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Key Points:

- A deep meridional overturning circulation (MOC) connects the ocean surface to its interior, enhancing heat storage rate under global warming
- This circulation in the Atlantic (AMOC) may enable its enhanced heat storage rate relative to the Pacific in recent decades
- MOC weakening does not necessarily impact ocean heat storage rate due to compensating physical processes

Supporting Information:

- Supporting Information S1

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Ocean Heat Storage Rate Unaffected by MOC Weakening in an Idealized Climate Model

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Abstract To study the role of the Atlantic meridional overturning circulation (AMOC) in transient climate change, we perform an abrupt CO₂-doubling experiment using a coupled atmosphere-ocean-ice model with a simple geometry that separates the ocean into small and large basins. The small basin exhibits an overturning circulation akin to the AMOC. Over the simulated 200 years of change, it stores heat at a faster rate than the large basin by $0.6 \pm 0.2 \text{ W m}^{-2}$. We argue that this is due to the small basin MOC. However, we find that as the MOC weakens significantly, it has little impact on the small basin's heat storage rate. We suggest this is due to the effects of both compensating warming patterns and interbasin heat transports. Thus, although the presence of a MOC is important for enhanced heat storage, MOC weakening is surprisingly unimportant.

Plain Language Summary The oceans take up the vast majority of the excess heat energy due to global warming. An important large-scale ocean circulation is the Atlantic meridional overturning circulation (AMOC). Under global warming, it has been suggested that this circulation is important for storing excess heat energy in the deep ocean. Some evidence suggests that the AMOC has weakened since the mid-twentieth century, and surface warming may intensify in response to the Atlantic storing less excess heat energy in the deep ocean. In order to examine this process more closely, we use a simple computer model of a world with no land masses and only two ocean basins: a small basin with a circulation similar to the AMOC, and a large basin without, similar to the Pacific. We approximate global warming by increasing the CO₂ in the model atmosphere and find that the small basin stores heat at a faster rate than the large basin. The small basin's overturning circulation does weaken, but this weakening does not affect the small basin's heat storage rate. This is a surprising result and casts doubt on the idea that AMOC changes will significantly enhance surface warming as the Earth warms.

1. Introduction

Due to anthropogenic carbon emissions, there is now greater absorbed solar radiation than outgoing long-wave radiation over the surface of the Earth, leading to an imbalance, designated Earth's energy imbalance (EEI) (Hansen et al., 2011; Trenberth et al., 2014; Von Schuckmann et al., 2016). The vast majority (~93%) of the excess energy resulting from this imbalance manifests as an increase in ocean heat content (OHC) (Rhein, 2013). Improving estimates of OHC has been highlighted as critical to constraining EEI and thus understanding Earth's heat storage (Von Schuckmann et al., 2016).

Ocean heat uptake (OHU) acts as a buffer for surface warming. If more energy is taken into the ocean interior below the mixed layer, then less is absorbed at the atmospheric surface; indeed, so-called "surface warming hiatuses" have been linked to periods of enhanced ocean heat uptake (Drijfhout et al., 2014; Meehl et al., 2011; Watanabe et al., 2013). Recently, more attention has been drawn to the role of ocean circulation on heat uptake (e.g., Marshall et al., 2015; Winton et al., 2013), particularly that of the Atlantic's meridional overturning circulation (AMOC). It is possible that the presence of this circulation gives the Atlantic its enhanced heat storage rate compared to the Pacific, as seen in observations (e.g., Chen & Tung, 2014; Desbruyeres et al., 2017; Zanna et al., 2019).

The depth and strength of the AMOC positively correlates with the depth of global ocean heat storage (OHS) across models participating in the fifth phase of the Coupled Model Intercomparison Project (CMIP5) (Kostov et al., 2014). Multidecadal variability of the AMOC has been linked to periods of enhanced global surface warming and cooling (Chen & Tung, 2018). The AMOC's role in global OHS is especially

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interesting due to the possibility of it weakening in the future. A weakening response of the AMOC with global surface warming is seen across CMIP5 models (Weaver et al., 2012), and indirect proxy observations point to the AMOC having weakened since the mid-twentieth century (Caesar et al., 2018). Model biases may favor a stable AMOC, and it is still a concern that the AMOC could collapse in the future, leading to abrupt changes in climate (Caesar et al., 2018; Liu et al., 2017).

A weakening AMOC results in a weakening of the northward oceanic meridional heat transport (MHT), which may explain the conspicuous region of cooling in the subpolar North Atlantic found in maps of temperature trends (Rahmstorf et al., 2015). It has been suggested that this North Atlantic surface cooling reduces the annual-mean sea-air temperature difference and so reduces the sensible heat flux from the ocean to the atmosphere, leading to an increase in ocean heat uptake (Drijfhout et al., 2014; Winton et al., 2013). Thus, OHU and OHS are quite different, as here, a local *increase* in OHU associated with a weakening AMOC could possibly be accompanied by a global *decrease* in OHS, due to ocean heat transport divergences.

Recent work (Saenko et al., 2018) has cast doubt on the observed model correlation between AMOC strength and heat storage (Kostov et al., 2014), suggesting that the eddy parameterization affects both AMOC strength and global OHU efficiency, thus causing a spurious correlation between the two quantities. But without a better conceptual grasp on how the AMOC affects OHS, it is unclear whether this correlation is spurious or not. Furthermore, these studies (Kostov et al., 2014; Saenko et al., 2018) establish a link between the AMOC and *global* OHS, while it may be easier to first consider the AMOC's influence on heat storage within the Atlantic basin itself. Given the importance of constraining and monitoring EEI through OHC observations, and the possibility that the AMOC may continue to weaken into the future, it is imperative to better understand the AMOC's role in ocean heat uptake and storage as the world continues to warm.

To this end, we examine the response of a coupled atmosphere-ocean-ice general circulation model under an abrupt doubling of atmospheric CO₂. The model geometry invokes two sea floor to sea surface meridional barriers that separate the ocean into small (SB) and large basins (LB). The SB exhibits an overturning circulation akin to the AMOC, while the LB does not. We look at the basins' individual responses rather than taking a global perspective, and we isolate the effect of the SB MOC by focusing on SB-LB differences. We describe the model formulation and geometry in section 2. In section 3, we present results from the abrupt CO₂-doubling experiment where we find and define a heat storage contrast between the SB and LB. We explore the role of the SB's MOC in establishing this contrast, particularly its time evolution as the MOC weakens. We also present preliminary results from four CMIP5 models demonstrating the existence of a heat storage contrast between the Atlantic and Pacific basins in abrupt CO₂-quadrupling experiments, which parallels the contrast between our model's SB and LB. Conclusions are presented in section 4.

2. Model Description and Setup

The model uses the Massachusetts Institute of Technology general circulation model (MITgcm) code (Marshall, Adcroft, et al., 1997; Marshall, Hill, et al., 1997). Both the atmosphere and ocean component models use the same cubed-sphere grid (Adcroft et al., 2004) at a C24 resolution (24 × 24 points per face, giving a resolution of 3.75° at the equator). The atmosphere has a low vertical resolution of five levels, and its physics is based on the “simplified parameterizations primitive-equation dynamics” (SPEEDY) scheme (Molteni, 2003). The ocean is flat-bottomed with a constant depth of 3 km and is split into 15 levels with increasing vertical resolution from 30 m at the surface to 400 m at depth.

Mesoscale eddies are parameterized as an advective process (Gent & Mcwilliams, 1990) and an isopycnal diffusion (Redi, 1982), both with a transfer coefficient of 1,200 m² s⁻¹. Ocean convection is represented by an enhanced vertical mixing of temperature and salinity (Klinger et al., 1996), while the background vertical diffusion is uniform and set to 3 × 10⁻⁵ m² s⁻¹. There are no sea ice dynamics, but a simple two and a half layer thermodynamic sea ice model (Winton, 2000) is incorporated. The seasonal cycle is represented, but there is no diurnal cycle.

The model is configured with the idealized “Double-Drake” (DDrake) geometry as seen in previous work (e.g., Ferreira & Marshall, 2015; Ferreira et al., 2010, 2015), which is an aquaplanet with two narrow vertical barriers that extend from the sea floor to the sea surface. The barriers are set 90° apart at the North Pole and extend meridionally to 35°S. This separates the ocean into one SB and one LB, with both of

them connected by a “southern ocean” region south of 35°S. The SB and LB in this configuration exhibit distinctive Atlantic-like and Pacific-like characteristics, with the SB being warmer and saltier, and exhibiting a deep interhemispheric MOC. This MOC is defined using a residual mean overturning between resolved and eddy-induced circulations (see Text S1 and Figure S1 in the supporting information). The model geometry captures two important asymmetries relevant to the Earth’s climate: a zonal asymmetry splitting the ocean into small and large basins, and a meridional asymmetry allowing for circumpolar flow in the Southern Hemisphere, but not in the Northern Hemisphere.

The model is spun up for 6,000 years until a statistically steady state is reached. The time-mean of the last 50-year integration is used as the equilibrated control climate state. We abruptly change the longwave absorption in the CO₂ band, causing an initial top-of-atmosphere forcing (EEI) of approximately 4.4 W m⁻², thus mimicking an abrupt doubling of atmospheric CO₂ (Myhre et al., 1998), and run for an additional 200 years. The imposed EEI results in a warming of the climate system, and we diagnose the ensuing responses of the SB and LB relative to the control climate. In response to the CO₂ doubling, an arbitrary quantity $C = C(t, x, y, z)$ in the model changes from its control value $\bar{C}(x, y, z)$ to a perturbed value $C^{pert}(t, x, y, z)$ by an amount $\Delta C(t, x, y, z) = C^{pert} - \bar{C}$, where \bar{C} is a 50-year time average.

3. Results

3.1. SB and LB Heat Storage Rates

The SB stores heat at a faster rate than the LB, and both heat storage rates decrease with time, reflecting the adjustment to a new equilibrium (Figure 1a). The LB’s surface area is 3 times larger than that of the SB, yet it only takes up 2.21 times more heat energy in joules over the course of the simulation. By considering areal proportions of the total global OHC increase, we find that this is due to a combination of the SB taking up more heat than expected for its size, and the LB taking up less than expected (see Figure S2 in the supporting information).

To compare the two basins’ efficiencies in storing heat, we look at basin OHC changes divided by the respective basin’s surface area (in J m⁻²). After 200 years’ warming, the final anomalous OHC difference, $\Delta\text{OHC}_{SB} - \Delta\text{OHC}_{LB}$, is $3.45 \times 10^9 \text{ J m}^{-2}$ (Figure 1b), and in terms of heat storage *rates* in W m⁻², this translates to a time-mean heat storage contrast of $0.6 \pm 0.2 \text{ W m}^{-2}$ (Figure 1c, the difference between the red and blue curves in Figure 1a). There is large interannual variability in the heat storage rates, and the heat storage contrast shows no discernible trend over the 200 years. At the same time, we see that the SB MOC strength (stream function maximum, see Text S1 in the supporting information) weakens rapidly by ~25% during the first 30 years (Figure 1d), after which it remains quite stable at ~19 Sv ($1 \text{ Sv} \equiv 10^6 \text{ m}^3 \text{ s}^{-1}$), with small oscillations of ~1 Sv, which likely reflect internal oscillations of the system (see Buckley et al., 2012).

3.2. Role of the SB MOC

To make the connection between ocean heat storage and the SB MOC, we look at the spatial pattern of the vertically averaged potential temperature response $\Delta\theta$ for different depth intervals (Figures 2a and 2b). The upper 1 km reveals pronounced warming at high latitudes in every basin, a conspicuous pool of warming at 40–60°N in the SB, and enhanced warming at 40°S where there is zonal circumpolar flow, a feature reminiscent of the warming behavior along the Antarctic Circumpolar Current (ACC) (Armour et al., 2016). Below 1 km depth, the temperature anomaly in the SB flows along the deep western boundary current, coincident with the lower limb of its MOC. Note there are no large temperature anomalies at depth in the LB or southern ocean regions.

The MOC’s role is made even clearer when we plot the control residual overturning (Ψ_{res}) on top of the final zonally averaged $\Delta\theta$ in the SB (Figure 2c). There is distinctive deep warming at 60–80°N, collocated with the downwelling branch of Ψ_{res} . The $\Delta\theta$ structure also approximates the pattern of the streamlines, and we see an isolated pool of warm water between 1 and 1.5 km depth near the equator, suggesting the equatorward advection of temperature anomalies into this region away from the high latitudes of deep water formation.

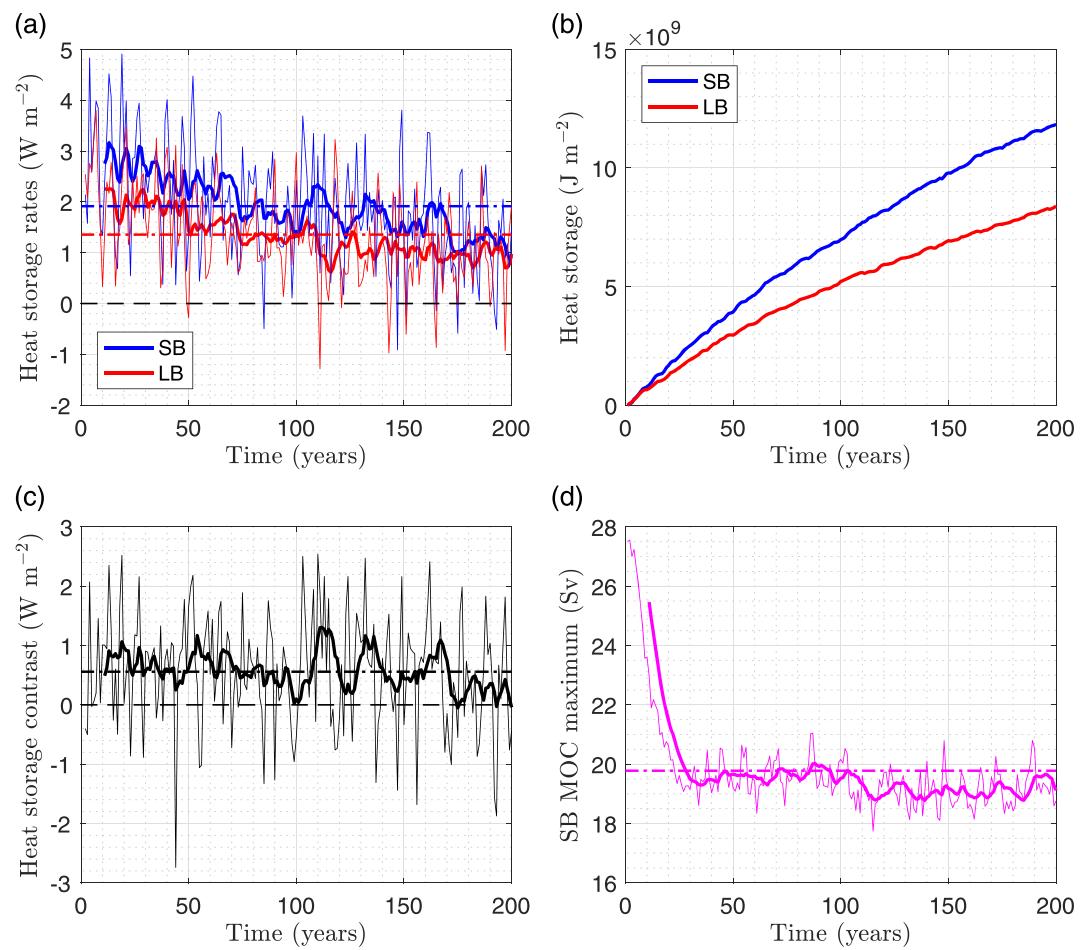


Figure 1. Time series of annually averaged (a) SB and LB heat storage rates ($\partial_t(\Delta\text{OHC})$, in W m^{-2}); (b) OHC anomalies (ΔOHC , in J m^{-2}); (c) the difference in heat storage rates, that is, the heat storage contrast ($\partial_t(\Delta\text{OHC}_{\text{SB}} - \Delta\text{OHC}_{\text{LB}})$, in W m^{-2}); and (d) SB MOC strength ($\max(\Psi_{\text{res}}^{\text{pert}})$, in Sv) following an abrupt doubling of CO_2 . Thick lines are decadal running means and horizontal dash-dotted lines indicate time-mean values. The time-mean heat storage contrast is $0.6 \pm 0.2 \text{ W m}^{-2}$ (standard error, assuming 20 degrees of freedom accounting for decadal oscillations).

Figures 1 and 2 together highlight that the key process governing the enhanced heat storage rate in the SB is the rapid advection of surface temperature anomalies into the interior by the MOC. This relationship between the SB's MOC and heat storage rate highlights the importance of the present-climate AMOC, which could help explain the Atlantic's observed enhanced warming rate compared to the Pacific (Chen & Tung, 2014; Desbruyeres et al., 2017; Zanna et al., 2019).

3.3. Heat Storage Response to MOC Weakening

From the previous section, it is clear that the SB MOC plays an important role in setting the heat storage contrast between the two basins of DDrake. However, the SB MOC strength weakens rapidly by $\sim 25\%$ during the first 30 years, after which it remains stable between 18 and 20 Sv (Figure 1d). The heat storage contrast, however, remains approximately constant over the 200 years (Figure 1c). Thus, we find that the MOC weakening has little, if any, impact on the heat storage contrast.

To explain this counterintuitive result, consider the vertical heat flux associated with the SB MOC, approximated by $\rho_0 c_p \Psi_{\text{res}} \delta\theta$ (in W), where $\rho_0 = 1,030 \text{ kg m}^{-3}$ is a reference seawater density, $c_p = 3994 \text{ J K}^{-1} \text{ kg}^{-1}$ is the specific heat capacity of seawater (at constant pressure), and $\delta\theta$ is the temperature difference (in K) across the downwelling and upwelling branches of the circulation, that is, $\theta_\downarrow - \theta_\uparrow$. This choice is motivated by similar scaling arguments used to represent the MHT associated with the AMOC (e.g., Buckley &

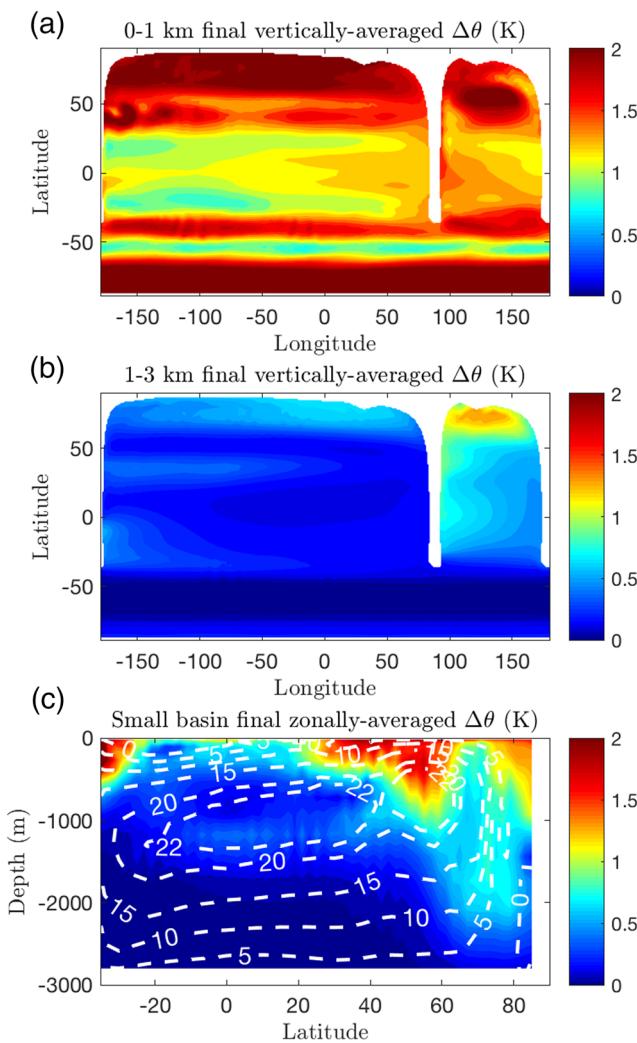


Figure 2. Vertically averaged $\Delta\theta$ (in K) after 200 years following an abrupt doubling of atmospheric CO₂ in DDRAKE for the depth intervals (a) 0–1 and (b) 1–3 km. The temperature anomaly at depth follows a deep western boundary current in the small basin. (c) Zonally averaged $\Delta\theta$ (color, in K) in the small basin after 200 years' warming, and streamlines (white dashed contours, in Sv) for the control residual overturning Ψ_{res} .

Marshall, 2016). We take vertically averaged θ values in the latitude bands 60–80°N and 30–50°S in the SB sector for θ_\downarrow and θ_\uparrow , respectively. Following the CO₂-doubling, we consider the change in the MOC heat flux, $\Delta\mathcal{H}_{\text{MOC}} = \rho_0 c_p \Delta(\Psi_{\text{res}} \delta\theta)$. This is given by (see Text S3 in the supporting information):

$$\frac{\Delta\mathcal{H}_{\text{MOC}}}{\rho_0 c_p} \approx \underbrace{\overline{\Psi_{\text{res}}} \Delta(\delta\theta)}_{> 0} + \underbrace{\Delta\Psi_{\text{res}} \overline{\delta\theta}}_{> 0} + \underbrace{\Delta\Psi_{\text{res}} \Delta(\delta\theta)}_{< 0} \quad (1)$$

where we take the convention that a downward heat flux is positive. There are two processes to consider: one due to $\Delta\Psi_{\text{res}}$ (MOC weakening) and one due to $\Delta(\delta\theta)$ (differential warming). We find that θ_\downarrow warms at a faster rate than θ_\uparrow , so that $\Delta(\delta\theta) > 0$ (see Figure S3 in the supporting information). The first term in Equation 1 is then positive, leading to an increase in the anomalous downward heat flux.

Now, we know that the MOC weakens ($\Delta\Psi_{\text{res}} < 0$), so one might think that this process compensates the differential warming (as $\Delta(\delta\theta) > 0$). Importantly, however, in the control integration, $\overline{\delta\theta} = -0.70$ K (< 0), indicating that the MOC is thermally direct and transports heat *upwards*. So, the second term in Equation 1 is in

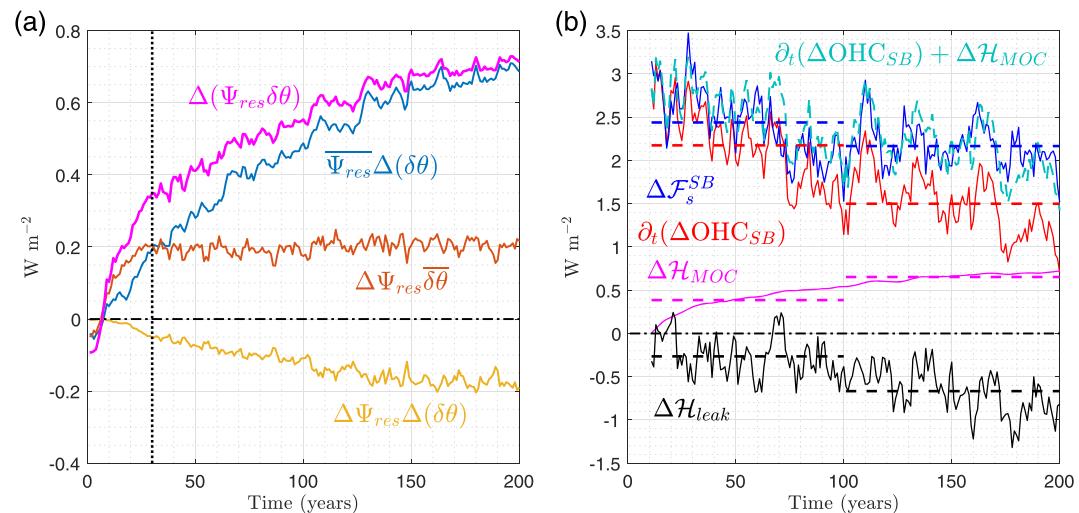


Figure 3. (a) Decomposition of the change in SB downward (positive) MOC heat flux ($\Delta(\Psi_{res}\delta\theta)$, magenta) into differential warming ($\overline{\Psi_{res}}\Delta(\delta\theta)$, blue), MOC weakening ($\Delta\Psi_{res}\overline{\delta\theta}$, orange), and nonlinear ($\Delta\Psi_{res}\Delta(\delta\theta)$, yellow) terms (annual averages, in $W m^{-2}$). A vertical dotted line is plotted at 30 years to separate the weakening and non-weakening MOC regimes. (b) Decadal running means of the SB heat uptake rate (ΔF_s^{SB} , blue), heat storage rate ($\partial_t(\Delta OHC_{SB})$, red), MOC heat flux (ΔH_{MOC} , magenta), and leakage rate to the southern ocean region ($\Delta H_{leak} = \partial_t(\Delta OHC_{SB}) - \Delta F_s^{SB}$, black) (in $W m^{-2}$). Note that the sum of the heat storage rate and MOC heat flux (light blue, dashed) almost matches the heat uptake rate. Horizontal dashed lines are centennial time means.

fact positive. We can conclude this more directly if we project the circulation into depth-temperature coordinates, using methods from Zika et al. (2013), demonstrating that the downwelling occurs at a cooler temperature than the upwelling (see supporting information).

Both the differential warming and the MOC weakening processes thus contribute to an increase in the anomalous downward heat flux. Only their interaction $\Delta\Psi_{res}\Delta(\delta\theta)$ is negative, leading to an upward heat flux. Overall, this means that $\Delta H_{MOC} > 0$. These terms are plotted (in $W m^{-2}$) in Figure 3a. Notably, the two terms involving $\Delta\Psi_{res}$ (i.e., MOC weakening) compensate each other, while the dominant term is $\overline{\Psi_{res}}\Delta(\delta\theta)$, so it is the control overturning that plays the prominent role. We acknowledge that equation 1 assumes that the latitudinal structures of $\Delta\Psi_{res}$ and $\overline{\Psi_{res}}$ are similar, and this assumption is not entirely appropriate during the period of MOC weakening (see Figure S4 in the supporting information). However, it is appropriate during the non-weakening regime, and so our results—the $\Delta\Psi_{res}\overline{\delta\theta}$ and $\Delta\Psi_{res}\Delta(\delta\theta)$ terms compensate each other, and ΔH_{MOC} increases with time—are robust.

The anomalous downward MOC heat flux increases with time, and most rapidly during the MOC weakening. Why this increase in ΔH_{MOC} does not lead to an increase in the heat storage contrast remains to be explained. If we consider the increase in air-sea heat flux (heat uptake) compared to the increase in OHC (heat storage) in the SB, we find that the SB leaks heat across 35°S to the southern ocean region at a rate of $\sim 0.5 W m^{-2}$, and this leakage rate increases with time (Figure 3b). For a change in OHC in the SB, we can write

$$\partial_t(\Delta OHC_{SB}) = \Delta F_s^{SB} + \underbrace{\rho_0 c_p \int_{at 35^{\circ}\text{S}} \int_{-H_{SB}}^0 \Delta(v\theta_{SB}) dz dx}_{\Delta H_{leak}} \quad (2)$$

where ΔF_s^{SB} is the change in net surface heat flux over the SB, H_{SB} is the SB depth, and we define ΔH_{leak} as the SB heat leakage rate across 35°S . From Figure 3b, we see that ΔH_{leak} and ΔH_{MOC} compensate each other, especially on long timescales (see dashed lines). This is made even clearer in an energy budget sense, where we find that $\partial_t(\Delta OHC_{SB}) + \Delta H_{MOC} \approx \Delta F_s^{SB}$ (light blue, dashed), which implies that $\Delta H_{MOC} \approx -\Delta H_{leak}$. So, as the SB MOC heat flux increases, this permits more heat to penetrate the ocean surface,

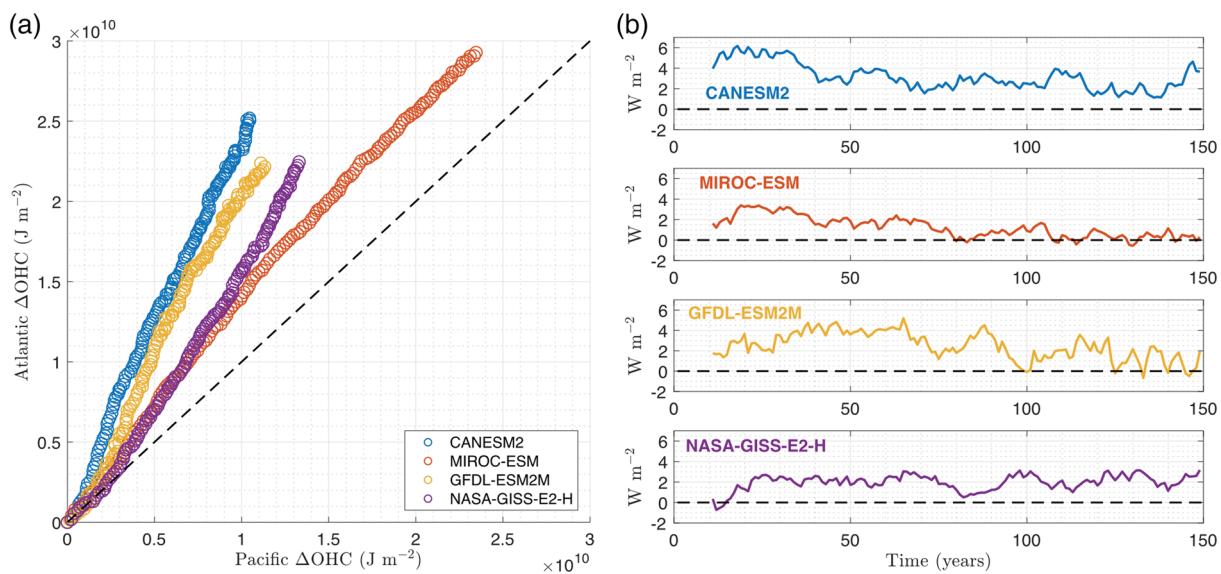


Figure 4. (a) Atlantic versus Pacific top-3-km column-averaged annual OHC anomalies (in J m^{-2}) immediately following an abrupt quadrupling of atmospheric CO₂ in CMIP5 models (each dot represents 1 year). Atlantic and Pacific basins defined from 30°S to 65°N. The deviation from the identity line (black dashed) highlights the Atlantic's enhanced warming rate relative to the Pacific in these experiments. (b) Decadal running means of individual model Atlantic-Pacific heat storage contrasts $\delta_t(\Delta\text{OHC}_{\text{Atl}} - \Delta\text{OHC}_{\text{Pac}})$ (in W m^{-2}).

causing an increase in the net surface heat flux $\Delta\mathcal{F}_s^{SB}$. However, this additional heat input is then lost to the model southern ocean, which ensures that the heat storage contrast remains stationary.

This heat loss to the model southern ocean is similar to the “redistribution temperature” response seen in Xie and Vallis (2012) where, in an idealized model of the Atlantic ocean, the MOC weakening serves to transport heat from the Northern Hemisphere high latitudes toward the Southern Hemisphere. We note that across CMIP5 models, under historical simulations, the Southern Ocean dominates ocean heat uptake and exports approximately half of the energy it takes up *northwards* (Frölicher et al., 2015); this northward transport is also supported by observations, which results in a delayed warming of the Southern Ocean (Armour et al., 2016). However, a weakening of this northward heat transport (perhaps as a result of ozone hole recovery in the near future) could manifest as an anomalous southward transport from the Atlantic basin to the Southern Ocean, which is consistent with our results.

3.4. Parallels With CMIP5 Models

Our analysis suggests new ways to look at the AMOC’s role in ocean heat storage in observations and more complex climate models. We performed a preliminary analysis of four CMIP5 models and show that there is a heat storage contrast between the Atlantic and Pacific basins (defined from 30°S to 65°N) in abrupt CO₂-quadrupling experiments (Figure 4). Under this more intense forcing scenario, the multimodel time-mean heat storage contrast is 2.2 W m^{-2} . Looking at individual models, the contrast persists in the models CANESM2 and NASA-GISS-E2-H but weakens in MIROC-ESM and GFDL-ESM2M (Figure 4b).

This could be due to different model AMOC responses and, particularly, whether the control model AMOC cells are thermally direct (flux heat upward, like the SB MOC) or indirect (flux heat downward). For example, Zika et al. (2013) diagnosed overturning cells in UVic ESM and found that the cell coincident with the AMOC was thermally indirect, so our results might not apply to this model. However, it is still an open question whether the real-world AMOC is thermally direct or indirect (Kuhlbrodt et al., 2007). Nevertheless, we suggest that the AMOC is at least responsible for the existence of a contrast in each of these CMIP5 models, just as the SB MOC is responsible for the contrast in DDrake.

4. Conclusion

In this study, we have used an idealized coupled climate model with two basins (DDrake), with a SB endowed with a MOC akin to that of the present-day Atlantic Ocean, to study the transient response of

the ocean to an abrupt doubling of atmospheric CO₂. We find that the SB experiences an enhanced heat storage rate due to a rapid advection of surface temperature anomalies into its interior. Similar to Kostov et al. (2014), who found no significant correlations between the AMOC weakening and the depth of heat storage in CMIP5 models, we find no significant relationship between the SB's MOC weakening and its weakening heat storage rate in our setup. Moreover, we find that the heat storage contrast between the two basins of DDRAKE remains almost constant during the period of MOC weakening, and throughout the rest of the simulated 200 years on multidecadal timescales.

Weakening of the AMOC has been seen in proxy observations and climate models (Caesar et al., 2018; Gregory et al., 2005; Rahmstorf et al., 2015; Weaver et al., 2012), and recent observations from RAPID are consistent with a declining AMOC response predicted from coupled climate models (Smeed et al., 2018). It has been suggested that a continued weakening in the future could lead to a loss of this deep ocean heat storage mechanism, resulting in an accelerated warming of surface temperatures (Chen & Tung, 2018). However, this view perhaps focuses too narrowly on $\Delta\Psi_{res}$ and, as we have found in our experiments, considering $\Delta(\Psi_{res}, \delta\theta)$ paints a more complicated picture, by introducing differential warming as an additional process to MOC weakening (Equation 1).

Contrary to expectations, we find that the anomalous downward MOC heat flux $\Delta\mathcal{H}_{MOC}$ increases as the SB MOC weakens. Furthermore, we find that the dominant term in its decomposition is from differential warming, with the control overturning playing the prominent role (Figure 3a). Finally, although $\Delta\mathcal{H}_{MOC}$ increases, this does not lead to an increase in the heat storage contrast, as this additional heat input is subsequently lost to the southern ocean region (Figure 3b). Thus, although the presence of a MOC is important for the SB's enhanced heat storage rate, the change in MOC strength is surprisingly unimportant during the simulated 200 years in our experiment. It is not known whether this MOC weakening affects the difference in ΔOHC at equilibrium between the SB and LB; further simulations would be needed to address this.

We emphasise that, like all modeling studies, our results are model dependent. The compensation we found between the $\Delta\Psi_{res}$ terms in Figure 3a very likely depends on model-specific AMOC states and responses. It should also be underlined that this is an idealized model: There is no bottom topography, no Antarctic Bottom Water formation, and the control SB MOC strength is 26.0 Sv, which is ~40% stronger than the real-world AMOC (Buckley & Marshall, 2016). However, in this simplified setup, we were able to provide a conceptual grasp on how a deep overturning circulation affects a basin's heat storage rate, and the comparison with CMIP5 models in Figure 4 is encouraging. A key conclusion that extends beyond the specifics of our model is that the impact of the AMOC on OHS is driven not only by the AMOC's strength. The temperature structure and its changes must also be considered for a complete evaluation of the AMOC's role.

Our results underline the importance of the AMOC in ocean heat storage, and for its accurate representation in other, predictive climate models. Continued observational monitoring efforts such as RAPID (Smeed et al., 2018) and the Overturning in the Subpolar North Atlantic Program (OSNAP) (Lozier et al., 2019), in conjunction with more advanced high-resolution climate models, should drive a deeper understanding of the AMOC, but we also encourage the use of simpler, more conceptual models such as DDRAKE in order to make sense of this increasing complexity.

Data Availability Statement

The CMIP5 data used in this paper are available at the Earth System Grid Federation (ESGF) Portal (<https://esgf-node.llnl.gov/search/cmip5/>).

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