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**Attribution of recent trends in temperature extremes over China: role of changes
in anthropogenic aerosol emissions over Asia**

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1 **Abstract**

2 Observations indicate large changes in temperature extremes over China during
3 the last four decades, exhibiting as significant increases in the amplitude and
4 frequency of hot extremes and decreases in the amplitude and frequency of cold
5 extremes. An ensemble of transient experiments with a fully coupled
6 atmosphere-ocean model HadGEM3-GC2, including both anthropogenic forcing and
7 natural forcing, successfully reproduces the spatial pattern and magnitude of observed
8 historical trends in both hot and cold extremes. The model simulated trends in
9 temperature extremes primarily come from the positive trends in clear sky longwave
10 radiation, which is mainly due to the increases in greenhouse gases (GHGs). An
11 ensemble of sensitivity experiments with Asian anthropogenic aerosol (AA) emissions
12 fixed at their 1970s levels tends to overestimate the trends in temperature extremes,
13 indicating that local AA emission changes have moderated the trends in these
14 temperature extremes over China. The recent increases in Asian AA drive cooling
15 trends over China by inducing negative clear sky shortwave radiation directly through
16 the aerosol-radiation interaction, which partly offsets the strong warming effect by
17 GHG changes. The cooling trends induced by Asian AA changes are weaker over
18 Northern China during summer, which is due to the warming effect by positive
19 shortwave cloud radiative effect through the AA-induced atmosphere-cloud feedback.
20 This accounts for the observed north-south gradients of the historical trends in some
21 temperature extremes over China, highlighting the importance of local Asian AA

22 emission changes on spatial heterogeneity of trends in temperature extremes.

23 **Key words:** trends in temperature extremes; China; transient experiments; historical
24 forcing changes; increases in Asian anthropogenic aerosol emissions

25 **1. Introduction**

26 The global and regional climate has changed dramatically during the past decades.
27 The Fifth Assessment Report (AR5) of Intergovernmental Panel on Climate Change
28 (IPCC) reported a warming trend in global mean surface air temperature (SAT) during
29 the historical period from (IPCC, 2013). Consistent with global warming, robust
30 changes in temperature extremes have been observed in many regions around the
31 world, with more hot extremes and fewer cold extremes (e.g., Alexander et al. 2006;
32 Donat et al. 2013). Given the serious impacts of temperature extremes on human
33 activities, ecosystems, economic development and social stability (e.g., Meehl et al.
34 2000; Diaz et al. 2005; Ainsworth and Ort 2010; Hertel and Rosch 2010),
35 understanding the changes in temperature extremes and the underlying drivers is of
36 particular concern for both the scientific community and policy makers as they deal
37 with climate changes and their impacts.

38 Widespread changes in temperature extremes, with increased hot extremes and
39 decreased cold extremes, associated with the surface warming trends, have been
40 observed in China (e.g., Qi and Wang 2012; Yu and Li 2015; Guan et al. 2015; Zhou
41 et al. 2016; Dong et al. 2016a; Wang et al. 2017; Shi et al. 2018), and have been

42 attributed to the combined effect of natural and anthropogenic forcing (e.g., Kosaka
43 and Xie 2013; Trenberth et al. 2014; Steinman et al. 2015).

44 The North Atlantic and Pacific oceans are the key drivers of natural changes in
45 temperature on multi-decadal timescales. The positive phase of the Atlantic
46 multi-decadal Oscillation (AMO) contributed to the surface warming and increase of
47 hot extremes and decrease of cold extremes over China since the mid-1990s (e.g.,
48 Hong et al. 2017; Shi et al. 2018). The central Pacific SST warming due to more
49 frequent El Niño Modoki events might promote the warming trend after 1990,
50 particularly over Northern China (Qi and Wang 2012). However, the natural
51 variability alone cannot fully explain the sustained surface warming and trends in
52 temperature extremes, since these natural causes have periodic oscillations.

53 Previous studies suggest that anthropogenic activities, represented as the total
54 effect of greenhouse gas (GHG) concentrations and anthropogenic aerosol (AA)
55 emissions, induce warming over China (e.g., Wen et al. 2013; Dong et al. 2016a; Yin
56 et al. 2016). As a result, the anthropogenic impacts lead to increased hot extremes in
57 Eastern China (Sun et al. 2014) and Northeast China (Dong et al. 2016a). Moreover,
58 the anthropogenic changes contribute to some extremes events, such as the 2014
59 extreme hot and dry summer in Northeast China (Wilcox et al. 2015) and the 2013
60 mid-summer heat wave in Central-Eastern China (Ma et al. 2017).

61 The increase in GHG concentrations has a warming effect. The increased GHGs
62 warm the surface by trapping more outgoing longwave radiation (e.g., Cubasch et al.

63 2001; Dong et al. 2009, 2016b). Analysis of CMIP5 models indicated that the changes
64 in GHGs play a dominant role in the warming trend over China (e.g., Song et al. 2014;
65 Zhao et al. 2016). Coupled model time-slice experiments also suggested that the
66 recent decadal changes in GHG forcing are the major factor for the decadal surface
67 warming, increases of hot extremes and decreases of cold extremes over China across
68 the mid-1990s (Chen and Dong 2018; Tian et al 2018). Thus, it is well accepted that
69 increased GHG concentrations result in a warming trend over China.

70 However, there is no consensus about the effect of AA emissions on temperature
71 extremes over China. On the one hand, the increased AA cools the surface via direct
72 aerosol-radiation interaction (e.g., Hansen et al. 1997; Stevens and Feingold 2009).
73 Such cooling trends over China induced by AA forcing changes have been identified
74 by previous studies (e.g., Song et al. 2014; Zhao et al. 2016). On the other hand, a
75 warming effect by AA changes over some regions of China has also been noted (Wen
76 et al. 2013; Li et al. 2015; Tian et al. 2018). Chen and Dong (2018) further explained
77 that the recent surface warming and increase in hot extremes over Northern China are
78 contributed to by the changes in AA emissions through land surface and atmospheric
79 feedback. However, the changes in AA emissions are not homogeneous globally. They
80 have decreased over Europe and North America and increased over Asia since the
81 1970s (Dong et al. 2016a, b; Chen and Dong 2018), suggesting that the remote AA
82 changes and the Asian AA changes may have different impacts. Previous studies have
83 investigated the responses of temperature extremes over China to the changes in AA

84 globally (e.g., Wen et al. 2013; Li et al. 2016; Zhao et al. 2016; Chen and Dong 2018;
85 Tian et al. 2018). Nevertheless, it is not clear what the impacts of local Asian AA
86 changes are in recent decades, especially their impacts on temperature extremes over
87 China. Addressing this question is the main focus in this study.

88 A number of modeling approaches have been used in attribution studies. Some
89 rely on an atmospheric general circulation model (AGCM) forced by prescribed sea
90 surface temperatures (SSTs), with and without anthropogenic influences (e.g.,
91 Christidis et al. 2013; Kamae et al. 2014; Kim et al. 2015; Schaller et al. 2016). A
92 potential limitation of AGCM experiments is the lack of explicit air-sea interaction,
93 which causes an inconsistency in surface energy fluxes and can limit a model's ability
94 to accurately simulate natural climate variability (e.g., Barsugli and Battisti 1998; He
95 and Soden 2016). Moreover, a lack of air-sea coupling is a major source of bias in the
96 circulation over monsoon region (Hendon et al. 2012; Zhu and Shukla 2013), and
97 therefore may lead to erroneous attribution conclusions for circulation changes in East
98 Asian summer monsoon (EASM), particularly for the response of circulation to the
99 aerosol changes (Dong et al. 2017). To overcome these limitations, a fully coupled
100 atmosphere-ocean general circulation model (CGCM) that allows for a dynamical
101 ocean response and natural internal variability is used in this study.

102 Some previous studies have analyzed the impacts of anthropogenic forcing on the
103 decadal changes of EASM and temperature extremes over China by performing
104 time-slice experiments (Kim et al. 2016; Chen and Dong 2018; Tian et al. 2018).

105 Time-slice simulations provide high signal to noise ratios to identify the mechanisms
106 by which anthropogenic forcings have affected regional climate change. However,
107 this kind of simulation fails to account for the transient nature of climate changes (e.g.,
108 Douville 2005; Goderniaux et al. 2011). For comparison with observed climate
109 changes, especially about warming trends or trends in climate extremes, transient
110 experiments are preferred. Therefore, a set of transient simulations based on a fully
111 coupled system, emphasizing the slow adjustment responses to external forcing
112 changes, is performed to understand the changes in temperature extremes over China.

113 In this study we will quantify the contribution of historical forcing to observed
114 trends in temperature extremes over China and determine whether the recent increases
115 in Asian AA emissions play an important role in the recent changes. We will also
116 identify the physical processes involved in the historical trends. In Section 2 we
117 describe the observational dataset and model experimental design. The changes in
118 temperature extremes over China in observations and in a set of transient simulations
119 with all natural and anthropogenic forcings are illustrated in Section 3. In Section 4
120 we quantify the role of recent Asian AA changes in the trends of temperature extremes.
121 In Section 5 we demonstrate the physical processes involved in the model simulated
122 responses of trends in temperature extremes to the historical forcing changes and to
123 the Asian AA changes. Conclusions are summarized in Section 5.

124 **2. Observational datasets and model experiments design**

125 The observations used in this study are the homogenized datasets of daily

126 maximum temperature (Tmax) and minimum temperature (Tmin) series from 753
127 stations in China from 1971 to 2013 (Li et al. 2016). Considering the various climatic
128 types in China, we divide the 753 stations into three sub-regions: northern China (NC)
129 with 331 stations north of 35°N, southeastern China (SEC) with 334 stations south of
130 35°N and east of 105°E, and southwestern China (SWC) with 88 stations south of
131 35°N and west of 105°E, following Chen and Dong (2018; the distribution of these
132 stations are shown in their Fig. 2a). The hot extreme indices are: annual hottest day
133 temperature (TXx), warmest night temperature (TNx), summer days (SU), and
134 tropical nights (TR). SU are defined as the annual number of days when Tmax>25 °C.
135 TR is the annual number of days when Tmin>20 °C. The cold extremes indices are:
136 annual coldest day temperature (TXn), coldest night temperature (TNn), ice days (ID),
137 and frost days (FD). ID are defined as the annual number of days when Tmax<0 °C.
138 FD is the annual number of days when Tmin <0 °C.

139 The model used is the Met Office Unified Model-Global Coupled configuration 2
140 (HadGEM3-GC2). This version of the model includes the ENDGAME (Even Newer
141 Dynamics for Global Atmospheric Modelling of the Environment) dynamical
142 core (Wood et al. 2014) and the CLASSIC aerosol scheme (Bellouin et al. 2007). It
143 is described in detail by Williams et al. (2015). The model was run with a vertical
144 resolution of 85 levels in the atmosphere and 75 levels in the ocean. A horizontal
145 resolution of N216 (~60 km in the mid-latitudes) was used for the atmosphere and
146 0.25° for the ocean. The historical transient experiments are performed to compare

147 with observed climate change. The model integration period for the historical
148 simulation is from November 1959 to 2014. The model ocean and sea ice are
149 initialized from four historical transient runs that started in 1860, so we do not
150 anticipate any spin-up issues. The All forcing transient experiment, ‘All’, includes
151 historical forcings (anthropogenic and natural) following CMIP5 historical forcings
152 from 1971 to 2005 and then RCP4.5 to 2013. To illustrate the impacts of Asian AA
153 changes, we performed a ‘Fixasia’ sensitivity experiment with AA emissions over
154 Asia fixed at their 1971 to 1980 mean, but with AA emissions outside Asia and other
155 forcings the same as those in the All forcing experiments. The difference between the
156 All forcing and the Fixasia experiments (All minus Fixasia) represents the impact of
157 increases in AA over Asia from the 1970s to 2013. The changes in aerosol emissions
158 during this period exhibit a large positive trend over South Asia and East Asia (Fig. 1).
159 In this study, we will identify the role of these increases in Asian AA for the changes
160 in temperature extremes over China. The ensemble mean of four members for each
161 experiment is analyzed.

162 Figure 2 shows the comparison in climatological mean aerosol optical depth and
163 surface air temperature from 1980 to 2013 between model simulations and
164 observations. The climatological mean AOD shows large value over most parts of
165 China during summer, and is particularly large over over Eastern China (Fig. 2a).
166 Region with large AOD shifts southward to the southeastern China by the mean flow
167 during winter (Fig. 2b). HadGEM3-GC2 is able to reproduce the observed AOD

168 distribution over China. However, the modeled AOD is slightly overestimated over
169 southern China and underestimated over northern China during summer (Fig. 2c), and
170 tends to be underestimated over China during winter (Fig. 2d).

171 The modeled seasonal mean temperature indicates a warm bias over northwestern
172 China and a cold bias over SWC during summer (with a magnitude of 0.5 °C; Fig. 2e)
173 and a cold bias over most region of China during winter, particularly over SWC, with
174 a cold bias more than 2 °C (Fig. 2f). Such a cold bias is typical of the current
175 generation of climate models (e.g. Bannister et al. 2017).

176 **3. Trends in temperature extremes over China during the last four decades**

177 Figure 3 illustrates the times series and spatial patterns in linear trends of hot
178 temperature extreme anomalies over China in observations and in the All forcing
179 transient simulations. In observations, these time series clearly show robust positive
180 trends in TXx, TNx, SU and TR since the 1970s (Fig. 3), in addition to the interannual
181 variability. These trends are very well reproduced by the model simulations (Fig. 3).
182 The good agreement between the model simulated trends of hot extremes with those
183 in observations indicates a predominant role of historical forcing in the trends in hot
184 extremes over China during the last four decades.

185 Positive trends in hot extremes are exhibited in most regions of China in
186 observations, although there are some spatial variations (Fig. 3e-h). These spatial
187 patterns in trends of hot extremes are realistically simulated in the HadGEM3-GC2
188 All forcing experiment (Fig. 3i-l). For TXx, the positive trends in observations are

189 shown over most regions of China with some significant spatial variations with a
190 magnitude about 0.4 °C/10yr over SWC and some small regions over NC (Fig. 3e).
191 These positive trends are also seen in the All forcing transient simulations although
192 model simulated trends show smaller regional variations (Fig. 3i). The magnitude of
193 the model simulated trends ranges from 0.2 °C/10yr to 0.4 °C/10yr, with a large
194 magnitude over NC.

195 An increase in the magnitude of TNx is seen over China in observations (Fig. 3f).
196 The linear trends in TNx exhibit a north-south gradient, with a magnitude of 0.37
197 °C/10yr in northern China (north of 35°N), in comparison to 0.27°C/10yr in southern
198 China (south of 35°N). In the All forcing transient experiments, both the positive trend
199 of TNx and the north-south gradient in this trend are well captured by the model (Fig.
200 3j) with a value of 0.34 °C/10yr averaged over northern China and 0.23 °C/10yr over
201 southern China. For SU and TR, the observed positive trends cover a large part of
202 China, except over the Tibetan Plateau (Fig. 3g and h). In response to All forcing
203 changes, the spatial patterns in linear trends of SU and TR are comparable to those in
204 observations, with pattern correlations of 0.67 for SU and 0.76 for TR, although the
205 magnitude of the modeled trends is a slightly smaller (Fig. 3k and l). In summary, the
206 All forcing simulations successfully reproduce the spatial patterns of positive trends
207 in hot extremes over China. In particular, the observed north-south gradients of the
208 trends in TXx and TNx are well captured.

209 Time series of cold extremes are shown in Fig. 4. In observations, there are

210 positive trends in TXn and TNn and negative trends in ID and FD (Fig. 4). These
211 changes in cold extremes are well reproduced by the transient simulations with All
212 forcing changes. The good match of the linear trends in cold extreme indices between
213 the All forcing transient simulations and observations indicates a dominant role of
214 historical forcing in the observed trends of cold extremes over China during the last
215 four decades.

216 For spatial patterns, the positive trends in TXn and TNn and negative trends in ID
217 and FD are shown over most regions of China in observations (Fig. 4e-h). These
218 patterns are well simulated by HadGEM3-GC2 with All forcing changes (Fig. 4i-l),
219 although the positive trends over SWC are slightly overestimated by the model, which
220 are likely due to the cold bias over this region (Fig. 2f). The observed positive trends
221 in TXn and TNn display a regional variation with large positive trends over southern
222 China, with a magnitude more than 0.4 °C/10yr (Fig. 4e and f). The transient
223 simulations with All forcing changes not only capture the regional mean positive
224 trends in TXn and TNn, but also reproduce some of the regional variations in these
225 trends (Fig. 4i and j). The spatial patterns of negative trends in ID and FD in response
226 to All forcing are similar to those in observations, with pattern correlations of 0.53 for
227 ID and 0.61 for FD. In summary, the spatial patterns of linear trends in cold extremes
228 can be reasonably simulated by transient simulations with All forcing changes.

229 The results above are based on the ensemble mean of four members for each
230 experiment. In response to All forcing, all four ensemble members reproduce the

231 positive trends in hot extremes and cold temperature extremes and negative trends in
232 cold day extremes. The spread of these linear trends in temperature extremes among
233 the four ensemble members is small relative to the magnitude of the ensemble mean
234 trends (about 10% of the ensemble mean trends). Thus, all the four ensemble
235 members realistically reproduce the observed linear trends of temperature extremes,
236 demonstrating that the ensemble mean trend is robust response to external forcing.

237 HadGEM3-GC2 is generally able to realistically reproduce the spatial pattern of
238 observed trends in temperature extremes over China. However, the model tends to
239 overestimate the positive trends in hot extremes over northwestern China and
240 underestimate the negative trends in ID and FD over SWC (not shown). The model
241 deficiency in reproducing trends in threshold-based metrics of temperature extremes,
242 such as ID and FD, is likely to arise from the model bias in seasonal mean
243 temperature (Fig. 2e and f), even though it correctly captures the observed
244 temperature trend.

245 The magnitudes of the China-mean trends in both hot and cold extremes are
246 summarized in Fig. 5. Quantitatively, the model simulated changes in response to All
247 forcing changes reproduce the observed changes in temperature extremes over China
248 realistically. In the All forcing experiment, the linear trend in TXx (TNx) averaged
249 over China is 0.28 °C/10yr (0.29 °C/10yr), which is comparable to the observed trends
250 of 0.24 °C/10yr (0.31 °C/10yr). The linear trends of TXn and TNn averaged over
251 China in response to All forcing changes are 0.23 °C/10yr and 0.30 °C/10yr, which are

252 similar to observed changes of 0.24 °C/10yr and 0.38 °C/10yr. The magnitudes of the
253 trends in SU, TR, ID and FD in All forcing experiment also resemble to those in
254 observations.

255 The good reproduction of observed trends in temperature extremes by
256 HadGEM3-GC2 in the historical the All forcing experiment indicates a dominant role
257 of historical forcing changes in observed trends in temperature extremes over China
258 during the last four decades. In the next section we quantify the contribution of the
259 recent increase of Asian AA emissions to these changes in temperature extremes over
260 China.

261 **4. Role of recent Asian AA changes in the trends of temperature extremes.**

262 Figure 6 shows the spatial pattern of linear trends in hot extremes in the Fixasia
263 experiments and All minus Fixasia experiments, which shows the effect of increasing
264 Asian aerosol emissions. With fixed Asian AA emissions, the hot extremes exhibit
265 more or less uniform positive trends over China (Fig. 6a-d). The difference between
266 observations and the Fixasia experiment indicates an overestimation of observed
267 trends in hot extremes over most regions of China(Fig. 6e-h), indicating that the
268 positive trends in hot extremes over China cannot be accurately reproduced without
269 Asian AA changes. The uniformly positive trends of hot extremes in the Fixasia
270 experiments are likely to be mainly contributed to by the changes in GHGs globally,
271 being long-lived and uniformly distributed (Penner et al. 2001; Wang 2004), which
272 cause a more or less uniform warming over China (e.g., Zhao et al. 2016).

273 In response to increases in AA over Asia, the negative trends in TXx and TNx,
274 as well as in SU and TR, are simulated over a large area of China, particularly over
275 southern China (Fig. 6i-l), suggesting a cooling effect of Asian AA on the hot
276 temperature extremes. This cooling effect driven by the Asian AA changes partly
277 offsets the warming effect mainly induced by GHG changes. The cooling effect
278 induced by Asian AA changes is weak over NC, with scattered positive trends over
279 some regions of NC. This spatial heterogeneity of trends in response to Asian AA
280 changes reshapes the more or less uniformly positive trends in the Fixasia simulations,
281 and accounts for the north-south gradient in the trends of hot extremes in the All
282 forcing transient simulations and observations.

283 For hot extremes, the differences between observations and the Fixasia
284 experiment in the trends in TXx and TNx show positive changes over large parts of
285 China, particularly over southern China (Fig. 6e and f). The differences in trends in
286 SU and TR exhibit negative changes in northwestern China and positive changes in
287 southern China and east of northeastern China (Fig. 6g and h). These differences are
288 opposite to the patterns in the trends of hot extremes in response to Asian AA increase
289 (Fig. 6i-l), suggesting that including Asian-AA change improves the agreement
290 between the model simulation and observations in large domain in these extreme
291 indices.

292 Linear trends in cold extremes in the transient experiments without Asian AA
293 changes and those induced by Asian AA changes alone are illustrated in Fig. 7. The

294 Fixasia simulations broadly reproduce the positive trends in TXn and TNn and the
295 negative trends in ID and FD (Figs. 7a-d), which explain large parts of the model
296 simulated changes in the trends of cold extremes in the All forcing transient
297 simulations. Without Asian AA changes, however, the model simulated trends differ
298 from observed trends somewhat (Fig. 7e-h), implying either a role of local Asian AA
299 change in the trends in cold extremes or a model deficiency. In response to changes in
300 Asian AA, the negative trends in TXn and TNn and the positive trends in ID and FD
301 are exhibited over China, although opposite trends are shown in some scatter areas
302 (Fig. 7i-l). Particularly, the cooling effect is significantly strong over SWC in response
303 to Asian AA changes, exhibiting strong negative trends in TXn and TNn and positive
304 trends in ID and FD, partly offset the warming trends in the Fixasia experiments. The
305 heterogeneous distribution of trends in response to Asian AA changes contributes to
306 the model simulated regional variations of cold extremes in response to All forcing
307 changes.

308 The Fixasia simulations tend to have positive biases for the trends in TXn and
309 TNn over northwestern China and SWC (Fig. 7e and f), negative biases for the trends
310 in ID over SWC (Fig. 7g) and positive biases for the trends in FD over northern China
311 (Fig. 7h). These biases are opposite to the changes in these extreme indices in
312 response to Asian AA increase (Fig. 7i-l). Thus, including Asian AA changes also
313 improve the model simulated trends in cold extremes compared with observations.

314 Figure 8 shows the temperature extreme indices averaged over China as a whole

315 and over the three sub-regions in observations and in response to different forcings.
316 For the whole region of China (Fig. 8a and b), the model simulated changes in
317 response to All forcing changes quantitatively reproduce the observed changes in
318 temperature extremes over China, as shown in Fig. 5. The positive trends in hot
319 extremes (TXx, TNx, SU and TR), the positive trends in cold temperatures (TXn and
320 TNn) and negative trends in cold days (ID and FD) are captured in the Fixasia
321 simulations. The magnitudes of these trends in some temperature extremes in the
322 Fixasia experiments are stronger than those in response to All forcing changes,
323 indicating that the model tends to overestimate the trends in some of these
324 temperature extremes without the influence of Asian AA increases. Note that there is
325 basically no significant difference in trends in extremes day indices between the
326 regional average trends from the All and the Fixasia experiment. This is likely due to
327 the model's bias in seasonal mean temperature (Fig. 2e and f), which makes threshold
328 crossing metrics, such as SU, TR, ID and FD, tend to be less reliable in the mode.
329 Such biases may also suppresses the difference between the All and the Fixasia
330 experiments, if the response to AA is not sufficient to cause a temperature response
331 that crosses the pre-defined threshold, in the event that the threshold is far from the
332 model's base state.

333 The increases in Asian AA emissions drive a cooling effect with negative trends
334 in TXx, TNx, SU, TR, TXn and TNn and positive trends in ID and FD. The cooling
335 effect of Asian AA increases partly offsets the strong warming effect in the Fixasia

336 simulations. As shown in Fig. 8a, about 27.0% of the positive trends in TX_x, 28.2% of
337 the positive trends in TN_x, 25.8% of the positive trends in TX_n, and 16.7% of the
338 positive trends in TN_n in response to the Fixasia simulations are compensated by the
339 negative trends induced by the Asian AA increases, respectively. Thus, Asian AA
340 increases improve the model-simulated trends of temperature extremes in comparison
341 with those based on observations, and are likely to have moderated the recent trends
342 in extreme temperatures in China.

343 The agreement of the magnitude of model-simulated trends in extreme indices
344 with those in observations is not only over China as a whole, but also over individual
345 sub-regions (Fig. 8c-h). The extremes index trends averaged over NC, SEC and SWC
346 in response to All forcing changes are all comparable to those in observations,
347 indicating a dominant role of historical forcing changes in the observed trends in each
348 sub-region.

349 In the Fixasia case, the positive trends in TX_x, TN_x, TX_n, TN_n, SU and TR and
350 the negative trends in ID and FD are simulated over all the three sub-regions. The
351 same sign of these trends in the Fixasia and All forcing transient simulations suggest
352 that historical forcing without Asian AA changes plays a primary role in the trends in
353 temperature extremes over each sub-region. Moreover, the magnitudes of trends in
354 temperature extremes in the Fixasia simulations are almost the same over the three
355 sub-regions, indicating that the trends of temperature extremes in the Fixasia
356 experiments are chiefly driven by the increases in GHGs, which have a uniform

357 distribution and therefore induce a more or less uniform warming over China (e.g.,
358 Zhao et al. 2016). However, the magnitude of these trends is overestimated in the
359 Fixasia experiments over individual sub-regions, particularly over SEC and SWC,
360 suggesting that the moderating role of Asian AA increases is particularly strong in
361 these regions.

362 The trends in hot temperature extremes are stronger over NC than those over SEC
363 and SWC in response to All forcing changes. In the All forcing transient simulations,
364 the magnitude of trends in TXx (TNx) are 0.34 °C/10yr (0.34 °C/10yr) over NC, but
365 0.27 °C/10yr (0.22 °C/10yr) over SEC and 0.23 °C/10yr (0.30 °C/10yr) over SEC.
366 This north-south gradient cannot be explained without Asian AA increases. The trends
367 in temperature extremes in the Fixasia simulations are almost homogenous over the
368 three sub-regions, while the magnitudes of changes in these hot extremes in response
369 to Asian AA forcing are stronger over SEC and SWC, but weaker over NC [the
370 magnitude of trends in TXx (TNx) are -0.16 °C/10yr (-0.14 °C/10yr) over SEC and
371 -0.24 °C/10yr (-0.13 °C/10yr) over SEC, but -0.02 °C/10yr (-0.08 °C/10yr) over NC].
372 The heterogeneous impacts of Asian AA on extremes on regional scale account for the
373 north-south gradient in TXx and TNx over China.

374 In summary, the changes in temperature extremes in the All forcing simulations
375 indicate that historical forcing changes play a dominant role in generating observed
376 trends in temperature extremes. The inclusion of Asian AA increases is necessary for
377 the reliable reproduction of the magnitude of these trends. Furthermore, the cooling

378 trends induced by Asian AA increases are stronger over southern China than those
379 over the north. This heterogeneous impact of Asian AA increases on regional scale
380 account for the observed north-south gradient in some temperature extremes over
381 China. These results suggest an important role for Asian AA increases in the trends in
382 temperature extremes over China during the past four decades. In the following
383 section, we identify the physical processes involved in the model simulated responses
384 of temperature extremes to the historical forcing changes and to the Asian AA
385 increases specifically.

386 **5. Physical processes responsible for the trends in temperature extremes**

387 **5.1 Physical processes in response to historical forcings**

388 The spatial patterns of summer (June, July and August) mean trends for the key
389 components of surface energy balance and related variables in the All forcing
390 transient simulations are illustrated in Fig. 9. The SAT exhibits trends of 0.30 °C/10yr
391 in response to All forcing changes (Fig. 9a), corresponding to the positive trends in
392 hot extremes over China. The surface warming trends are stronger over NC with a
393 magnitude of 0.36 °C/10yr, but relatively weak over southern China with a value of
394 0.22 °C/10yr. The regional differences in trends of summer mean SAT are consistent
395 with the north-south gradient of some hot extremes trends.

396 The surface warming trends are primarily due to the increases in clear sky
397 longwave (LW) radiation of 2.49 W m⁻²/10yr over China (Fig. 9c). The positive

398 changes means an increase in downward LW radiation overwhelmed increased
399 upward LW radiation, which is mainly due to the direct impact of increase in GHG
400 concentrations, and also induced by the increases of water vapor in the atmosphere
401 (Fig. 9b), which occurs along with the surface warming over both land and ocean. The
402 positive changes in clear sky LW radiation contribute to the positive surface LW
403 radiation trends with a magnitude of $2.02 \text{ W m}^{-2}/10\text{yr}$ (Fig. 9d), although they are
404 partly compensated by a negative LW cloud radiative effect (LW CRE) with a value
405 of $-0.47 \text{ W m}^{-2}/10\text{yr}$ (not shown), as a consequence of the reduction in cloud cover
406 (Fig. 9e). The decrease in cloud cover over land is related to the decrease in relative
407 humidity (not shown) since specific humidity over land increases less than specific
408 humidity at saturation which increases with the continental surface temperature
409 following the Clausius-Clapeyron relationship (e.g., Dong et al. 2009; Boé and Terray
410 2014). The reduction of cloud cover and decrease of relative humidity, being likely
411 due to the surface warming, lead to positive shortwave cloud radiative effect (SW
412 CRE; Fig. 9f) with trends of $0.32 \text{ W m}^{-2}/10\text{yr}$. This in turn has a positive feedback on
413 surface warming. In summary, it is the positive changes in the clear sky LW radiation,
414 as a consequence of increased GHG concentrations, as well as the increased water
415 vapor in the atmosphere, that primarily contributes to the surface warming and
416 increased trends in hot extremes in the All forcing transient simulations. In addition,
417 the positive SW CRE, associated with the decrease of cloud cover, has a positive
418 feedback with the surface warming, which also contributes to the positive trends in

419 hot extremes.

420 Decreases in net surface shortwave (SW) radiation (Fig. 9g), with an amplitude of
421 $-0.88 \text{ W m}^{-2}/10\text{yr}$, are due to the negative changes in clear sky SW radiation of -1.59
422 $\text{W m}^{-2}/10\text{yr}$ over China (Fig. 9h). The decrease in net clear sky SW radiation is
423 induced by the local increase of AA emissions directly through the aerosol-radiation
424 interaction, with the most significant decrease of clear sky SW radiation located over
425 East Asia and South Asia, where the AA emissions are dramatically increased. The
426 negative changes in SW radiation and clear sky SW radiation tend to cool the surface,
427 indicating a role of Asian AA in shaping the change in surface temperature and trends
428 of hot extremes over China.

429 Figure 10 shows the spatial distributions of the winter (December to February)
430 mean trends for the key components of surface energy balance and related variables in
431 the All forcing transient simulations. In response to historical forcing changes, the
432 most significant changes are the positive trends in SAT over China (Fig. 10a). The
433 strong surface warming, with a magnitude of $0.31 \text{ }^{\circ}\text{C}/10\text{yr}$ over China, results in the
434 positive trends of TN_x and TN_n and the negative trends in ID and FD. The warming
435 trends correspond to the positive changes of net LW radiation, as a result of the
436 increased downward clear sky LW radiation (Fig. 10c and d). The positive trend in
437 clear sky LW radiation, with a magnitude of $1.67 \text{ W m}^{-2}/10\text{yr}$, is partly due to the
438 direct impact of increase in GHG concentrations and partly due to increases in
439 atmospheric water vapor related to ocean warming (Fig. 10b). Thus, the positive clear

440 sky LW radiation is stronger over SEC, where the water vapor is largely increased. In
441 summary, the positive changes in net clear sky LW radiation due to the Greenhouse
442 Effect and associated water vapor feedback contribute to the warming over China and
443 leads to positive trends of TXn and TNn and negative trends of ID and FD in the All
444 forcing transient simulations. On the other hand, the negative changes in net SW
445 radiation and clear sky SW radiation (Fig. 10e and f), associated with the increased
446 Asian AA, tends to induce surface cooling, indicating the moderating effect of Asian
447 AA in the change in surface temperature and trends of cold extremes over China.

448 **5.2 Physical processes in response to Asian AA changes**

449 Figure 11 shows the spatial distributions of the summer mean trends for the key
450 components of surface energy balance and related variables in response to increases in
451 AA emissions over South Asia and East Asia (All minus Fixasia experiments). In
452 response to Asian AA increases, the SAT decreases over large regions of China,
453 particularly over southern China (Fig. 11a). Over NC, however, the cooling trends in
454 SAT are much weaker. The negative trend in SAT is $-0.12^{\circ}\text{C}/10\text{yr}$ over southern China,
455 but $-0.06^{\circ}\text{C}/10\text{yr}$ over NC. This north-south gradient of trends in SAT characterizes
456 the heterogeneous impact of Asian AA changes, which is responsible for the regional
457 variations of trends in summer SAT and hot extremes in the All forcing transient
458 simulations.

459 The cooling effect driven by the Asian AA changes primarily comes from the
460 negative change in net clear sky SW radiation induced by the local increase of Asian

461 AA (Fig. 2a) directly through aerosol-radiation interactions (Fig. 11b). The amplitude
462 of negative changes in clear sky SW radiation over China is $-1.29 \text{ W m}^{-2}/10\text{yr}$.
463 However, the decrease of clear sky SW radiation is partly compensated by the positive
464 changes of SW CRE, especially over NC with a trend of $0.83 \text{ W m}^{-2}/10\text{yr}$ (Fig. 11c).
465 The net SW radiation tends to reflect a balance between the clear sky SW radiation
466 and the SW CRE. Thus, the downward surface SW radiation shows a strong negative
467 trend over southern China ($-1.59 \text{ W m}^{-2}/10\text{yr}$), but a weak trend over NC (-0.17 W
468 $\text{m}^{-2}/10\text{yr}$; Fig. 11d), which corresponds to the strong negative trends in SAT over
469 southern China and weak trends of SAT over NC (Fig. 11a).

470 The weak trends in SAT over NC in response to the increased Asian AA result
471 from the positive SW CRE over NC, which is due to the AA-induced
472 atmosphere-cloud feedback. The increase of Asian AA tends to cool the land more
473 than ocean (Fig. 11a) inducing an anomalous anticyclonic circulation over northeast
474 Asia and a cyclonic circulation over the western North Pacific (Fig. 11e). The
475 resultant anomalous northeasterly wind along the east coast of East Asia weakens the
476 EASM and reduces the northward moisture transport from the ocean to East Asia.
477 Therefore, the weakening of the EASM is associated with weaker moisture transport
478 convergence, decreased water vapor in the atmosphere (Fig. 11g) and reduced
479 precipitation (Fig. 11f) over large part of China. This in turn gives rise to the positive
480 SW CRE, as a consequence of the decrease in mid-level cloud cover (Fig. 11h).

481 The weakened EASM in response to increased Asian AA is consistent with

482 previous studies (e.g., Kim et al. 2016; Dong et al. 2016c; 2019; Tian et al. 2018).
483 These studies suggested that increases in Asian AA causes an anticyclonic circulation
484 anomaly over the western North Pacific, which in turn leads to a reduction of
485 precipitation over NC. Our results further suggest that the weakened EASM is
486 associated with the aerosol-induced warming over NC. The warming signal over some
487 regions of China due to the increased AA is also consistent with previous studies
488 (Wen et al. 2013; Li et al. 2015; Tian et al. 2018).

489 In summary, the local increases in Asian AA drive a cooling effect with negative
490 changes in clear sky SW radiation arising directly through the aerosol-radiation
491 interaction. The cooling effect causes cooling trends in SAT and negative trends of hot
492 extremes. Moreover, the trends in SAT in response to Asian AA increases exhibit
493 spatial heterogeneity, with weak trends in SAT over NC, as a consequence of positive
494 changes in SW CRE. The positive changes in SW CRE are due to the AA-induced
495 atmosphere-cloud feedback, which could partly offset the direct cooling effect in
496 some regions, particularly over NC. This AA-induced atmosphere-cloud feedback
497 arises as the increase in Asian AA emissions tends to cool the land more than ocean,
498 weakening the EASM and reducing northward moisture transport, leading to
499 reduction of atmospheric water vapor and cloud cover, especially mid-level cloud
500 cover over NC. This induces positive changes in SW CRE over NC, offsetting the
501 initial cooling by Asian AA increase. The result is a weakened SAT change and weak
502 trend in hot extremes over NC.

503 Note that two aerosol-related processes are interacting during summer. One is the
504 direct aerosol-radiation interaction, which induces a cooling effect, and is evidenced
505 by the negative changes in clear sky SW radiation. The other is the AA-induced
506 atmosphere-cloud feedback, which induces warming effect, and is reflected by the
507 positive changes in SW CRE. Competition between the two processes is particularly
508 prevalent over NC, where the amplitude of positive changes in SW CRE is close to
509 that of negative changes in clear sky SW radiation. Thus, the AA-induced
510 atmosphere-cloud feedback induced warming overwhelms a large part of the cooling
511 induced by direct aerosol-radiation interaction over NC. The changes in SW CRE tend
512 to contribute almost half of the changes in SW radiation averaged over NC. The
513 results are consistent with Dong et al (2019), who suggested that the aerosol-cloud
514 interaction is the main component of the response to aerosol over larger parts of the
515 East Asian monsoon region.

516 Figure 12 shows the spatial distributions of the winter mean trends for the key
517 components of surface energy balance and related variables induced by increases in
518 Asian AA emissions. The SAT exhibits negative trends in the most region of China,
519 particularly SWC, corresponding to the large changes in cold extremes there.

520 The negative trends in SAT result from the decreases in clear sky SW radiation
521 that are induced by the local increase in AA emissions directly through the
522 aerosol-radiation interaction. The magnitude of the negative changes in clear sky SW
523 radiation averaged over China is $-0.62 \text{ W m}^{-2}/10\text{yr}$ (Fig. 12a). During winter, the

524 regions with large negative clear sky SW radiation are shifted southward slightly,
525 compared with those in summer. This is because the AA emissions are advected
526 southward by the mean flow during winter (Fig. 2b), while in summer the AA effects
527 are located closer to the emission regions due to relatively weak flow. Thus, the
528 cooling effect by the increased AA emission is significant over southern China in
529 winter. Moreover, there is significant cooling over the Indian Ocean and western
530 North Pacific (Fig. 12b) due to the increased AA advected by prevailing winds from
531 South and East Asia. This cooling over the ocean results in the decrease of water
532 vapor extending from the western North Pacific to central-eastern China (Fig. 12f),
533 which corresponds to the decrease of cloud cover over central-eastern China (Fig.
534 12e). The decreases of cloud cover lead to the positive changes in SW CRE with a
535 value of $0.31 \text{ W m}^{-2}/10\text{yr}$ over China (Fig. 12c). The net surface SW radiation with
536 negative change in large part of China and some positive value over NC reflects the
537 combined effect of negative changes in clear sky SW radiation and positive changes
538 in SW CRE. Moreover, the relatively strong cooling over SWC is related to weak
539 decrease in clear sky SW radiation and negative trends in SW CRE, which result from
540 the increased cloud cover over SWC (Fig. 12e). The increase in cloud cover is a
541 consequence of local surface and atmospheric cooling and weaker changes in water
542 vapor over SWC than the surroundings (Fig. 12f).

543 In summary, the recent increase of Asian AA generally drives cooling over China
544 during winter with negative trends in clear sky SW radiation induced directly through

545 aerosol-radiation interactions. AA emissions are likely to be advected by mean flow to
546 the Indian Ocean and western North Pacific during winter, which also induces cooling
547 there. This cooling reduces water vapor in the atmosphere and therefore reduces cloud
548 cover over central-eastern China, leading to positive SW CRE and weakening the
549 cooling trends in SAT and changes in cold extremes there. Moreover, the changes in
550 water vapor are much weaker over SWC than the surroundings, inducing an increase
551 in cloud cover and therefore relatively weak changes in clear sky SW radiation and
552 large negative trends in SW CRE over SWC, consistent with the large cooling trends
553 in SAT and changes in cold extremes there.

554 **6 Conclusions**

555 Significant trends in temperature extremes over China have been observed since
556 the 1970s. There have been increases in the amplitude and frequency of hot extremes
557 (positive trends in TXx, TNx, SU and TR), and decreases in the amplitude and
558 frequency of cold extremes (positive trends in TXn and TNn and negative trends in ID
559 and FD). In this study, we performed a set of transient experiments with a fully
560 coupled atmosphere-ocean model, HadGEM3-GC2, to assess the contribution of
561 historical forcing changes to the observed trends in temperature extremes, and
562 attribute the role of the recent increase in Asian AA emissions in these trends.

563 The All forcing transient simulations successfully reproduce the magnitude and
564 spatial pattern of the historical trends in temperature extremes. In particular, the
565 observed north-south gradient in the trends of some hot extremes, with stronger

566 positive trends over northern China than those over southern China, is also captured
567 by the simulations. The good agreement between modeled and observed trends
568 indicates a dominant role of historical forcing changes in the trends in temperature
569 extremes over China since the 1970s.

570 Simulations with fixed Asian AA emissions tend to overestimate the trends in
571 temperature extremes, implying a role for Asian AA increases in modulating the
572 observed trends in temperature extremes. The Asian AA increases drive a cooling
573 effect, which partly offsets the warming due to increasing GHG concentrations. The
574 heterogeneous impacts of Asian AA increases also account for some of the observed
575 regional variations in trends in temperature extremes over China. In summer, the
576 spatial heterogeneity of the impacts of Asian AA changes arises as AA-induced
577 atmosphere and land surface feedbacks cause regional warming trends, which weaken
578 the initial cooling effect of Asian AA over northern China. As a result, the cooling
579 trends induced by Asian AA changes are stronger over southern China than northern
580 China, which results in the observed north-south gradient of trends in hot extremes. In
581 winter, southward advection of emissions by the mean flow means that AA again
582 causes larger cooling trends over southern China. This gradient is strengthened by
583 reductions in cloud cover over central-eastern China, which weakens the cooling
584 trends there, and an increase of cloud cover and strong cooling over southwestern
585 China.

586 Our study indicates a dominant role of increased GHG concentrations in the

587 observed trends of temperature extremes over China during the last four decades, with
588 Asian AA emissions playing an important role in determining the spatial pattern of
589 those trends. In the next few decades, the GHG concentrations will continue to rise
590 and AA emissions over Asia will decline due to air quality measure. Our results imply
591 that current trends in temperature extremes over China are likely to continue, or even
592 to amplify, in the near future, suggesting an urgent need to establish strategies for
593 adaptation and mitigation policies to limit damages caused by the hot temperature
594 extremes.

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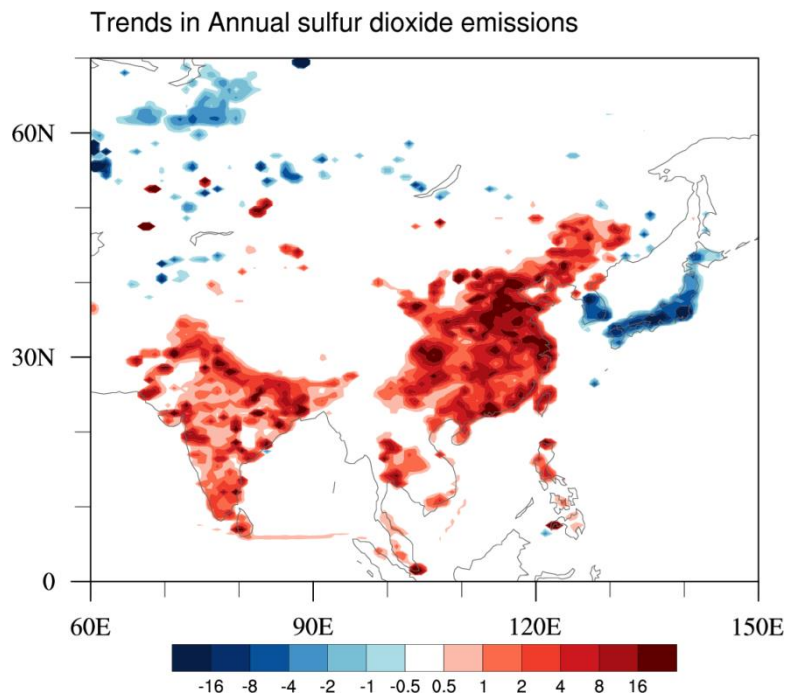


Figure 1. Spatial pattern of linear trends in annual mean sulfur dioxide emissions used in the model simulations. Units are $\text{g m}^{-2} \text{s}^{-1} / 10\text{yr}$.

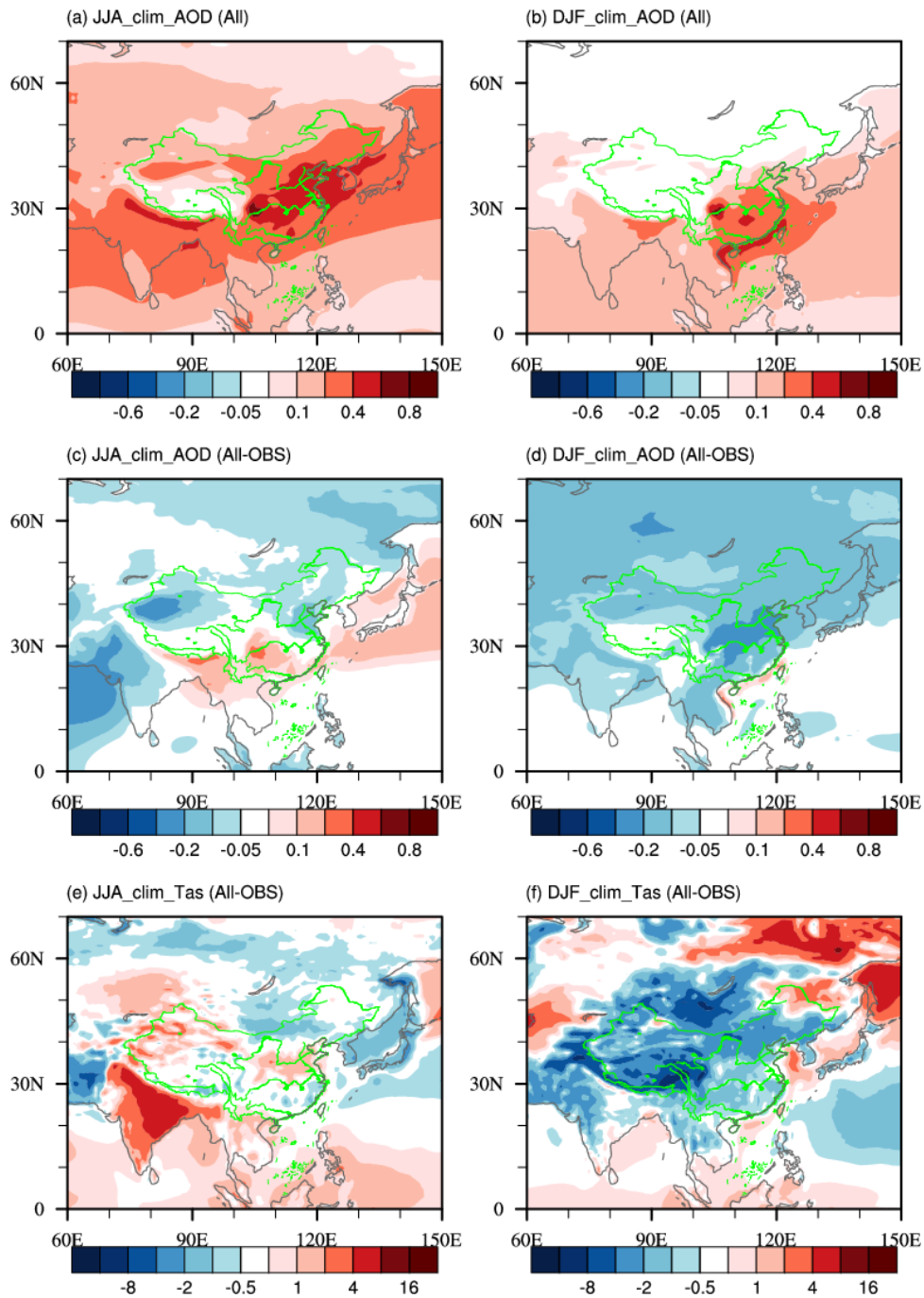


Figure 2. Climatological mean of total aerosol optical depth (AOD) at $0.55 \mu\text{m}$ in the All forcing experiment (a, b) and the difference with that in observations (c, d) during summer (left panels) and winter (right panels). (e, f) Differences in climatological surface air temperature between the All forcing experiment and observations (Units: $^{\circ}\text{C}$). The observed AOD data is from the Modern-Era Retrospective analysis for Research and Applications version 2 (MERRA-2). The observed surface air temperature data is from EAR-Interim.

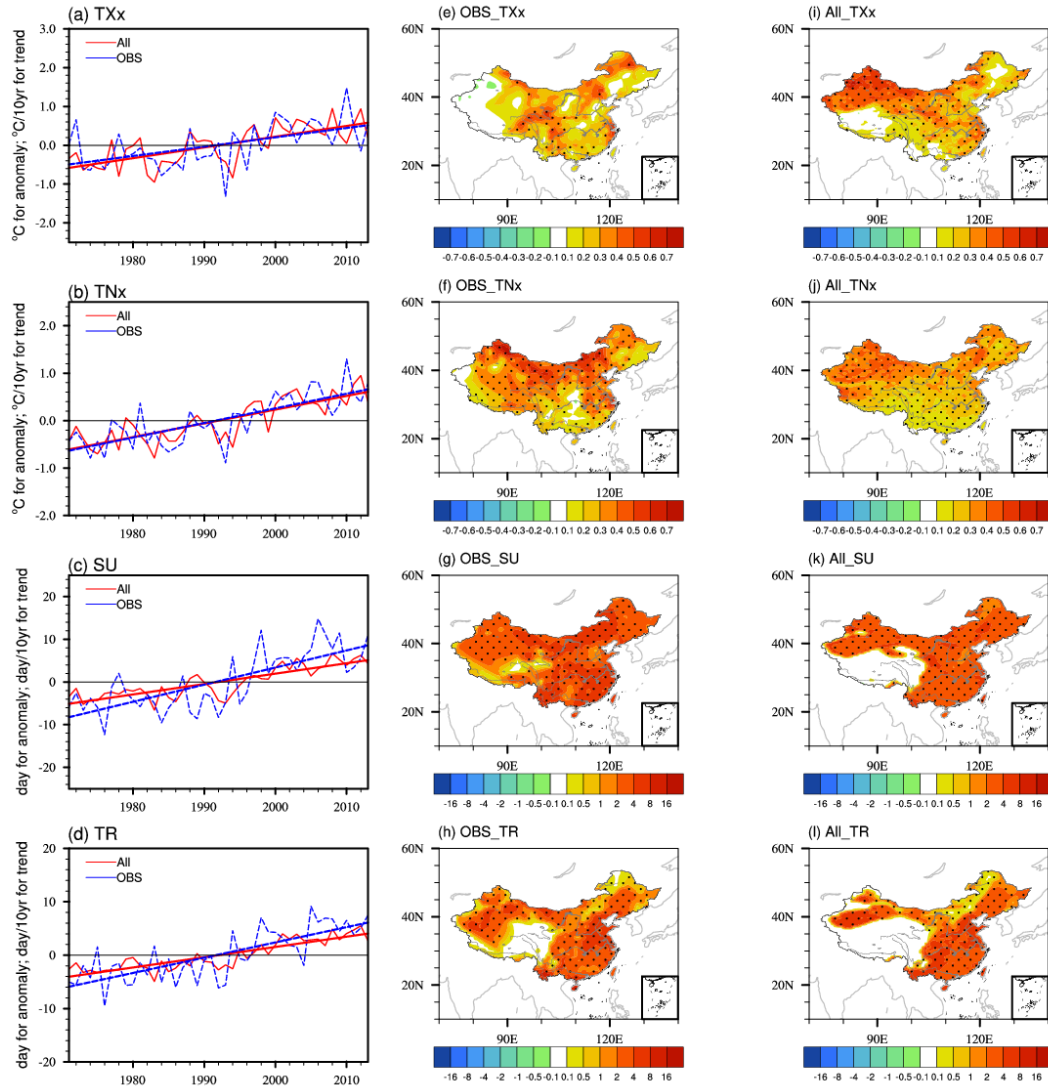


Figure 3. (a-d) Time series (dashed lines) and linear trends (solid lines) of hot temperature extreme anomalies relative to the climatology (mean of the whole period of 1971~2013) over China in observations (blue dashed lines) and in the historical transient simulations with All forcing (red solid lines; masked by China boundary). Spatial patterns of linear trend in temperature extremes from 1971 to 2013 in observations (e-h) and in the historical transient simulations with All forcing (i-l). (e)-(l) units of TXx and TNx are $^{\circ}\text{C}/10\text{yr}$ and units of SU and TR are $\text{day}/10\text{yr}$. The regions with dots highlight the changes are statistically significant at the 90% confidence level based on a two tailed Student's t-test.

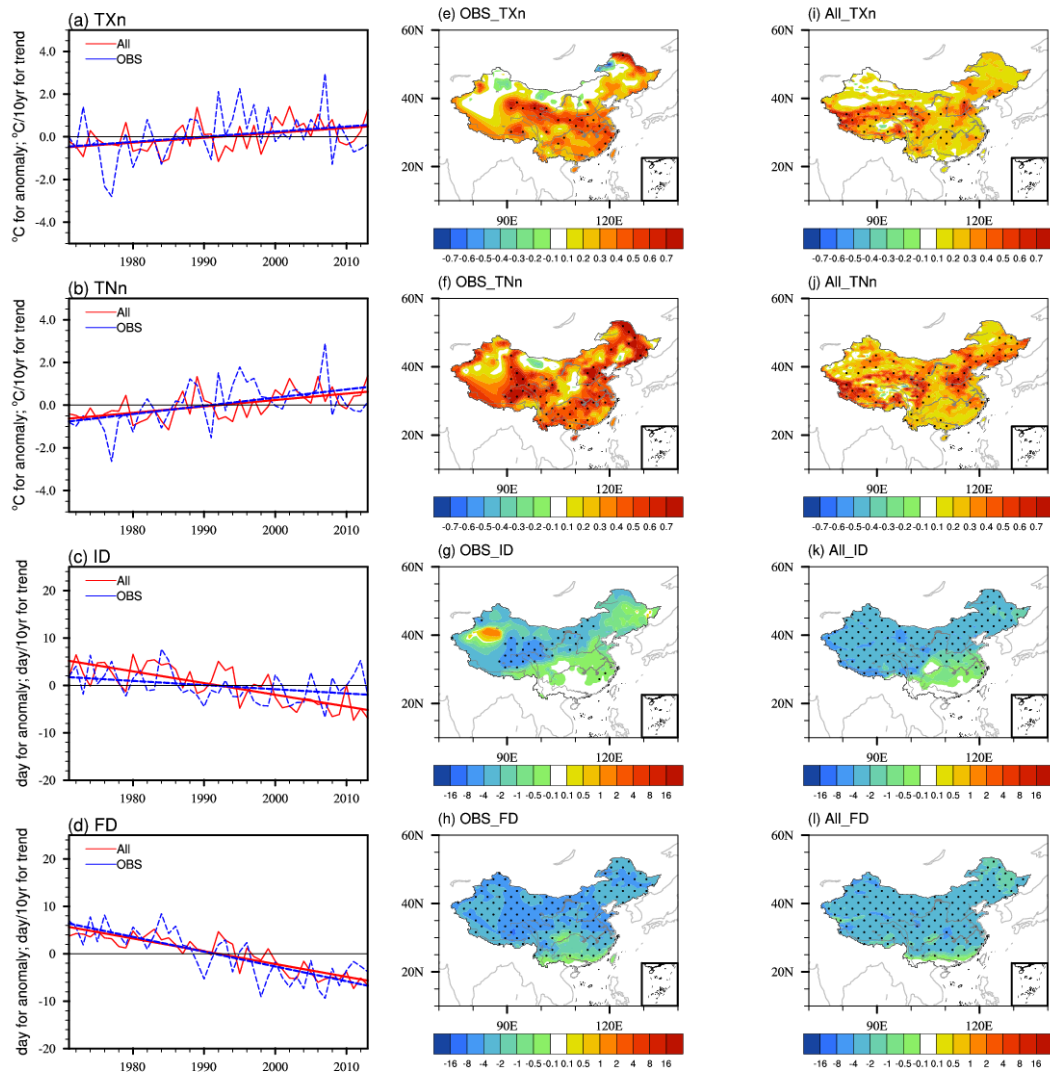


Figure 4. Same as Fig. 3, but for cold temperature extremes. (e-l) units of TXn and TNn are $^{\circ}\text{C}/10\text{yr}$ and of ID and FD are $\text{day}/10\text{yr}$.

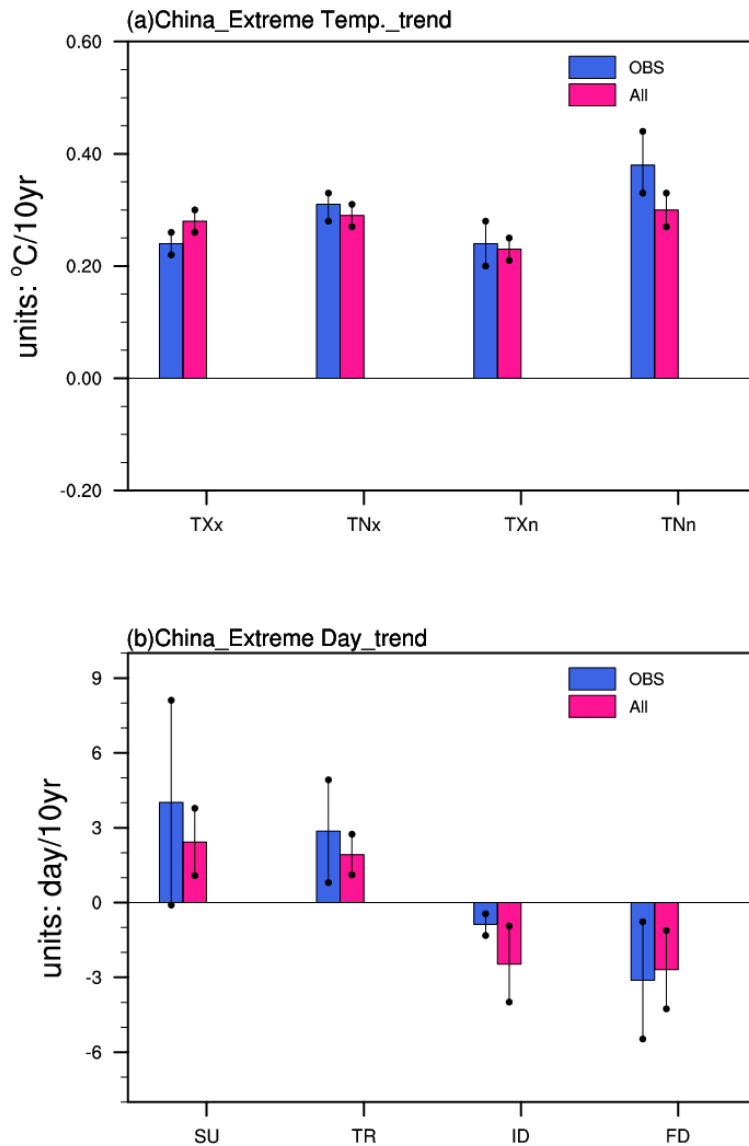


Figure 5. Observed and model simulated trends of temperature extremes in response to all forcing averaged over China. The model simulated values have been masked by the Chinese border. The color bars indicate central estimates and dots show the 95% confidence intervals. Top panels for TXx, TXn, TNx and TNn and bottom panels for SU, TR, ID and FD.

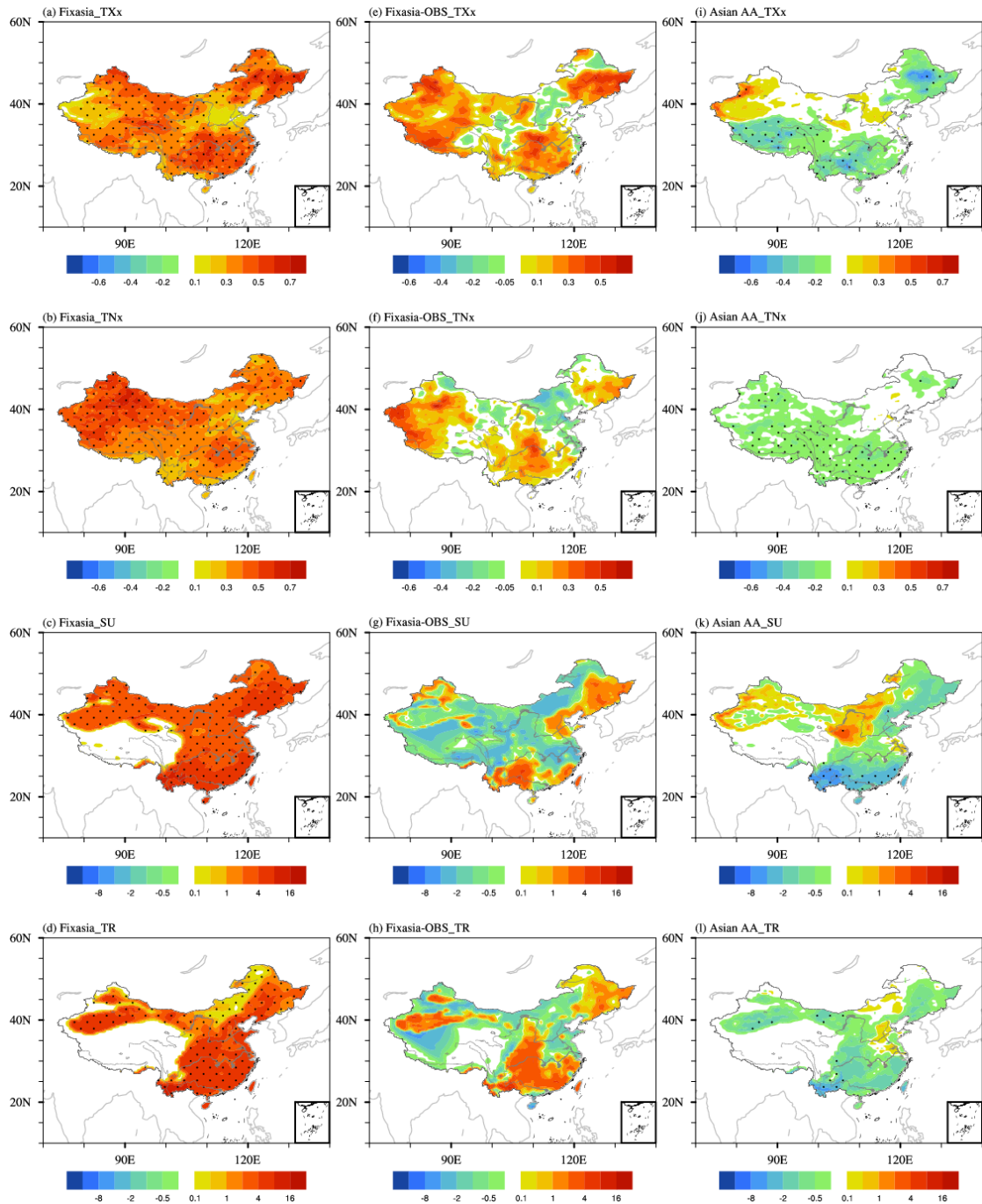


Figure 6. Spatial patterns of linear trend in hot temperature extremes in the Fixasia experiment (a-d), the difference between the Fixasia experiment and the observations (e-h), and the All minus the Fixasia experiment (i-l). Units in TXx and TNx are $^{\circ}\text{C}/10\text{yr}$. Units in SU and TR are $\text{day}/10\text{yr}$. The regions with dots highlight the changes are statistically significant at the 90% confidence level based on a two tailed Student's t-test.

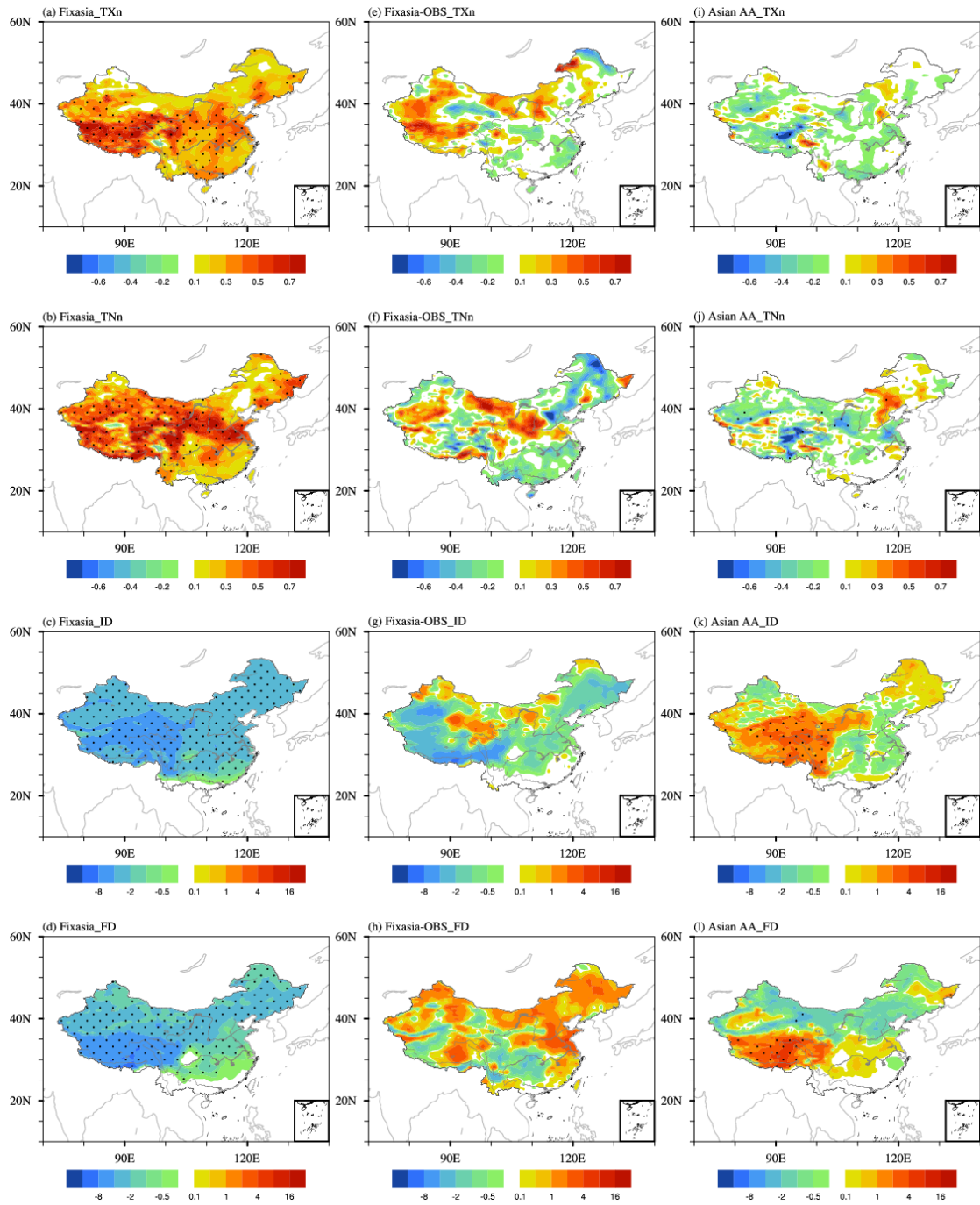


Figure 7. Same as Fig. 6, but for the cold temperature extremes. Units of TXn and TNn are $^{\circ}\text{C}/10\text{yr}$ and of ID and FD are $\text{day}/10\text{yr}$.

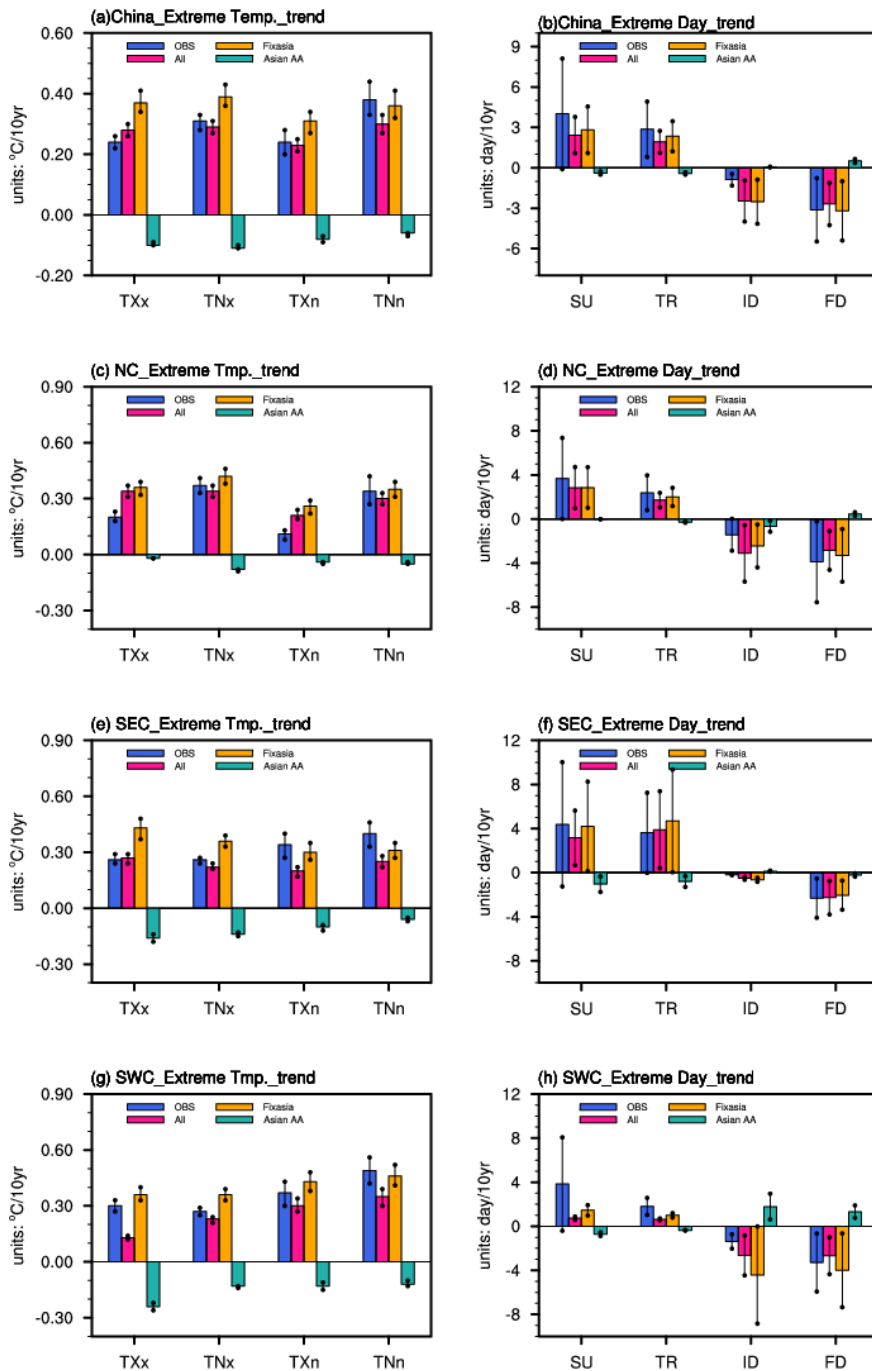


Figure 8. Observed and model simulated trends of temperature extremes in response to different forcings averaged over China as a whole (a, b) and over three subregions [northern China (c, d; NC, 35°~55°N, 75°~130°E), southeastern China (e, f; SEC; 20°~35°N, 105°~130°E) and southwestern China (g, h; SWC; 20°~35°N, 75°~105°E)]. The model simulated values have been masked by the Chinese border. The color bars indicate central estimates and dots show the 95% confidence intervals.

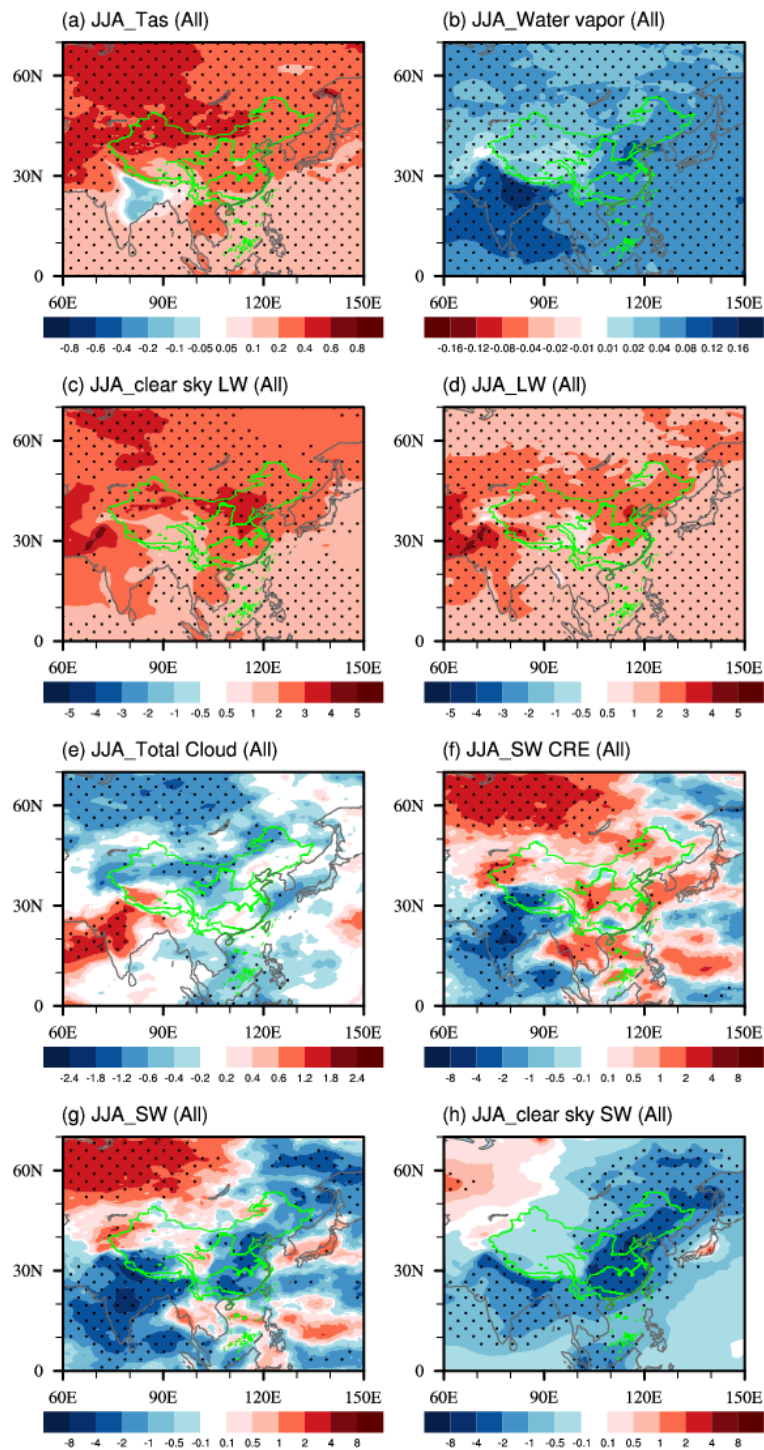


Figure 9. Spatial patterns of trends in the All forcing transient simulations during summer: (a) surface air temperature (Tas; units: $^{\circ}\text{C}/10\text{yr}$); (b) column-integrated water vapor (units: $\text{kg m}^{-2}/10\text{yr}$); (c) clear sky LW radiation; (b) surface LW radiation; (e) total cloud cover (units: $\%/10\text{yr}$); (f) SW CRE; (g) surface SW radiation; and (h) clear sky SW radiation. Radiation is the net component in $\text{W m}^{-2}/10\text{yr}$ and the positive value meaning downward. The regions with dots highlight the changes are statistically significant at the 90% confidence level based on a two tailed Student's t-test.

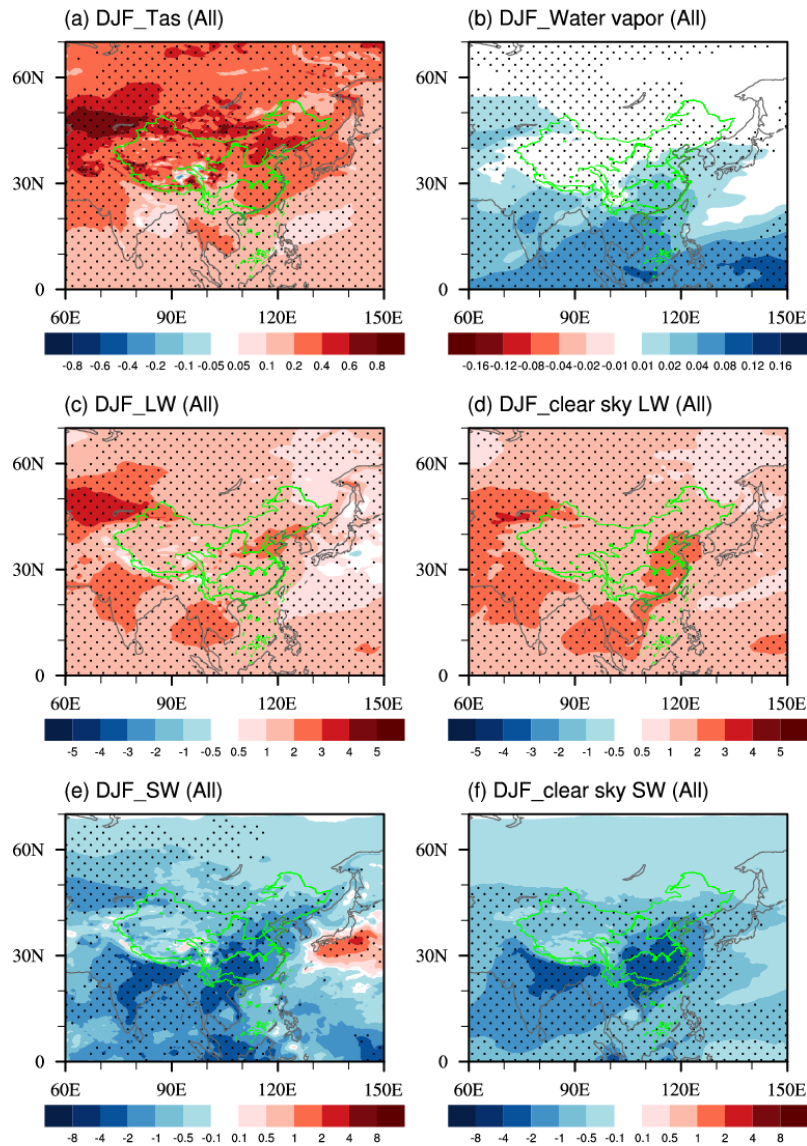


Figure 10. Spatial patterns of trends in the All forcing transient simulations during winter: (a) surface air temperature (Tas; units: $^{\circ}\text{C}/10\text{yr}$); (b) column-integrated water vapor (units: $\text{kg m}^{-2}/10\text{yr}$); (c) surface LW radiation; (d) clear sky LW radiation; (e) SW CRE; and (f) clear sky SW radiation. Radiation is the net component in $\text{W m}^{-2}/10\text{yr}$ and positive value meaning downward. The regions with dots highlight the changes are statistically significant at the 90% confidence level based on a two tailed Student's t-test.

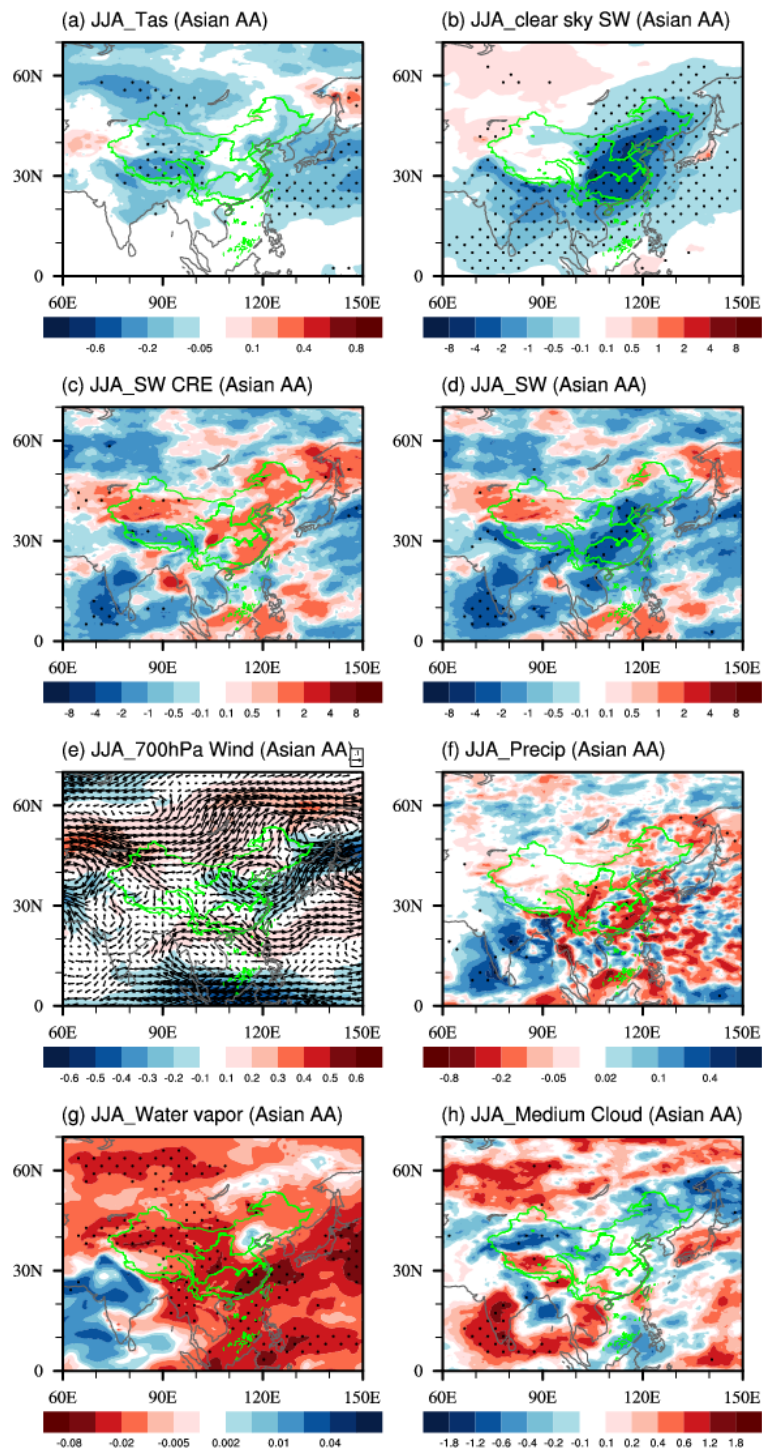


Figure 11. Spatial patterns of trends in All minus Fixasia experiments during summer: (a) surface air temperature (Tas; units: $^{\circ}\text{C}/10\text{yr}$); (b) clear sky SW radiation; (c) SW CRE; (d) surface SW radiation; (e) 700-hPa wind (units: $\text{m s}^{-1}/10\text{yr}$); (f) precipitation ($\text{mm}/10\text{yr}$); (g) column-integrated water vapor (units: $\text{kg m}^{-2}/10\text{yr}$); and (h) Medium-level cloud cover (units: $\%/10\text{yr}$). Radiation is the net component in $\text{W m}^{-2}/10\text{yr}$ and positive value meaning downward. The regions with dots highlight the changes are statistically significant at the 90% confidence level based on a two tailed Student's t-test.

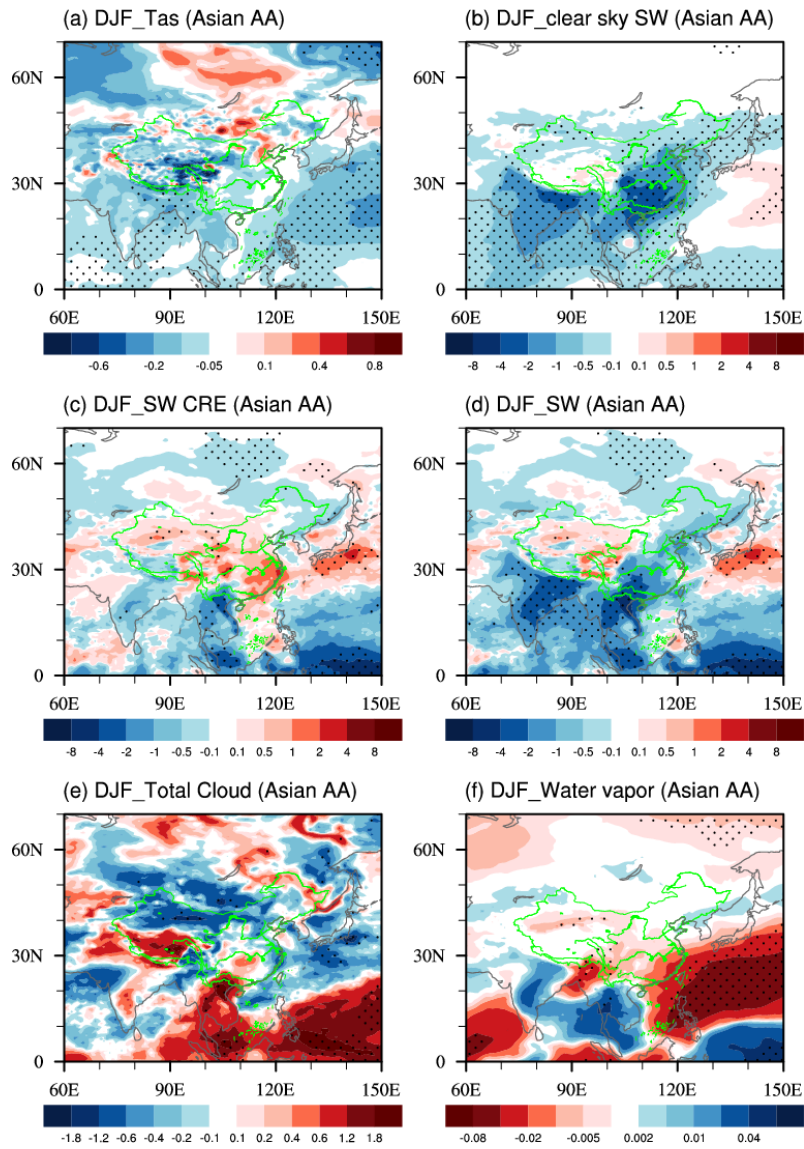


Figure 12. Spatial patterns of trends in All minus Fixasia experiments during winter: (a) surface air temperature (Tas; units: $^{\circ}\text{C}/10\text{yr}$); (b) clear sky SW radiation; (c) SW CRE; (d) surface SW radiation; (e) total cloud cover (units: $\%/10\text{yr}$); and (g) column-integrated water vapor (units: $\text{kg m}^{-2}/10\text{yr}$). Radiation is the net component in $\text{W m}^{-2}/10\text{yr}$ and positive value meaning downward. The regions with dots highlight the changes are statistically significant at the 90% confidence level based on a two tailed Student's t-test.