a \cos \phi_p} \left[ \frac{\partial \rho M^{(p,z)}}{\partial t_m} + \frac{\partial}{\partial y_p} (M \rho v^{(p,z)}) \right] \right\} = \tilde{\mathcal{D}} \left( \frac{\partial \rho (u^{(0)} u^{(1)})^{(p,z)}}{\partial t_m} \right) + \tilde{\mathcal{D}} \left( \frac{\partial}{\partial y_p} \left( u^{(1)} \rho (u^{(1)})^{(p,z)} \right) - \left( \rho^{(0)} (u^{(1)})^{(p,z)} \right) \tan \phi_p \right)
\]

\[
- f \frac{\partial \rho^{(2)} (u^{(1)})^{(p,z)} + \rho^{(2)} (u^{(2)})^{(p,z)} + \rho^{(3)} (u^{(4)})^{(p,z)} \right). \tag{C11}
\]

where source terms were omitted for simplicity, the left-hand side can be simplified to

\[
\tilde{\mathcal{D}} \left( \frac{\rho}{a \cos \phi_p} \frac{DM^{(p,z)}}{Dt_m} \right),
\]

with

\[
\tilde{\mathcal{D}} = \frac{\partial}{\partial y_p} - \frac{\beta}{f},
\]

and the last term in the equation can be simplified to \(+ f \rho^{(2)} \partial t_m \) via (B2d). Notice how all but the last term on the right-hand side resemble terms in the barotropic pressure equation, (17). This means that (17) can be rewritten using the angular momentum equation as

\[
\tilde{\mathcal{D}} \left( \frac{\rho}{a \cos \phi_p} \frac{DM^{(p,z)}}{Dt_m} \right) - \rho (\rho^{(2)})^{(p,z)}
\]

\[
= \tilde{\mathcal{D}} \left( \rho \frac{\partial \rho^{(2)}}{\partial t_m} \right) = - f \frac{\partial \rho^{(2)} (u^{(1)})^{(p,z)}}{\partial y_p} + f \frac{\partial \rho^{(2)} (u^{(1)})^{(p,z)}}{\partial y_p} \tag{C12}
\]

where \( \rho^{(2)} = \rho^{(2)} - \rho^{(0)} \theta^{(2)} \) via (B4), which further simplifies it. This now gives a clear link between the barotropic equation for the mean flow and the angular momentum.

**APPENDIX D**

**The Nonacceleration Theorem**

This appendix shows the derivation of the nonacceleration theorem for the given asymptotic set of
equations. To derive this, a transformed Eulerian mean (TEM) \cite{Andrews1976} version of the zonal-mean (averaged over $\lambda_p$, $\lambda_v$, denoted by the square brackets) momentum and thermodynamic equations is necessary. From the zonal-mean continuity $\{\mathcal{C}(e^4, e^5)\}$, thermodynamic $\mathcal{C}(e^6, e^5)$, and momentum equations $\{\mathcal{C}(e^6, e^4, e^5)\}$ at different asymptotic orders, we can identify the residual meridional circulation ($v^{(0)}_r$ and $w^{(0)}_r$, with subscript $r$ representing residual velocity and $i$ representing its order):

\begin{align}
\left[\rho^{(0)} v^{(2)}_r\right] &= \left[\rho^{(0)} v^{(2)}_r\right] - \frac{\partial}{\partial \zeta} \left[ \frac{\nu^{(0)}_p \theta^{(3)} \rho^{(0)}}{\partial \theta^{(3)}/\partial \zeta} \right], \\
\left[\rho^{(0)} w^{(4)}_r\right] &= \left[\rho^{(0)} w^{(4)}_r\right] + \frac{\partial}{\partial y_s} \left[ \frac{\nu^{(0)}_p \theta^{(3)} \rho^{(0)}}{\partial \theta^{(3)}/\partial \zeta} \right] = \left[\rho^{(0)} w^{(4)}_r\right], \\
\left[\rho^{(0)} v^{(3)}_r\right] &= \left[\rho^{(0)} v^{(3)}_r\right] - \frac{\partial}{\partial \zeta} \left[ \frac{\nu^{(0)}_p \theta^{(4)} \rho^{(0)}}{\partial \theta^{(2)}/\partial \zeta} \right].
\end{align}

\begin{align}
\frac{\partial [\rho^{(0)} u^{(2)}_r]}{\partial t_s} + \frac{\partial [\rho^{(0)} u^{(1)}_r]}{\partial t_p} + \frac{\partial}{\partial t_s} \frac{\partial [\rho^{(0)} v^{(3)}_r]}{\partial \zeta} - f [\rho^{(0)} v^{(3)}_r] &= \left[\rho^{(0)} S^{(4)}_u\right] - \frac{\partial}{\partial y_s} \left[ \frac{\nu^{(0)}_u \theta^{(2)} \rho^{(0)}}{\partial \theta^{(2)}/\partial \zeta} \right],
\end{align}

both of which can be linked to the zonal-mean wave activity equations on planetary $\{13\}$ and synoptic $\{12\}$ scales, respectively, through their respective zonal-mean EP flux divergences ($[\nabla^{3D}_p \cdot \mathbf{F}_p]$) that appear on the right-hand side of (D5) and (D6). Thus, (D5) and (D6) can be rewritten in terms of wave activities as

\begin{align}
\frac{\partial [\rho^{(0)} u^{(2)}_r]}{\partial t_s} + \frac{\partial [\rho^{(0)} u^{(1)}_r]}{\partial t_p} + \frac{\partial}{\partial t_s} \frac{\partial [\rho^{(0)} v^{(3)}_r]}{\partial \zeta} - f [\rho^{(0)} v^{(3)}_r] &= \left[\rho^{(0)} S^{(4)}_u\right] - \frac{\partial}{\partial y_s} \left[ \frac{\nu^{(0)}_u \theta^{(2)} \rho^{(0)}}{\partial \theta^{(2)}/\partial \zeta} \right],
\end{align}

which, under synoptic-scale averaging ($\phi_s, t_s$), for steady eddies (wave activity tendencies vanish), and in the absence of source–sink terms satisfy the nonacceleration theorem (i.e., the tendencies of the zonal-mean velocities vanish). These equations also show that planetary wave activity affects the zonal-mean-flow evolution on synoptic time scales and that the synoptic wave activity (linked to synoptic heat and momentum fluxes) affects the zonal-mean-flow evolution on planetary time scales. However, the latter relationship vanishes under synoptic-scale averaging, leaving only the residual circulation terms and source–sink terms affecting the evolution of $u^{(3)}_r$ in (D8). This means that an evolution equation for $\rho^{(3)}$ (related to $u^{(1)}_p$), which can be derived in a similar manner as the barotropic equation (evolution equation for $\rho^{(2)}$; appendix B and section 4b) using the $\mathcal{C}(e^4)$ $u$-momentum equation, the $\mathcal{C}(e^6)$ thermodynamic equation, the $\mathcal{C}(e^5)$ continuity equation, and the hydrostatic balance for $\rho^{(3)}$ averaged over synoptic scales and vertically is only affected by the source–sink terms

\begin{align}
\left( \frac{\partial}{\partial t} \frac{1}{f} \frac{\partial}{\partial \zeta} - \frac{\beta}{f} \frac{\partial}{\partial y} \right) \frac{\partial [\rho^{(0)} u^{(3)}_r]}{\partial t_p} &= -f [\rho^{(0)} S^{(4)}_u] - \left( \frac{\partial}{\partial \zeta} - \frac{\beta}{f} \right) \left( \rho^{(0)} S^{(4)}_u \right),
\end{align}
This evolution equation suggests that a higher-order momentum equation is needed to find the dynamic influences on the mean flow on planetary spatial scales (averaged over synoptic scales) and longer time scales $t_m$—see the barotropic pressure equation, (16).

Note that (D7) and (D8) provide equations for zonal-mean-flow variations on shorter time scales (synoptic and planetary), which have dynamical importance for higher-frequency atmospheric flow (e.g., baroclinic life cycles or barotropic annular modes with time scales of 10 days or less). Upon averaging over these scales, the slower variations in the mean flow $t_m$ emerge (as in the barotropic equation for the mean flow).

The TEM version of the $O(\varepsilon^5)$ zonal momentum equation can also be derived using the same residual velocities (with the same procedure); however, here we only show an equation averaged over $t_f, t_p, \lambda, \lambda_p, \phi, z$ as this was the averaging performed to derive the barotropic equation for the mean flow, (17). This yields

$$
\begin{align*}
\frac{\partial \rho(0) \theta^{(0),s} \rho}{\partial t_m} & + \rho(0) \nu \frac{\partial \theta^{(0)} \rho}{\partial y_p} + \rho(0) \frac{\partial \theta^{(0)} \rho}{\partial z} \\
& = \rho(0) S^{(0)} \theta^{(0)} \rho \cos \phi_p - f \rho(0) \nu \left( \frac{\partial \theta^{(0)} \rho}{\partial z} \right) \\
& - f \rho(0) \nu \left( \frac{\partial \theta^{(0)} \rho}{\partial y_p} \right).
\end{align*}
$$

(D10)

with

$$
F^y = -\rho(0) u^{(1)} v^{(1)} \cos \phi_p + \frac{\partial \theta^{(0)} \rho}{\partial z} \frac{\partial \theta^{(0)} \rho}{\partial \phi_p} + \frac{\partial \theta^{(0)} \rho}{\partial \phi_p} \frac{\partial \theta^{(0)} \rho}{\partial z},
$$

(D11)

where $a^{-1} \tan \phi_p \rho(0) u^{(1)} v^{(1)} \cos \phi_p$ was absorbed into $F^y$ through $\cos \phi_p$. As in section 4b, many terms in (D10) can be related to source–sink terms, $u^{(4)}$ can be eliminated via the continuity and thermodynamic equations, and $f \rho(0) \nu^{(1)}$ is related to meridional heat flux on planetary scales. To link (D10) to the wave activity tendency, a higher-order wave activity approximation would be needed, and because of the planetary-scale heat fluxes in (D10), a boundary wave activity may also be needed, but they are not the subjects of this paper (only the leading-order approximations are of interest). Hence, a nonacceleration theorem for this order of the momentum equation is yet to be determined but is expected to hold, as is the case at lower orders.

The $O(\varepsilon^7)$ thermodynamic equation within the TEM framework (under a $t_f, t_p, \lambda, \lambda_p, \phi, z$ average) is

$$
\begin{align*}
\frac{\partial \rho(0) \theta^{(0),s} \rho}{\partial t_m} & + \rho(0) \nu \frac{\partial \theta^{(0)} \rho}{\partial y_p} + \rho(0) \frac{\partial \theta^{(0)} \rho}{\partial z} \\
& = \rho(0) S^{(0)} \cos \phi_p - \frac{\partial}{\partial z} \left( S^{(0)} \cos \phi_p \frac{\partial \theta^{(0)} \rho}{\partial \phi_p} \right).
\end{align*}
$$

(D12)


