

Chitosan/poly(2-ethyl-2-oxazoline) films for ocular drug delivery: Formulation, miscibility, in vitro and in vivo studies

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1	Chitosan/poly(2-ethyl-2-oxazoline) films for ocular drug delivery:
2	formulation, miscibility, <i>in vitro</i> and <i>in vivo</i> studies
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20 ABSTRACT

Polymeric films were prepared based on chitosan and its blends with poly(2-ethyl-2-oxazoline) 21 by casting from aqueous solutions. These materials were characterised using a number of 22 23 physicochemical techniques, including Fourier-transform infrared spectroscopy, thermal gravimetric analysis, differential scanning calorimetry, wide angle x-ray diffraction, tensile testing and scanning 24 electron microscopy. All these studies indicate that there is a weak intermacromolecular hydrogen 25 bonding between these polymers, which facilitates their complete miscibility in solid state. These 26 27 films were formulated with sodium fluorescein as a model drug and were evaluated for their potential application in ocular drug delivery both in vitro and in vivo. It was established that the films are 28 29 biocompatible and mucoadhesive; they are capable of providing a sustained drug release when administered topically on the cornea. 30

31 **Keywords:** *chitosan, poly(2-oxazoline), films, miscibility, mucoadhesion, ocular drug delivery*

32 1. INTRODUCTION

Ability of hydrophilic polymers to stick to wet surfaces in the human body, defined as mucoadhesion, has been widely used for designing dosage forms for transmucosal administration. The current applications of mucoadhesive dosage forms include drug delivery to the eye, nose, oral cavity, gastrointestinal tract, vagina, rectum and urinary bladder [1–5]. These routes of drug administration offer a number of advantages and the use of mucoadhesive carriers facilitates better dosage form retention on mucosal surfaces resulting in improved drug bioavailability, possibility of targeting particular organs, ease of application and avoidance of painful injections.

Typically, all water-soluble polymers have some mucoadhesive properties; however, either positively or negatively charged polyelectrolytes exhibit better ability to stick to mucosal tissues compared to non-ionic macromolecules [2]. Chitosan as a polysaccharide of cationic nature is considered as one of the materials with excellent mucoadhesive properties and its numerous

applications in transmucosal drug delivery have been demonstrated [6–8]. Many attempts have been 44 reported to modify mucoadhesive properties of chitosan through its chemical modification, as 45 discussed in a recent review by Ways et al [9]. Additionally, properties of chitosan could also be 46 47 altered by simple blending with other polymers. For example, Luo et al [10] demonstrated that chitosan forms miscible blends with hydroxyethylcellulose, which resulted in reduction of 48 mucoadhesive properties of the buccal films based on the mixtures of these polymers. Freag et al [11] 49 50 reported the development of mucoadhesive sponges based on blends of chitosan with hydroxypropylmethylcellulose and demonstrated that the materials prepared from 1:1 polymer 51 mixture exhibited the best physicochemical characteristics suitable for buccal administration. Sizílio 52 53 et al [12] fabricated mucoadhesive films by blending chitosan with poly(N-vinyl pyrrolidone) and evaluated their application for delivery of betamethasone-17-valerate used in the therapy of recurrent 54 aphthous stomatitis. 55

Poly(2-oxazolines) is an emerging class of polymers highly promising for biomedical 56 applications due to their non-toxicity, bio-inert nature and unique physicochemical properties [13– 57 58 17]. Water-soluble representatives of this class such as poly(2-methyl-2-oxazoline), poly(2-ethyl-2oxazoline), and poly(N-propyl-2-oxazoline) have received a lot of attention of researchers due to their 59 unique physicochemical properties such as the ability to form hydrogen-bonded complexes with 60 61 polycarboxylic acids and tannins [18–20] as well as their temperature-responsive properties [21]. Due to their bio-inert nature, low molecular weight poly(2-methyl-2-oxazoline) and poly(2-ethyl-2-62 oxazoline) (5 kDa) were reported to facilitate mucus-penetration of silica nanoparticles through 63 porcine stomach mucosa [22,23] and to reduce their mucoadhesion to rat intestinal tissues [24]. 64 Poly(2-ethyl-2-oxazolines) with larger molecular weights (50, 200 and 500 kDa) exhibited weak 65 mucoadhesive properties and their simple blends and complexes with Carbopols 971 and 974 also 66 resulted in reduction of dosage forms mucoadhesiveness compared to pure Carbopols[®] [25]. 67

68 Polymer blending and miscibility of poly(2-oxazolines) with other polymers is studied 69 insufficiently. Earlier publications reported the miscibility studies of poly(2-oxazolines) with hydroxyl-containing polymers [26–28] and some conventional plastic materials such as poly(vinyl
chloride), polystyrene, polypropylene and poly(vinylidene fluoride) [29]. Despite the growing
biomedical importance of both chitosan and poly(2-oxazolines) the studies of miscibility in their
blends are limited only to a very few publications [30].

In the present work we have prepared chitosan/poly(2-ethyl-2-oxazoline) films by casting from aqueous mixtures of these polymers; studied the physicochemical properties of these blends using Fourier transform infrared spectroscopy, thermal analysis and X-ray diffraction methods, tensile properties, and scanning electron microscopy; and evaluated the mucoadhesive potential and retention of these films on freshly excised bovine cornea *ex vivo* and on rabbit ocular cornea *in vivo*.

79 2. EXPERIMENTAL SECTION

80 2.1. Materials

A high molecular weight chitosan (CHI, $M_W \sim 310 - 375$ kDa, degree of deacetylation: 75 – 82 85%), poly(2-ethyl-2-oxazoline) (POZ, $M_W \sim 50$ kDa and PDI 3 – 4), hydrochloric acid solution 83 (HCl, 1 M), fluorescein sodium salt (NaFl) and phosphate buffered saline (PBS) tablets were 84 purchased from Sigma-Aldrich (Gillingham, UK). All other chemicals were of analytical grade and 85 used without further purification.

86 2.2. Preparation of films

Chitosan solution was prepared by first dissolving 3.75 g of chitosan in 25 mL of 1 M HCl, 87 then the total volume was made up to 500 mL with deionised water (CHI 0.75% w/v, pH ~ 4.0) and 88 stirred magnetically overnight at room temperature. Before casting CHI solution was sonicated in a 89 sonication bath (FS200b, Decon Laboratories Ltd., UK) for 30 min. Poly(2-ethyl-2-oxazoline) 90 solutions (0.75% w/v) were prepared by dissolving 3.75 g polymer powder in 500 mL of deionised 91 water (pH ~ 6.8) for 1 h under continuous stirring. The film-forming solutions (FFS) with and without 92 NaFl (0.1 mg/mL) were obtained by mixing CHI and POZ aqueous solutions at different volume 93 ratios, where part of CHI was gradually replaced with POZ, up to 60%. Formulations were named 94

indicating the CHI/POZ volume ratio as CHI (100), (80:20), (60:40), (40:60) and POZ (100),
respectively. The pH values of combined solutions were in the range of 4.0 – 4.2. FFS were
magnetically stirred for 3 h until fully homogeneous mixture formed, after that, 45 mL of each
solution was poured into 90 mm diameter Petri dishes and dried at room temperature for several days.

99

2.3. Fourier transform infrared (FTIR) spectroscopy

FTIR spectra were recorded on Nicolet iS5 FTIR spectrometer (Thermo Scientific, UK) using an attenuated total reflectance (ATR) accessory equipped with a diamond crystal. The transmission mode was used and the resolution was 1 cm⁻¹.

103 2.4. Thermogravimetric analysis (TGA)

Thermogravimetric analysis of CHI, POZ and CHI/POZ blend film samples was conducted using Q50 TGA analyser (TA Instruments, UK) in the range between 20 and 600 °C at a heating rate of 10 °C/min under nitrogen atmosphere. Moisture content in each film was determined from the weight loss corresponding to the first step weight loss in their TGA curves (up to about 150 °C).

108 2.5. Differential scanning calorimetry (DSC)

Differential scanning calorimetry (DSC) measurements were performed on TA-Q2000 DSC instrument (TA Instruments, UK). DSC thermograms of each film were recorded from the second heating run at 20 °C/min, after the first run of heating up to 80 °C and cooling down to 25 °C at 10 °C/min, under nitrogen atmosphere, in order to estimate the glass transition temperatures (Tg).

113

2.6. X-Ray diffraction (XRD)

114 X-Ray diffraction patterns of the polymers and their blends were evaluated using Oxford 115 Diffraction Gemini Ultra diffractometer fitted with CuK α radiation and Saturn detector (Oxford 116 Diffraction Ltd., UK). Film samples were cut in 1×1 cm, loaded, and scanned at diffraction ranges 117 from 6 to 120° with a scan step of 0.01°, generating characteristic diffractograms at the rate of 2.5 118 scans min⁻¹.

119 2.7. Scanning electron microscope (SEM)

SEM experiments used a FEI Quanta 600 FEG Environmental Scanning Electron Microscope instrument (FEI UK Ltd., UK) with an acceleration voltage of 20 kV. The images were taken from the fracture surface of the materials, which were preliminary frozen in liquid nitrogen and coated with gold sputter to facilitate high resolution imaging.

124 **2.8.** Mechanical analysis

Puncture strength (PS) and elongation at break (EB) of the films were measured using a TA.XT 125 Plus Texture Analyser (Stable Micro Systems Ltd., UK) in compression mode at room temperature 126 [31,32]. Film thickness was measured with a hand-held micrometer; six replicates were taken for each 127 sample in different places and the mean values were calculated accordingly. The thickness of the 128 films was about 0.065 ± 0.002 mm. The square shaped film samples (30 x 30 mm) fixed by screws 129 between two plates with a cylindrical hole of 10 mm diameter (area of the sample holder hole: $Ar_s =$ 130 78.54 mm²) and compressed by the upper load 5 mm stainless steel spherical ball probe (P/5S) at a 131 test speed 1.0 mm/sec. The plate was stabilised to avoid movements using two pins. The 132 measurements started after the probe was in contact with the sample surface. The probe moved at a 133 constant speed until each film sample was broken [33]. These tests were performed with the following 134 settings: pre-speed test 2.0 mm/sec; test-speed 1.0 mm/sec; post-test speed 10.0 mm/sec; target mode 135 - distance; distance 5 mm; trigger type auto; trigger force 0.049 N. The film samples were punctured 136 and the force required in Newtons was recorded and puncture strength was calculated using the 137 138 following equation [33,34]:

139
$$PS = \frac{Force}{Ar_s}$$
(1)

140 where Force is the maximum applied force recorded during strain.

141 Elongation at break (EB) is the ratio between the extension of the film at the point of rupture142 and the initial length of the sample and is expressed in percentage:

143
$$EB = \left(\frac{\sqrt{a'^2 + b^2} + r}{a} - 1\right) \times 100\%$$
(2)

where a' – the initial length of the film sample that is not punctured by the probe; b – the penetration depth/vertical displacement by the probe; r – the radius of the probe; and a – radius of the film in the sample holder opening.

All experiments were conducted 5 times and the mean values ± standard deviations were
calculated and evaluated statistically.

149 **2.9.** *Ex vivo* mucoadhesion studies on bovine cornea

The retention of polymeric films on bovine eyes was studied using the protocols previously 150 151 reported by our group with some modifications [35,36]. The bovine eyes are commonly used in ocular drug delivery and irritation testing because of their availability, suitable dimensions and structural 152 similarity to human eyes [37]. These were acquired from P.C. Turner Abattoirs (Farnborough, UK) 153 immediately after animal slaughter and were transported to the laboratory in a cold polystyrene 154 container. Bovine corneas were dissected within 4 h of eyes delivery, where the whole cornea with 155 156 2-3 mm of sclera was carefully excised using a sharp blade. Each cornea was rinsed with PBS solution, placed in Petri dishes, wrapped with cling film to reduce dehydration and stored at 4 °C to 157 be used on the following day. Each experiment was performed in triplicate using different corneas. 158

Experiments were carried out with a cornea mounted on a glass slide placed on half cut falcon 159 tubes already mounted at an angle of 45° and maintained at 37 °C in an incubator. Prior to each 160 experiment, spherically shaped polymeric discs (4 mm in diameter) containing NaFl were quickly 161 soaked in 0.9% NaCl saline solution (1 sec) and then placed on cornea previously rinsed with 1 mL 162 of simulated tear fluid (STF: 3.35 g NaCl; 1 g NaHCO₃; and 0.0305 g CaCl₂ made up to 500 mL with 163 deionised water). The background microscopy images were recorded for each cornea prior to 164 administration of a fluorescent film. Then 12 mL of STF solution was dripped for 1 h on a corneal 165 166 surface at a flow rate of 200 µL/min using a syringe pump. Fluorescence microscopy images of whole tissue were recorded after each wash every 5 min using a Leica MZ10F stereo-microscope (Leica 167

Microsystems, UK) with Leica DFC3000G digital camera at $0.8 \times$ magnification and 20 ms exposure time (gain 3.0×), fitted with a GFP filter (blue, $\lambda_{emission} = 512$ nm). The microscopy images were then analysed with ImageJ software by measuring the fluorescence pixel intensity after each washing cycle. The pixel intensity of the blank samples (corneal mucosa without a fluorescent film) was deducted from each measurement and data were normalised and converted into fluorescent intensity values using the following equation:

174
$$Fluorescence intensity = \frac{I - I_b}{I_0 - I_b} \times 100\%$$
(4)

where *I* is the fluorescence intensity of a given tissue sample with a mucoadhesive film after each washing; I_b is the background fluorescence intensity of that tissue sample (a blank sample); and I_0 is the initial fluorescence intensity of that sample (a tissue sample with mucoadhesive film on it prior to the start of first washing).

In parallel, STF solution flowing through the corneal epithelium was collected at predetermined time points and used for determination of the percentage of NaFl washed off the corneal surface. All the collected samples were diluted with STF, making up the total volume to 30 mL. The amount of NaFl in each sample was then quantified using a FP-6200 spectrofluorometer (Jasco, UK) at $\lambda_{\text{excitation}}$ and $\lambda_{\text{emission}}$ wavelengths of 460 and 512 nm, respectively. A standard curve used to determine the amount of NaFl released from the films can be found in Supplementary information (Figure S1).

All measurements were conducted in triplicate and the mean values ± standard deviations were
calculated and evaluated statistically.

188 2.10. In vivo experiments

In vivo experiments on ocular administration of fluorescent films (CHI and CHI/POZ) were
 conducted using chinchilla rabbits (2.5 – 4.0 kg) according to a previously described protocol [38].
 These experiments were approved by Semey State Medical University (Kazakhstan) ethics committee

and were conducted following the ARVO Statement for the Use of Animals in Ophthalmic and Visual 192 Research. Before the start of experiments, rabbits were housed in standard cages and allowed free 193 access to food and water. In the beginning of each experiment rabbits were sedated with 0.2 mL (100 194 195 mg/mL) sodium thiopental (Arterium Corporation, Ukraine), previously dissolved in 10 mL of 0.9% NaCl saline solution, administered through the lateral auricular vein. Approximately 5 min after 196 administration of sodium thiopental, polymeric discs containing NaFl (10 mm in diameter) were 197 quickly soaked (1 sec) in a saline solution (0.9% NaCl) and carefully placed on rabbit left eye's 198 cornea; their right eye always served as a control. The behaviour of each polymeric disc on the eye 199 was controlled visually and images were taken at different time intervals with a high resolution digital 200 201 camera. In addition, a weak UV light from an UVGL-25 Compact UV handheld lamp (Ultra-Violet 202 Products, UK) was shone into the eye to facilitate the detection of fluorescence.

Each type of polymeric film was tested in 3 rabbits and each experiment was conducted until a film was detached or dislodged. The mean residence time values \pm standard deviations were calculated and assessed for statistical differences.

206 **2.11.** Statistical analysis

Data acquired during these experiments, i.e. mean values \pm standard deviations were calculated and assessed for significance using two-tailed Student's *t*-test and a one-way analysis of variance (ANOVA) followed by Bonferoni *post hoc* test using GraphPad Prism statistical analysis software (version 7.0; GraphPad Software Inc.), where p < 0.05 was considered as statistically significant.

211 **3. RESULTS AND DISCUSSION**

212 **3.1.** Preparation and characterisation of films

213 CHI and CHI/POZ blend films were successfully developed and tested. These two polymers 214 are well characterised for their safety and biocompatibility and known to be stable under normal 215 processing and storage conditions. POZ solutions (0.75% w/v) used to prepare films were easy to 216 handle and no heating was required during their dissolution in deionised water. Chitosan solution can be obtained only *via* solvent casting from acidified water. All films were prepared without anyplasticisers and were homogenous and transparent.

The presence of amide carbonyl groups in poly(2-ethyl-2-oxazoline) suggests that this tertiary 219 polyamide has potential for forming miscible blends with a variety of polymers containing 220 complementary functional groups such as carboxylic, phenolic or alcoholic hydroxyl groups [39–41]. 221 222 Previous studies demonstrated that carbonyl groups of POZ exhibit proton-accepting properties and 223 participate in hydrogen bonding with proton-donating groups of other functional polymers [40,42]. 224 Chitosan, in contrast to poly(2-ethyl-2-oxazoline), has in its structure numerous hydroxyl groups that can act as proton-donors with respect to the proton-accepting groups of POZ and form intermolecular 225 226 hydrogen bonds. In order to establish the possibility of hydrogen bonding in chitosan/POZ blends all films were studied using FTIR spectroscopy (Figure 1). The FTIR spectrum of pure CHI film shows 227 the presence of the broad peak appeared above 3000 cm⁻¹ that is due to OH- stretching, which overlaps 228 with NH-stretching in the same region. The peaks at 2923 cm⁻¹ and 2889 cm⁻¹ correspond to CH₂-229 and CH- stretching vibrations. The absorption bands at 1627 cm⁻¹ and 1520 cm⁻¹ are C=O stretching 230 (amide I) and NH-bending (amide II), respectively. The absorption band at 1416 cm⁻¹ is attributed to 231 CH- and OH- vibrations [10]. The band that appeared at 1377 cm⁻¹ is assigned to the acetamide 232 groups, which demonstrate that chitosan is not totally deacetylated and the peak at 1316 cm⁻¹ can be 233 due to C-N stretching (amide III) [43]. According to Bonilla et al [44] the peak at 1250 cm⁻¹ 234 corresponds to amino groups. The peak occurred at 1151 cm⁻¹ is the anti-symmetric stretching of the 235 C–O–C bridge, 1062 cm⁻¹ and 1024 cm⁻¹ are the skeletal vibrations involving the C–O stretching, 236 which are characteristics of chitosan polysaccharide structure [45]. 237

The FTIR spectrum of POZ shows the presence of the broad absorption peak at 3488 cm⁻¹, which is an indication of the presence of bound water that was not eliminated from the film completely. The absorption bands at 2977 cm⁻¹ and 2939 cm⁻¹ correspond to CH₂-stretching vibrations. The characteristic bands at 1624 cm⁻¹ and 1419 cm⁻¹ are assigned to C=O stretching (amide I) and CH₃ bending, respectively [22]. The absorption bands at 1470, 1374 and 1322 cm⁻¹ (CH bending) as well as 1237, 1194 and 1061 cm⁻¹ (C-C stretching) are in good agreement with FTIR data
on POZ reported in the literature [46].

All the characteristic bands of the component polymers are present in the spectra of their blends 245 246 and the intensities of the bands and the shape of the peaks depend on the polymers ratio in the blend. The spectra of the miscible CHI/POZ blends show significant changes in hydroxyl stretching region, 247 suggesting a redistribution in the arrangement of the hydroxyl group associations. When comparing 248 the spectra corresponding to the same system as a function of composition, a shift of this band toward 249 250 higher wavenumbers is observed for increasing content of POZ. This behaviour suggests that a significant part of the hydroxyl groups involved in CHI are hydrogen-bonded to amide carbonyl 251 groups in POZ. This is in good agreement with the data reported by Fang et al [30]. 252



253

Figure 1. FTIR spectra of chitosan, POZ and CHI/POZ blends.

Thermogravimetric analysis indicates that degradation of pure chitosan film proceeds via two main stages (Figure 2): first, it starts to loose physically-bound water at >30 °C and this process finishes at 135 °C. The amount of this physically bound water in pure CHI film is about 13 %. The

258	next thermal decomposition stage appears at $178 - 300$ °C (with a maximum degradation rate
259	observed at 188 °C); this degradation results in 52% loss of chitosan weight. This is caused by
260	depolymerisation of chitosan chains and pyranose rings through dehydration and deamination and
261	finally ring-opening reaction [47,48]. The pure POZ film shows greater thermal stability compared
262	to 100 % CHI: the first thermal event begins above 30 °C, which is related to the evaporation of
263	physically-bound water (approximately 8%). The second stage of thermal decomposition of POZ
264	starts above 315 °C (with the maximal degradation rate observed at 395 °C) reaching 92% of the total
265	weight loss at 430 °C. A single decomposition stage of dry POZ at 400 °C was previously reported
266	by Beruhil Adatoz et al [49], which broadly agrees with our data. The decomposition profiles of
267	CHI/POZ blends are characterised by three stages: (1) $25 - 150$ °C, corresponding to the loss of
268	physically bound water, (2) $175 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI, and (3) $275 - 275$ °C, corresponding to the degradation of CHI.
269	425 °C, corresponding to the degradation of POZ. It should be noted that the temperatures, at which
270	the degradation rates of stages (2) and (3) were maximal, showed a good correlation with the
271	composition of the blends (Figure S2, Supplementary information). This indicates that the presence
272	of more thermally stable POZ in the blend improves the thermal stability of less stable chitosan, which
273	may be due to the presence of weak hydrogen bonding between these polymers.





Figure 2. TGA curves of pure CHI, pure POZ and CHI/POZ blend films.

Differential scanning calorimetry (DSC) was used to characterize the miscibility between the polymers. Usually the presence of a single glass transition temperature, situated between Tg values of individual polymer components indicates a complete miscibility. Figure 3 shows that the presence of a single glass transition in the blends, which depends on the composition of the polymer mixture. All glass transition temperatures of the blends are between the Tg values of individual POZ (56 °C) and chitosan (131 °C), which is in good agreement with the data reported by Fang et al [30].



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Figure 3. DSC thermograms of pure CHI, pure POZ and CHI/POZ blend films.

284 X-ray diffraction (WAXD) method was used to probe the effect of blending on crystallinity of 285 polymers (Figure 4). WAXD diffractograms of pure CHI and POZ films show a broad halo typical 286 for predominantly amorphous polymers. Pure CHI still shows the presence of four diffraction peaks 287 at $2\theta = 8.5^{\circ}$; 11.8° ; 18.1° and 23.8° , which is typical for crystalline domains in this polysaccharide 288 and is consistent with our previous report [50]. The diffractogram of pure POZ film shows the 289 presence of two broad amorphous humps centred at $2\theta = 10.4^{\circ}$ and 18.8° , indicating non-crystalline 280 nature of this polymer, which is also consistent with the literature data [51,52]. Diffraction peaks characteristic of chitosan are also present in the blend film, however a shift of a broad diffraction peak from 23.3° to 19.2° is observed. This may indicate that chitosan is involved in some weak interaction with POZ that affects the formation and structure of its crystalline domains.



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Figure. 4. WAXD diffractograms of CHI and CHI/POZ blend films.

The morphology of the polymer film cross-sections and surface were studied by scanning electron microscope (SEM). The investigation of the sample cross-sections at high magnification (2000×) reveals that the films have fully homogeneous structure with no signs of phase separation and interface boundaries (Figure 5). Thus, the SEM data provides another evidence for miscibility between CHI and POZ in the solid state at different ratios.



Figure 5. SEM images of (A) CHI, (B) pure POZ, and their blend (C, D, E) cross- sections and (F)
surface. Content of POZ in the blends: 20 (C), 40 (D) and 60 % (E, F). Scale bars are 20 μm.

The films composed of the blends with different CHI and POZ ratios were examined by elongation and puncture strength analysis and the results are shown in Figure 6. A film composed of pure POZ was not suitable for this type of analysis because of its extreme brittleness. Comparing the mechanical properties of pure CHI films with the polymer blends indicates that an increase in POZ content in the sample results in gradual reduction in the elongation at break and puncture strength values.



Figure 6. Mechanical analysis of CHI and CHI/POZ blend films: elongation at break (A) and puncture strength (B). Data are expressed as mean \pm standard deviation (n = 5). Statistically significant differences are given as: *** – p < 0.001; * – p < 0.05; ns – no significance.

314 **3.2.** Mucosal retention of blend films on *ex vivo* corneal tissue

Soluble or swellable polymeric films have been used in ocular therapeutics either to improve 315 the efficiency of drug delivery (compared to conventional eye drops), or to protect the injured cornea 316 [53–55]. These films should exhibit some mucoadhesive properties to have a prolonged residence on 317 318 the mucosa; however, eventually these materials are supposed to dissolve in the tear fluid completely 319 or should allow their non-traumatising detachment from the ocular surface. These dosage forms should have excellent mechanical properties and a balanced mucoadhesiveness. Materials with 320 321 insufficiently mucoadhesive properties will not be suitable because of the difficulties in their attachment to the ocular surface and, on the contrary, excessively films will cause discomfort because 322 they may interfere with blinking [56]. Chitosan has previously been reported as a potential material 323 for preparation of mucoadhesive ocular films [57–60]. It exhibits superior mucoadhesive properties 324 compared to many other pharmaceutical polymers, which often needs to be moderated to make it 325 suitable for a particular application. In the present work we have evaluated the suitability of CHI/POZ 326 blends as materials for application as mucoadhesive ocular films. 327

328

310

Fluorescein sodium (NaFl) was used as a model drug to demonstrate the potential use of

CHI/POZ films for the application in ocular drug delivery. The retention of CHI and CHI/POZ films 329 containing 0.1% NaFl on freshly isolated bovine cornea was assessed using a flow-through in vitro 330 technique with fluorescent detection. This methodology has been previously used to study the 331 332 retention of various materials on different mucosal surfaces, including ocular tissues, and it was validated against the other techniques established in assessment of mucoadhesive properties 333 [35,36,38,61,62]. Figure 7 illustrates exemplary fluorescent images of the retention of polymeric 334 films on bovine corneal mucosa irrigated with STF (200 µL/min). The fluorescence intensity on the 335 mucosa was monitored following each washing cycle over 60 min. After analysing the fluorescent 336 images using ImageJ software, it can be seen that CHI and CHI/POZ films showed an initial increase 337 338 in fluorescence intensity after the first wash (Figure 8). This can potentially be related to the moisture effect on fluorescent films, causing an increased brightness that leads to >100% fluorescence intensity 339 values. Despite of this initial increase in the fluorescence intensity, the subsequent washes resulted in 340 the reduction of fluorescence intensity due to the dissolution of the films and subsequent wash out of 341 NaFl. It was established that 100% CHI and CHI/POZ (80:20 and 60:40) exhibited significantly 342 343 greater retention (p < 0.01) in the initial washing cycles (except for CHI after 60 min washing, 12) mL STF, p < 0.05) compared to CHI/POZ (40:60). It could be concluded that introduction of POZ 344 made the films less retentive. This observation is consistent with our previous studies reporting that 345 346 decorating nanoparticles with POZ makes them less mucoadhesive [22–24]. Moreover, the retention of CHI/POZ films (80:20 and 60:40) on ocular mucosa was found not to be significantly different 347 from CHI (p > 0.05) demonstrating a similar retention profile until the end of washing cycles (Figure 348 8). 349

In parallel, STF solution flowing down the corneal surface during each washing cycle was collected at pre-determined time intervals and analysed using fluorescent spectrometry. An insert in Figure 8 depicts the cumulative percentage release of fluorescein sodium from CHI and CHI/POZ films. It was revealed that CHI/POZ (40:60) films released the highest amount of NaFl after total washing cycle over 60 min compared to 100% CHI and CHI/POZ (80:20 and 60:40). In the course

of work, the use of NaFl with the concentration higher than 0.1 mg/mL led to the formation of strong 355 complexes with chitosan and precipitation of complexes were observed. Fluorescein sodium is a 356 negatively charged compound and therefore may form complexes with the positively charged 357 backbones of chitosan due to the electrostatic attraction forces. Hence, NaFl with lower concentration 358 was used to prepare fluorescent films based on different ratios of CHI and POZ. Considering the 359 composition of CHI/POZ fluorescent films, therefore, the lower content of chitosan in the blend film, 360 the more NaFl is released. The fact that 100% CHI released less NaFl could be explained by partial 361 entrapment of fluorescein sodium within the corneal epithelium, or/and by mucoadhesive effects of 362 chitosan, i.e. specific interactions of chitosan macromolecules with the ocular surface. 363



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Figure 8. Mucosal retention of CHI and CHI/POZ films on fresh bovine cornea after irrigating with different volumes of STF (200 μ L/min) over 60 min. All values are the means ± standard deviations of triplicate experiments. Statistically significant differences are given as: ** – *p* < 0.01; * – *p* < 0.05.

372 **3.3.** *In vivo* retention studies

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Taking into consideration the known non-toxic and non-irritant nature of both chitosan and POZ [14,63] the mucoadhesive films were tested directly in vivo without prior evaluation of their biocompatibility in cell culture or other in vitro irritation models.

In vivo experiments were carried out in rabbits (n = 3) with round-shaped 10 mm CHI and CHI/POZ films containing 0.1 mg/mL NaFl. Each formulation was placed on corneal mucosa of a chinchilla rabbit's left eye and their retention was monitored visually by taking photographs at regular time points until the films detached. A UV lamp was used to enhance the detection of fluorescence. Figure 9 shows exemplary images of rabbit eyes with fluorescent films administered *in vivo*

381 providing even coverage of the cornea and subsequent changes were observed, i.e. time of

detachment, physical changes such as films swelling and wrinkling. The results for all other 382 formulations are presented in Figures S3-S6 (Supplementary information). Films made of 100% POZ 383 were not suitable for in vivo experiments due to their extreme brittleness. The in vivo results indicate 384 385 that pure CHI and CHI/POZ films could achieve from at least 10 min to up to 50 min residence on the ocular surface, which is consistent with *in vitro* data. Generally, all the films exhibited excellent 386 387 adhesion to the cornea. However, the presence of a nictitating membrane on chinchilla rabbit cornea often led to the dislodging or a complete removal of the films from the corneal surface into the lower 388 fornix of conjunctiva. This greatly affected in vivo data reproducibility. No significant differences (p 389 > 0.05) were observed between all film formulations in terms of their retention on the rabbit's cornea 390 (Figure 10). It is expected that these films will exhibit much better retention in human tests because 391 these dosage forms will not be voluntarily dislodged or removed. It should also be noted that the films 392 did not cause any observable discomfort, irritation, inflammatory reactions or excessive tear 393 production in rabbit eyes, which indicate that these materials are biocompatible and potentially 394 suitable for ocular administration. 395



396

Figure 9. Exemplary photographs of *in vivo* mucosal retention of CHI/POZ (80:20) films on rabbit
eyes taken at different time intervals.



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Figure 10. *In vivo* mucosal retention of CHI and CHI/POZ blend films on rabbit eye. Data are expressed as mean \pm standard deviation (n = 3).

402 **4. CONCLUSIONS**

Polymeric blends of chitosan and poly(2-ethyl-2-oxazoline) were prepared in the form of 403 flexible and transparent films using casting from aqueous solutions with subsequent solvent 404 evaporation. The structure and physicochemical properties of these films were evaluated using 405 Fourier-transformed infrared spectroscopy, thermal gravimetric analysis, differential scanning 406 calorimetry, wide angle x-ray diffraction, tensile testing and scanning electron microscopy. These 407 studies indicated a complete miscibility between the polymers in the blends. Blending of chitosan and 408 409 poly(2-ethyl-2-oxazoline) leads to a significant reduction of the films mechanical properties (elongation at break and puncture strength). The films based on pure chitosan and blends with poly(2-410 ethyl-2-oxazoline) were formulated with sodium fluorescein and evaluated as potential dosage forms 411 for ocular drug delivery both in vitro and in vivo. The results indicate that these films are 412 biocompatible and do not cause any irritation to the eye. They also exhibit ability to adhere to the 413 414 cornea and to retain for up to 50 min, providing a sustained drug release.

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426 DATA AVAILABILITY AND SUPPLEMENTARY INFORMATION

The Supplementary Information is available free of charge in PDF format. It contains a standard curve used to determine the amount of freed fluorescein sodium from CHI and CHI/POZ films (Figure S1); correlation between the maximal decomposition rate temperature and composition of polymer blends (Figure S2); and exemplary photographs of *in vivo* mucosal retention of CHI and CHI/POZ films on rabbit eyes taken at different time points (Figure S3-S6).

432 ABBREVIATIONS

CHI, chitosan; DSC, differential scanning calorimetry; EB, elongation at break; PBS, phosphate
buffered saline; POZ, poly(2-ethyl-2-oxazoline); PS, puncture strength; SEM, scanning electron
microscope; STF, simulated tear fluid; NaFl, fluorescein sodium salt; TGA, thermogravimetric
analysis; WAXD, wide-angle X-Ray diffraction.

437 Author contributions

The manuscript was written through contributions of all authors. All authors have givenapproval to the final version of the manuscript.

440 Notes

441 The authors declare no competing financial interest.

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